The entire course will be of four semesters. Each student should earn a minimum of 92 credits over the entire course (Core = 60; Discipline specific course = 24; Foundation elective = 2; Open Elective = 6).

M.A. Psychology (Semester I & II)
(Session 2016-2017)

In Semester I, there would be five core papers (four theory papers and a practical) and in Semester II there would be four core (three theory papers and a practical) and one discipline specific course. Each Student will opt for at least one foundation elective (minimum 2 credits) and an open elective course (minimum 3 credits) in Semester II.

<table>
<thead>
<tr>
<th>Sem</th>
<th>Paper Code</th>
<th>Nomenclature</th>
<th>Hrs/ week</th>
<th>Marks</th>
<th>Credits</th>
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<tr>
<td>I</td>
<td>16PSY21C1</td>
<td>Historical and Theoretical Foundations of Psychology</td>
<td>4+0+0</td>
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<tr>
<td>I</td>
<td>16PSY21C2</td>
<td>Experimental Psychology</td>
<td>4+0+0</td>
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<tr>
<td>I</td>
<td>16PSY21C3</td>
<td>Social Psychology</td>
<td>4+0+0</td>
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<td>I</td>
<td>16PSY21C4</td>
<td>Research Methods and Statistics in Psychology</td>
<td>4+0+0</td>
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<tr>
<td>I</td>
<td>16PSY21CL</td>
<td>Practicals</td>
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<th>Marks</th>
<th>Credits</th>
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<tr>
<td>II</td>
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<td>Biological Bases of Behaviour</td>
<td>4+0+0</td>
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<tr>
<td>II</td>
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<td>Cognitive Psychology</td>
<td>4+0+0</td>
<td>20</td>
<td>100</td>
</tr>
<tr>
<td>II</td>
<td>16PSY22C3</td>
<td>Research Designs and Statistics in Psychology</td>
<td>4+0+0</td>
<td>20</td>
<td>100</td>
</tr>
<tr>
<td>II</td>
<td>16PSY22D1</td>
<td>Environmental Psychology</td>
<td>4+0+0</td>
<td>20</td>
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<tr>
<td>II</td>
<td>16PSY22D2</td>
<td>Positive Psychology</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>II</td>
<td>16PSY22D3</td>
<td>Health Psychology</td>
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<td>Practicals</td>
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## Scheme of Examination

### M.A. Psychology (Semester III & IV)

(As per Choice based Credit System w.e.f. the academic year 2017–2018)

In Semester III, there would be four core papers (three theory papers and a practical) and one discipline specific paper. In Semester IV there would be two core papers (one theory paper, one practical) and three discipline specific courses. Each student would opt for the discipline specific papers from one group, i.e. A: Clinical & Abnormal Psychology, B: Guidance & Counselling; C: Industrial & Personnel Psychology. Each Student will opt for at least one open elective course (minimum 3 credits) in Semester III.

<table>
<thead>
<tr>
<th>Sem</th>
<th>Paper Code</th>
<th>Nomenclature</th>
<th>Hrs/week</th>
<th>Marks</th>
<th>Exam (hrs)</th>
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<tr>
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<td>Total</td>
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<td>Psychological Assessment</td>
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<td>3 hrs</td>
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<tr>
<td></td>
<td>17PSY23C2</td>
<td>Psychology of Individual Differences</td>
<td>4+0+0</td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td>17PSY23DA1</td>
<td>School Psychology Or Developmental Psychology</td>
<td>4+0+0</td>
<td>20</td>
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<td>3 hrs</td>
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<tr>
<td></td>
<td>17PSY23DB1</td>
<td>Criminal &amp; Forensic Psychology Or Sports And Exercise Psychology</td>
<td>4+0+0</td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
<td></td>
<td>17PSY23CL</td>
<td>Practicals</td>
<td>0+0+10</td>
<td>100</td>
<td>100</td>
<td>4 hrs</td>
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Open elective To be chosen from the basket/pool provided by the University. 3

<table>
<thead>
<tr>
<th>Credits</th>
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<table>
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<tr>
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<th>Paper Code</th>
<th>Nomenclature</th>
<th>Hrs/week</th>
<th>Marks</th>
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<td>Intern</td>
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<td>Total</td>
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<tr>
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<td>Asst.</td>
<td>Exam.</td>
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<tr>
<td></td>
<td>17PSY24C1</td>
<td>Indian Psychology</td>
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<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
<td></td>
<td>17PSY24DA1</td>
<td>Basics of Clinical &amp; Abnormal Psychology</td>
<td>4+0+0</td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
<td></td>
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<td>Basics of Guidance and Counselling</td>
<td>4+0+0</td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
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<td>Industrial and Personnel Psychology</td>
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<td>Psychodiagnoses Processes and Skills of Counselling</td>
<td>4+0+0</td>
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<tr>
<td></td>
<td>17PSY24DB2</td>
<td>Organisational Psychology</td>
<td>4+0+0</td>
<td>20</td>
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<tr>
<td></td>
<td>17PSY24DB3</td>
<td>Interventions in Clinical Psychology</td>
<td>4+0+0</td>
<td>20</td>
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<tr>
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<td>Counselling Techniques and Strategies</td>
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<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td>17PSY24DC2</td>
<td>Interventions in Organisational Development</td>
<td>4+0+0</td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
</tr>
<tr>
<td></td>
<td>17PSY24DC3</td>
<td></td>
<td>4+0+0</td>
<td>20</td>
<td>80</td>
<td>3 hrs</td>
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<tr>
<td></td>
<td>17PSY24CL</td>
<td>Practicals</td>
<td>0+0+10</td>
<td>100</td>
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<td>4 hrs</td>
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</table>

