



MAHARSHI DAYANAND UNIVERSITY ROHTAK

A State University established under Haryana Act No. 25 of 1975
(NAAC Accredited 'A+' Grade)

UNIVERSITY YOUTH RED CROSS

Bulletin of Information and Brief Report of Activities

(From 1st August 2018 to 31st July 2019)



Founder of Red Cross



Sir Jean Henry Dunant
(8th May 1828-30th October, 1910)



HEALTH – SERVICE – FRIENDSHIP



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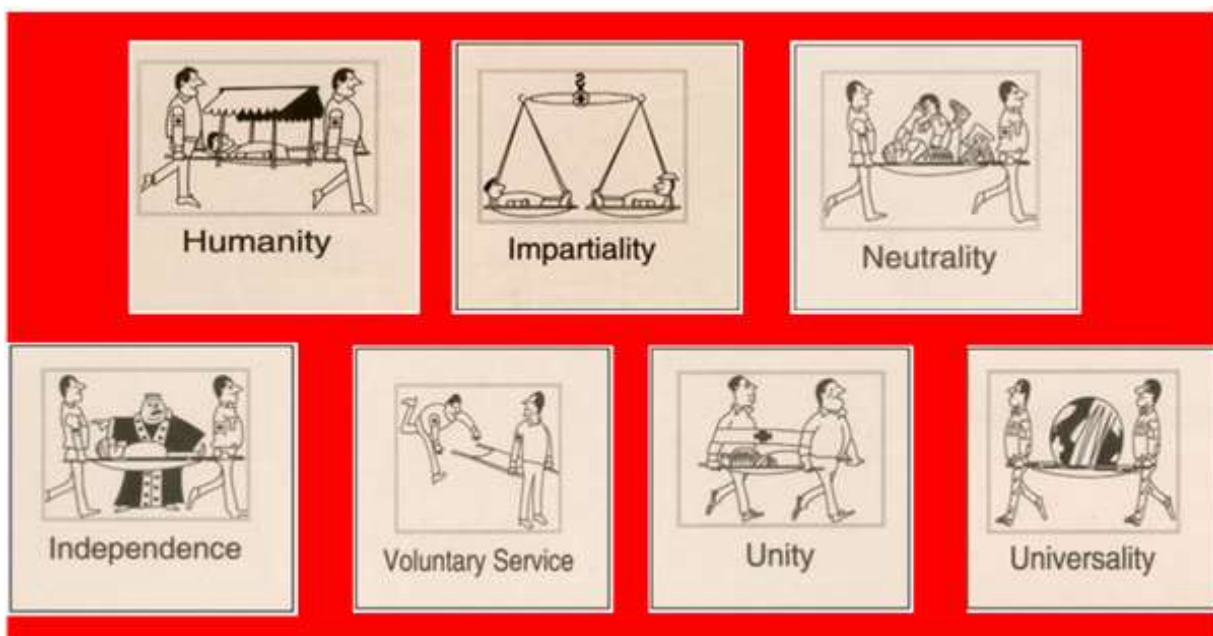
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Staff Associated With University Youth Red Cross Office

Sr. no.	Name	Designation	Contact No.
1.	Prof. Randeep Rana	Programme Co-ordinator	8168452544
2.	Sh. R.S. More	Field-Co-ordinator	9416038714
3.	Ms. Ekta Narwal	Y.R.C. Counsellor	9468266661
4.	Dr. Rajkumar	Y.R.C. Counsellor	9729334450
5.	Dr. Anju Dhiman	Y.R.C. Counsellor	8295951007
6.	Sh. Jitender kumar	Data Entry Operator	8295422688
7.	Sh. Pat Ram	Peon	9050969499



FUNDAMENTAL PRINCIPLES OF RED CROSS



HEALTH – SERVICE – FRIENDSHIP

Office: Room No. 104, Mechanical Block,
UIET Building, M.D. University, Rohtak
Contact: 01262-393156,
Email: mduyrcrohtak@gmail.com



संदेश

हरियाणा राज भवन,
चण्डीगढ़ - 160019

HARYANA RAJ BHAVAN,
CHANDIGARH - 160019

यह अत्यंत हर्ष का विषय है कि महर्षि दयानंद विश्वविद्यालय, रोहतक की यूथ रेड कॉस शाखा वार्षिक सत्र 2018-19 की अपनी सूचना एवं प्रगति रिपोर्ट प्रकाशित कर रहा है।

महर्षि दयानंद विश्वविद्यालय, रोहतक की यूथ रेड कॉस की इकाई ने श्रेष्ठ कार्य करते हुए अपने आप को एक सफल इकाई बनाने का प्रयास किया है। इस इकाई द्वारा दैनिक जीवन में प्राथमिक चिकित्सा के महत्व और होम नर्सिंग में स्वयंसेवकों को प्रशिक्षित करने के लिए प्रशिक्षण शिविरों का आयोजन किया गया है। यह इकाई समय-समय पर युवाओं को स्वास्थ्य संबंधी समस्याओं, सामाजिक बुराईयों जैसे बाल-विवाह, दहेज प्रथा, कन्या भ्रुण हत्या, नशीली दवाओं का सेवन न करना आदि के लिए जागरूक करने के लिए जागरूकता अभियान चलाती रहती है। पर्यावरण संरक्षण, बेटी बचाओ-बेटी पढ़ाओ, योगा, स्वच्छ भारत अभियान आदि विषयों पर भी कार्यशाला और संगोष्ठियों का आयोजन किया जाता है।

