

UNIVERSITY YOUTH RED CROSS

ACTIVITIES ORGANIZED IN SESSION 2024-2025

(From 1st August 2024 to 31st July, 2025)

Name of the Unit:

Youth Red Cross

Name of Head/Incharge:

Prof. Anju Dhiman

S.No.	Activity/Visits	Date and venue of the event	Topic	Resource person/Chief Guest	Number of participants	Organizers & Collaborator(s)
1	Mega Tree Plantation Drive	09.08.2024 Sports Complex	Ek Ped Maa Ke Naam - Abhiyan	Haryana Governor and Chancellor of Maharshi Dayanand University, His Excellency Shri Bandaru Dattatraya	100	Dean Students' Welfare, Youth Red Cross, NSS, NCC, Dept. of Sports
2.	Gandhi Jayanti and Lal Bahadur Shastri Jayanti	27.09.2024 Tagore Auditorium	A Musical Evening	Prof. Rajbir Singh, Vice-Chancellor MDU	97	DSW, University Youth Red Cross
3.	National Voluntary Blood Donation Day	30.09.2024 Students' Activity Centre	Voluntary Blood Donation Camp	Prof. Gulshan Lal Taneja, Registrar MDU	139	Youth Red Cross in collaboration with Department of Public Administration
4.	Slogan Writing, Poster Making and Video Clip Making Competition	01.10.2024 Youth Red Cross Office	Swachhata Hi Seva- 2024	Prof. B. Narasimhan, Director of IQAC	78	Youth Red Cross & Municipal Corporation, Rohtak
5.	Awareness Program on Natural Farming	08-10-2024 Abhilasha Girls' Hostel Complex	Natural Farming	Gujarat Governor Acharaya Devvrat	58	DSW, Youth Red Cross, NSS, NCC
6.	Free Health Checkup Camp	22.11.2024 Pharmaceutical Sciences	Health Check-up Camp	Prof. A. S. Maan, Dean Academic Affairs	287 health checkups were done	Youth Red Cross & Department of Pharmaceutical Sciences MDU
7.	Constitution Day	26.11.2024 Tagore Auditorium	Constitution Day	Rajya Sabha MP Kiran Chaudhary and Rajya Sabha MP Ramchandra Jangra	200	DSW in collaboration with Youth Red Cross, Outreach Cell & NSS

8.	Awareness rally followed by awareness session on HIV/AIDS	06.12.2024 R.K. Auditorium & Swaraj Sadan	World HIV/AIDS Day	Sh. Krishan Kumar Bedi, Hon'ble Cabinet Minister, Social Justice & Empowerment, Haryana	110	Youth Red Cross
9.	Basic First Aid Training	16.01.2025 to 17.01.2025 Faculty Development Centre	Basic First Aid Training Program	Prof. Harish Dureja, Dean, Research and Development (R & D)	90	Youth Red Cross
10.	Health Awareness Program	18.01.2025 Swaraj Sadan	Awareness Session on Brain Stroke and Heart Attack	Prof. Randeep Rana, DSW	27	Youth Red Cross & CRIS&EC
11.	Five Day Youth Red Cross Camp	18.02.2025 to 22.02.2025 CDOE Conference Hall	Youth Red Cross Training Camp	Sh. Dharendra Khadgata, IAS, Deputy Commissioner, Rohtak	190	Youth Red Cross in collaboration with District Red Cross, Rohtak
12.	13 th Annual Meeting of University Youth Red Cross	21.02.2025 Vice-Chancellor, Office Conference Hall	Annual Meeting	Prof. Rajbir Singh, Vice- Chancellor, M.D.U., Rohtak	20	Youth Red Cross
13.	Free Health Check-up camp	23.02.2025 Bhali Anandpur	Free Health Check-up camp	Prof. Raj Kumar, Chief Consultant UOP	117 health checkups were done	Youth Red Cross in collaboration with Outreach Program
14.	Capacity Building Program of Volunteers for Community Engagement Activities	03.03.2025 IHTM Hall	Building and Nurturing Connection with Communities	Prof. B. Narasimhan, Director, IQAC and Sh. Kamaljeet, Director, Kishan Sanchar	270	Youth Red Cross in collaboration with University Outreach Programme MDU
15.	Blood Donation Camp	26.03.2025 Students' Activity Center	Voluntary Blood Donation Camp	Dr. Krishan Kant, Registrar, MD University, Rohtak	58	Youth Red Cross/UOP in collaboration with NIFAAA Foundation
16.	Seven Day Health Awareness/ Training Camp	29.03.2025 to 04.04.2025 Jodhpur and jaisalmer (Rajasthan)	Youth Red Cross Training Camp	Dr. Indrajit and Dr. Vishal Gupta	37	Youth Red Cross
17.	Haryana Film Mahotsav 2025	4-5 April, 2025 Tagore Auditourm	Haryna Film Mohstav 2025	Sh. Nayab Singh Saini Chief Minister, Haryana	370	M.D. University Rohtak
18.	Health Awareness Campaign	7-8 April, 2025 R.K. Auditorium	Anemia Mukh Poshan Yukt Campus Abhiyan	Prof. Rajbir Singh, Vice- Chancellor M.D.University, Rohtak	182	DSW/ UIPHS Youth Red Cross/UOP

19.	Inaugural ceremony of Ambulance under CSR funding	07.04.2025	Amulance under CSR funding	Prof. Rajbir Singh, Vice- Chancellor M.D.University, Rohtak and RBL Bank Regional Head Mr. Akash	50	M.D. University Rohtak and RBL Bank, Rohtak
20.	Health Check-up	11.04.2025 Radha Krishna Mandir in Jharsa village	Free Health Check-up camp	Prof. Pradeep K. Ahlawat, Director, MDU-CPAS	200	MDU Centre for Professional and Allied Studies (MDU CPAS), Sector 40, Gurugram
21.	Celebration of 50 th Foundation Day	19.04.2025 R.K Auditorium	Golden Jubilee Year Celebrations of MDU	Haryana Governor Bandaru Dattatreya	250	M.D. University Rohtak
22.	Celebration of Earth Day	22.04.2025 MDU-CPAS	Wings of Hope – Drop of Life	MDU-CPAS Director Prof. Pradeep Kumar Ahlawat	50	Youth Red Cross, MDU-CPAS
23	Celebration of World Red Cross Day	05.05.2025 Swaraj Sadan	World Red Cross Day- 2025	Prof. Rajbir Singh Vice-Chancellor	80	Youth Red Cross
24.	International Yoga Day	21.06.2025 Dr. Mangal Sen Gymnasium Hall	Yogayukt – Motapamukt Abhiyan	Dr. Sharanjeet Kaur Chairperson, Rehabilitation Council of India	20	DSW/ YRC/ NSS/ Sports/ Campus School
25	One Day Basic First Aid and Disaster Management Training Programme	14.07.2025 Swaraj Sadan	One Day Basic First Aid and Disaster Management Training Programme	Dr. Krishan Kant Gupta, Registrar	65	Youth Red Cross
26	Ek Ped Divyaang Ke Naam	15.07.2025 Faculty House	Divyang ki Shakti, Prakriti ki Bhakti	Dr. Sharanjeet Kaur Chairperson, Rehabilitation Council of India	90	Youth Red Cross & University Outreach Programme



MAHARSHI DAYANAND UNIVERSITY ROHTAK
(A State University established under Haryana Act No. 25 of 1975)
(NAAC Accredited A+ Grade)



UNIVERSITY YOUTH RED CROSS
ACTIVITIES FOR THE YEAR 2024-2025
(From 1st August 2024 to 31st July, 2025)

1. Mega tree plantation drive on 09-08-2024 in premises of Sardar Vallabhbhai Patel Cricket Stadium, M.D. University

On 09-08-2024, His Excellency Shri Bandaru Dattatreya, Hon'ble Governor of Haryana and Chancellor of Maharshi Dayanand University (MDU), Rohtak, formally inaugurated the Mega Tree Plantation Drive on Ek Ped Maa Ke Naam in the University campus. The initiative was launched with the ceremonial plantation of kachnar sapling by the Hon'ble Governor at the Sardar Vallabhbhai Patel Cricket Stadium, symbolizing the University's commitment to environmental conservation and sustainable development.