Credits |   C=9; D= 12 | Total Credits: 21 |
M.A. (Semester-I) Psychology (2017-2018)

Paper-16PSY21C1 Historical and Theoretical Foundations of Psychology

Credits: 4 (Hrs/week: 4)  
Total :100 marks  
Internal Assessment: 20 marks  
Examination : 80 marks  
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

Need for study of History in Psychology; Problems in Historiography; Philosophical Issues: Mind-Body Problem, Free Will vs. Determinism.

Schools: Structuralism- Contributions of Wundt and Titchener, Methodology and Tenets; Functionalism- Antecedents, Pioneers, Methodology and Tenets.

UNIT II

Classical Psychoanalysis: Freud; Neo-Freudians: Fromm, Sullivan, Horney. Analytic Psychology: Jung; Behaviorism: Watson; Gestalt psychology.

UNIT III

Learning Theories: Guthrie, Tolman, Hull, Bandura.

Personality Theories: Adler, Erikson, Eysenck, Rogers.

UNIT IV


Intelligence Theories: Cattell, Guilford, Goleman.

Recommended Books:


Paper-16PSY21C2  EXPERIMENTAL PSYCHOLOGY

Credits: 4 (Hrs/week: 4)  Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

Perceptual Processes:
Perception of Size and Movement: Depth Cues, Size Constancy and Illusions; Perception of Real movement, Types of Apparent Movement.
Pattern Recognition: Prototype, Feature and Structural approach.

UNIT II

Psychophysics:
Signal Detection Theory: Assumptions, Procedures and Applications.

UNIT III

Conditioning:
Instrumental and Operant Conditioning: Appetitive and Aversive; Schedules of Reinforcement; Applications: Shaping and Superstitious Behaviour.

UNIT IV

Verbal Learning: Methods, Organizational Processes; Improving Memory: Imagery and verbal mnemonics, Preparing for Examination.
Memory: Memory Codes and Attributes; Factors affecting forgetting.

Recommended Books:
Paper-16PSY21C3 SOCIAL PSYCHOLOGY

Credits: 4 (Hrs/week: 4) Total: 100 marks
Internal Assessment: 20 marks
Examination: 80 marks
Time: 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

Introducing Social Psychology:
Methods in Social Psychology: Experimental, Observation, Co-relational, Survey, Field study, Cross-Cultural, Sociometry

UNIT II

Understanding Social World:
Social Perception: Impression Formation and Management; Attribution Theories and Attribution Biases.

UNIT III

Influencing others:
Social Influence:
Unintended Social Influence, Conformity: Asch and Sheriff’s approach; Compliance: Principles and Tactics; Obedience and Disobedience.

UNIT IV

Social Processes:
Co-operation and Conflict: Social exchange theory; Factors affecting conflict, Intergroup Conflict and Resolution techniques.
Aggression: Nature and Theories: Biological, Social learning and cognitive; Causes of aggression: Social and personal; Techniques and Prevention to control aggression.

Recommended Books:
Paper-16PSY21C4  RESEARCH METHODS AND STATISTICS IN PSYCHOLOGY

Credits: 4 (Hrs/week: 4)  Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.
d) Candidates may be allowed to use non-programmable calculators and statistical tables during the examination.

UNIT I
Methods of Enquiry; Scientific Approach; Research: Nature and Types.
Research Questions; Hypotheses and Variables.

UNIT II
Methods of Psychological Research: Experimental; Observation; Interview; Case Study and Questionnaire.
Normal Probability Curve (NPC): Nature; Characteristics; Applications (Area under NPC) and Measuring Divergence (Skewness & Kurtosis)

UNIT III
Correlation Methods: Pearson Product Moment; Spearman Rank-order; Kendall Rank Correlation; Biserial and Tetrachoric.

UNIT IV
Research Ethics and Report Writing Styles.
Special Correlation Methods: Partial Correlation (First order); Multiple Correlation (Three Variables) and Kendall Method of concordance.

