



# MAHARSHI DAYANAND UNIVERSITY, ROHTAK

(A State University Establishment under Haryana Act No. XXV of 1975)

'A+' Grade University Accredited by NAAC

No.: ACS-I/2020/ 6945-47

Dated: 3/7/2020

To

1. The Dean, Faculty of Interdisciplinary Studies  
M.D. University, Rohtak
2. The Dean, Faculty of Education,  
M.D. University, Rohtak
3. The Head Department of Physical Education,  
M.D. University, Rohtak

**Sub: Minutes of the meeting of the Committee constituted by the Vice-Chancellor held on 02.7.2020 at 11:00 a.m. in the O/o. Dean, Academic Affairs, M.D. University, Rohtak to consider shifting of M.A. Yoga Science (Under SFS) from Faculty of Education to Faculty of Interdisciplinary Studies.**

Sir/Madam,

I am directed to send herewith a copy of the Minutes of the meeting of Committee on the above subject duly approved by the Vice-Chancellor in anticipation approval of Academic Council/Executive Council.

Furner necessary action may be taken accordingly.

Yours faithfully,

Assistant Registrar (Academic)  
For Registrar

Encl: As above

Endst. No. :ACS-I/20/ 6948-52

Dated: 03.07.2020

Copy of the above is forwarded to the following for Furner necessary action:-

1. Controller of Examination, M.D. University, Rohtak
2. Deputy Registrar (T), Assistant Registrar (R&S), M.D. University, Rohtak
3. OSD to Registrar, M.D. University, Rohtak
4. P.A. to Dean, Academic Affairs, M.D. University, Rohtak
5. Supdt. (Academic)-1, M.D. University, Rohtak

Assistant Registrar (Academic)

**Minutes of the meeting of the Committee constituted by the Vice Chancellor held on 02.07.2020 at 11:00 a.m. in the office of Dean, Academic Affairs, Maharshi Dayanand University, Rohtak to consider shifting of M.A. Yoga Science (under SFS) from Faculty of Education to Faculty of Interdisciplinary Studies.**

The following were present:

1. Prof. Nina Singh, Dean, Academic Affairs - Convenor  
(Dean, Faculty of Education also)
2. Prof. Pushpha Dahiya, Dean, Faculty of Life Sciences - Member
3. Prof. Narasimhan B, Director, IQAC - Member

The Committee deliberated upon the shifting of M.A. (Yoga Science) under SFS from Faculty of Education to Faculty of Interdisciplinary Studies, *w.e.f. session 2020-21.*

1. The Committee observed that:

- (a) Yoga Science is interdisciplinary in nature. It is a socially relevant holistic science by its nature and scope and requires an understanding and inputs derived across various disciplines. The principles, theory and philosophy of yoga blended with modern tenets of anatomy, physiology, bio-chemistry, health management, stress management, positive health, communication skill, to name a few, comprise its essential elements.
- (b) The Graduate Attributes of M.A. (Yoga Science) Program will be inculcated in true spirit only when the courses of the program are taught by persons with appropriate qualification in Yoga Science.
- (c) The shifting of MA Yoga Science (under SFS) program to Faculty of Interdisciplinary Studies may enable the University to pool the resources across disciplines as an interim arrangement / measure.

In view of above, the committee recommends that M.A. (Yoga Science) Program may be shifted from Faculty to Education to Faculty of Interdisciplinary Studies.

2. The Committee also proposes that the University may explore the possibility of establishing a new "**Centre for Yogic Studies**" to run various programs related to Yoga and allied fields.

  
(NINA SINGH)  
02.07.2020

  
(PUSHPHA DAHIYA)

  
(NARASIMHAN B)  
27/7/2020