The event was graced by the esteemed presence of Prof. Rajbir Singh as Patron of MDU, Shri Jai Prakash, Hon'ble Finance Minister of Haryana as the Guest of Honour and other distinguished dignitaries included former Haryana Minister Shri Manish Gupta, Prof. A.S. Maan, Dean, Faculty of Industries, and Prof. Gulshan Lal Taneja, Registrar, MDU.

During the ceremony, the Hon'ble Governor also inaugurated the Sardar Vallabhbhai Patel Cricket Stadium, a state-of-the-art facility constructed at an estimated cost of ₹7.5 crore. The stadium is equipped with modern infrastructure including a conference hall, cafeteria, weld gallery, spectator stands, and other contemporary amenities, aimed at promoting sports and physical well-being among students and faculty.

In a significant addition to the University's environmental initiatives, the Hon'ble Governor released the "Symphony of Wild Flowers" coffee table book, curated by the Sustainable Management Cell of MDU. The publication showcases the rich biodiversity of the University campus, featuring detailed photographic documentation of avifauna and other ecological elements, thereby reinforcing the institution's dedication to ecological awareness and conservation.

Addressing the gathering, Shri Bandaru Dattatreya emphasized the critical role of academic institutions in addressing the global environmental crisis. He underscored the importance of collective responsibility in preserving natural resources and appreciated MDU's proactive efforts in launching the mega campaign on *Ek Ped Maa Ke Naam*, an ambitious campaign aimed at planting lakhs of trees across the region. He called upon students, faculty, and the broader community to actively participate in this green movement and contribute to building a sustainable future. Approximately 100 Youth Red Cross volunteers joined this event. The event marked a significant milestone in the University's journey toward environmental stewardship and holistic development, aligning with national and global sustainability goals.



2. Celebration of Gandhi Jayanti and Lal Bahadur Shastri Jayanti on 27-09-24 at R.K. Auditorium

On the solemn occasion of Gandhi Jayanti and Lal Bahadur Shastri Jayanti, Maharshi Dayanand University, Rohtak, organized a musical evening programme in the Radha krishnan Auditorium to pay homage to two of India's most revered national leaders. The event was presided over by Prof. Rajbir Singh, Hon'ble Vice Chancellor of the University.

Renowned vocalists Shri Kailash Verma and Shri Mukesh Verma presented a series of devotional bhajans, offering musical tributes to Mahatma Gandhi and Lal Bahadur Shastri. The programme commenced with Ganesh Stuti and included soul-stirring renditions.

Vice Chancellor Prof. Rajbir Singh paid floral tributes to the portraits of Mahatma Gandhi and Lal Bahadur Shastri and urged students to draw inspiration from their lives. He emphasized the importance of using education for social upliftment and human welfare, invoking the guiding principle: *"Shikshaarth Aayiye, Sevaarth Jaiye"*. The welcome address was delivered by Prof. Randeep Rana, Dean, Students' Welfare, who shared motivational anecdotes from the lives of the two great leaders. The vote of thanks was proposed by Prof. Gulshan Lal Taneja, Registrar, MDU. The programme was coordinated by Dr. Pratap Rathee, Assistant Director,

Youth Welfare, and featured instrumental accompaniment by Yunus Warsi (violin), Anil Kumar (tabla), Deepak Chawla (keyboard), and Ashok Kabir (octopad). Dr. Saurabh Verma, Assistant Professor in Department of Music, along with students, presented chorus performances. Approximately 97 Youth Red Cross volunteers joined this event.

Organized by the Office of the Dean, Student Welfare, the program served as a heartfelt tribute to the ideals of truth, simplicity, and service exemplified by Mahatma Gandhi and Lal Bahadur Shastri, and reinforced the University's commitment to value-based education and cultural enrichment.



3. Voluntary Blood Donation Camp on 30-09-24 as observance of "National Voluntary Blood Donation Day"

The Youth Red Cross Unit of Maharshi Dayanand University organized a voluntary blood donation camp on 30.08.2024 to mark the observance of National Voluntary Blood Donation Day 2024. The event was held at Students' Activity Centre, in which Prof. Gulshan Lal Taneja, Registrar, MDU Rohtak, graced the occasion as Chief Guest. Prof. Anju Dhiman, Programme Coordinator, YRC & Director, University Outreach Program, Dr. Kapil Malhotra, Dr. Rekha Dhingra, Dr. Kavita, and Dr. Deepak Lathwal, YRC Counselors welcome the chief guest. Prof. Taneja appreciated the commendable efforts of the YRC team and motivated the students, staff and volunteers for their selfless contribution to the noble cause of blood donation. He also felicitated the donors with badges and certificates as a token of appreciation.

The blood donation camp was conducted with the support of PGI Blood Bank, Rohtak, under the supervision of Dr. Nishu Nain and her team. The medical team comprised Neha (Lab Technician), Nurses Kusum, Rajni, and Ritu Chikara, Rajesh Dalal (Social Worker) and Mukesh, who managed the coordination and collection process. A total of 68 volunteers registered for blood donation, however, 53 units of blood were collected. 15 volunteers were deferred due to their low hemoglobin levels. Sh. Sunit Mukherjee, Director, Public Relations Officer & SWEEP Nodal Officer, MDU, also addressed the gathering and encouraged the volunteers. He administered the Voters' Pledge to all participants, including students, staff, and the medical team, reinforcing the importance of civic responsibility. The camp concluded on a positive note, reflecting the university's unwavering commitment to social service and community welfare.





4. Observance of “Swachhata Hi Seva- 2024” on 01-10-2024

The Youth Red Cross unit of Maharshi Dayanand University, Rohtak, organized a series of creative competitions on 1st October 2024 at the YRC Office, under the thematic banner “Nature Cleanliness, Sanskar Cleanliness.” The events comprised of Slogan Writing, Poster Making, and Video Clip Making competitions, aimed at fostering awareness and responsibility among youth towards environmental cleanliness and cultural values.

The programme was inaugurated by Prof. B. Narasimhan, Director, Internal Quality Assurance Cell (IQAC), MDU, who graced the occasion as Chief Guest. In his inaugural address, Prof. Narasimhan emphasized the significance of cleanliness as a reflection of personal discipline and a cornerstone of community development. He encouraged students to actively participate in cleanliness drives and contribute to building a sustainable and efficient society.

Sh. Tarun Kumar, Sub-Divisional Officer, Municipal Corporation, Rohtak, attended the event as Special Guest. He highlighted the importance of proper waste management and recycling practices in mitigating environmental pollution and promoting a healthy ecosystem.

The event witnessed enthusiastic participation from students of University Teaching Departments (UTDs) and affiliated colleges. A total of 78 students registered for the competitive events, showcasing their creativity and commitment to the cause through impactful slogans, artistic posters, and thought-provoking video clips.

All participants were awarded certificates of appreciation by the distinguished guests in recognition of their active involvement and creative contributions.

The programme was further enriched by the presence of Sh. Salil Mehta and Sh. Arvind Bhatia, Advisors from the Municipal Corporation, Rohtak, who extended their support to this initiative.

Prof. Anju Dhiman, Programme Coordinator, Youth Red Cross and Director, University Outreach Programme, extended vote of thanks, acknowledging the efforts of participants, guests and organizing members.