Recommended Books:


Paper-16PSY21CL  PRACTICALS

Credits : 5  (Hrs / week: 10/group)

Maximum Marks : 100
Examination Time : 4 hrs

Note:
Each student would perform six experiments and six tests from the areas mentioned below along with computer applications. The list of exact problems would be decided by the concerned teachers. It would be mandatory for each student to submit a record file containing a report of all tests, experiments, computer applications duly signed by the respective teachers. During examination one experiment, one test and one part from computer applications would be conducted. Evaluation would be based on performance in conduct, written and viva.

a) Experiments  (50 marks)
Any six experiments from following areas.

1. Perception
2. Conditioning
3. Memory
4. Forgetting
5. Social Conformity
6. Psychophysics
7. Ethological observation

b) Tests  (35 marks)
Any six tests from following areas.

1. Self
2. Intelligence
3. Sociometry
4. Attitude
5. Aggression
6. Personality (objective)

c) Computer Applications in Research  (15 marks)

1. Graphical Representation
2. Central Tendencies & Variability
3. Mean Comparison
4. Correlation
M.A. (Semester-II) Psychology 2017-2018

Paper-16PSY22C1 BIOLOGICAL BASES OF BEHAVIOUR

Credits: 4 (Hrs/week: 4) Total : 100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time: 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

Nature of Biopsychology: Meaning and approach; Major divisions of Biopsychology; Methods of study and research.

Cells of Nervous system: Neuron: Structure and Types; Conduction of Nerve Impulse; Synapse; Synaptic transmission: Process and stages

UNIT II


UNIT III

Behavioural Genetics: Medalian Genetics, chromosomes, sex-linked and sex-limited genes.
Biological basis of Affecter and Effector: Visual system, Auditory system; Motor system and Endocrine glands

UNIT IV

Biological basis of Ingestive Behaviour: Hunger and Thirst
Biological basis of Sleep: Stages and Types of Sleep; Physiological mechanism of Sleep; Disorders of Sleep

Recommended Books:
M.A. Psychology 2016-18

Paper-16PSY22C2  COGNITIVE PSYCHOLOGY

Credits: 4 (Hrs/week: 4)  Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:
a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I
Attention: Filter (Broadbent and Treisman ) and Resource (Kahnman) Theories; Factors affecting Division of Attention.

UNIT II
Semantic and Episodic Memory: Semantic vs Episodic Memory; Level of Processing and Hierarchical Network model.
Prospective Memory: Types and Common Failures of Prospective Memory in Everyday life.

UNIT III
Imagery : Empirical Investigations: Mental Rotation and Scanning; Analogical and Propositional Theory.
Language: Speech Recognition: Phonology, Morphology, Syntax and Parsing.
  Speech Production: Theories:Garrett and Dell ; Speech Errors.

UNIT IV
Problem Solving: Strategies of Problem Solving; Blocks in Problem Solving; Finding Creative Solutions.
Cognition in Cross Cultural Perspective: Cross Cultural Studies of Perception, Memory and Categorization.

Recommended Books:
RESEARCH DESIGNS AND STATISTICS IN PSYCHOLOGY

Credits: 4 (Hrs/week: 4)  
Internal Assessment: 20 marks  
Examination: 80 marks  
Total: 100 marks  
Time: 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.
d) Candidates may be allowed to use non-programmable calculators and statistical tables during the examination.

UNIT I

UNIT II
Experimental Designs: Between Subjects Designs; Within Groups Designs and Mixed Designs.
Significance of Mean Difference: Independent and Dependent Groups.
Analysis of Variance: One way and Two way ANOVA for Separate Groups.

UNIT III
Non-Parametric Statistics: Mann-Whitney U-Test; Wilcoxen Matched Paired Test; Chi-Square; A-Test and Kruskal Wallis H-Test.

UNIT IV
Qualitative Research: Qualitative versus Quantitative Research. Qualitative Data: Nature and Types. Approaches for Qualitative Data Analysis.
Mixing Methods: Quantitative and Qualitative Combined; Qualitative and Mixed-Methods Data Collection and Analysis; Benefits and Challenges of Mixed-Methods Research.

Recommended Books:
Paper: 16PSY22D1 ENVIRONMENTAL PSYCHOLOGY

Credits : 4 (4 hrs/week)

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

Environment: Nature and Scope of Environmental Psychology.

UNIT II

Personality and Environment: Traditional and Environmental Personality Dimensions. Some uses of Personality in Environment.

UNIT III

Natural Disasters: Characteristics of Natural Disasters, Perception and Psychological Effects of Natural Disasters.

UNIT IV

Changing Behaviour to save the Environment: The Commons Dilemma as an Environment-Behaviour Problem, Strategies to Encourage Environmentally Responsible Behavior.
Contemporary Values and Environmental Attitudes. Economic, Political and Legal Implications of Environmental Issues.