महर्षि दयानंद विश्वविद्यालय की यूथ रेड कॉस शाखा द्वारा समय-समय पर रक्तदान, नेत्रदान और स्वास्थ्य जांच शिविरों का भी आयोजन किया जाता है। यूथ रेड कॉस की यह शाखा स्वयंसेवकों के मानसिक, शरीरिक, बौद्धिक और सामाजिक विकास में एक महत्वपूर्ण भूमिका निभाती है। मुख्य रूप से यूथ रेड कॉस की गतिविधियां स्वास्थ्य, स्वच्छता, भाइचारे और मानवता की सेवा पर केंद्रित हैं। इस प्रकार से यूथ रेड कॉस स्वास्थ्य-सेवा-मित्रता के आदर्श को कायम रखता है। आशा है कि यह इकाई युवाओं को भविष्य में भी और अधिक उत्साह से जनकल्याण के कार्यों से जोड़ने का कार्य करेगी।

मैं महर्षि दयानंद विश्वविद्यालय की यूथ रेड कॉस इकाई को प्रगति रिपोर्ट प्रकाशित करने पर हार्दिक शुभकामनाएं प्रेषित करता हूं। साथ ही साथ इकाई के उज्ज्वल भविष्य की कामना करता हूं।

(सत्यदेव नारायण आर्य)

web.-<http://haryanarajbhavan.gov.in>

EPABX 0172 -2740581, 2740583

Fax - 0172 - 2740557

E-mail : governor@hry.nic.in



MESSAGE

I am pleased to know that M.D.University Yourh Red Cross intends to publish its Bulletin of Information and Progress Report for the session 2018-2019.

The primary objective of establishing Red Cross by inspiring icon Sir Jean Henry Dunant is humanistic to the core. Ever since its inception, M.D.University Youth Red Cross – an extended wing of Red Cross, plays a stellar role in channelling the vibrant youth energy for the welfare of the masses thus serving the cause of humanity.

It is a matter of great pride that the Youth Red Cross of Maharshi Dayanand University is rendering yeoman service to the mankind with regular organizing of activities like blood donation, eye donation pledge, yoga camps, health checkup camps, promotion of health & wellness, awareness programmes on ill-effects of drug addiction & alcoholism, Swachh Bharat Abhiyan, Beti-bachao, Beti Padhao, etc. All these activities have been duly recognized by the State Youth Red Cross Committee by awarding Youth Red Cross overall Shield to the University for three consecutive sessions 2016-2017, 2017-2018 and 2018-2019.

I whole-heartedly applaud the activities conducted by University Youth Red Cross through its volunteers and Programme Officers and convey my best wishes to YRC for the pursuit of benevolent humanitarian activities with renewed enthusiasm.

(RAJBIR SINGH) 27/09/2019



प्रो० गुलशन लाल तनेजा
कुलसचिव

Prof. Gulshan Lal Taneja
REGISTRAR



महर्षि दयानन्द विश्वविद्यालय रोहतक-124001 (हरियाणा)

(स्थापित वर्ष अन्तर्गत हरियाणा राज्य एक्ट 25 सन् 1975)

राष्ट्रीय मूल्यांकन एवं प्रत्यायन परिषद 'ए+' ग्रेड

MAHARSHI DAYANAND UNIVERSITY ROHTAK-124 001 (HARYANA)

(A State University established under Haryana Act No. 25 of 1975)

NAAC Accredited 'A+' Grade

No. CS/Reg./2019/445

Date 26.09.19

MESSAGE

I feel pleased to know that Maharshi Dayanand University Youth Red Cross intends to publish its Bulletin of Information and Progress Report for the session 2018-2019.

The primary objective of establishing Red Cross by the Sir Jean Henry Dunant was/is humanistic to the core. Since then, Red Cross has grown in stature as well as its major contributions to the national healthcare. Particularly, Youth Red Cross-an extended wing of Red Cross, encourages the utilization of services of youth for welfare of mankind. The energy of youth is channelized to fruitful endeavors under the aegis of Youth Red Cross.

It is matter of great pride and pleasure that the Youth Red Cross of Maharshi Dayanand University has been organizing various activities on service of humanity including Health & Wellness, Prevention of Life Threatening Diseases like HIV/AIDS, Drug Addiction, Alcoholism, Female Feticide, Swachh Bharat Abhiyan, Beti-Bachao Beti-Padhao campaign etc. Blood Donation Camps, Yoga and Health Checkup Camps are frequently organized at a regular intervals of time by the University YRC.

I convey my good Wishes to MDU Youth Red Cross Cell for the pursuit of humanitarian activities with greater enthusiasm and vigorousness.


(Gulshan Lal Taneja)



D.R. Sharma
General Secretary



Indian Red Cross Society
Haryana State Branch
Chandigarh

Dated: 18-09-2019

MESSAGE

I am happy to learn that Youth Red Cross unit of Maharishi Dayanand University, Rohtak is bringing out its Bulletin of Information and progress report from 1st August, 2018 to 31st July, 2019.

MD University has designed the activities of Youth Red Cross in a very organised and disciplined manner at University as well as college level. The MD Universities and its affiliated colleges are constantly striving towards achieving more and more benchmarks in the field of humanity and mankind. Youths are enormous source of energy and through Youth Red Cross MD University, Rohtak is successful to channelize their energy for the mankind and help to make this society more beautiful and worth living.

I would like to congratulate all the YRC family members of MD University for continuously getting first position amongst all the Universities of Haryana for its meritorious services and achieving maximum YRC shields during Annual General Meeting by Hon'ble Governor, Haryana. I am also delightful to share that in 2020 Indian Red Cross Society is going to complete its 100 years of excellence and my invocation to all the volunteers and councillors of YRC of MD University to make this year memorable by organising more and more awareness campaign and programmes.