The event was coordinated by YRC counselors, Dr. Rekha Dhingra, Dr. Dhiraj Khurana, and Dr. Kapil Malhotra, whose dedicated efforts ensured the smooth execution of the programme.

This initiative by the Youth Red Cross Unit stands as a testament to the University’s commitment towards promoting civic responsibility, environmental consciousness and cultural values among its student community.



5. Awareness Programme on Natural Farming on 07-10-2024 at Abhilasha Girls' Hostel Complex

An awareness programme on Natural Farming was organized on 07.10.2024 at Abhilasha Girls' Hostel Complex, Maharshi Dayanand University, Rohtak, under the theme "Natural Farming: Nurturing Life, Sustaining Nature" in which Gujarat Governor, Acharaya Devvrat graced the event as Chief Guest and Vice Chancellor MDU Prof. Rajbir Singh presided over the program. The programme focused on promoting the concept of "Pesticide-Free Kitchen" and emphasized the health benefits of consuming naturally grown produce. The initiative aimed

to sensitize students and faculty members about the significance of adopting natural farming practices and the transformative impact of pesticide-free food consumption. Participants were informed that natural farming not only contributes to environmental sustainability but also enhances the nutritional value of food. It was highlighted that foods cultivated through natural methods are richer in essential vitamins and minerals, which play a vital role in strengthening immunity and improving overall vitality.

Experts and resource persons shared insights on how natural farming practices can serve as a game changer in modern agriculture by reducing dependency on chemical inputs and fostering ecological balance. The discussions also underscored the importance of reconnecting with traditional farming wisdom and encouraging community-level participation in sustainable food systems. Students from UTDs, faculty members, and staff, got actively engaged in interactive sessions and pledged to incorporate pesticide-free produce into their daily diets. The programme served as a platform to inspire behavioural change and promote conscious consumption patterns aligned with health and environmental well-being. Approximately 58 YRC volunteers participated in this event. This awareness initiative reaffirmed the university's commitment towards promoting sustainable development goals and empowering youth to become responsible stewards of nature.



6. Free Health Checkup Camp on 22-11-24 in Department of Pharmaceutical Sciences

The Youth Red Cross unit in association with Department of Pharmaceutical Sciences, Maharshi Dayanand University, Rohtak, organized celebrations of International Pharmacy Week under the theme “Think Health – Think Pharmacy.” The event aimed to highlight the indispensable role of pharmacists in healthcare and to foster awareness among students regarding responsible medication practices and public health.

The programme was inaugurated by Prof. A. S. Maan, Dean Academic Affairs, who graced the occasion as Chief Guest. In his inaugural address, Prof. Maan emphasized that pharmacists are not merely dispensers of medicines but also serve as vital healthcare advisors, guiding patients on proper medication usage, dietary habits and overall wellness. He commended the department for its initiative in promoting health literacy and professional excellence.

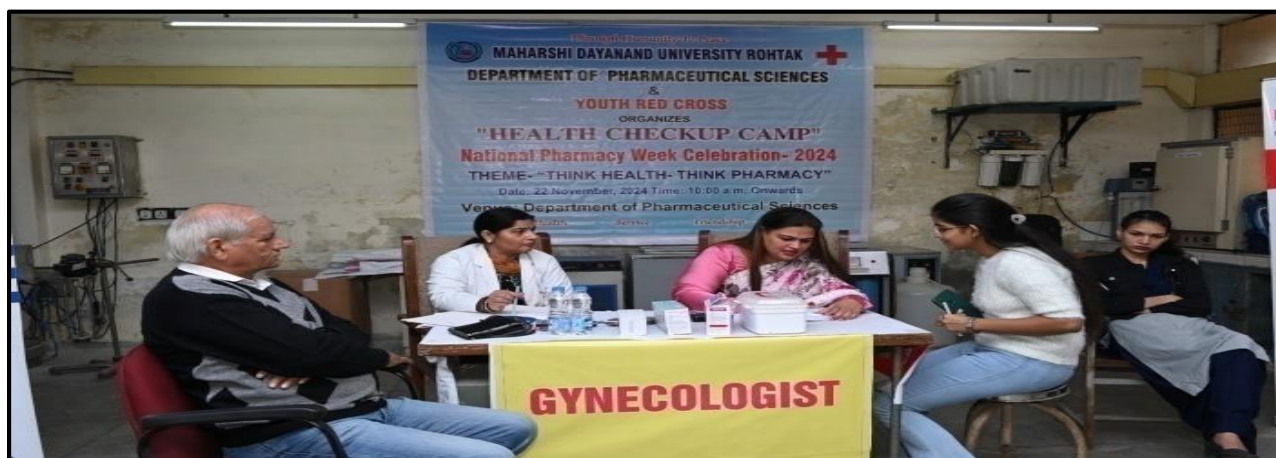
Prof. Arun Nanda, Dean, Research and Development; Prof. Randeep Rana, Dean, Student Welfare; and Prof. B. Narasimhan, Director, Internal Quality Assurance Cell (IQAC) joined this program as distinguished guests. As part of the celebrations, a series of creative competitions

were organized, including Poster Making, Rangoli Making, Slogan Writing, and Reel Making, which witnessed enthusiastic participation from students of the Department of Pharmaceutical Sciences as well as Youth Red Cross volunteers from various University Teaching Departments. These activities provided a platform for students to express their understanding of health, pharmacy, and wellness through artistic and digital mediums.

In addition to the competitions, a health check-up camp was organized by the Youth Red Cross, MDU, to promote preventive healthcare and wellness among students and staff. The camp offered basic health screening services.

Prof. Deepak Kaushik, Head, Department of Pharmaceutical Sciences and Prof. Anju Dhiman, Program Coordinator, Youth Red Cross and Director, University Outreach Program, formally welcomed the dignitaries and briefed the significance of National Pharmacy Week, underscoring its relevance in fostering professional development and community engagement.

The collaborative efforts of faculty members, students and the Youth Red Cross team contributed to the impactful execution of the programme in which 287 health check-ups were done by the medical practitioners.



7. Constitution Day Celebration on 26.11.2024 at Tagore Auditorium

The Constitution Day celebration at Maharshi Dayanand University, Rohtak was held on 26.11.2024, to celebrate the spirit of democracy and the foundational values enshrined in the

Indian Constitution. The event featured a rich blend of educational discourse, creative expression, and civic engagement. Rajya Sabha MP Kiran Chaudhary delivered an insightful address focusing on the 'Directive Principles of State Policy' and 'Fundamental Duties'. She emphasized how these elements serve as moral and ethical guidelines for both citizens and the government, shaping India's democratic ethos and social justice framework. Her speech encouraged students to internalize these principles and practice responsible citizenship.

Rajya Sabha MP Ramchandra Jangra highlighted the contributions of the constituent assembly, the vision of Dr. B.R. Ambedkar, and the dynamic nature of the Constitution that allows it to adapt to changing societal needs. His address underscored the Constitution's role as a living document that continues to guide India's progress. The formal vote of thanks was delivered by Registrar Prof. Gulshan Lal Taneja. He acknowledged the significance of the event in fostering constitutional awareness and civic responsibility among the university community. The program was organized by Prof. Randeep Rana, Dean of Student Welfare, Dr. Pratap Rathi, Director Youth Welfare, and graced by several dignitaries and officials, including Rohtak Deputy Commissioner Dharendra Khadgata, Additional Deputy Commissioner Narendra Kumar, BJP District President Ranbir Dhaka and other senior university officials and faculty members. Approximately 200 Youth Red Cross volunteers participated in this program.



