



आचार्य मनिष र. जोशी
सचिव

Prof. Manish R. Joshi
Secretary

SPORTS/567
DATED 6/5/2025



सत्यमेव जयते

For n/a
R Singh
5/5
Dir (Sports)

To write a letter to
the college of
7-470
आज़ादी का
अमृत महोत्सव
41
12/5/25

विश्वविद्यालय अनुदान आयोग
University Grants Commission
(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

DO.No.F.1-1/2024(Sports/NADA)

12 मई 1947 / 02nd May, 2025

Subject: Participation and Support for the Fit India Sundays on Cycle Campaign on 4th May, 2025.

आदरणीय महोदय/महोदय,

The University Grants Commission (UGC) is pleased to extend its support to the Fit India Sundays on Cycle initiative, a nationwide movement under the Fit India Mission aimed at integrating fitness into daily routines and promoting a healthier lifestyle. This campaign, which has received recognition from the Hon'ble Prime Minister, has successfully engaged thousands of citizens across the country.

As part of this initiative, a special edition of the **Sunday On Cycle** campaign is scheduled to take place on **4th May 2025**. In collaboration with the Fit India Mission, UGC calls upon all universities to actively participate in the event and contribute to this important cause. We seek your esteemed cooperation in the following ways:

- Participation in the Event in Delhi:** Universities in Delhi are encouraged to send representatives, including teaching faculty, to take part in the main event at **Major Dhyan Chand National Stadium at 7:00 AM on 4th May 2025**. Your leadership in ensuring faculty participation will greatly strengthen this movement.
- Regional-Level Cycling Events:** Universities across different states are requested to organize similar events at the institutional level to extend the campaign's reach. A list of regional centers of the Sports Authority of India is enclosed for reference.
- Awareness & Promotion:** Universities may use their official communication channels—websites, newsletters, and social media—to spread awareness about the slogan **'Fitness ki Dose, Aadha Ghanta Roz'**, reinforcing the importance of regular physical activity.
- Participant Registration:** Institutions should encourage students and faculty to register for the event on the Fit India portal (<https://fitindia.gov.in/coiregistration>), allowing participants to receive digital certificates upon completion.
- Coordination:** Universities are requested to appoint a nodal officer to liaise with the Fit India Mission and facilitate effective implementation of this initiative. For any assistance, Sh. Bibhubhusan Behura, Assistant Director, Fit India (Mob No. +91-8585957826), will serve as the nodal officer from the Sports Authority of India.

Your valuable support will contribute significantly to promoting a healthier and more active society. We look forward to your enthusiastic participation in this fitness movement.

सादर,

भवदीय,

(मनिष जोशी)

सेवा में,
सभी विश्वविद्यालयों के कुलपति।
सभी महाविद्यालयों के प्राचार्य।