MAHARSHI DAYANAND UNIVERSITY ROHTAK

(A NAAC accredited A+ Grade State University established under Haryana Act No. 25 of 1975)

GENERAL ADMINISTRATION BRANCH

NOTIFICATION OF HELPLINE

In view of the novel coronavirus pandemic we need to stay informed of the latest developments on the issue and if any apprehension takes place in our minds because of any reason or we become curious or inquisitive we must immediately seek expert advice over that and find positive solutions instead of continuing to live with it and feel unsatisfied or tense. It is very natural to have any anxiety or feel depressed or stressed but continuing to have such thoughts can cause serious problems so removing them instantly and on a positive note is absolutely essential. This University is ever ready to extend every kind of help, including counselling services through experts, and our Centre for Positive Health under the aegis of Dept of Psychology has taken this initiative known as 'SAMADHAN' [the solution]. A helpline for connecting the experts with the callers remains functional from 9a.m. to 5p.m. all seven days a week and anyone having any question pertaining to any issue during these uncertain times can dial the helpline number 01262 293232. Calls on all psychological issues will be connected with counsellors and senior psychologists. Everyone reading this notice may feel free to dial this number between 9 to 5 and be benefited with the positive health initiative under the tagline आओ जुड़ें, करें बात.

REGISTRAR

Endorsement number: DR/GA/Special/613 to 712 Dated: April 20, 2020

Copy of the above is endorsed to the following with the request to give it wide publicity for the benefit of one and all:

- 1. All the Deans of Faculties, Directors of Directorates and Institutes, Heads of University Teaching Departments, Controlling Officers, Branch Heads, Officers of M.D. University, Rohtak.
- 2. The Director, CPAS, Sector 40, Gurugram.
- 3. The Professor I/c., University Campus School, M.D. University, Rohtak.
- 4. Chief Wardens (Girls & Boys), M.D. University, Rohtak.
- 5. The Director/I/c., Foreign Students Cell, M.D. University, Rohtak.
- 6. The Secretary, UGC, New Delhi.
- 7. The Principal Secretary to Govt. Haryana, Higher Education Department, Chandigarh.
- 8. The Deputy Commissioner, Rohtak.
- 9. The Director, University Computer Centre and Convenor of the helpline, M.D. University, Rohtak with the request to upload it on the university website.
- 10. The Director, Public Relations, M.D. University, Rohtak.
- 11. OSDs and PAs to Vice-Chancellor, Dean Academic Affairs, Registrar, Controller of Examinations, DCDC, DSW, M.D. University, Rohtak for information of the authorities.

Deputy Registrar GA
Dy. Registrar (Gen. Admn.)
Mahashi Dayanand University,
ROMBAK