8. Celebration of World HIV/AIDS Awareness and Prevention Day on 06.12.2024

An awareness program on HIV/AIDS on theme: "Take This Rights Path: My Health, My Right" was organized by Youth Red Cross, MDU on 06.12.2024. This initiative aimed at promoting informed health choices among students, faculty, and staff. A march for compassion and knowledge was also the part of this program in which an awareness rally was organised, where over a hundred enthusiastic volunteers from YRC and NSS units actively participated. The rally was flagged off outside the R.K. Auditorium by Prof. Rajbir Singh, Vice Chancellor, MDU and Sh. Krishan Kumar Bedi, Hon'ble Cabinet Minister for Social Justice & Empowerment, Haryana. The rally served as a public demonstration of solidarity and advocacy, with participants carrying placards, chanting slogans and distributing informative materials to raise awareness about HIV/AIDS and the importance of empathy and inclusion. Senior university officials including Deans, Directors, Heads of Departments, and Faculty Members joined the rally, encouraging volunteers and amplifying the message of health and dignity for all.

Following the rally, a series of technical sessions were held at Swaraj Sadan, to provide deeper insights into HIV/AIDS from medical, psychological, and social perspectives. The Chief Guest Prof. Randeep Rana, Dean Student Welfare, MDU emphasized the importance of selfless service, urging students to become ambassadors of health awareness and compassion in their communities. The Guest of Honour, Prof. B. Narasimhan, Director IQAC, appreciated the YRC's consistent efforts in organizing impactful social initiatives. He encouraged students to adopt healthy lifestyle practices and remain proactive in community welfare.

Dr. Asha Sharma, Principal, Vaish Mahila Mahavidyalaya, Bahadurgarh, delivered a talk on HIV prevention and management techniques. She explained the modes of transmission, highlighted the importance of moral responsibility, and encouraged volunteers to be empathetic and informed. Dr. Sonal Dogra, ASMO, HCMS, Department of Pharmacology, PGIMS Rohtak discussed on the global impact of HIV/AIDS, symptoms and progression of the disease, preventive measures and safe practices along with Anti-Retroviral Therapy (ART) in managing HIV/AIDS.

Prof. Anju Dhiman, Program Coordinator, YRC & Director, University Outreach Program, gave welcome address and outlined the objectives and significance of the campaign. YRC counsellors Dr. Rekha Dhingra and Dr. Dheeraj Khurana coordinated the event and Dr. Kavita delivered the vote of thanks. A total of 110 YRC volunteers from University Teaching Departments (UTDs) and MDU affiliated colleges participated in the program. This awareness program not only educated participants about the medical realities of HIV/AIDS but also fostered a culture of compassion, inclusion, and proactive health advocacy—hallmarks of MDU's commitment to social responsibility and youth empowerment.





9. Two Day Basic First Aid Training Program for the university security personnel's and non-teaching staff on 16.01.2025 & 17.01.2025

Two-Day Basic First Aid Training Program was organized by Youth Red Cross Unit of Maharshi Dayanand University, Rohtak on 16th and 17th January 2025 for security personnel and non-teaching staff of MDU.

The initiative aimed to equip participants with essential life-saving skills and empower them to respond effectively during medical emergencies.

The program was inaugurated by Prof. Harish Dureja, Dean, Research and Development, who graced the event as Chief Guest on first day. He emphasized the critical importance of first aid in both professional and personal settings. He lauded the YRC for organizing such meaningful and practical initiative, encouraging participants to develop proficiency in emergency response techniques. On the second day, the session was inaugurated by Prof. Radhey Shyam, Chief Consultant, Centre for Disability Studies. He said that the basic medical knowledge and quick action can make the difference between life and death, especially in high-risk environments like campuses and public spaces.

The first aid training was given by the training officers Mr. D.S. Saini and Mr. M.C. Dhiman, who served as resource persons. Their sessions were interactive and hands-on, covering a wide range of first aid procedures such as bandaging techniques, emergency lifting techniques, medical response skills, treatment of conscious and unconscious patients, Management of fractures, severe bleeding, and wound care, administration of CPR (Cardiopulmonary Resuscitation), use of the recovery position and response protocols in cardiac emergencies.

Prof. Anju Dhiman, YRC Program Coordinator, gave a brief on the objectives and structure of the training program, emphasizing the importance of preparedness and community service. The event was coordinated by Dr. Kavita, YRC Counselor, along with YRC Student Coordinators Mohd. Shakir and Neha. Around 90 security personnel and non-teaching staff members of MDU received first aid training through this program. This initiative reflects MDU's commitment to health education, safety, and community welfare, reinforcing the role of the Youth Red Cross as a catalyst for social responsibility and skill development.





10. Awareness Session on Brain Stroke and Heart Attack on 18.01.2025 at Swaraj Sadan

To promote holistic well-being and preventive health consciousness, a health awareness program entitled 'Nurturing Heart and Brain: The Key to Longevity' was jointly organized by the Youth Red Cross and Chaudhary Ranbir Singh Institute of Social and Economic Change, Maharshi Dayanand University on 18.01.25 at Swaraj Sadan, for faculty, staff and student volunteers in a shared mission to foster a healthier campus community. Prof. Randeep Rana, Dean of Student Welfare graced the program as Chief Guest. He emphasized the importance of preventive healthcare, especially in academic environments where stress and sedentary routines can impact long-term health. He encouraged attendees to adopt balanced lifestyles, integrating physical activity, mental wellness and regular health check-ups into their daily routines. Dr. Pawan Sharma, a distinguished neurologist from Apex Hospital, Rohtak, was invited as resource person. Dr. Sharma shared expert insights on the interconnectedness of heart and brain health, early warning signs of stroke and cardiac issues, the role of nutrition, exercise, and stress management in preventing chronic diseases and the importance of mental resilience and cognitive care for longevity. The programme was coordinated by Prof. Anju Dhiman, Programme Coordinator of YRC & Director, University Outreach Program and Prof. Sandeep Malik, Director, CRIS E&C and Faculty Development Centre. This programme underscored MDU's dedication to health education and community welfare, aligning with its broader mission of nurturing well-rounded individuals who are not only academically proficient but also physically and mentally resilient.





11. Five Day Health Awareness Camp for YRC Counselors and Volunteers of local colleges and U.T.D. from 18.02.2025 to 22.02.2025

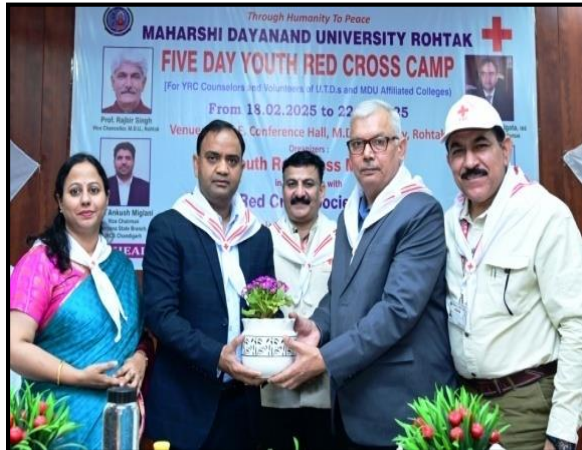
Youth Red Cross in collaboration with District Red Cross Society, Rohtak, organized a five-day health awareness camp from 18th to 22nd February 2025. The objective of the camp was to enhance health literacy, promote preventive healthcare practices, and foster a spirit of community welfare among youth. The camp featured a comprehensive curriculum encompassing first aid techniques and emergency response, health awareness sessions on hygiene, nutrition, and disease prevention, interactive discussions on mental health and stress management, practical demonstrations of basic medical procedures in wound care etc. The inaugural session was graced by Shri Dharendra Khadgata, IAS, Deputy Commissioner, Rohtak, who emphasized the critical role of health awareness in community development and lauded the efforts of the Youth Red Cross in mobilizing youth for humanitarian causes.