My heartfelt gratitude towards the Vice Chancellor, Office bearers, Committee Members, Counsellors and Youth Volunteers of Maharishi Dayanand University, Rohtak for their committed and devoted services and hope that they would continue to make more landmarks in the field of humanitarian services through Youth Red Cross.

(D.R. Sharma)



From the Desk of The Co-ordinator

MD University Youth Red Cross is committed to the service of humanity exemplifying the motto of the Red Cross (founded by Sir Jean Henry Dunant) "With humanity, towards peace".

This organization is whole heartedly dedicated to inspire, enroll and train ever more students to become Volunteers all through the MD University campus and Colleges/Institutions affiliated to it. Since its inception in 2011, University Youth Red Cross has conducted numerous activities instrumental for the betterment of humanity. Recognizing and appreciating these activities, Haryana State Red Cross has conferred us with Youth Red Cross Overall Shield for excellent work for three consecutive sessions, 2016-17, 2017-18 and 2018-19 respectively. University Youth Red Cross organizes and conducts numerous activities in the form of awareness rallies/ workshops/training camps/seminars/talks/lectures on prevention of social evils like Drug Abuse, Smoking, Alcoholism, Female Foeticide, Dowry, Illiteracy, HIV/AIDS, and promotion of Cleanliness, Swachh Bharat Abhiyan, Beti-Bachao Beti-Padhao, Disaster Management and Rescue Operations, Health Awareness and Well-being, Road safety and Safe driving etc. Regular Blood Donation and Health Check-up camps are organised all through the year, both at the University level and in the Villages adopted by the University. In order to motivate the Colleges and Institutions affiliated to MD University, the University Youth Red Cross regularly awards *Sir Jean Henry Dunant Trophy* for conducting/organising Youth Red Cross activities for every academic session.

I take this opportunity to share with you all that with the active and rock-solid cooperation of all the affiliated Colleges/Institutions and other stakeholders, we will continue to work more and more for the welfare of society by inspiring, encouraging and training young Volunteers for Youth Red Cross activities thereby realising the motto of Youth Red Cross- 'Health, Service and Friendship'.


(Prof. Randeep Rana)
Programme Co-ordinator



YOUTH
RED CROSS

रैड क्रॉस – शपथ



मैं शपथ लेता हूँ कि मैं अपने और दूसरों के स्वास्थ्य की देखभाल करूंगा।
बीमारों और मुसीबत में पड़े लोगों की सहायता करूंगा। खास कर बच्चों एवं
वृद्धों की और दुनिया के सभी बच्चों एवं युवाओं को अपना दोस्त समझूंगा।



**YOUTH
RED CROSS**

रैड क्रॉस प्रार्थना



धरती हरो निर्मल करो पीड़ा प्रभ हैं।
जीवन करो उज्जवल नव ज्योति पर्व हैं।

दुखी जनों की सेवा हम करें।
पद दलीतों को गले लगा लें।
शान्ति पथ शान्ति पथ शान्ति पथ हैं।
जीवन करो उज्जवल नव ज्योति पर्व हैं।

स्वास्थ्य अपने की रक्षा हम करें।
सभी जनों को मित्र बना लें।
सेवा करें सेवा करें सेवा धर्म है।
जीवन करो उज्जवल नव ज्योति पर्व हैं।

INTRODUCTION

It is well known fact that youth are the Pillars, backbone and future leaders of the country. It is our moral responsibility to inculcate in them all the human values and social commitments so that they can uplift the status of our society. They are energetic, enthusiastic and full of zeal. A large number of them are arduous. This massive manpower can do wonders provided its enthusiasm is harnessed for the growth and development of the society and humanity.

For the very purpose the university Youth Red Cross was established during the academic year 2011-2012. The University Youth Red Cross unit plays a vital role in Colleges, University Teaching Departments, technical, engineering and other educational institutions by involving youths in activities directed towards the service of mankind.

Youth Red Cross M.D.U, Rohtak has strengthened its overall capacity to educate youth about the working of Red Cross, importance of First-Aid training in daily life and sensitize youth about existing health problems, prevailing social evils and environmental hazards. To attain a conducive environment for healthy, virtuous and intellectual growth of youth, extracurricular activities have been designed by Youth Red Cross. These activities develop the ideology of national character and thus help in building a healthy Nation.

The University Youth Red Cross conducts various programmes and activities like:

- Promotion of health and hygiene
- Training to youths for First Aid and Home Nursing
- National Integration
- World Friendliness
- Relief work during emergencies like floods, fire, earthquake and other natural/manmade calamities.
- Eradication of social evils such a Drug-addiction, HIV/AIDS awareness, Female Feticide, Dowry, Illiteracy etc.
- Protection of environment to combat climate changes.
- Promotion of voluntary Blood Donation and Eye Donation movement.

Keeping the above areas in view the Youth Red Cross of Colleges and Universities conduct a number of activities by involving the Youth Red Cross Volunteers.

Moto of Youth Red Cross is HEALTH –SERVICE-FRIENDSHIP

Aims and Objectives of Youth Red Cross

The aims and objectives of the YRC based on the principle of health service and friendship shall be as follows: The broad objectives of Youth Red Cross are promotion of health, friendship, brotherhood and render service to humanity.