Recommended Books:

Paper: 16PSY22D2

POSITIVE PSYCHOLOGY

Credits : 4 (4 hrs/week)  
Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.

b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.

c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

Introduction to Positive Psychology: Traditional Psychology; Origin, Assumptions and Goals of Positive Psychology, Eastern Perspective on Positive Psychology.

Virtues and Strengths of Character: Classification of Human Virtues and measuring Strengths of Character.

UNIT II

Positive Emotional States and Well-being: Broaden and Build theory of Positive Emotions; Positive Emotions and Health Resources- Physical, Psychological and Social.

Happiness, Flow and Savouring: Different viewpoints of Happiness, Factors affecting Happiness and strategies to enhance Happiness; Cultivating Flow and Savoring.

UNIT III

Cognitive States and Processes: Wisdom, Self-efficacy, Hope and Optimism;

Mindfulness and Well-being.

UNIT IV

Close relationships: Characteristics of close relationships; Love and Flourishing relationships

Pro-Social Behaviour: Gratitude and Forgiveness.

Recommended Books:


M.A. Psychology 2016-18

Paper: 16PSY22D3 HEALTH PSYCHOLOGY

Credits : 4 (4 hrs/week)  
Total :100 marks
Internal Assessment:20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory.
d) It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT I

UNIT II

UNIT III

UNIT IV
Future Challenges: Healthier People, Increasing Life Span, Health Care in West and India. Future of Health Psychology.

Recommended Books
Paper-16PSY22CL  PRACTICALS

Credits: 5 (Hrs/week: 10)  Maximum Marks: 100
Examination Time: 4 hours

Note:
Each student would perform four experiments and four tests from Section A (i & ii), three experiments or tests from Section A (iii) and prepare profiles of six tests/instruments. The list of exact problems would be decided by the concerned teachers.
It would be mandatory for each student to submit a record file containing a report of all tests and experiments duly signed by the respective teachers. During examination one experiment, one test would be conducted and one profile would be reported. Evaluation would be based on performance in conduct, written and viva.

Section A  (Marks: 80)

(i) Experiments
1. Attention
2. Language
3. Semantic Memory
4. Problem Solving
5. Physiological Arousal

(ii) Tests
1. Motivation
2. Anger
3. Problem Solving Ability
4. Personality (Subjective)
5. Memory

(iii) Optional paper
Environmental Psychology
1. Noise Sensitivity/ Air Pollution
2. Environmental Attitude/ Awareness
3. Personal Space
4. Crowding
5. Environmental Perception
6. Environmental Education

Or
Positive Psychology
1. Happiness
2. Hope/Optimism
3. Self Efficacy  
4. Fostering positive Emotions  
5. Resilience  
6. Character Strengths  

Or  

Health Psychology  

1. Assessment of Adolescent Health  
2. Resilience  
3. BMI  
4. Biofeedback  
5. Assessment of Pain  
6. Well-Being  

Section B Profiling of Instruments/Tests (Marks: 20)  

Six profiles of Instruments/Tests (at least three instruments) to be prepared. Details of instrument/test and its working/administration, scoring, interpretation, and application would be described.
Paper: 17PSY23C1

PSYCHOLOGICAL ASSESSMENT

Credits : 4 (hrs/week:4)

Total : 100 marks
Internal Assessment: 20 marks
Examination: 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT- I

Test Administration: Effect of Examiner and Situational variables; Examinee’s perspective; Effect of training on test performance.

UNIT-II

Test Construction: Steps of test construction, Item Writing, Design of Ability tests, Design of Performance tests.

UNIT-III

Reliability: Meaning, Types of Reliability Analysis (Methods), Factors affecting Reliability.

UNIT-IV

Norms: Raw Scores, Raw Scores transformations, Types of Norms.
Legal, Ethical & Social Issues in Psychological Testing
Computer- Aided Psychological Assessment

Recommended Books:
**Paper: 17PSY23C2**  
**PSYCHOLOGY OF INDIVIDUAL DIFFERENCES**

*Credits: 4 (hrs/week:4)  
Total: 100 marks  
Internal Assessment: 20 marks  
Examination: 80 marks  
Time: 3 hours*

**Note:**
- Nine questions would be set in all. Candidates would be required to attempt five questions.
- There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
- Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

**UNIT I**


Methodological Advances in Differential Psychology: Methods of Data Collection; Types of Design; Experimental Approaches; Observational Approaches; Methods of Analysis

**UNIT II**

Personality: Overview of Theoretical Perspectives: Psychoanalytical, Neo-Analytic, Biological, Social, Behaviourist, Cognitive, Trait, Humanistic.

Cognitive: Overview of Theoretical Perspectives: Cattell–Horn–Carroll (CHC), Gardner, Sternberg.

**UNIT III**

Applications to Individual Differences - Personality

- Biological Bases of Personality; Theoretical Perspectives to Gender Differences in Personality; Genetic and Environmental Influences on Personality; Cultural and Ethnic Differences; Evolutionary Function of Personality.

