



आचार्य मनिष र. जोशी  
सचिव

Prof. Manish R. Joshi  
Secretary

VC/121  
15/1/26



सत्यमेव जयते

DAA-92  
15-1-26

AC-139  
16/1/26

आजादी का  
अमृत महोत्सव

विश्वविद्यालय अनुदान आयोग  
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)  
(Ministry of Education, Govt. of India)

for widely circulate  
plea

I No. B-8/2025(ARC-MISC-Saha/AP)

Regd  
16.11.26

23 फोष. 1947/13<sup>th</sup> January, 2026

विषय : Circulation of UGC Guidelines on Uniform Policy on Mental Health & Well-Being for Higher Educational Institutions – Seeking Comments from Stakeholders -reg.

For necessary actions  
Tejsh

आदरणीय महोदय / महोदया,

Subdt (Acad) 16/1/26

The University Grants Commission (UGC), in its 594th meeting considered and approved the "UGC Guidelines on Uniform Policy on Mental Health & Well-Being for Higher Educational Institutions."

AC-VI

In order to ensure inclusivity and broad-based participation, the Commission has resolved to place these guidelines in the public domain for a period of 15 days to invite comments and suggestions from all stakeholders, including students, faculty members, administrators, and civil society representatives.

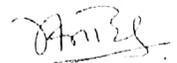
The guidelines are available on the UGC website: [www.ugc.gov.in](http://www.ugc.gov.in). You are requested to kindly:

- Disseminate this information widely within your institution.
- Direct all colleges under your ambit to act on this communication and circulate the guidelines among their students, faculty, and staff for getting suggestions.
- Encourage all stakeholders to go through the guidelines and send their comments/suggestions by email to Dr. Sunita Siwach, Joint Secretary, UGC at [ssiwach.ugc@nic.in](mailto:ssiwach.ugc@nic.in) before 29<sup>th</sup> Jan, 2026.

Your cooperation in facilitating this consultative process will greatly contribute to strengthening the framework for mental health and well-being in higher education institutions across the country.

सादर,

भवदीय,

  
(मनिष जोशी)

सेवा में,

1. सभी विश्वविद्यालयों के कुलपति
2. सभी राष्ट्रीय महत्व के संस्थानों (आईआईटी, आईआईएम आदि) के निदेशक।

**Maharshi Dayanand University, Rohtak**

Ends. No.AC-SK/Misc/2026/ 593-912

Dated 19/1/26

Copy of the letter No. F.No.8.8/2025(ABC-Misc-Saha/AP) dated 13.01.2026 received from Secretary, University Grants Commission, New Delhi, New Delhi overleaf is forwarded to the following for information and necessary action:-

1. All Deans of the Faculties, M.D. University, Rohtak
2. All HODs/Directors of University Teaching Departments/Institutes, M.D. University, Rohtak
3. Director, MDU-CPAS, Gurugram.
4. All the Principals of the Colleges affiliated to M.D.University,Rohtaks.
4. Controller of Examinations, M.D. University, Rohtak
5. Finance Officer, M.D. University, Rohtak
6. Director, University Computer Centre for uploading the same on the University Website.
7. OSD/PA to Vice-Chancellor/Registrar/Dean Academic Affairs for kind information of the Vice-Chancellor/Registrar/Dean Academic Affairs, M.D. University, Rohtak

  
Superintendent (Academic)