- i) To promote health and hygiene consciousness in the society
- ii) To inculcate healthy living habits
- iii) To motivate volunteers for blood and eye donation and organization of such camps
- iv) To promote activities of Youth Red Cross through camps for 5 or 7 days.
- v) To organize First-Aid Training Camps/ extension lectures on health and disaster management.
- vi) To undertake relief work during emergencies like flood, fire, earthquake and other natural calamities.
- vii) To launch awareness campaign against drug abuse, polio, smoking, alcoholism etc.
- viii) To assist the Red Ribbon Club for awareness and prevention of HIV/AIDS
- ix) To enable physically challenged and economically weaker sections of the society for better adjustment in the society, and intensive growth.
- x) Any other issues related to health and well being of the students and community including group insurance of students (accidental injuries and fatalities).
- xi) All other activities as per the guidelines issued by Haryana State Red Cross Society from time to time.
- xii) Imparting training to the volunteers for life skills and social skill development.
- xiii) Imparting training to the volunteers in rescue operations and managing disasters and natural or manmade calamities.

History of Youth Red Cross

The involvement and contribution of young people in the activities of the Red Cross has an interesting history. The genesis of their engagement originated in the province of Quebec, Canada in 1914, when school children first participated in the humanitarian work of the Red Cross work by making bandages, dressings and other comforts for soldiers. The idea soon spread to other Canadian provinces. By 1915, this idea spread to Europe while in United States, eleven million school children were engaged in similar activities.

During the World War I, several countries encouraged young people to assist in Red Cross work. By 1918 formal youth sections were organized in Australia, Canada, Italy and United States.

The creation of League of Red Cross (now International Federation of the Red Cross and Red Crescent Societies) in 1919 increased the emphasis on peacetime activities of Red Cross through the establishment of a coordination body for National Societies which to a great extent helped in the expansion of youth programmes throughout the world.

By 1921, youth sections had been created in eight countries: Bulgaria, Czechoslovakia, Hungary, New Zealand, Poland, Switzerland, United Kingdom and Yugoslavia. The following year France, Japan, Romania and Sweden also established similar youth sections, bringing the total to at least 16 countries.

In 1922, the youth programme of the Red Cross was officially recognized and supported by Resolution No. XVIII adopted by the General Council of League of Red Cross Societies.

Expansion of Red Cross youth programmes to young people outside the schools or other than those attending educational institutions were embodied in one of the General Council resolution XIX.

By 1935, 51 countries had sections focused on young people, with total membership of 15 million with a 3 point programme bringing the motto **“I serve”**.

Today, about 100 National Red Cross and Red Crescent Societies have sections dedicated to engaging young people and statistics show that as much as half of all Red Cross and Red Crescent volunteers in the world are young people.

The Indian Red Cross Society first engaged young people in its work in 1925 with the first unit set up in Punjab in 1926 soon followed by similar units in Delhi, Madhya Pradesh, Mumbai and Uttar Pradesh.

According to the International Labour Organization report, about 40 percent of the total Indian population is in the age group of 13-35 years. The Red Cross, through its junior and youth programmes plays an important role in challenging and guiding this young energy in the cause of humanitarian action.

Active, Junior and Youth Red Cross groups offer branches a formidable strength both in times of emergency and times of preparedness. Ample opportunities must be given to young people to feel them empowered to take humanitarian action, offering their strengths, energy ideas and innovation to our movement and to their communities.

Valuing the Role of Youth

Youth Red Cross programmes are an integral part of the strategic approach taken by the Indian Red Cross Society. We value the diverse and important roles and that young people perform as innovators, Cross-cultural ambassadors, peer educators, community mobilisers, and most importantly, agents of behavioural change and advocates for vulnerable people.

While working alongside older generations in a spirit of mutual respect, young people bring much needed ideas and skills. The promotion of knowledge transfer and growth, combined with the personal guidance that older, more experienced volunteers of the Red Cross can offer, is seen as a key approach to develop future generation of leaders.

Our youth programmes help the Indian Red Cross Society to implement the fundamental principles of our movement through international humanitarian work, the protection of health and life, community service, promotion of national and international friendship and understanding by using the international links of the movement.

Annual Youth Red Cross Fee

The Youth Red Cross Fee shall be charged as Rs. 60/- annually from all the students of the University, including the affiliated colleges at the time of admission at the rates as may be approved by the Executive Council from time to time. 50% of the fee charged shall be retained by the college and remaining 50% shall be remitted to the University along with registration returns to the students. Provided that 40% of the fee so collected shall be retained by the University and 60% of the same shall be remitted to the Indian Red Cross Society, Haryana State Branch, Chandigarh by the Programme Co-ordinator, Youth Red Cross.

Provided further that in respect of the students of the University Teaching Departments, 70% share of the fee shall be retained by the University and 30% shall be remitted to the Indian Red Cross Society Haryana State Branch, Chandigarh.

Composition of University Youth Red Cross Committee

There is Maharshi Dayanand University Youth Red Cross Committee herein after called as Youth Red Cross Unit for regulating its activities by the students and members of the staff of the constituent and affiliated colleges/ institutes within the territorial jurisdiction of the University. It shall be constituted in the following way:

1	Vice-Chancellor	Chairman (Ex-Officio)
2	Dean Student's Welfare	Member
3	Dean, College Development Council	Member
4	Registrar	Member
5	General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh	Member
6	Nominee of Higher Education Commissioner (In charge of Youth Red Cross)	Member
7	Director Youth Welfare	Member
8	Programme Coordinator (N.S.S.)	Member
9-11	Secretaries of Respective District Red Cross Branches and two other Red Cross Branches by rotation under the jurisdiction of the university	Members (3)
12-18	Zonal Conveners of the District Level Committee of Youth Red Cross to be nominated from amongst the Principals of the colleges in the District by the chairman	Members (7)
19-20	Two student nominees from University Youth Red Cross Unit to be nominated by the Programme Coordinator of the University Youth Red Cross Unit, every year	Members (2)
21	Programme Co-ordinator (Y.R.C.) (to be nominated by the Vice-Chancellor)	Ex-officio Member Secretary

NOTE: A). The Zonal Convener (s) will be responsible to implement policies and programmes of Youth Red Cross in the district. The meeting would be convened by the Programme Co-ordinator of the Youth Red Cross Unit. The tenure of the members at Sr. No. 12 to 21 shall be two years and of Sr. No. 22 - 23, it shall be one years.