**UNIT IV**

Applications to Individual Differences - Cognition

- Biological Bases of Mental Abilities; Individual differences in Cognitive Abilities and Style; Gender Differences in Cognition; Empirical evidences of Cross Cultural Differences in Cognition; Effect of Schooling and Literacy.

**Books Recommended:**


Paper: 17PSY23DA1  

SCHOOL PSYCHOLOGY  

Credits : 4 (hrs/week:4)  

Total :100 marks  

Internal Assessment: 20 marks  

Examination : 80 marks  

Time : 3 hours  

Note:  

a) Nine questions would be set in all. Candidates would be required to attempt five questions.  
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.  
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.  

UNIT I  


UNIT II  


UNIT III  


UNIT IV  


Recommended Books:  


Paper: 17PSY23DA2  DEVELOPMENTAL PSYCHOLOGY

Credits : 4 ( hrs/week:4)  
Total :100 marks
Internal Assessment: 20 marks 
Examination : 80 marks 
Time : 3 hours

Note:
  a) Nine questions would be set in all. Candidates would be required to attempt five questions.
  b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
  c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT -I
Developmental Psychology: Nature and Principles; Life-Span Perspectives: Psychoanalysis, Behaviourism, Social Learning, Cognitive and Recent theoretical perspectives.
Research Methods and Designs: Observation, Interview, Questionnaire, Case Study and Clinical; Crosssectional, Longitudinal and Sequential.

UNIT- II
Perspectives of Nature and Nurture: Preformationism, Genetic Determinism, Eugenics; Human Diversity: Genetic code, Genotypes & Phenotypes; Interplay between Genes and Context; Bronfrenbrenner’s Ecological Perspective on development.
Physical Development & Aging: Prenatal, Infancy, Childhood, Adolescence, Adult and Old Age.

UNIT-III
Cognitive and Language Development: Cognitive Development in infancy and childhood; Theories of Cognitive Development: Piaget’s stage theory, Vygotsky’s Socio-Culture theory; Language Development: Theories of Language Acquisition: Behavioural Learning, Nativist, Cognitivist.

UNIT-IV
Social Development: Social Processes: Family, School and Work, Social Aspects of Aging; Erikson’s theory of Psychosocial Development.

Recommended Books:
CRIMINAL AND FORENSIC PSYCHOLOGY

Credits : 4 ( hrs/week:4)                                Total :100 marks

Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.

b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.

c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT- I


Theories of Crime: Psychoanalytic; Eysenck’s Biosocial Theory, Social Learning Theory.

UNIT- II

Types of Offender: Juvenile Offender: Criminogenic factors in child and adult antisocial behaviour; Consequences of social interventions on reducing Criminogenic effects; Specific explanations of antisocial behaviour in Childhood: Moral reasoning and cycles of Abuse.


UNIT – III

Sexual Offenders: Rapists: Nature of Rape, Rape myths, Youthful sex offenders, Theories of Rape: Feminist theory, Social learning and Evolutionary theory.

Eyewitness Testimony: Accuracy of witness evidence in Court, Witness confidence and improving the validity of line-up.

Mental Illness and Crime: Problem of evidence: Controlling for confounding factors, Confounding effects of Medication; Mental illness and Crime in general.

UNIT- IV

Profile Analysis: FBI Profiling; Polygraph process and detection of lying.

Measures to prevent and control Crime: Role of Jury decision rules and real Jury deliberations; Risk assessment and dangerousness issues: Political context, Clinical approaches in Risk and dangerous assessment.

Recommended Books:

Missed the start of the document.

**Paper: 17PSY23DB2  SPORTS AND EXERCISE PSYCHOLOGY**

*Credits: 4 (hrs/week:4)*

**Total:** 100 marks  
**Internal Assessment:** 20 marks  
**Examination:** 80 marks

**Time:** 3 hours

**Note:**

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

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**UNIT-I**
Sports and Exercise Psychology: Nature; Distinguishing between two specialties; Understanding present and future trends; Issues for special populations in Sports; Barriers for women in sports.  
Competition and Cooperation: Concept Enhancing Competition and Cooperation; Approaches to Influencing Behavior; Guidelines for using positive reinforcement and punishment.

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**UNIT-II**
Personality and Sports: Major perspectives of Personality; Personality and Sports performance; Examining cognitive strategies and success.  
Motivation: Nature; Major approaches to Motivation; Achievement Motivation in Professional Practice; Psychological Momentum in Sports.

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**UNIT-III**
Leadership and Coaching: Components of effective Leadership; Sports oriented interactional approaches to Leadership; Recognizing Breakdowns and Communication, Dealing with Confrontation.  
Team cohesion: Nature; Relationship between Cohesion and Performance, Strategies for enhancing Cohesion; Building Self-confidence; Effectiveness of Goal-setting.

