



RESUME IN BRIEF

DR.RAJENDER PARSAD GARG Professor in Physical Education M.D. University, Rohtak. Since, 1991 Date of Birth: 20-01-1965

Father's Name: Sh. Sita Ram V & P.O., : Sundana-Rohtak Qualifications: Governor Awarded (Govt. of Haryana), INDIA 1st Indian, <u>Olympic Category Referee</u> 2013 (UWW) & International Wrestling Coach Spouse: Dr. Mrs. Sapana Garg Professor in Chemistry, M.D.U. Rohtak Brother: Ashok Kumar Garg (Olympian) (Arjuna Awardee, Govt. of India, Bhima Awardee Gov.Har.)

Exam Passed	Year of Passing	Board/University	Remarks
Matric	1981	H.B.S.E., Bhiwani	2 nd division
B.A.	1985	M.D. University, Rohtak	2 nd division
M.A. (Phy. Edu.)	1987	K.U. Kurukshetra	1 st division
Diploma in Wrestling	1988	N.I.S. Patiala	B grade (Topper)
C. Course in Yoga	1990	HIYN, Panchkula	Passed
Ph.D	29/4/2009	M.D. University, Rohtak	Fit For Publication
International (FILA) Referee Course Cat. III	20 to 24 April 2005	Larissa (Greece)	Technical Official/Referee/Judge
FILA Advance Wrestling Training Course	9 to 13 Nov. 2006	Colorado Spring (USA)	Coach/Trainees
International (FILA) Referee Course Cat.	4 to 8 July 2010	Doha (Qatar)	Technical Official Referee/Judge
п			
International (FILA) Referee Course Cat. I	7 to 12 Jun 2011	Jakarta (Indonesia)	Technical Official
			Referee/Judge
International (FILA) Referee Course	3-9 Sept., 2012	Pattaya (Thailand)	Technical Official
Olympic Category			Referee/Judge

National Level as a Player:-

Name of Competition	Date & Year	Venue	Position
All India Inter University Wrestling	1981, 82, 83, 87	Jaipur, Banaras, Kurukshetra,	Gold Medal
Championships.		Aurangabad	
All India Inter University Wrestling	1985, 86	Amravati, Hisar	Bronze, Silver
Championships			Medal
Senior National Wrestling Championships	1981, 83, 86, 87	Gaziabad, Jalandar, Delhi &	Participated
		Bhopal	
Rustam-E-Hind Indian Style Wrestling	14 -18 Dec. 83	Rohtak	Silver Medal
Championship.			
Bharat Kesari Dangal	Mar, 1988	Mananhana (Punjab)	Bronze Medal

As a Captain: In Inter University and National Wrestling Championships- M.D.U. Rohtak, K.U. Kurukshetra Indian Universities Wrestling teams

and

Colour Awarded: Jat College, Rohtak, M.D.U. Rohtak, K.U. Kurukshetra and Association of Indian Universities Sports Awards: Haryana State Sports Awards by Governor of Haryana 1981-82, 1990

Appreciation: Directorate of Sports, MDU-Rtk., Sh. B.B.Bhagawat & Sh. Raj Singh Dronacharya Awardees.

(Dr. Rajender Parsad Garg)

Professor,

Department of Physical Edducation, M.D.University, Rohtak.

Resi. H.No. 6, Near Bhart Book Depot., Delhi Road, Dev Colony, Rohtak (Haryana).

Mobile: 09896091442, 09017724101. E-mail: rpgargmdur@gmail.com parsad4518filareferee@yahoo.com

PARTICULARS OF PRIZES, MEDALS & MERITS WON IN SPORTS:

