



AICTE Training and Learning (ATAL) Academy
Online Faculty Development Programme (FDP)

on

“Life Skills for Blissful Life”

(07 – 11 June 2021)

Organized by

Centre for Life Skills & Soft Skills (CLAS)

Maharshi Dayanand University (MDU) – Rohtak

(A State University established under Haryana Act No. XXV of 1975)

'A+' Grade University Accredited by NAAC



Maharshi Dayanand University (MDU):

Maharshi Dayanand University, Rohtak, established in 1976 as a residential University with the objective of promoting inter-disciplinary higher education and research with special emphasis on studies of environmental, ecological and life sciences, is making rapid progress to emerge as a leading educational institution of the nation. Now it is a teaching-cum-affiliating university with a formidable track record in academics, research, literacy and cultural activities, and sports. Currently, there are various Post-Graduate Departments and 10 Faculties in the University. Territorial jurisdiction of the University extends to districts of Southern Haryana. The overall progress made by the University in all fields resulted in the University receiving the 'A+' grade from NAAC in March 2019. Our NIRF Ranking is 76 in University Category (2020), with its 622 Acres spread campus, offering 236+ programmes, MDU provides excellent infrastructural facilities and necessary student support services and benefits two lakh plus students. Beautiful landscaping is a hallmark of the varsity. The University has entered into national and international level strategic tie-ups with academic and research organizations for joint academic and research programmes. Recently, University has signed MoU with National Skill Development Corporation to facilitate skill development of University students. We are all set to emerge as a pioneer University with overall excellence and global outlook and deep commitment towards social and community causes in times to come.

To know more about the university please visit: www.mdu.ac.in

Centre for Life Skills & Soft Skills (CLAS):

Preamble: The centre aims at nurturing graduate attributes among students by inculcating communicative, soft and life skills to help them become better citizens of the world.

The Centre aims to offer and design programs which will be designed by taking inspiration from principles of OODA (Observe, Organise/Orient, Decide and Act) Loop and Decision/ Game theory.

It aims at strengthening language competence, spoken and written; ability to describe, argue, cohere and draw inferences; and manage body language and non verbal components of communication to add to the communicative competence. Besides, programs will sensitize the students and impart among them core values of humanities to sustain hard skills based capabilities.

The Centre will also design courses on demand for various Centres/ Departments/Faculties/Institutes of the University. It will act as nodal centre for mediation and approval of value addition courses and programs offered by colleges & institutes affiliated to Maharshi Dayanand University. Visit the centre online at: <http://mdu.ac.in/ASPX/Cells.aspx?Dept=132>

AICTE Training and Learning (ATAL) Academy:

AICTE Training and Learning (ATAL) Academy is committed for the development of quality technical education in the country by initiating various schemes launched by Govt. of India, Ministry of Human Resource Development, now Ministry of Education. The vision of AICTE is to empower faculty to achieve goals of Higher Education such as access, equity and quality. Council understands that there is a need of the day to train the young generation in skill sector and having faculty & technicians to be trained in their respective disciplines.

The main objective of ATAL Academy is to plan and help in imparting quality technical education in the country and to support technical institutions in fostering research, innovation and entrepreneurship through training in various emerging areas.

It is pertinent to mention that World Book of Records London has appreciated and included AICTE Training and Learning (ATAL) Academy for conducting 1000 Online FDP's in Nine thrust areas being conducted in year 2020-21 providing training to about One Lakh Participants.

Visit the ATAL Academy online at: <https://www.aicte-india.org/atal>

About the workshop:

Life skills are essential for the all-round well-being of the individuals and to become vibrant and productive members of the society. Life skills, as defined by WHO, are “innumerable, and the nature and definition of life skills are likely to differ across cultures and settings”. WHO further defined Life skills “as the abilities for adaptive and positive behavior that enable humans to deal effectively with the demands and challenges of life” Life Skills facilitate persons to accomplish their ambitions and to utilize their fullest potential. Developing life skills leads to enhancement of self-respect, emotional management, critical and creative thinking, social values for healthy community living like interpersonal understanding, tolerance, sociability and tolerance, decision making etc. If life skills education properly implemented through various formal and informal programmes, the younger generation will grow with a quality life and can change the destiny of world positively

Scope and theme of the workshop:

The following broad areas will be covered in this five days workshop.

- Blissful Life (Dimensions of life, Work Life Balance)
- Life Skills & Their Applications in everyday life (Life skills defined, need in everyday life, Soft skills & Hard skills)
- Communication Skills & Their Applications in Decision Making (How to stand out & what brings you success?; Listening & Speaking skills, Social Media skills, Digital literacy)
- Professional skills (Leadership & Excellence, Conflict Resolution, Entrepreneurial skills)
- Universal Human Values (Love & Compassion, Righteousness, Renunciation, Mentoring & Coaching, Ethics & Integrity)

For Whom: The faculty members of the AICTE approved institutions, research scholars, PG Scholars, Participants from Government, Industry Bureaucrats/Technicians/Participants from Industry etc. and staff of host institution.

ORGANISING COMMITTEE

CHIEF PATRON

Prof. Rajbir Singh

Vice-Chancellor, Maharshi Dayanand University (MDU), Rohtak

PATRON

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Mr. Arun Hooda,

Dy, Director, - CLAS

Dr. Nidhi

Dy. Director, - CLAS

OFFICE ASSISTANTS

Sh. Ram Kumar Sh. Satish Kumar

Registration:

- No Registration Fee
- Registration will be done on First Come First Serve bases.
- Register online for the online FDP by using the link below:
<https://atalacademy.aicte-india.org/signup>
- <https://www.aicte-india.org/atal>

Important Dates:

The One Week Online Faculty Development Programme on “Life Skills for Blissful Life” shall be from (07 – 11 June, 2021) Monday to Friday.

There will be 14 sessions in five days and (three sessions every day and one session may be utilized for feedback and assessment)

Certification:

E-Certificates shall be issued by AICTE Training and Learning (ATAL) academy to those participants who have attended the programme with minimum 80% attendance and scored minimum 60% marks in the test conducted at the end of the online FDP.

Contact Us:

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Centre for Life Skills & Soft Skills,

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Swaraj Sadan, M.D University – Rohtak, Haryana.

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