B). For YRC activities in the University Teaching Departments, two programme counsellors (Youth Red Cross Counsellors) shall be appointed by the Vice-Chancellor.

Utilization of Youth Red Cross Funds by the Universities

The Youth Red Cross funds may be utilized for the following purposes after approval of the Youth Red Cross Committee at University Level:

- a) The amount of YRC subscription will be spent on the approved objectives.
- b) Services to the youth of the University/ Colleges and the community i.e. payment of fees of deserving university college students, hospital welfare work, blood donation services community based work to bring awareness on HIV/ AIDS, Bird Flu, Malaria/ Dengue, T.B. Drug de-addiction, nutrition, safe drinking water, plantation of trees and so on.
- c) Promotion of inter-state and international fellowship of youth.
- d) Promotion of health and sanitation of the students and community, including group insurance of students.
- e) Promotion of training in First Aid, Home Nursing, road safety, providing safe water.
- f) Services for the handicapped, adopt institution/ communities, school etc.
- g) Services during drought/ flood, emergency, earthquake, any other natural calamities, eclipse by universities trained youths.
- h) 7 days camps with minimum 50 and maximum 150 participants (or as per suitability). A team of minimum 5 youths (girls and boys) and one counsellor (Lecturer) from each college of the respective district be detailed to participate. For every participant, college will pay Rs. 500/- per participant as registration fee as college share out of 50% share of Youth Red Cross fund which remains with the college will incurred. During the camp, subjects like Women Empowerment Blood Donation, Eye and Kidney Donation, Organ Donation (Transplants), Energy Conservation and awareness about problems of old age and ailment like Hypertension, Strokes, Cancer, Diabetes and Social Security issues, HIV/AIDS, Hepatitis B &C, Seasonal Infections, T.B. and Bird Flue, Disaster Preparedness, Female Feticide and Drug De-addiction will be taken up.
- i) To impart First Aid and Home Nursing training to the University and College students. Minimum 14 hours training (2 hours daily) during 7 days is compulsory. The expenditure will be met out from YRC Fund.
- j) To organize Inter University, University level, inter college; inter class competitions in First Aid and Home Nursing.
- k) To establish First Aid Posts on the occasion of public gatherings i.e. sports meets, functions, festivals etc.
- l) Formation of St. John Ambulance Brigade Divisions and preparation of uniforms and accessories for the Brigade Officers and Members.
- m.) Purchase of First Aid Boxes and maintenance of First Aid rooms in all college/ department equipped with stretchers, blankets, bed sheets, beds, pillows, furniture etc. for the first aid room.
- n.) T.A./D.A. of the YRC Programme Coordinator and volunteers for attending the seminars, workshops, camps, St. John Ambulance State Competitions, establishment of first aid posts during occasions mentioned at (k) above and all other activities related to Youth Red Cross/St. John will be met out from YRC Fund.
- o.) Maintenance of records, including accounts, stationery, proceedings of meetings of YRC, maintenance of YRC registrar, details of volunteers etc.
- p.) Postage of correspondence of YRC.
- q.) Honorarium to YRC Programme Coordinators and other (s) appointed by the Executive Committee at University Level.
- r.) Refreshment to officers/ volunteers during the events related to Youth Red Cross (YRC) and St. John Ambulance.
- s.) Organization of Youth Red Cross Camps i.e. Inter University, University Level, Inter District, District Level, College Level for minimum 7 days.

- t.) To purchase equipment for training etc. and the competitions of YRC and St. John.
- u.) To organize Voluntary Blood Donation Camps (including refreshment).
- v.) To arrange awareness campaigns on voluntary blood donation, social evils, eye donation, organ donations, female feticide, drug de-addiction, child labour, woman empowerment etc.
- w.) To provide assistance to the disaster victims.
- x.) To purchase print literature related to, Youth Red Cross, St. John etc.
- y.) To create reserve of a suitable amount to meet any emergent situation/ contingency.

Executive Committee at College Level

There shall be an Executive Committee of Youth Red Cross at college level to promote the Red Cross activities in college. The committee may meet quarterly to allocate, sanction, funds for approved activities and review/promote activities of the unit. Vacancies, if any, caused due to resignation or otherwise may be filled by the Principal.

For each unit (50 YRC volunteers), there would be an Executive Committee consisting of the following members.

i)	Principal of the College	:	Chairman
ii)	Faculty Member	:	Member
iii)	N.C.C. Office	:	Member
iv)	N.S.S. Officer	:	Member
v)	Secretary of respective District Red Cross Branch.	:	Member
vi)	President/Secretary, Red Ribbon Club	:	Member
vii)	Incharge Women Cell	:	Member
viii)	Counsellor Incharge Youth Red Cross	:	Secretary Co-ordinator

Youth Red Cross Unit

There shall be a Youth Red Cross Unit in the college/institution to promote the Red Cross activities in the college/institutions. The unit will comprise counsellor/Incharge of the Youth Red Cross, students of college. The unit will work under the direction of counsellor of Youth Red Cross nominated by the Principal of the College/institution. The Principal of the College /Training Institutions will be the Chairman of the Youth Red Cross unit and counsellor will work as Incharge of the unit. The counsellor so appointed should have an aptitude and experience of working in the field of youth welfare. The number of the members of unit shall be minimum of 50; however, the size of the unit can be determined by the Executive Committee according to strength of the students. Incharge of the unit will further nominate President, Secretary and Cashier of the unit amongst the students with the permission of Executive Committee. The unit will pass the resolution for organizing various Red Cross activities and placed before the Executive Committee through the incharge/counsellor of the unit for approval. Counsellor will be paid Rs. 400/- p.m as Honorarium from Y.R.C. fund of respective college.