International	Wrestling	Coach/Referee (United	World	Wrestling)
	-				

International Wrestling Coach/Referee (United		1	
Name of Competition	Date & Year	Venue	Position
J.L.N. Centenary Gold Cup Wrestling	28 th to 30 Nov. 89	New Delhi	Technical Official
Tournament			
1 st Asian Cadet Wrestling Championship	3 rd to 5 th Dec. 89	New Delhi	Technical Official
11th Asian Games National Wrestling Coaching	3rd to 18th Sep. 90	IG Stadium, New Delhi.	Assit. Coach
Camp			
Advance Boxing Training-cum-Competition	4 th to 14 th Aug. 89	Bangkok (Thailand)	Coach-cum-Manager
Camp			
12 th Asian Games	6 th to 18 Oct. 94	Hiroshima, Japan	Assist. Coach
Sydney Olympic Games 2000	3 rd June to 21 st Sep.	Sydney	Survey of Wrestling
	2000	(Australia)	Activities in Australia
2 nd Annual Australia Cup	10th August, 2003	Melbourne	Referee
Australian Wrestling Coaching Camp	29 th June to 28 th	United Wrestling Club	Coach
	Aug. 2003	Melbourne	
International UropeanWrestling Tournament	20 to 24 April 2005	Larissa (Greece)	Referee
International Oropean wresting Tournament	20 to 24 April 2005	Lanssa (Greece)	Kelelee
	0 (12 N 2005		
Advance Wrestling Training Course	9 to 13 Nov. 2006	Colorado Spring (USA)	Referee
World Military Games	14 to 21 Oct. 2007	Hyderabad	Referee
Common Wealth Youth Games	12 to 18 Oct. 2008	Pune	Referee
1 st Shaheed Bhagat Singh International	30 Oct. to 01 Nov.	P.A.P.	Referee
Wrestling Tournament	2009	Jalandhar	
Commonwealth Wrestling Championship	17 to 20 Dec. 2009	P.A.P.	Referee
		Jalandhar	
International Grand Pricks Medved's Prizes	10 to 13 March	Minsk (Belarus)	Referee
Tournament	2010		
Senior Asian Wrestling Champ.	11 to 16 May 2010	New Delhi	Technical Official
Senior Arbian Wrestling Championship	4 to 8 July 2010	Doha (Qatar)	Referee
Common Wealth Games	15 Sept. to 16 Oct.	New Delhi	S.S.V. Technical Chief
	10		
2 nd Shaheed Bhagat Singh International	9 to 12 March	P.A.P.	Referee
Wrestling Tournament	2011	Jalandhar	
Junior Asian Wrestling Champ.	07 to 12 Jun 2011	Jakarta	Referee
8			
		(Indonesia)	
1 st Hari Ram IndianWrestling Grand-Prix	25-27 th May 2012	(Indonesia) New-Delhi (India)	Referee
1 st Hari Ram IndianWrestling Grand-Prix Tournament	25-27 th May 2012	(Indonesia) New-Delhi (India)	Referee
Tournament		New-Delhi (India)	
Tournament Cadet Asian Wrestling Champ.	4-8 July, 2012	New-Delhi (India) Bishkek (Kyrgistan)	Referee
Tournament Cadet Asian Wrestling Champ. Junior World Championship	4-8 July, 2012 3-9 Sept., 2012	New-Delhi (India) Bishkek (Kyrgistan) Pattaya (Thailand))	Referee Referee
Tournament Cadet Asian Wrestling Champ. Junior World Championship Senior Asian Wrestling Champ.	4-8 July, 2012 3-9 Sept., 2012 17-22 Apr., 2013	New-Delhi (India) Bishkek (Kyrgistan) Pattaya (Thailand)) New Delhi	Referee Referee Referee
Tournament Cadet Asian Wrestling Champ. Junior World Championship Senior Asian Wrestling Champ. Cadet World Championship	4-8 July, 2012 3-9 Sept., 2012 17-22 Apr., 2013 20-25 Aug., 2013	New-Delhi (India) Bishkek (Kyrgistan) Pattaya (Thailand)) New Delhi Zrenjanin (Serbia)	Referee Referee Referee Referee Referee
Tournament Cadet Asian Wrestling Champ. Junior World Championship Senior Asian Wrestling Champ. Cadet World Championship Final "Golden Grand Prix" International	4-8 July, 2012 3-9 Sept., 2012 17-22 Apr., 2013	New-Delhi (India) Bishkek (Kyrgistan) Pattaya (Thailand)) New Delhi	Referee Referee Referee
TournamentCadet Asian Wrestling Champ.Junior World ChampionshipSenior Asian Wrestling Champ.Cadet World ChampionshipFinal "Golden Grand Prix" InternationalWrestling Tournament	4-8 July, 2012 3-9 Sept., 2012 17-22 Apr., 2013 20-25 Aug., 2013 21-24 Nov., 2013	New-Delhi (India) Bishkek (Kyrgistan) Pattaya (Thailand)) New Delhi Zrenjanin (Serbia) baku (Azerbaijan)	Referee Referee Referee Referee Referee Referee
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As a University Coach /Technical Official in Wrestling:-

