## MAHARSHI DAYANAND UNIVERSITY ROHTAK

Copy of extract of Reso. No. 6 of the Academic Council's meeting held on 24/16/8  $\sigma$ 

6. Shifting of P.G.Diploma in Yoga Science(under SFS) from the Dept. of Physical Education to Centre for Yogic Studies under the Faculty of Interdisciplinary Studies

Considered the recommendations of the Departmental Committee of Physical Education Dept. made vide Reso. No. 4 of its meeting held on 25.08.2020 that P.G.Diploma in Yoga Science( under SFS) be shifted from the Dept. of Physical Education to newly created Centre for Yogic Studies under the Faculty of Interdisciplinary Studies from the session 2020-21 (Annexure A/7 pages 131-133, already circulated).

RESOLVED THAT THE ABOVE RECOMMENDATIONS BE APPROVED.

FURTHER RESLOVED THAT THE SAME BE RECOMMENDED TO THE EXECUTIVE COUNCIL FOR CONSIDERATION.

[ACTION BY D.R. (ACAD.)]

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## MAHARSHI DAYANAND UNIVERSITY, ROHTAK ACADEMIC BRANCH

Endst.No. ACS-1/2020/ 15704 -711

Dated: 09/11/2020

Copy of the above is forwarded to the following for information and necessary action:-

- 1. The Dean, Faculty of Education and Interdisplinary Studies, M.D.University Rohtak.
- 2. The Head, Dept. of Physical Education, M.D.University, Rohtak.

3. The Controller of Examinations, M.D.University, Rohtak

- 4. The DeputyRegistrar /Asstt.Registrar (R-1), (Estt. Teaching) & (R&S), M.D.University, Rohtak
- 5. The Director, Computer Centre, M.D.University, Rohtak for uploading the above letter on the University website.

6. AC-IV set of the Academic Branch, M.D.University, Rohtak

Superintendent (Academic)

Encl: As above

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MINUTES OF THE MEETING REGARDING VARIOUS ISSUES LIKE TIME TABLE, WORK LOAD, CERTIFICATE/DIPLOMA PROGRAMS RELATED TO DEPARTMENT OF PHYSICAL EDUCATION HELD ON 25.08.2020 AT 11:00 AM IN THE REGISTRAR'S OFFICE COMMITTEE ROOM.

The following members were present:

Prof. Nina Singh, Dean, Faculty of Education
 Prof. R.P. Garg, Head, Department of Physical Education
 Prof. Bhagat Singh, Department of Physical Education
 (Left the meeting after one hour)

4. Prof. Kultaj Singh, Department of Physical Education - Member

The Committee deliberated upon and made the following recommendations:

- 1. The workload of the department was computed as per Scheme of Examination:
  - 1. M.A. Yoga Science Semester 3<sup>rd</sup> 56 Hours per week for the session 2020-21
  - II. M.Phil 2<sup>nd</sup> Semester 08 Hours per week (only 3 Students admitted) in the session, 2019-20
- 2. The Committee observed that Yoga Science being highly specialized in nature should necessarily be taught by a person expert with requisite qualification in the field (Yoga). A minimum of workload of one faculty is required to engage classes for this specialized course. The remaining courses of generic nature can be taken care of by the existing faculty. Therefore, it was resolved to engage the services of Dr. Jagwanti Deswal, attached with DSW office, whose qualification are M.A. in Yoga Science of Living, M.A. in Sanskrit, M.Phil Sanskrit with Yoga, P.G. Diploma in Yoga Education, Ph.D (Astang Yoga) & N.D.D.Y (3.5 Year course in Yog and Naturopathy).
- 3. The Committee computed the distribution of workload and course to be taught by faculty members detailed as under:

## A) M.A. Yoga Science (3rd Semester)

| Course Code | Course Title                       | Name of Faculty            | Workload<br>(hrs/week)  |
|-------------|------------------------------------|----------------------------|-------------------------|
| MYS-C301    | Yoga Skill & Development           | Dr. Tejpal                 | 04 Hours                |
| MYS-C302    | Principles of Naturopathy          | Dr. Jagwanti Deswal        | 04 Hours                |
| MYS-C303    | Practical – I                      | Dr. R.P. Garg &            | 12 Hours                |
|             |                                    | Dr. Kultaj Singh (Morning) |                         |
|             |                                    | @ 6 Hours x 2 Groups = 12  |                         |
|             |                                    | Hours                      |                         |
| MYS-C303    | Practical - I                      | Dr. Bhagat Singh           | 06 Hours                |
|             |                                    | @ 6 Hours x Group - I = 6  |                         |
|             |                                    | Hours                      |                         |
|             |                                    | Dr. Tejpal (Evening)       |                         |
|             |                                    | @ 6 Hours x Group - II = 6 | 06 Hours                |
|             |                                    | Hours                      |                         |
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| MYS-C304    | Practical – 2 (Comp.L., H.P.       | Dr. Jagwanti Deswal (M) &  | 04 Hours                |
|             | & Teaching Plan)                   | Dr. Tejpal (E)             | 04 Hours                |
| MYS-DA301   | Yoga and Mental Health             | Dr. Kultaj Singh           | 04 Hours                |
| MYS-DA302   | Research Methodology & Statistics  | Dr. Bhagat Singh           | 04 Hours                |
| MYS-DB301   | Yoga & Alternative Therapy<br>E-IV | Dr. R.P. Garg              | 04 Hours                |
| MYS-DB302   | Bhagwatgeeta & Shankhya<br>Karika  | Dr. Jagwanti Deshwal       | 04 Hours                |
| Total       |                                    |                            | 56 hrs/week             |