Objectives of Youth Red Cross in Colleges/Institutions

- a. To widen the coverage of the schemes by establishing Youth Red Cross Units in all colleges.
- b. To involve students (boys & girls) of the colleges in the movement of Youth Red Cross units by enrolling them as members of YRC on payment of yearly subscription.
- c. The scheme of YRC units will be introduced in all the colleges/institutions of Haryana State (including private/technical/engineering colleges).
- d. The amount of YRC subscription will be spent on the approved objectives mentioned in the scheme and guidelines.
- e. Services to youth of the college and the community i.e. payment of fees of deserving college students, hospital welfare work, blood donation services, population education, community work, HIV/AIDS, Birds Flu, Malaria/Dengue, T.B., Drug De-addiction, Nutrition, Safe drinking water, Plantation of trees etc.
- f. Promotion of Inter State and International fellowship of youths.
- g. Promotion of health and sanitation of the members of groups and community.
- h. Services for the handicapped, adopt institutions/communities, schools etc.
- i. Services during drought/flood emergency, earthquake, any other natural calamities, eclipse by using trained youths.

5 days (preferably day camp) be organised by the Secretary, District Red Cross Branch at district level with the minimum number of participants 50 and maximum will be 150. A team of minimum of 5 youth (girls & boys) & one counsellor (lecturer) from each college of the respective district be invited to participate. For every participant college will pay Rs. 350/- as registration fee out of 50% Youth Red Cross Fund which remains with the college. During the camp, subjects like women empowerment, environment protection, eye & kidney donation, organ donation (transplants), energy saving and awareness about problems of old age, ailments like hypertension, strokes, cancer, diabetes and social security issues, HIV/AIDS, hepatitis B & C, current seasonal infections, T.B. & bird flu, disaster preparedness, female foeticide & drug de-addiction. The other activities may include training in life and social skills etc. The expenditure of the camp may be met out of Youth Red Cross Fund, 50% of which remains with the college.

Utilisation of 50% Red Cross Fund Which Remains With The Colleges

Fifty percent (50%) of the total income in this fund (Youth Red Cross Fund) will remain in the colleges/institutions affiliated with the respective Universities for the welfare of students. Youth Red Cross Fund may be utilized by them on the following heads:

1. Executive committee of the YRC of the respective college is competent to spend maximum of 50% out of the Youth Red Cross Fund retained with the college/UTD for the welfare of the students after passing the resolution of Youth Red Cross Sub-Committee of their respective college.
1. First aid & home nursing training should be given to the students of Universities and colleges by the trained lecturers and district training officers of the respective district. The principal of the college will arrange the training by contacting the Secretary, District Red Cross Branch of concerned district.
2. Payment of entry fee/registration fee to be given out of this fund for participants going to attend camps organized by District Red Cross. University Youth Red Cross and other such distributions.
3. Printing and distribution of Red Cross and Youth Red Cross literature, books etc.
4. Youth Red Cross Camps/ meetings/ seminars for the youths & counsellors (Professors) within state or outside state.
5. Purchase of First Aid boxes and its maintenance.
6. Payment of fee cost of books clothes and necessary amenities to poor and deserving students.
7. Medicines and food etc. for sick and poor students of the college.
8. To provide relief material in any disaster, earthquake, fire, floods etc.
9. Expenditure for providing safe drinking water.
10. All the colleges may purchase the items available in the stores of Haryana Red Cross, Chandigarh.
11. Fifty percent(50%) amount of the YRC Fund may be kept as reserve in the fund to meet out any emergent situation/ contingency.

The fund of YRC will be deposited in a scheduled bank and the account will be operated by the Principal and Youth Red Cross Counsellor of the College and Chairman and Counsellor of the Executive Committee jointly in the University Teaching Departments/Colleges.

Bank Account in Colleges/ Institutions

The annual membership subscription may be taken from the students at the time of admission. The money realized may be deposited in any of the scheduled Banks under separate account in the name of “Youth Red Cross” of the college /institution. The accounts shall be operated jointly by the Chairman of the unit (Principal of the college) and the Counsellor/In charge of the unit.

Audit of Youth Red Cross Fund

In Haryana State, Youth Red Cross sub-committee meeting held on 9th Nov. 2010, it was resolved by the house that yearly audit of Youth Red Cross Fund is mandatory and the maximum audit fee should be Rs. 2,000/- per year for Universities and Colleges/ Institutions for audit of Youth Red Cross Society.

Note:- Indian Red Cross Society Haryana State Branch issues guidelines from time to time. If there is any query about type guidelines you may contact or write to the Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Sector-16A, Madhya Marg, Chandigarh.



Red Cross Emblem

Red Cross Emblem

The Red Cross on white background was the original protection symbol declared at the 1864 Geneva Convention. The idea to introduce a uniform and neutral protection symbol as well as its specific design originally came from Dr. Louis Appia and General Henn Dufour, founding of the international committee. The Red Cross is defined as a protection symbol in Article 7 of the 1864 Geneva Convention and Article 38 of the 1949 Geneva Convention (“For the Amelioration of the Condition of the Wounded and Sick in Armed Forces in the Field”). There is an unofficial agreement within the Red Cross and Red Crescent Movement that the shape of the cross should be a cross composed of five squares. However, regardless of the shape, any Red Cross on white background should be valid and must be recognized as a protection symbol in conflict. Out of the 186 national societies which are currently recognized by the ICRC, 152 are using the Red Cross as their official organization emblem. In addition, the Red Cross is currently used by the national society of Tuvalu which has applied for official recognition.