Name of Competition	Date, year & Venue	Designation	Position in All India Inter University Championship.
M.D. U. Wrestling	18-30.9.1988	Coach	Allotted by AIIU
Coaching camp.			
M.D. U. Wrestling	16-18.10.1988	Technical Official	
Championship.			
M.D.U. Wrestling	21-31.10.88, 1-7.11.88	Coach	
Coaching Camp.	(KUK)		Participated
M.D.U. Wrestling	1.5.89 to 20.5.89	Coach	
Coaching Camp.			
M.D. U. Wrestling	17-19.8.1989	Technical Official	
Championship.			
M.D.U. Wrestling	24.8.89 to20.9.89, 15-	Coach	
Coaching Camp.	20.9.89, HAU-Hissar		Participated
M.D.U. Wrestling	25/10-14.11.91, 15-	Coach	
Coaching Camp.	20.11.91, MDU, Rohta		1 st Position
M.D.U. Wrestling	19/10-12/11.92, 13-	Coach	
Coaching Camp.	20/11.92, Jaipur		1 st Position
M.D. U. Wrestling	6.12.93 to 9.12.93	Technical Official	
Championship.			
M.D.U. Wrestling	18.9.98 to 30.9.98	Coach	
Coaching Camp.			
M.D. U. Wrestling	15.10.98 to 17.10.98	Technical Official	
Championship.			
AIIU Wrest. Champ.	16/11 to 14.12.98	Coach/Manager	3 rd Position
AIIU Wrest. Champ.	2003-2004 (KUK)	Coach	1 st Position
M.D.U. Wrestling	25/1 to 9/2.2006, 11-	Coach	1 st Position
Coaching Camp.	14.2.2006,		
	(MDU, Rohtak)		
M.D.U. Wrestling	15to 29.10.2010, (MDU,	Coach (M&W)	
Coaching Camp.	Rohtak)		
AIIU Wrest. Champ.	29/10 to 1.11.2010 Jaipur University	Manager (Men)	1 st Position
M.D.U. Wrestling	5 to 19.11.2011 , (MDU,	Coach (Women)	
Coaching Camp.	Rohtak)		
AIIU Wrestling	20-25.11.2011 C.D.L.U.	Contingent Incharge	1 st Position
Championship.	Sirsa	(M&W)	
AIIU Wrestling	11-16.12.2012 Amravati	Contingent Incharge	1 st Position
Championship.	University	(M&W)	
M.D. U. Wrestling	27-29.11.2013 (MDU,	Technical Official	
Championship.	Rohtak		
AIIU Wrestling	1-5.1.2014 C.C.S.U.	Contingent Incharge	1 st Position (M) & 2nd
Championship.	Meruth	(M&W)	Position in (W)
AIIU Wrestling	19-25.1.2015 K.U.K	Contingent Incharge	1 st Position (W) & 2nd
Championship.		(M&W)	Position in (M)
AIIU Wrestling	18-25.1.2016 Mysore	Contingent Incharge	1 st Position (W), 1 st
Championship.		(M&W)	Position(G/R) 2nd Position in (Men,F/S)
AIIU Wrestling	02-10.11.2017	Coach/Manager	1 st Position in (W F/S), (G/R &
Championship.	MDU, RTK	8	F/S Men)
AIIU Wrestling	13 to18-2018 G.C.Behal,	Coach/Manager	1 st Position in
Championship.	CBLU, Bhiwani		(G/R & F/S Men)