| Course Code                                    | Course Title  | Name of Faculty                                  | Workload<br>(hrs/week)           |
|--|---|--|----------------------------------|
| 17PHEMP12C1                                    | Measurement Evaluation in Physical Education                            | Dr. Bhagat Singh                                 | 04 Hours                         |
| 17PHEMP12C2A/<br>17PHEMP12C2B/<br>17PHEMP12C2C | Optional :- Sports Biomechanics / Sports Psychology / Sports Management | Dr. Kultaj Singh                                 | 04 Hours                         |
| 17PHEMP12C3<br>(3 Hours)                       | Dissertation  | Dr. R.P. Garg, Dr. Bhagat Singh Dr. Kultaj Singh | 01 Hours<br>01 Hours<br>01 Hours |
| Total  |   |  | 11 hrs/week                      |

GRAND TOTAL: A (56 hrs/week) + B (08 hrs/week) = 67 hrs/week.

## **Workload Allocation Faculty-wise**

| M.A. Yoga Science (3 <sup>rd</sup> Semester)  | M.Phil (03 Students admitted)   | Total  |
|---|---|--|
| 01 Course@4hrs + 06 hrs<br>Practical (M)  |   |  |
| 10 Hours  | 01 hrs Dissertation = 01 hrs  | 11 Hours   |
| 01 Course@4hrs + 06 hrs<br>Practical (E)<br>= 10 Hours                                  | 01 Course@4hrs + 01<br>hrs Dissertation<br>= 5 hrs  | 15 Hours   |
| 01Course@4hrs + 06 hrs<br>Practical = 10 Hours  | 01Course@4hrs + 01<br>hrs Dissertation<br>= 5 hrs   | 15 Hours   |
| 02 Course@4hrs = 8 hrs + 04<br>hrs @ per group 1 x 1 group =<br>4 hrs =<br>12 Hours     |   | 12 Hours   |
| 01 Course @ 4hrs = 4 hrs + 06<br>hrs practical (E) + 04 hrs<br>practical (M) = 14 Hours |   | 14 Hours   |
|   | Semester)  O1 Course@4hrs + 06 hrs Practical (M)  10 Hours  O1 Course@4hrs + 06 hrs Practical (E) = 10 Hours  O1Course@4hrs + 06 hrs Practical = 10 Hours  O2 Course@4hrs = 8 hrs + 04 hrs @ per group 1 x 1 group = 4 hrs = 12 Hours  O1 Course @ 4hrs = 4 hrs + 06 hrs practical (E) + 04 hrs | Semester)  O1 Course@4hrs + 06 hrs Practical (M)  10 Hours  O1 Course@4hrs + 06 hrs Practical (E) = 10 Hours  O1 Course@4hrs + 06 hrs Practical = 10 Hours  O1 Course@4hrs + 06 hrs Practical = 10 Hours  O2 Course@4hrs = 8 hrs + 04 hrs @ per group 1 x 1 group = 4 hrs = 12 Hours  O1 Course @ 4hrs = 4 hrs + 06 hrs practical (E) + 04 hrs |

i. Note: Practicals will be held on ground only when the situation due to COVID - 19 pandemic situation eases/ normalises. Presently the theory classes are being held online.

The HOD was requested to recast the time-table for the academic session 2020-21 as per the details provided above. Wherever possible, the doable practicals be held by uploading lesson videos, and via Youtubes

The Committee resolved that since M.A. Yoga Science course has been shifted to the Faculty of Interdisciplinary Studies. Therefore, it would be in fitness of thins if P.G. Diploma in Yoga Science is also be shifted from the Department of Physical Education to Faculty of Interdisciplinary Studies.

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- The committee considered the proposal submitted by Prof. Bhagat Singh for starting Diploma program in Health and Fitness Management. It was resolved that Prof. Bhagat Singh may prepare the scheme of examination and syllabus for the proposed program as per the new guidelines and submit the same to the HOD who would get it approved in PGBOS and submit the same by 31.08.2020.
- 6. On an objection raised by Prof. Bhagat Singh regarding DCM not held on 07.08.2020, the committee obtained the CCTV video footage from the Director, UCC and played it. The Departmental Committee meeting was scheduled at 11:30 am. The video footage reveals Prof. Kultaj Singh enter the office of HOD at around 11.35 am and finally leave after nearly 50 minutes. The proceedings of the DC meeting have been signed by the attendees.
- 7. The committee requested the HOD to follow the ordinance applicable to Mrs. Poonam and hold her Research Advisory Committee to consider half yearly progress report. The RAC is to be held every six months in August & February. In addition the candidate be asked to present her annual seminar after submission of two half yearly progress reports. The HOD need to carry out this exercise and report compliance to the Dean, Faculty of Education & Dean, Academic Affairs.

The meeting ended with vote of thanks to the Chair.

(Nina Singh)

25.08.2020

(R.P. Garg)

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