As per Geneva Convention only four recognized emblems are to be used to denote the following : (1) Military Chaplains (2) For the care of injured and sick armed forces members (3) Armed force medical, (4) International Red Cross Crescent organization

Relation to the Flag of Switzerland

According to the ICRC the emblem adopted was formed by reversing the colours of the Swiss Flag. However, according to jurist and Red Cross historian Pierre Bossier no clear evidence of this origin has been found; the concept of the design was chosen to compliment the country in which the convention at which it was adopted was held, was promoted later to counter the objections of Turkey that the flag was a Christian symbol. This was enshrined in the 1906 revision of the Convention.

YOUTH RED CROSS MDU ROHTAK

ACTIVITY REPORT OF YOUTH RED CROSS MDU ROHTAK FOR THE SESSION 2018-19 from 01.08.2019 to 31.07.2019

1. Meeting of University Youth Red Cross Committee M.D. University Rohtak

A meeting of Youth Red Cross Committee M.D. University Rohtak was held on 12.09.2018 under the Chairmanship of Professor B.K. Punia, Vice-Chancellor-cum-Chairman, University Youth Red Cross, M.D.U Rohtak in the conference hall of Vice-Chancellor's office, Professor Radhey Shyam, Programme Co-ordinator, Youth Red Cross, MDU, Rohtak welcomed the Chairman and other members. The Programme Co-ordinator read out brief progress report of activities for the year 2017-18, which was appreciated by the House, in addition to this income and expenditure for the year 2017-2018. Tentative Budget, Activity Calendar for year 2018-19 and other resolutions were passed in the meeting. Meeting was attended by members including District Convenors and Secretaries of District Red Cross Societies.



2. Health Check Up/Screening Camp for Students & Staff Members(Male & Female) on 27.09.2018

University Youth Red Cross M.D.U. Rohtak organized a Health check up camp at Students' Activity Centre M.D.U. Rohtak on 27.09.2018. The camp was inaugurated by Prof Bijender K Punia, the then Vice-Chancellor, MDU, Rohtak, Professor Raj Kumar, DSW, MDU, Rohtak was the Guest of Honour, they visited and inspected the camp and appreciated the arrangements and working of camp. A total of 361 students & staff members attended the said camp for their health check up. A team of Medanata Hospital, Gurugram was deputed for the said camp. This camp was very useful for the students, Professor Radhey Shyam, Programme Co-ordinator, Shri R.S More, Field Co-ordinator, Dr. Anju Dhiman, Ms. Ekta Narwal and Dr. Sanjeev Kadyan, YRC Counsellors, Professor Rajesh Dhankhar and Sumit Mukherjee were also present in this camp.



3. Celebration of All India Voluntary Blood Donation Day i.e. 1st October
1st October is being celebrated as Voluntary Blood Donation day throughout India. Keeping in view the importance of Blood Donation Day and to celebrate the same, a programme was organised by Youth Red Cross, MDU, Rohtak at YRC Office, MDU, Rohtak. 98 volunteers and counsellors of UTD or affiliated Colleges, MDU participated in this programme. The programme was inaugurated by Jitender Kumar Bhardwarj the then Registrar, MDU, Rohtak. Declamation Contest, Slogan writing and poster-making competition were organised on the said occasion. Mr. Manjul Paliwal, a prominent social worker and a regular Blood Donor was the keynote speaker.



4. Celebration of Mental Health Day i.e. on 09.10.2018

09th October is being celebrated as Mental Health Day throughout the World. Keeping in view the importance of the said day and to create awareness regarding mental problem/mental stress increasing day by day, among the Youth, an awareness programme was organised by Youth Red Cross, MDU, Rohtak on 09.10.2018 at YRC office, MDU, Rohtak. Professor Sujata Sethi from PGIMS, Rohtak inaugurated the said programme and Dr. Pardeep Redhu, Child Psychologist from PGIMS, Rohtak was the resource person in this programme. 161 YRC Volunteers and Counsellors of UTD and affiliated colleges participated in the said programme. An awareness rally was also organised on the said occasion. This programme was very useful and informative for the volunteers.



5. First Aid and Home Nursing Professional Training to M.D. University Youth Red Cross Volunteers

It is well known fact that First-Aid training is very important and beneficial for everybody. Keeping in view the importance of it, a 7 Days First-Aid and Home Nursing Training camp was organized by University Youth Red Cross, M.D.U, Rohtak in Youth Red Cross office from 13.11.2018 to 20.11.2018. The camp was inaugurated by Shri Jitender Kumar Bhardwaj the then Registrar, MDU, Rohtak. Eighty (80) students from different Departments of M.D.U, Rohtak attended the said training programme. The training programme was free of cost for the volunteers and all the expenses were borne by YRC office. Sh. Daya Singh Saini, Lecturer in First-Aid and Home nursing imparted the training to the volunteers. Shri Sunit Mukherjee, PRO, M.D University, Rohtak was the Chief Guest of closing function of the said camp on 20.11.2018



6. Orientation Course for YRC Volunteers and Counsellors on 21.11.2018

One day University level Youth Red Cross Orientation course for YRC Counsellor and volunteers of M.D.U. Rohtak and its affiliated colleges was organised on 21.11.2018 at Radha Krishnan Sabhagar M.D.U Rohtak. The course was inaugurated by Professor Bijender Kumar Punia, the then Vice Chancellor M.D.U Rohtak. Professor A.K Rajan, Dean Academic Affair and Professor Raj Kumar, Dean Student Welfare were the Guest of Honour. 350 YRC Volunteers and 35 Counsellors of UTD and affiliated Colleges participated in the said Course. The main focus of the Orientation Course was to create awareness regarding Youth Red Cross activities at University and College level. The volunteers were motivated for voluntary activities. Professor Radhey Shyam, Programme Co-ordinator YRC administered the volunteers oath for the service of humanity. Professor Radhey Shyam, Programme Coordinator, Dr. Anju Dhiman, Ms. Ekta Narwal and Dr. Sanjeev Kadyan, YRC Counsellors and Sh. R.S. More, Field Co-ordinator, University YRC were also present in the said Course.