S. No	Title with name of author(s) as appearing in the Publication	Journal, Volume, Year, Page Numbers	Whether indexed/refer eed Non- refereed or Conference Proceedings	Impact factor, if any	ISSN/ ISBN No., if any	Whether you are first/ Principal/corr esponding author or supervisor	API Score
1	"Wrestling: A Neglected Field of Research in India" (Rajender Parsad)	2 nd Sports Workshop M.D.U. Sports Council Souvenir 14&15 July 2005, p. 40-42.	Workshop Proceedings	-	No	First Author	10
2	"Wrestling with Yoga" (Rajender Parsad &B.S Rathe)	Yugshilpi, A Refreed Research Journal, (Vol. 7, Yr. 5) July, 2011, p. 230- 232.	Non-Refreed	-	ISSN: 0975- 4644	First Author	10
3	"Contribution of Yogic Exercises in Warm-up and Cool- down" (Rajender Parsad)	Gurukul Patrika G.K.V. Haridwar , 1-2 Feb. 2008, (Special issue of 3 rd National Conference), p. 134-138.	Conference Proceedings	-	No	First Author	10
4	"Contribution of Sports in World Peace" (Rajender Parsad)	Yugshilpi, Research Journal, (Vol. 7, Yr. 5) July,2011, p. 23-27.	Non- Refereed	_	ISSN: 0975- 4644	First Author	10
5	"Sports, Society, Media and Sponsorship" (Rajender Parsad)	Yugshilpi, Research Journal, (Vol. 9, Yr. 6), Jan. 2012, p. 172-182.	Refreed	_	ISSN: 0975- 4644	First Author	15
6	"A Study of Communal Factors and Participation of Women in Sports" (Rajender Parsad)	UTPAL, Research Journal. (Vol. 8, Yr. 3), Jan. 2012, p.14-18	Non- Refereed	_	ISSN: 0976- 2019	First Author	10
7	"Sports and Politics" (Rajender Parsad)	Research Journals (SAARJ), Vol. 2, Issue. 6 March, 2012, p. 40-49.	Non-Refreed	_	ISSN: 2249- 7137	First Author	10
8	"Role Government and Politician in Sports" (Dr.Rajender Parsad)	Quarterly International Journalof Physical Education Sports Management and Yogic Sciences. (Vol. 28, Yr. 2), April-June. 2012, p.48-57	Refreed	_	ISSN: 2231- 1394	First Author	15
9	"Impact of Socio Cultural Factors in Relation to Female Participation in Sports" (R.P. Garg and D.S.Dhull)	Indian Journal of Social Concerns, A Refereed Journal, ISSN. 2231-5837, published in May-Oct. 2012, p. 13-27	Refreed	_	ISSN: 2231- 5837	First Author	15
10	"Contribution of Sports in National Integration" (Rajender Parsad)	Published in the proceedings of 2012 IFPESS, PU.Chandigarh, 20-22 Oct.2012, p. 153-159, ISBN:978-81-925348-0-0	Conference Proceeding		, ISBN: 978- 81- 92534 8-0-0	First Author	10
11	"Contribution of Sports in Wellness & Wellbeing	Inter national Conference FuturisticTrends in Phy. Edu (Vol. IV) p. 182- 191(ICFTPE) 24-26 Jan.13.	Conference Proceeding		, ISBN- 978- 93-	First Author	
12	A Study of Psychological Effect of Dopping on University Players of MDU, Rohtak in Haryana	Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) 24-26 Jan.13, Vol. III	Conference Proceeding		, ISBN- 978- 93- 80144 -70-2	First Author	
13	Study of Coordinative Abilities Between All India Inter University and Inter College Female	Scientific Culture in Physical Education And Sports	Conference Proceeding			Second Author	