The valedictory session was presided over by Prof. Randeep Rana, Dean Student Welfare and Director, Sports MDU. In his presidential address, Prof. Rana commended the YRC volunteers for their active participation and urged them to uphold the values of teamwork, leadership, empathy and discipline in their service to society.

Dr. Mukesh Aggarwal, General Secretary, Indian Red Cross Society, Chandigarh, attended the session as Chief Guest. He encouraged the volunteers to continue their engagement in community service, highlighting the transformative impact of selfless humanitarian work.

YRC Programme Coordinator Prof. Anju Dhiman gave the welcome address and briefed about the activities organised in the camp. Sh. Shyam Sundar, Secretary, District Red Cross Society, Rohtak provided coordination and management support. The program was also coordinated by YRC Counselors, Dr. Kapil Malhotra, Dr. Dheeraj Khurana and Dr. Kavita. The winners of various competitive events organized during the camp were awarded. Dr. Deepak Lathwal, Government College, Sampla was selected as the Best YRC Counselor among males and Dr. Deepika Yadav, Vaishya Arya Kanya Mahavidyalaya, Bahadurgarh was selected as the Best YRC Counselor among females. In the poster making competition, Jyoti Saini (Department of Microbiology), MDU got first place, Kirti BA LLB Honors (Law Department), MDU got second place and Daksh (Government College, Badli) and Preeti (BA Final Year) MKJK College, Rohtak got third place. In the declamation competition, Anushka (Pandit NRS College, Rohtak) got first place, Nitika Nasa (SIASTE, Jhajjar) got second place and Kirti B.A. LLB Honor (Law Department), MDU got third place. In the lucky star competition, Tannu from Vaish Arya Shikshan Mahavidyalaya, Bahadurgarh got first place, Himanshu got second place and Bhavya from Pt. NRS College, Rohtak got third place. Aman from UTD, MDU was selected as the best

YRC Student Coordinator in the male category and Neha from Government Women's College was selected as the best YRC Student Coordinator in the female category. Mohd. Shakir from Commerce Department, MDU was selected as the best youth in male category and Palak of Pharmacy Department, MDU was selected as the best youth in female category. This health awareness camp served as a significant platform for capacity building, skill development, and community engagement reinforcing MDU's commitment to holistic education and social responsibility.





12. 13th Annual Meeting of University Youth Red Cross Committee M.D. University Rohtak on 21.02.2025

The 13th Annual Meeting of Youth Red Cross Committee of Maharshi Dayanand University was convened under the chairmanship of Prof. Rajbir Singh, Hon'ble Vice Chancellor. The meeting reaffirmed the University's commitment towards advancing social awareness and community engagement through the Youth Red Cross platform. Prof. Rajbir Singh emphasized the strategic role of YRC in connecting students with contemporary societal challenges. He outlined the University's plan to intensify awareness campaigns on critical issues such as drug de-addiction, climate change, sustainable development and road safety, with active participation from both University Teaching Departments and affiliated colleges.

Aligning with the National Education Policy (NEP), the Vice Chancellor announced the introduction of academic credit recognition for students engaged in outreach activities. He said that the undergraduate students demonstrating excellence in public welfare will be awarded four credits, while postgraduate students will receive two credits, equivalent to an internship. Additionally, MDU will launch a statewide campaign to identify and support persons with disabilities, furthering its commitment to inclusive development. Prof. Anju Dhiman, YRC Programme Coordinator, presented the Annual Report for session 2023-2024, along with the tentative calendar of activities and provisional budget for the 2024-2025 session. The meeting was attended by key stakeholders, Dr. Krishna Kant, Registrar, MDU, Prof. Randeep Rana, Dean, Student Welfare, Mr. Rohit Sharma, Dr. Jaipal Sharma, Principal, Gaur Brahman Degree College, Rohtak, Dr. Divya, Tika Ram Kanya Mahavidyalaya, Sonapat, Dr. Naresh Kumar, Principal, G.G.D.S.D. College Palwal, Dr. Asha Sharma, Principal Vaish Arya Shikshan Mahila Mahavidyalaya, Bhadurgarh, Dr. Pratap Rathee, Director, Youth Welfare, Mr. Shyam Sunder, Secretary, D.R.C.S, Rohtak, Mr. Devender Chahal, Secretary, D.R.C.S, Jhajjar, Mr. Bijender Sorout, Secretary, D.R.C.S., Faridabad, Mr. Mukesh Bhatt, Finance Officer, MDU, Mr. Pankaj Nain, Public Relations Officer and student representatives namely Mohd. Shakir and Neha.



13. Free Health Check-up camp at Bhali Anandpur village on 23.02.2025

To commemorate the 200th birth anniversary of Maharshi Dayanand Saraswati, a health check-up camp was organized at Bhali Anandpur village under the joint aegis of the University Outreach Program and the Youth Red Cross Unit of Maharshi Dayanand University, Rohtak on 23rd February 2025. The initiative was undertaken with the objective of extending healthcare services to the rural community and promoting health awareness.

A total of 117 villagers availed medical consultations and diagnostic services during the camp. The camp was coordinated by Prof. Anju Dhiman, YRC Program Coordinator and Director, University Outreach Program, Prof. Rajkumar, Chief Advisor, University Outreach Programme, Prof. Sunil Jaglan, Professor of Practice, Dr. Karmavir Sheokand, Deputy Director, University Outreach Program and Dr. Vikas Sindhu, NCC Incharge.

The experienced medical professionals from diverse specialties including orthopaedics, paediatrics, cardiology, general medicine, and physiotherapy conducted health assessments and offered expert consultations. This initiative reflects MDU's ongoing commitment towards community outreach, healthcare accessibility and social welfare in alignment with its broader mission of inclusive and holistic development.



14. Two Day Training Program on Addiction Case Management from 24.02.2025 to 25.02.2025

A two-day training program on drug addiction case management was organized in the conference hall of Centre for Distance and Online Education, Maharshi Dayanand University on 24.02.2025 and 25.02.2025, with the objective of sensitizing youth and professionals to the complexities of substance abuse, rehabilitation and case handling. The program was jointly organized by Ankush Foundation and the State Legal Services Authority (SLCA), Haryana, in collaboration with the University Outreach Programme and the Centre for Disability Studies, MDU. The initiative was sponsored by the National Institute of Social Defence (NISD) under the Ministry of Social Justice and Empowerment, Government of India. The keynote speaker, Dr. Pradeep Pandey, Senior Psychiatrist at PGIMS Rohtak and Trainer with Ankush Foundation, delivered two comprehensive sessions on “Case assessment of individuals with substance use disorders” including patient history, analysis, referral pathways, treatment protocols and client profiling and “Referral and treatment-related challenges”, along with best practices in documentation and record-keeping for effective case management.

Certificates of participation were distributed during the concluding session. The program enhanced the understanding of de-addiction processes, case management techniques, and the role of youth in rehabilitation efforts, thereby contributing to the broader goal of social welfare and mental health advocacy. Prof. Anju Dhiman (Programme Coordinator, YRC and Director, University Outreach Programme), Dr. Pratima Devi (Director, Centre for Disability Studies), Dr. Karmvir Sheokand, Dr. Geeta, Dr. Mamta Devi, Dr. Meenu, Dr. Harkesh Sahrawat, Dr. Asha Sharma and Sanjana along with 25 volunteers and students from Youth Red Cross, University Outreach Programme and Centre for Disability Studies were present.

This initiative reflects MDU’s ongoing commitment to community engagement, capacity building, and public health education, in alignment with national objectives for youth empowerment and social justice.