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**UNIT-IV**
Exercise and Psychological Well-Being: Reducing Anxiety and Depression with Exercise, Enhancing Quality of Life with Exercise; Relationship between Stress and Injury, Role of Sports Psychology in Injury Rehabilitation.  
Overtraining and Burnout: Factors leading to Athlete Overtraining and Burnout; Relaxation strategies for Sports: Progressive Relaxation, Autogenic Training, Yoga, Meditation and Biofeedback Training.

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**Recommended Books:**

Paper: 17PSY23CL  

PRACTICALS

Credits: 5(Hrs/ week 10)  

Maximum Marks: 100  

Time: 4 hours

Note:
Each student would conduct twelve experiments/ test administrations by selecting three from each of the areas mentioned below. The concerned teachers would frame the exact problem where twin variables would be taken for each practical.
It would be mandatory for each student to submit a record file containing a report of all experiments/ tests duly signed by the respective teachers. During examination, each student will be assigned two problems, where one will be from section A or B and one from sections C or D. Evaluation would be based on report file, practical conducted and viva.

Section: A  
Psychological Assessment

1. Test construction/Translation
2. Item-difficulty
3. Item-distraction index
4. Reliability of a test
5. Validity of a test
6. Developing Norms

Section B:  
Psychology of Individual Differences

1. Gender and Personality
2. Genetics and Personality/Intelligence
3. Gender and Cognition
4. Age/Gender and Cognitive Speed
5. Literacy and Intelligence
6. Age and Categorization

Section C:  
School Psychology

1. Parent Child Relationship
2. Intelligence
3. Body Mass Index
4. Academic Stress
5. Emotional Maturity
6. Internet Addiction
Developmental Psychology
1. Intelligence
2. Social Maturity
3. Health
4. Old Age Adjustment
5. Family Relationship
6. Moral Development/ Reasoning

Section D: Criminal & Forensic Psychology
1. Aggression/Anger
2. Recognition Memory for Faces
3. Lie Detection (Polygrap Record)
4. Moral Disengagement
5. Comparison of Attitudes towards Crime /Violence (Semi structured Interview Schedule)
6. Survey (One month Newspaper based) of Antisocial Behaviour

Sports and Exercise Psychology
1. Achievement Motivation
2. Personality Assessment
3. Competition
4. Cooperation
5. Well Being
6. Self Efficacy
M.A. PSYCHOLOGY, SEMESTER- IV

Paper: 17PSY24C1 INDIAN PSYCHOLOGY
Credits : 4 ( hrs/week:4)

Total : 100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT- I
Introduction: What and Why of Indian Psychology; A Journey Back to the Roots.
Implications and Applications of Indian Psychology
Indian Psychology and the Scientific Method

UNIT-II
Psychological Perspectives: Philosophical bases and fundamental assumptions of Upanishads, Samkhya-Yoga, Nayaya-Vaisesika, Jaina, Buddhist, Bhagwat Gita

UNIT-III
Personality in Indian Psychology
Self and Identity in Indian Psychology
Motivation and Emotion in Indian Psychology

UNIT –IV
Applications of Indian Psychology: Management of Mental Health, Resolution of Social Conflicts, Value and Teacher Education

Recommended Books:
Paper: 17PSY24DA1  BASICS OF CLINICAL & ABNORMAL PSYCHOLOGY

Credits: 4 (hrs/week:4)  Total: 100 marks
Internal Assessment: 20 marks
Examination: 80 marks
Time: 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I
Clinical Psychology and Related Fields: Clinical psychology as a profession, Professional regulation, Training, Ethical and cultural issues.

UNIT-II
Approaches to Clinical Psychology: Biological, Psychological, Psychoanalytic, Behaviouristic, Humanistic.
Methods to Study Clinical Psychology: Epidemiological, Experimental, Correlational.

UNIT-III
Abnormal Psychology: Meaning and Criteria of abnormality, Etiological factors of abnormal behaviour, Past and present of abnormal psychology.
Developmental Disorders: Conduct disorder, ADHD, Learning disorder, Mental retardation.

UNIT-IV
Sexual and Gender Identity Disorders: Clinical picture, Types, Etiology.
Eating Disorders: Clinical features, Types, Etiology.

Recommended Books:
Paper: 17PSY24DA2  

BASICS OF GUIDANCE AND COUNSELLING

Credits : 4 (hrs/week:4)  
Total : 100 marks  
Internal Assessment: 20 marks  
Examination : 80 marks  
Time : 3 hours

Note:  
a) Nine questions would be set in all. Candidates would be required to attempt five questions.  
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.  
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT- I

Foundation of Guidance: Need, Meaning and Scope of Guidance; Basic Principles of Guidance.  
Models of Guidance: Early, later and contemporary models. Organizing a Guidance Programme.

UNIT-II

Career development facilitation: Theories of career development and decision making, Facilitating career exploration, Collecting and disseminating career information.