List of p	participated Orientation/ Refresher Course/Summer Instit	utes/ Seminars/ Com	erences/ workshops and presented papers.
Sr.No.	Name of Course	Duration	Venue
1	Refresher course	08-28-1-1998	Dept. of Physical Education, K.U.K.
2	Orientation Course	6 Aug. to 3 rd Sept. 1998	Academic Staff College, Jamia Millia Islamia, New Delhi.
3	Refresher Course	22 Aug. to 11 th Sept. 2001	Dept. of Physical Edu. M.D.U., Rtk.
4	Refresher Course	10-30 th March, 2004	Academic Staff College, LNIPE Gawaliar.
5	National Seminar on Research in Physical Education & Sports.	29 & 30-03-2004	Academic Staff College, LNIPE Gwaliar. Presented a Paper.
6	Sports workshop	14, 15 July. 2008	Sports Council, M.D.U. Rohtak.
7	International Conference on Yoga&Health Awareness in Modern Scenario	23-25 March, 2007	Gurukul Kangri Vishvidhayalaya, Haridwar. Presented a Paper.
8	3 rd National conference on professional & scientific Approach of Phy. Edu. & Sports in 21 st Century	1-2 Feb. 2008	Gurukul Kangri Vishvidhayalaya, Haridwar. Presented a Paper.
9	4 th National Conference: Modern Trends& Directions of Physical Education & Sports	09-11-2010	Gurukul Kangri Vishvidhayalaya, Haridwar. Presented a Paper.
10	National Seminar on "Sports, State & Society"	26 th March, 2011	Dept.of Physical Education, M.D.U.Rohtak
11	National Conference	28-9-2011	Punjabi Uni. Patiala, Presented a Paper.
12	One Week Workshop on Computer Application in Research	4-10 Dec. 2011	Dept. of Commerce, MDU, Rohtak
13	National Adventure programme Incharge	11-20 June, 1998	Bharat Scouts & Guides National adventure Institute Pachmarhi
14	National Winter Sea Beach Trekking expedition Contingent Incharge	21-31 Dec. 2003	Youth Hostels Association of India, Orissa, State Branch, Konark.
15	Rock Climbing Camp Incharge	24-31 May, 2004	Youth Hostel Mussoorie & Sahsi Adventure Himalayan Sports Com. (Regd.)
16	International (FILA) Referee Course Cat. III	20 to 24 April 2005	Larissa (Greece)
17	FILA Advance Wrest. Training Course	9 to 13 Nov. 2006	Colorado Spring (USA)
18	International (Fila) Referee Course Cat. II	4 to 8 July 2010	Doha (Qatar)
19	International (Fila) Referee Course Cat. I	7 to 12 Jun 2011	Jakarta (Indonesia)
20	National Seminar on Women Society and State	9-10 Feb. 2012	Women Study Centre, M.D.U. Rohtak. Presented a Paper.
21	National Seminar on Contemporary Significance of Phy. Edu.	16-17 Feb. 2012	Guru Nanak Khalsa College, Yamuna Nagar. Presented a Paper.
22	International Conference on Global Innovations, Strategies and Policies in Phy. Edu. & Sports Sciences,	24-26 Feb. 2012	Gurukul Kangri Vishvidhayalaya, Haridwar.
23			Presented a Paper.
	National Seminar on Emerging Trends in role &	17 March,2012	Presented a Paper. Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal.PaperPresented
24	National Seminar on Emerging Trends in role & Relevance of Physical Education.		Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented
24 25	National Seminar on Emerging Trends in role & Relevance of Physical Education. 2012 IFPESS., PU,Chandigarh Inter national Conference FuturisticTrends in Phy.	17 March,2012 Oct.20, 2012 24-26 Jan.13	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur-
	National Seminar on Emerging Trends in role & Relevance of Physical Education. 2012 IFPESS., PU,Chandigarh Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) Inter national Conference FuturisticTrends in Phy.	Oct.20, 2012	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented PU,Chandigarh
25	National Seminar on Emerging Trends in role & Relevance of Physical Education. 2012 IFPESS., PU,Chandigarh Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) National Seminar on Moral Education: A Challenge in	Oct.20, 2012 24-26 Jan.13	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented PU,Chandigarh PU, Patiala
25 26	National Seminar on Emerging Trends in role & Relevance of Physical Education. 2012 IFPESS., PU,Chandigarh Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) National Seminar on Moral Education: A Challenge in Present Scenario National Seminar On Professional Management of	Oct.20, 2012 24-26 Jan.13 24-26 Jan.13	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented PU,Chandigarh PU, Patiala PU, Patiala
25 26 27	National Seminar on Emerging Trends in role & Relevance of Physical Education. 2012 IFPESS., PU,Chandigarh Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) National Seminar on Moral Education: A Challenge in Present Scenario National Seminar On Professional Management of University Sports YOGA AND HEALTH SEMINAR- CUM -	Oct.20, 2012 24-26 Jan.13 24-26 Jan.13 23-24 Feb. 2013	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented PU,Chandigarh PU, Patiala PU, Patiala Vaish College Education, Rohtak
25 26 27 28	National Seminar on Emerging Trends in role & Relevance of Physical Education. 2012 IFPESS., PU, Chandigarh Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) Inter national Conference FuturisticTrends in Phy. Edu (ICFTPE) National Seminar on Moral Education: A Challenge in Present Scenario National Seminar On Professional Management of University Sports YOGA AND HEALTH SEMINAR- CUM - WORKSHOP International Conference on "Startup India Recipe for Inclusive Entrepreneurship and Innovation: Issues and Challenges"	Oct.20, 2012 24-26 Jan.13 24-26 Jan.13 23-24 Feb. 2013 April 6, 2016	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented PU,Chandigarh PU, Patiala PU, Patiala Vaish College Education, Rohtak Sports Council MDU, Rohtak and AIU, New Delhi
25 26 27 28 29	National Seminar on Emerging Trends in role & Relevance of Physical Education.2012 IFPESS., PU, ChandigarhInter national Conference FuturisticTrends in Phy.Edu (ICFTPE)Inter national Conference FuturisticTrends in Phy.Edu (ICFTPE)National Seminar on Moral Education: A Challenge in Present ScenarioNational Seminar On Professional Management of University SportsYOGA AND HEALTH SEMINAR- CUM - WORKSHOPInternational Conference on "Startup India Recipe for Inclusive Entrepreneurship and Innovation: Issues	Oct.20, 2012 24-26 Jan.13 24-26 Jan.13 23-24 Feb. 2013 April 6, 2016 21 ST June 2016	Ch.Ishwar Singh Kanya Mahavidyalaya FatehPur- Pundri, Kaithal,PaperPresented PU,Chandigarh PU, Patiala PU, Patiala Vaish College Education, Rohtak Sports Council MDU, Rohtak and AIU, New Delhi District Yoga Association Rohtak Institute of Management Studies and Research,