15. Gram Sarathi: Capacity Building of volunteers for Community Engagement Activities in Conference Hall of I.H.T.M. on 03.03.2025

A capacity building program to promote social outreach activities was organized for volunteers in the Conference Hall of Institute of Hotel and Tourism Management on 03.03.2025. The programme was graced by Prof. B. Narasimhan, Director, Internal Quality Assurance Cell (IQAC), who attended as Chief Guest. In his address, Prof. Narasimhan emphasized that empowering volunteers for community engagement not only fosters their personal development but also contributes significantly towards societal progress. The session commenced with welcome address by Prof. Anju Dhiman, Director, University Outreach Programme and Programme Coordinator, Youth Red Cross, who outlined the objectives and structure of the initiative. Prof. Sunil Jaglan, Professor of Practice, University Outreach Programme, delivered an insight on the roles of Gram Sabha and Sarpanch in village development and youth empowerment. He encouraged volunteers to actively engage with local communities and understand their needs.

Prof. Rajkumar, Chief Consultant, University Outreach Programme, highlighted the transformative impact of individual actions in driving social change. Mr. Kamaljeet, Director, Kisan Sanchar, elaborated on the Gram Sarathi initiative, detailing the methodology for

identifying and addressing community challenges. Dr. Karmvir Sheokand, Deputy Director, University Outreach Programme, extended a formal vote of thanks.

Approximately 270 Youth Red Cross volunteers, including YRC counselors and faculty members: Dr. Meenu Bhan, Dr. Geeta, Dr. Deepak Lathwal, Dr. Savita, Dr. Suresh Kumar, Dr. Anand Kumar, Dr. Kavita, Dr. Subhash, Dr. Seema Laura, Dr. Rekha Rani, Puja, Tina Saini, Dr. Indu Bala, Dr. Savita Yadav and Dr. Jyoti Goyal were present.

The program reinforced MDU's commitment to fostering community-oriented leadership, volunteerism, and grassroots development, aligning with its broader mission of holistic education and societal engagement.



16. International Blood Donation Awareness Campaign on 26.03.2025 at Student Activity Centre, M.D. University, Rohtak

An International Blood Donation Awareness Campaign was organized at the Student Activity Centre of Maharshi Dayanand University, Rohtak, under the joint aegis of Youth Red Cross and University Outreach Programme, in collaboration with National Integrated Forum of

Artists and Activists (NIFA). The initiative aimed to promote voluntary blood donation and raise awareness about its life-saving significance. The programme was inaugurated by Dr. Krishan Kant, Registrar, MDU, who attended as the Chief Guest. In his address, Dr. Krishan Kant described blood donation as an act of life-giving service, likening donated blood to nectar for those in need. The event commenced with welcome address by Prof. Anju Dhiman, Director, University Outreach Programme and Programme Coordinator, Youth Red Cross, who emphasized the importance of voluntary blood donation in strengthening public health systems and fostering social responsibility. Sh. Shyam Sundar, Secretary, District Red Cross Society and Sh. Madhukant Anoop Bansal, a noted litterateur, also addressed the gathering and encouraged participants to continue advocating for blood donation awareness.

With the support of the PGI medical team, including Dr. Manu (Medical Officer), MLT Anil Kumar, Nursing Officers Deepak, Kavita, Rajni, and Lakshmi, a total of 58 units of blood were collected during the camp. All the donors pledged to promote awareness about the benefits of blood donation, both for recipients and donors.

The programme was coordinated by YRC Counselors: Dr. Kavita and Dr. Kapil Malhotra, along with staff members Jitendra, Patram, and Amit, and a dedicated team of YRC volunteers.

Certificates were distributed to blood donors by Dr. Krishan Kant, Registrar, MDU, Prof. Anju Dhiman, Ms. Mithlesh (District President), Mr. Bhagwan Verma (District Secretary) and Dr. Sunita Malik from the NIFA team, in recognition of their valuable contribution.



17. Seven Day Health Awareness/ Training Camp for Boys at Jodhpur and Jaisalmer (Rajasthan) from 29.03.2025 to 04.04.2025

With the objective of fostering awareness among Youth Red Cross volunteers regarding Red Cross activities and promoting the development of national character, a seven-day health awareness and training camp was organized at Jodhpur and Jaisalmer (Rajasthan) from 29th March to 4th April 2025. The camp commenced on 29th March 2025, with the departure of the camp team formally flagged off by Prof. Anju Dhiman, Programme Coordinator, Youth Red Cross, Maharshi Dayanand University, Rohtak. The contingent comprised 31 YRC volunteers, accompanied by Dr. Deepak Lathwal, Dr. Ashok Kumar and Mr. Mohd. Shakir as Teacher In-Charges, along with YRC staff members Mr. Jitender Kumar (Data Entry Operator) and Mr. Patram (Peon).

During the camp, YRC volunteers actively participated in awareness rallies focused on cleanliness drives, road safety and drug abuse prevention across various locations in Jodhpur and Jaisalmer, thereby contributing to community sensitization and public welfare. The formal inauguration of the camp activities took place on 30th March 2025 at Jodhpur. The event was attended by distinguished medical professionals, Dr. Indrajit provided an overview of his establishment and its community engagement initiatives and Dr. Vishal Gupta, a pediatric oncologist specialized in cancer treatment for children, who delivered an informative session on childhood cancer awareness, including early detection, treatment options and preventive measures. First aid training sessions were also organized during the camp.

This camp served as a valuable experiential learning opportunity for YRC volunteers, reinforcing their commitment to health advocacy, civic responsibility and national service.





18. Haryana Film Festival at Maharshi Dayanand University on 04.04.2025 & 05.04.2025

The Haryana Film Festival 2025 was organized by Cine Foundation, Haryana (Vishwa Samvad Kendra) in collaboration with Maharshi Dayanand University and inaugurated at Tagore Auditorium, Maharshi Dayanand University (MDU), Rohtak, by Shri Gaurav Gautam, Hon'ble Minister for Youth Empowerment and Entrepreneurship, Sports, Government of Haryana. In his inaugural address, the Minister emphasized the festival's role in promoting Haryanvi culture, language and talent, and announced the establishment of a Centre of Excellence at MDU along with financial grant. He also encouraged youth to engage in sports and the arts to combat drug addiction.

Prof. Rajbir Singh, Vice Chancellor, MDU, delivered the presidential address, highlighting the transformative power of cinema in driving social and cultural change. Tributes were paid to the late actor and filmmaker Sh. Manoj Kumar. Other dignitaries included Anil Kumar, Kshetra Prachar Pramukh, Rashtriya Swayamsevak Sangh, Adveta Kala, renowned screenwriter, Chitrnanjan Tripathi, Director, National School of Drama, Rajesh Jain, cultural commentator, Dr. Markandey Ahuja, President, Vishwa Samvad Kendra, Rajesh Kumar, Secretary, Vishwa Samvad Kendra, and Padma Shri Mahavir Guddu, Haryanvi cultural icon.

The event was attended by senior university officials, faculty members, students, 370 Youth Red Cross volunteers, artists, producers, directors, and dignitaries from across Haryana. The festival served as a significant platform for cultural exchange, creative expression, and the advancement of Haryana's film industry, reinforcing MDU's commitment to promoting regional arts and heritage.