UNIT-III

Foundation of counselling: Meaning, Goals, Stages, Need and Types.  
Emergence and Growth of Counselling Psychology; Counselling and related fields; Ethical Training, Standards and Dilemmas in counselling.

UNIT-IV

Research in counselling: Need for evaluation, Applied-Action Research, Problems of counselling research, Process and Outcome research, Descriptive research in counselling, Experimental research.  

Books Recommended:
Paper: 17PSY24DA3   INDUSTRIAL AND PERSONNEL PSYCHOLOGY
Credits : 4 ( hrs/week:4)
Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:
a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I
Introduction to Industrial Psychology: Nature and scope of Industrial Psychology, Challenges of Industrial Psychology, Hawthorne Studies, World war II and Engineering Psychology.

UNIT-II
Techniques, Tools and Tactics: Methods of Psychological Research: Experimental, Naturalistic, Observation, Survey and Opinion polls.

UNIT-III
Personnel Testing and Development: Administering Psychological Tests and Limitations of Psychological Testing
Personnel Development: MBTI and 360 feedback system.

UNIT-IV
Personnel Training & Issues: Traditional Training Methods: Presentation, Group Building Method.
Advanced Training Modules: E-learning, Computer based training.
Training Issues: Basic Skill Training, Training and Pay Systems, Melting the glass ceiling and Joint Union – Management Programmes.

Recommended Books:
Paper:17PSY24DB1  PSYCHODIAGNOSTICS
Credits : 4 ( hrs/week:4)  Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I

UNIT-II
Psychological Assessment: Clinical Interview-Nature, types; MSE, Observation, Case study.

UNIT-III
Personality Assessment I: Description & Evaluation- MMPI, Millon Clinical Multiaxial Inventory, Beck Depression Inventory, NEO-PI-R.
Personality Assessment II: Description & Evaluation- Rorschach, TAT, Sentence Completion Test, Word Association Test.

UNIT- IV
Neuropsychological Assessment: Single test- Bender Visual Motor Gestalt Test, Goldstein- Scheerer test; Test Batteries- Halstead- Reitan, Luria- Nebraska, AIIMS Battery of brain dysfunction.
Interpreting Assessment findings, Psychological assessment reports, Ethical issues in psychodiagnostic testing.

Recommended Books:
Paper: 17PSY24DB2    PROCESSES AND SKILLS OF COUNSELLING

Credits : 4 (hrs/week:4)  
Total : 100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I
Counselling Process I: Initiating counselling; Counsellor Expertness variable; Establishing structure; Observation; Non-verbal behaviour; Listening, Silence, Use of Questions, Transference and counter Transference; Termination of counselling process.

UNIT-II
Counselling Process II: Responding Considerations: Responding to content, Responding to non verbal, Responding to feeling; Themes; Setting goals: Criteria for setting goals.
Planning for change: Information in counselling, Making Decisions, Counselling program development, Evaluation and Management.

UNIT-III
Becoming an Effective Counsellor: Skills of effective counsellor; Functions, Common pitfalls faced by counsellors.
Individual Assessment: Observation, Observation instruments: Rating Scales, Checklist, Anecdotal Reports, Self-Reporting; Interviews.

UNIT-IV
Group Assessment Techniques: Sociometric techniques, the “Guess who?” Technique, Social Distance technique.
Group Counselling: Theoretical considerations, Values, Selection of group members; Group process: Establishment, Identification productivity, Realization and Termination.

Books Recommended
Paper: 17PSY24DB3  

ORGANISATIONAL PSYCHOLOGY  

Credits : 4 (hrs/week:4)  
Total : 100 marks  
Internal Assessment: 20 marks  
Examination : 80 marks  
Time : 3 hours

Note:  
a) Nine questions would be set in all. Candidates would be required to attempt five questions.  
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.  
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I  

UNIT-II  

UNIT-III  

UNIT-IV  

Recommended Books:  
INTERRUPTIONS IN CLINICAL PSYCHOLOGY

Paper:17PSY24DC1

Credits : 4 (hrs/week:4)

Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I

UNIT-II
Clinical Intervention: Psychodynamic, Behavioural- Systematic desensitization, Contingency management, Token economy.
Cognitive: CBT, REBT; Humanistic- Client centered, Gestalt.

UNIT-III
Community Mental Health: History of community movement, Concept and types of prevention.
Community Intervention: Meaning, Principles, Methods: Crisis intervention- Concept, conditions and techniques of crisis intervention; Consultation- Concept, types, general characteristics.

UNIT-IV
Use of Non-Professionals in Community Intervention: Why non-professionals, Non-professional programs, Problems in use of non-professionals.
Epidemiology of Mental Health: Fields and Uses of mental health epidemiology, Social correlates of mental disorders.