State, University & District Level as a Player

State, University & District Level as a Player Name of Competition,	Date & Year	Venue	Weight &
- ·	Date & Tear	venue	Position
State Level			
Dinbandhu Ch. Chhotu Ram Birth	Feb.8, 1981	Jat Educational Institutions	52 Kg., Silver
Century Celebrations Wrestling		Rohtak	Medal
Competition			
1 st Haryana State Zonal Sr. Wrestling Competition	21-23 oct.,1981	Faridabad	52 Kg., Silver Medal
Haryana State Sports Dept. Mass Participation Athletic Championships	20 Jan., 1983	C. R. Polytechnic, Rohtak	5 K. Mts., Silver Medal
Senior Haryana Wrestling Championships	21 -23 Jan, 1984	Jind (Haryana)	57 Kg., Silver Medal
Haryana State Zonal Sr. Akhara Wrestling Competition	2 - 4 Dec,1985	Drona Stadium Kurukshetra	62 Kg., Gold Medal
1V Haryana State Korfball	31th March – 2 nd	Govt. Sr. Sec. School, Karnal	Silver Medal
Championships	April, 1989		
University Level			
M.D.University Wrestling Championship	Jan.7, 1982	G.C.Meham	52 KG., Gold Medal
M.D.University Wrestling Championship	Sep.25, 1982	Jat College Rohtak	57 Kg., Gold Medal
M.D.University Wrestling Championship	Feb.13, 1984	Jat College Rohtak	57 Kg., Gold Medal
M.D.University Wrestling Championship	Dec.18, 1984	Jat College Rohtak	57 Kg., Gold Medal
Kurukshetra University Wrestling Championship	Oct. 11, 1985	K.U.Kurukshetra	62 Kg., Gold Medal
Kurukshetra University Wrestling Championship	Nov. 10, 1986	K.U.Kurukshetra	62 Kg., Silver Medal
Kurukshetra University Basket Ball Championship	Feb. 2, 1986	K.U.Kurukshetra	First Position
District Level			
District High/Hr. Sec. School, Tournament	15-18 Sep.1979	Govt.Hr.Sec.School, Beri	39 Kg., Gold Medal
Capt. Amin Lal Memorial Annual Tournament	Nov. 14, 1979	Baland(Rohtak)	39 Kg., Silver Medal
District Leval Sports Festival, Tournament	29-9 to1-10-1981	C. R. Polytechnic, Rohtak	52 Kg., Gold Medal
District Panchayat, Tournament	20-22-1-1982	Rohtak	52 Kg., Gold Medal
District Junior Wrestling, Tournament	29-31 Dec.1981	Rohtak	52 Kg., Gold Medal
District Wrestling, Tournament	1-2 Feb.1983	PoliceLineStadium,Rohtak	57 Kg., Gold Medal
1 st District Judo , Tournament	1981	Jhajjar	55 Kg., Silver Medal
2 nd District Judo, Tournament	2-4 nov.1982	Rohtak	55 Kg., Silver Medal