19. Anaemia Muk, Poshan Yukt Campaign in Maharshi Dayanand University on 07.04.2025 to 08.04.2025

On World Health Day, Maharshi Dayanand University, Rohtak, in collaboration with the Health Department, Pandit Bhagwat Dayal Sharma University of Health Sciences, and the Indian Medical Association (IMA), launched the *Anemia Muk Poshan Campus Campaign*—a comprehensive initiative aimed at eradicating anemia and promoting nutritional awareness. The campaign was organized under the joint aegis of the Institute of Public Health Sciences, Department of Student Welfare, Youth Red Cross and Department of Pharmaceutical Sciences. This two-day campaign involved blood testing of approximately 7,500 female students, teachers, employees and campus residents, conducted by 17 medical practitioners' teams. The campaign was inaugurated at Bhagirathi Girls Hostel by Dr. Sharanjit Kaur, Chairperson, Rehabilitation Council of India, Prof. H.K. Aggarwal, Vice Chancellor of Pandit Bhagwat Dayal Sharma University of Health Sciences, and presided over by Prof. Rajbir Singh, Vice Chancellor, MDU. Special guests included CMO Dr. Ramesh Chandra Arya and IMA President Dr. Aarti Sahu, who commended MDU's leadership in public health advocacy. Prof. Rajbir Singh emphasized that the campaign would extend beyond diagnostics to include treatment, counselling, and follow-up and announced that in the second phase, approximately 2 lakh students from 249 affiliated colleges will be engaged, transforming the initiative into a statewide mega campaign. He urged students to become brand ambassadors for anaemia awareness. Prof. Munish Garg, Director, Institute of Public Health Sciences, outlined the campaign's structure. Registrar Dr. Krishan Kant concluded by highlighting the importance of health consciousness among students, affirming that a healthy mind resides in a healthy body. 182 Youth Red Cross volunteers participated in this campaign.





20. Inauguration of Ambulance Donated by RBL Bank on World Health Day

On World Health Day i.e. April 7, 2025, Youth Red Cross Unit of Maharshi Dayanand University, Rohtak, held the inaugural ceremony of a newly donated ambulance by RBL Bank, Rohtak. The ambulance service was formally flagged off by Prof. Rajbir Singh, Hon'ble Vice Chancellor, MDU, who expressed his sincere gratitude to RBL Bank for their generous contribution. He remarked that this initiative is a commendable step towards ensuring the safety and well-being of the university community and expressed optimism about furthering such collaborative efforts.

Mr. Aman Babbar, Cluster Head, RBL Bank, reiterated the bank's commitment towards societal welfare, stating that the provision of this ambulance would facilitate timely medical assistance to students in case of health emergencies. The event was graced by the presence of distinguished guests including Prof. H.K. Agarwal, Vice Chancellor, Pandit Bhagwat Dayal Sharma University of Health Sciences and Dr. Sharanjit Kaur, Chairperson, Rehabilitation Council of India, both of whom lauded RBL Bank's initiative and its potential impact on student welfare.

Mr. Mukesh Bhatt, Finance Officer, MDU, extended a formal vote of thanks to the RBL Bank team for their support. The proceedings of the event were conducted by Prof. Surendra Yadav. Prof. Anju Dhiman, Program Coordinator, Youth Red Cross, Mr. Akash, Regional Head, RBL Bank; Mr. Nitesh Malhotra and Ms. Richa Dharmani, Branch Managers, RBL Bank; Prof. A.S. Maan, Dean, Academic Affairs; Dr. Krishan Kant, Registrar; Prof. Gulshan Lal Taneja, Controller of Examinations; Prof. Randeep Rana, Dean, Student Welfare along with other University officials, faculty members, staff and Youth Red Cross volunteers were present.



21. Free Health Check-up Camp on 11.04.2025

The Youth Red Cross Unit of Maharshi Dayanand University, in collaboration with MDU Centre for Professional and Allied Studies (MDU-CPAS), Sector 40, Gurugram, organized a free health check-up camp at Radha Krishna Mandir, Jharsa village, with the objective of promoting health awareness among rural residents. Over 200 villagers participated in the camp, which offered complimentary services including eye and dental check-ups, general physician consultations, and screenings for blood sugar, blood pressure, body mass index (BMI), and cholesterol levels, along with personalized health advice based on test results. The camp was efficiently managed by Youth Red Cross volunteers and MDU-CPAS students. Prof. Pradeep K. Ahlawat, Director, MDU-CPAS, commended the team for their exemplary community service and expressed gratitude to Apollo Pharmacy for their medical support, highlighting the initiative as a reflection of the students' commitment to social responsibility. The event was coordinated by faculty members including Dr. Vijay Rathi, Dr. Pratibha Bhardwaj, Dr. Nidhi, Dr. Seema Baswana and Dr. Anisha.





22. Celebration of 50th Foundation Day/ Golden Jubilee of Maharshi Dayanand University, Rohtak on 19.04.2025

On the occasion of the Golden Jubilee celebration of Maharshi Dayanand University, Rohtak, held at Tagore Auditorium, Hon'ble Governor of Haryana and Chancellor of MDU, Shri Bandaru Dattatreya, graced the event as Chief Guest and congratulated the University community on completing 50 years of academic excellence, describing the milestone as a proud moment and urging the MDU fraternity to uphold the legacy of Maharshi Dayanand Saraswati. He emphasized the transformative potential of the National Education Policy (NEP) 2020 and advocated for higher education to benefit rural and underprivileged communities. Commending MDU's achievements, he noted the distinguished contributions of its alumni across diverse fields. Hon'ble Education Minister Sh. Mahipal Dhanda, praised MDU's five-decade journey and reiterated the vision of India's global leadership by 2047. Sh. Kailash Chandra Sharma, Chairman, Haryana State Higher Education Council, also addressed the gathering and endorsed NEP 2020 as a progressive reform. In the presidential address, MDU Vice Chancellor Prof. Rajbir Singh highlighted the University's accomplishments in research, education, sports and culture, and emphasized student capacity building and the successful implementation of NEP 2020. The event commenced with a welcome address by Prof. A.S. Maan, Dean Academic Affairs, followed by vote of thanks by The Registrar Dr. Krishan Kant. Dean, Student Welfare Prof. Randeep Rana and Director Youth Welfare Dr. Pratap Rathee provided organization and coordination support. The ceremony was attended by eminent dignitaries including Dr. Sharanjit Kaur, Dr. Deepti Dharmani, Rohtak Mayor Sh. Ram Avtar Valmiki, former Mayor Sh. Manmohan Goyal, Sh. Rajesh Jain, Dr. Sitaram Vyas, Dr. Aditya Batra, Sh. Subhash Ahuja, Sh. Satish Nandal, Prof. R.C. Kuhad, along with MDU Deans, Heads of Departments, faculty members, officers, non-teaching staff, retired employees, alumni, researchers, students, 250 Youth Red Cross volunteers and other distinguished guests.



23. Celebration of Earth Day on 22.04.2025 at MDU-CPAS

On Earth Day, 22 April 2025, the Youth Red Cross Unit of Maharshi Dayanand University – Centre for Professional and Allied Studies (MDU-CPAS), Sector 40, Gurugram, launched the “Wings of Hope – Drop of Life” campaign to promote compassion for all living beings by installing over 18 feeder boxes and 25 water bowls at LIG Park Sector 31, Sector 40 Park, Community Centre Sector 40, and the MDU-CPAS campus, ensuring access to fresh grains and clean water for birds during the summer. Mr. Abhinav Chaudhary highlighted the importance of this initiative in providing relief to birds during extreme heat and reaffirmed the students’ commitment towards environmental responsibility. Prof. Pradeep K. Ahlawat, Director, MDU-CPAS, commended the youth red cross volunteers for their exemplary efforts, stating that the true essence of Earth Day lies in compassionate and harmonious actions towards nature. YRC Counselor Dr. Sandeep Aggarwal appreciated the dedication of the volunteers and appealed the society to support such initiatives for a more livable and sensitive environment. Faculty members including Dr. Virendra Sindhu (Coordinator – Law Program), Dr. Akshay, along with other staff and youth red cross volunteers participated in this meaningful campaign, which demonstrated the leadership of youth red cross volunteers in environmental stewardship and ecological well-being.





24. Celebration of World Red Cross Day on 05.05.2025 at Swaraj Sadan

Youth Red Cross unit of Maharshi Dayanand University organized a voluntary blood donation camp and awareness program against substance abuse on 05.05.2025 as part of observance of World Red Cross Day-2025 at Swaraj Sadan. The event focused on preventive education and youth engagement to combat drug addiction.