Recommended Books:
Paper: 17PSY24DC2  COUNSELLING TECHNIQUES AND STRATEGIES

Credits : 4 (hrs/week:4)  

Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.
d) 

UNIT-I


UNIT-II

Affectively Oriented Approaches: Existential therapy; Person-centred therapy; Gestalt therapy; Theoretical analysis of affective approaches.
Cognitively Oriented Approaches: Rational Emotive Therapy; Beck’s Model; Transactional Analysis.
Theoretical analysis of cognitive approaches.

UNIT-III

Behaviourally Oriented Approaches: Behaviour Therapy: Meaning & Goals, Behavioural Connections; Systematic Desensitization, Relaxation, Flooding Therapies; Behavioural Contingencies: Reinforcement, Punishment, Shaping; Modelling Techniques; Self Instructional Training, Self Inoculation. Theoretical analysis of behavioural approaches.

UNIT-IV

Promotional Approaches: Creative Art Therapies, Yoga and Meditation, Mindfulness.

Books Recommended
Paper: 17PSY24DC3  INTERVENTIONS IN ORGANIZATIONAL DEVELOPMENT

Credits : 4 (hrs/week:4)  
Total :100 marks
Internal Assessment: 20 marks
Examination : 80 marks
Time : 3 hours

Note:

a) Nine questions would be set in all. Candidates would be required to attempt five questions.
b) There would be two questions (16 marks each) from each of the four units. Candidates would attempt one question from each unit.
c) Question No. IX would be compulsory. It shall be based on the entire syllabus and would contain eight short answer questions of two marks each.

UNIT-I
Foundation of Organization Development: Models, Theories of Planned change; Teams and Team work; Parallel Learning Structures, Applications in Applied Behavioral Science.

UNIT-II
Interventions in Organizations: Nature and types of Interventions; Need and relevance of Interventions in Organization Development (OD).  
Organization Development Interventions: Managing, Diagnosis, Action Component, Programme Management Component.

UNIT-III
Team Interventions I: Board Team, Formal Group Diagnostic meeting and Team Building, Process Consultation, Gestalt Approach to Team Building. 
Team Interventions II: Role Analysis, Role Negotiation, Interdependency Exercise, Responsibility, Charting, Visioning and Force Field Analysis.

UNIT-IV
Structural Interventions: Sociotechnical Systems, Self Managed Teams, Work Redesign, MBO and Appraisal Quality Circle, Quality of work life, TQM.

Recommended Books:

Paper: 17PSY24CL  

PRACTICALS  

Credits : 5(Hrs/ week 10)  

Maximum Marks : 100  

Time : 4 hours  

Note:  
Each student would conduct twelve experiments/ test administrations by selecting three from each of the areas mentioned below. The concerned teachers would frame the exact problem where twin variables would be taken for each practical.  
It would be mandatory for each student to submit a record file containing a report of all experiments/ tests duly signed by the respective teachers. During examination, each student will be assigned two problems. Evaluation would be based on report file, practical conducted and viva.

Section A: Indian Psychology

1. Assessment of Trigunas / Tridoshas
2. Assessment of Karuna (Compassion)/ Sukha -Dukha
3. Assessment of Anasakti (non-attachment)
4. Assessment of Karamyoga
5. Assessment of Virtues
6. Assessment of Ahamkara

Section B: Basics of Clinical & Abnormal Psychology

1. Temperament Schedule
2. Self Disclosure
3. State- Trait Anxiety
4. EPQ
5. Psychological Distress
6. Dyslexia Screening Test

Or

Basics of Guidance and Counselling

1. Guidance Need Inventory
2. Vocational Interest Survey
3. School Environment
4. Teacher Effectiveness Scale
5. Planning of Guidance Program
6. Case study of Educational/ Vocational/ Career Guidance

Or

Industrial and Personnel Psychology

1. Sound/ Illumination and performance
2. Job Analysis
3. MBTI
4. Environmental Attitudes
5. Performance Appraisal
6. Observation
Section C: Psychodiagnostics
1. Case Study
2. WAIS/ WAPIS
3. MMPI/CAQ
4. Rorschach/ Holtzman
5. BVMG
6. TAT/CAT

Or
Processes and Skills of Counselling
1. Observation
2. Counselling Interview
3. Case Study of Counselling
4. Rating Scale
5. Sociometry
6. Parent Child Relationship

Or
Organisational Psychology
1. Sociometry
2. Group Dynamics
3. Motivation
4. Job satisfaction
5. Coping Style
6. Organisational Stress

Section D: Interventions in Clinical & Abnormal Psychology
1. Rational/ Irrational beliefs
2. Attribution Style
3. Dysfunctional Analysis Questionnaire
4. Coping Styles
5. Projective Test
6. Systematic Desensitization

Or
Counselling Techniques and Strategies
1. Relaxation
2. Systematic Desensitization
3. Defence Mechanisms Inventory
4. Family Relationship
5. Self-Disclosure
6. Emotional Competence

Or
Interventions in Organisational Development
1. Case Study
2. Role Play
3. Quality Circles
4. Group Cohesiveness
5. Negotiating Style
6. MBO