National Level as an Official:-

Name of Competition	Date & Year	Venue	Position
National Wrestling Selection Trials for Common Wealth Games	30.6.05 to 2.7.05	NIS, Patiala	Tech. Official/ Referee
National Wrestling Selection Trials for Asian Cadet Championship	26.7.2006	STC, Hissar	Tech. Official/ Referee
National Wrestling Selection Trials for World Championship	8.9.2006	STC, Hissar	Tech. Official/ Referee
National Wrestling Selection Trials for Asian Championship	20.4.2006	STC, SONIPAT	Tech. Official/ Referee
Senior (M&W) National Wrestling Championship	15-18 Dec., 2007	Uday Pur Rajasthan	Tech. Official/ Referee
Sub Junior (M&W) National Wrestling Championship.	25-28 May, 2010	Nainital	Tech. Official/ Referee
Junior (M&W) National Wrestling Championship.	9-14 June, 2010	Nandni Nagar (Ayodhaya)	Tech. Official/ Referee
Junior (M&W) National Wrestling Championship.	17-19 June, 2011	Jammu (HP)	Tech. Official/ Referee
Senior (M&W) National Wrestling Championship	13-16 Oct., 2011	Gonda, Ayodhaya	Tech. Official/ Referee
Sub Junior (M&W) National Wrestling Championship.	11-13 May, 2012	Nalagarh, Solan (H.P)	Jury Member/ Referee
Selection Trials for Sr Female World Cup	16-9-2012	NSNIS Patiala	Referee
Senior (M&W) National Wrestling	08-11 Nov., 2012	Gonda,	Dy. Director
Championship		Ayodhaya	Compt./
Selection Trials for Sr Female World Cup	20-2-2013	NSNIS Patiala	Referee
Selection Trials for Junior Asian Championship	21-3-2013	SAI Centre Bahal Garh	Referee
Selection Trials for Senir World Championship	13-8-2013	SAI Centre Bahal Garh	Referee
Selection Trials for Cadet Asian Championship	15-4-2014	SAI Centre Bahal Garh	Referee
Senior (M&W) National Wrestling Championship	13-16.11.2014	Nandini Nagar Gonda, Ayodhaya	Jury Member/ Referee
35 th National Games	31-01 to 04-02. 2015	Kannur (Kerla)	Referee
Selection Trials for Cadet International Yadegar Imam Cup Mashhad (Iran)vvvv	13-1-2015	SAI Centre Bahal Garh	Referee
63th All india Police Games Wrestling Championship	01-05.03.2015	I.G.Stadium New-Delhi	Referee
Junior & Cadet (M&W) National Wrestling Championship.	23-26 April, 2015	Ranchi (jharkhand)	Tech. Official/ Referee
Selection Trials for(W) Cadet Asian Championship	1-6.2015	STC Lukhnow	Referee
Selection Trials for Cadet Asian Championship	31-5.2015 (W) & 02.06 2015 (M)	STC Lukhnow & SAI Centre Bahal Garh	Referee
Selection Trials for Junior Asian Championship Mayanmar	26.6-2015 (W) & 25.06 2015 (M)	STC Lukhnow & SAI Centre Bahal Garh	Referee
Selection Trials for Senior World Championship Las Vegas (USA)	06.7-2015 (W) & 07.07 2015 (M)	STC Lukhnow & SAI Referee Centre Bahal Garh Centre Bahal Garh	
Selection Trials for Junior World Championship (Brazil)	26.7-2015 (W) & 28.07 2015 (M)	STC Lukhnow & SAI Centre Bahal Garh	Referee
Selection Trials for Cadet world Championship Sarajeo(Bosnia)	9-10. 8.2015 (M)	SAI Centre Bahal Garh	Referee
Junior (M&W) National Wrestling Championship.	25-27 Feb. 2016	Nandini Nagar Gonda, Ayodhaya	Referee