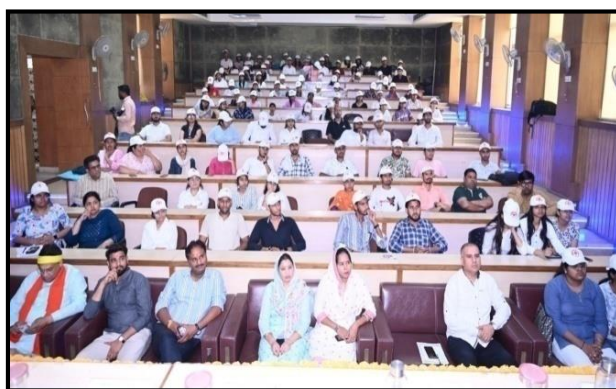
Prof. Rajbir Singh, Vice Chancellor MDU graced the event as Chief Guest and encouraged the volunteers to channelize their energy constructively. He said that abstaining from drugs is a mark of personal integrity and societal contribution.

Mayor of Rohtak, Sh. Ram Avtar Valmiki, and former Mayor Sh. Manmohan Goyal joined this program as distinguished guests. Dr. Indu Tanwar from Vaish College delivered a talk on "Nurturing Mental Health for Better Life". Dr. Promila Dahiya Suhag from Department of Psychology, Vaish College also delivered a lecture on "Awareness Generation against Drug Abuse"

Prof. Anju Dhiman, Program Coordinator Youth Red Cross gave welcome address. Prof. Randeep Rana provided an overview on the program's objectives. Program coordination was led by Dr. Pratap Rathee, Director, Dean Youth Welfare, Dr. Kavita, Dr. Dheerej Khurana and Dr. Deepak Lathwal. Dr. Kapil Malhotra gave vote of thanks.

A voluntary blood donation camp was also organized during the event in which 60 units of blood was donated.





25. Celebration of International Yoga Day on 21.06.2025

On International Yoga Day, Maharshi Dayanand University (MDU) launched a transformative initiative: 'Yog Yukt, Motapa Mukta Abhiyan', aimed at promoting a healthy and active lifestyle among students, faculty, and the wider community. The campaign was inaugurated by Vice-Chancellor Prof. Rajbir Singh, who addressed the University fraternity with an inspiring message to incorporate yoga into daily life and prioritize physical fitness. He said that educational institutions bear the responsibility of nurturing healthy citizens and reaffirmed MDU's commitment to health-focused initiatives, citing the University's previous campaigns such as 'Nasha Mukta Ghar Abhiyan' and 'Anemia Mukta Poshan Yukt Abhiyan'.

He expressed gratitude to Hon'ble Prime Minister Shri Narendra Modi for elevating Yoga to global prominence through the declaration of International Yoga Day, and to Hon'ble Chief Minister Sh. Nayab Singh Saini for his efforts in popularizing yoga and promoting healthy living across Haryana.

Registrar Dr. Krishan Kant linked yoga with scientific principles, highlighting its role in transmitting positive energy and maintaining the balance of body, mind and soul. He

emphasized that regular yoga practice not only enhances physical health but also alleviates mental stress.

Dr. Ramesh Kumar Verma from Bhagat Phool Singh Women's Medical College, Khanpur Kalan, joined as the keynote speaker. He underscored the importance of yoga and nutrition in preventing obesity and shared practical guidance with volunteers.

The program was coordinated by Dean Students' Welfare, Prof. Randeep Rana. The welcome address was delivered by Prof. Sunita Saini, Director, Yogic Study Centre. Dr. Shakuntala, Sports Director, expressed gratitude to all participants. The event was further supported by Prof. Bhagat Singh Rath, Chairman, Department of Physical Education; Programme Coordinator Youth Red Cross Prof. Anju Dhiman; and Dean Youth Welfare, Dr. Pratap Rathee. Yoga instructor Mr. Naresh Ahlawat conducted the yoga session and led participants through various asanas. The celebration was organized under the aegis of the University's Student Welfare Department, Yogic Study Centre, Physical Education Department, University Outreach Program and Youth Red Cross.



26. One day training program on “Basic First Aid and Disaster Management” on 14.07.2025

The Youth Red Cross Unit of Maharshi Dayanand University organized a one-day training program on “Basic First Aid and Disaster Management” at the Swaraj Sadan for youth red cross volunteers. The program aimed to equip all the Youth Red Cross volunteers with essential knowledge and practical skills to respond effectively to emergency situations and natural disasters.

The training program was inaugurated by Registrar Dr. Krishan Kant, who graced the program as Chief Guest. In his address, Dr. Kant emphasized the importance of first aid and

disaster preparedness in contemporary society, stating that such training empowers youth to safeguard their own lives and those of others.

Dean Students' Welfare, Prof. Sapna Garg, joined the program as guest of honour. She highlighted the life-saving potential of structured training in first aid and disaster management. Program Coordinator YRC, Prof. Anju Dhiman reiterated the significance of such trainings in building a responsive and resilient student community.

Resource person Sh. Ravi Dutt from the Red Cross Society, Rohtak, conducted comprehensive session covering key aspects of first aid, including wound care, burn management, fracture stabilization and cardiac arrest response. Fire Station Officer Sh. Jasmed and Sh. Aman led a specialized session on fire safety and disaster management, providing practical demonstrations of fire safety equipment and emergency protocols for situations such as earthquakes, floods and accidents. Approximately 65 Youth Red Cross volunteers participated in the training, including three differently abled volunteers from Centre of Disability Studies, reflecting the inclusive nature of the initiative. The program was coordinated by YRC Counselors Dr. Dhiraj Khurana, Dr. Kapil Malhotra, Dr. Kavita and Dr. Rekha.





27. The "Ek Ped Divyang Ke Naam" plantation drive on 15.07.2025

The outreach and Youth Red Cross unit of Maharshi Dayanand University organized tree plantation drive on “Ek Ped Divyaang Ke Naam” to promote environmental conservation and inclusivity, in which electric wheel chairs were distributed to the staff members. This initiative aimed at promoting environmental conservation and fostering inclusivity for persons with disabilities.

The program was organized in the premises of Faculty House in which Prof. Rajbir Singh, Vice-Chancellor, MDU presided over the event; Dr. Sharanjeet Kaur, Chairperson, Rehabilitation Council of India graced the event as Chief Guest; and Prof. Archana, a distinguished faculty member representing the Divyangjan community acted as Guest of Honour. As part of this initiative, a large-scale plantation drive was conducted wherein hundreds of fruit-bearing, medicinal, and shade-giving trees were planted. Each tree was symbolically dedicated to a person with a disability, thereby reinforcing a sense of personal connection, dignity, and shared responsibility.

The campaign encouraged active participation from all sections of society, exemplifying the power of collective action in advancing both environmental and social causes.

Vice-Chancellor Prof. Rajbir Singh said that the campaign reflected the transformative potential of community-driven efforts. Dr. Sharanjeet Kaur emphasized the role of youth in driving social change and empowering persons with disabilities. Prof. Archana advocated for equal participation in environmental initiatives, underscoring the need for inclusive engagement.

The program was coordinated by Prof. Anju Dhiman, Program Coordinator Youth Red Cross and Director, University Outreach Program, Prof. Rajkumar-Chief Consultant, University Outreach Program and Mr. Sunil Jaglan, Professor of Practice, University Outreach Program.

Electric wheelchairs were also provided free of cost as per the requisition received from the staff members by the Youth Red Cross Unit of MDU. The “Ek Ped Divyaang Ke Naam” campaign stands as a model for educational institutions to integrate environmental stewardship with social responsibility, while fostering inclusivity and community engagement.