Selection Trials for Senior Asian Olympics	04.3-2016 (M) &	IGI Stadium-N.Delhi	Referee
Qualifying Tournament Astana (Kazakhastan)	05.03 2016 (w)	STC Lukhnow	
Shahid Bhagat Singh Bhart Kesri Dangal	21-23 March 2016	T.D.L.Stadium Gurugram	Referee
Selection Trials for Junior Asian Championship	28.4.2016 (M) &	SAI Centre Bahal Garh	Referee
Manila(Philippines)	29.04 2016 (W)	STC Lukhnow	
Selection Trials for Cadet Asian Championship	24-25.5.2016	SAI Centre Bahal Garh	Referee
Taichung(Chinese Taipei)			
Selection Trials for Junior World Championship	28-30.7.2016	SAI Centre Bahal Garh &	Referee
Macon (France)	(M&W)	STC Lukhnow	
Selection Trials for Cadet world Championship	23-24. 8.2016 (M	SAI Centre Bahal Garh &	Referee
Tabilisi (Georgia)	&w)	STC Lukhnow	
Sub-Junior/Cadet (M&W) National Wrestling	08-12 Feb. 2017	Chittoor (AP)	Referee
Championship.			
Shahid Bhagat Singh Bhart Kesri Dangal	21-23 March 2017	Ambala Cant	Referee
Selection Trials for Senior Asian Championship	29-30 March 2017	SAI Centre Bahal Garh	Referee
New-Delhi			
Senior (M&W) National Wrestling	15-18 Nov. 2017	Indore	Referee
Championship.			
Pro- Wrestling League Season-II	15-17 Jan.2018	New Delhi	Referee
Khelo India School Games	31 Jan4 Feb.	New Delhi	Referee
	2018		
Shahid Bhagat Singh Bhart Kesri Dangal	21-23 March 2018	Bhiwani	Referee

Squash	Racket:-
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Name of Competition	Date & year	Designation	Position in
			A.I.I.I.U. Championship
AIIU Squash Championship.	2003	Coach	Participared
			Mumbai
All India Inter University Squash Championship	2005-06	Coach	4 th position
			BHU
All India Inter University Squash Championship	27-30.12.2006	Coach	4 th position
			Chenai
MDU Squash Coaching Camp	8-16.11.2007	Coach	
MDU Inter College Squash Champ.	14-16.10.2010	Org. Secratary	
All India Inter University Squash Championship	11-20.2.2010	Coach	Participated
			GKV, Haridwar
MDU Inter College Squash Champ.	20-21.12.2011	Org. Secratary	
MDU Squash Coaching Camp	26/12-6/1.2012	Coach	
All India Inter University Squash Champ.	9-11.1.2012	Coach	Quarter Final Pune
All India Inter University Squash Champ.	9-11.1.2016	Coach	GKV, Haridwar

Other Games:-

Name of Competition	Date & year	Designation	Position in All India Inter University Championship.
AIIU, Kabaddi (M) Championship.	30/9 to 4.10.1989 Faizabad	Manager (Men)	1 st Position
AIIU, Judo (M) Championship.	4 to 13.2.1990 Pune	Manager (Men)	
MDU.Netball Champ.	1 to 3 Oct. 2009	Org. Sect.	
MDU Inter College Cricket Champ. (M&W)	6 to 21.11. 2010	Org. Sect.	
All India Inter University Hockey (W) Championship	15 to 29.12, 2010	Member, Press/Media Committee	1 st Position
MDU Inter College Swimming Champ. (M&W)	7 to 9.9. 2011	Technical Official	
MDU Inter College Athletic Meet (M&W)	7 to 9.11. 2011	Technical Official	
MDU Inter College Cricket Champ. (M)	21/10 to 3.11. 2011	Org. Sect.	
All India Inter University Baseball Champ. (M&W)	8 to 25.3.11	Member, Eligibility Committee	1 st Position (M), 2 nd Position (W)
All India Inter University Cross- Country (M&W) Championship	2.10.2011	Convener, Prize Committee	1 st Position
NZ. All India Inter University Hockey (W) Championship	29/10 to 2/11, 2011	Member, Press- Media Committee	2 nd Position
All India Inter University Korfball Championship	29/2 to 4/3, 2011	Convener, Eligibility Committee	1 st Position

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