7. Release of Bulletin of Information and Brief report of Youth Red Cross for the session 2017-18

Professor Bijender K. Punia, the then Vice-Chancellor-cum-Chairman, University Youth Red Cross, MDU, Rohtak released the Bulletin of Information and Annual Report for the session 2017-18 of Youth Red Cross, MDU Rohtak on 21.11.2018 at R.K Auditorium, MDU, Rohtak. The Chairman appreciated the initiative taken by Professor Radhey Shyam, Programme Co-ordinator and YRC staff for bringing out this Bulletin. Professor A.K. Rajan (Dean Academic Affairs), Professor Radhey Shyam (Programme Co-ordinator, YRC), Professor Raj Kumar (Dean Student Welfare) Dr. Sunit Mukherjee (Director, Public Relation), Dr. Anju Dhiman, Ms. Ekta Narwal, Dr. Sanjeev Kadyan, Shri R.S. More (Field Co-ordinator) and YRC Staff was present on the occasion.



8. Presentation of Sir Jean Henry Dunant Shield/Trophy for the session 2017-18

One annual Youth Red Cross Shield/Trophy in the name Sir Jean Henry Dunant is given to a college adjudged best in Youth Red Cross activities during the whole session. Maximum activities were organised by Aggarwal College Ballabgarh (Faridabad) during the session 2017-18, Sir Jean Henry Dunant Trophy was awarded by Professor Bijender Kumar Punia, the then Vice-Chancellor-cum-Chairman, Youth Red Cross, MDU, Rohtak to Dr. Krishan Kant Gupta, Principal, Aggarwal College Ballabgarh on 21.11.2018.



9. Blood Donation Camp at Department of Pharmaceutical Sciences M.D.U Rohtak on 22.11.2018

A voluntary Blood donation camp was organised on 22.11.2018 in Pharmaceutical Sciences Department, jointly by YRC and Department of Pharmaceutical Sciences. The camp was inaugurated by Professor Bijender Kumar Punia, the then Vice-Chancellor, M.D.U, Rohtak. He honoured the Blood donors with Blood donor's badges and said that Blood donation is a lifesaving programme. Every student should come forward for this noble cause. Fifty nine (59) YRC volunteers donated their Blood in this camp. Professor Sanju Nanda, Head of the Department and Faculty members of the Pharmaceutical Sciences Department were present during the camp. To make this camp success efforts of Professor Radhey Shyam, Programme Coordinator, Dr. Anju Dhiman, Ms. Ekta Narwal and Dr. Sanjeev Kadyan, YRC Counsellors and Sh. R. S. More, Field Co-ordinator, University YRC were appreciable.



10.7 days Health Awareness/ Training Camp for Girls from 29.01.2019 to 04.02.2019 held at Udaipur, Rajasthan

7days health awareness/ training camp was organized by University Youth Red Cross from 29th January 2019 to 4th February 2019 at Udaipur Rajasthan. This camp was basically organized to aware the society about health and hygiene. Total 33 girl volunteers from various affiliated colleges and University Teaching Departments of Maharshi Dayanand University took part in the camp.

The camp team started from the University on 29th January 2019 under the supervision of Ms. Ekta Narwal, Assistant Professor, Department of Mathematics, Maharshi Dayanand University, Dr. Shalu Sharma, Assistant Professor, Vaish Arya Kanya Mahavidyalaya, Bahadurgarh and Y.R.C Field-coordinator, Mr. R.S. More. The camp was flagged off by YRC Co-ordinator Professor Randeep Rana at 9:00 a.m. from YRC office, MDU, Rohtak.

The camp was inaugurated by Dr. Vijay Lakshmi Chauhan, Retd. Professor, Mohanlal Sukhadia University, Udaipur on 30.01.2019 at Bhupal Nobles University, Udaipur at 10:00 a.m. Mr. R.S. More welcomed all guests and volunteers and briefly addressed them about the camp and about the goals of the YRC. In the evening the volunteers went to MANAS village, there they interacted with the villagers and members of a self-help group of the villagers working for the welfare of the society.

On 31st January, 2019 after Morning Prayer and oath of YRC the volunteers left for Mount Abu and there, volunteers took out a rally to spread awareness about girls' education, say no to drugs and health is wealth.

On 1st February, 2019 after Morning Prayer and oath, sports competition was held at the ground of Youth Hostel. An interaction and cultural exchange programme was organized by HOD Psychology Professor Kalpna in the campus of Mohanlal Sukhadiya University. In the leadership of Professor Randeep Rana YRC volunteers took out a rally in University premises and spread awareness about Blood donation.

On 2nd February, 2019 after morning rituals Dr. D.S. Saini taught volunteers about First-Aid with his singing skill. He explained every form of First Aid minutely. After that volunteers went to Aravali Group of Institute. That was a wonderful experience to interact with the students of nearly 12 different States of the Country studying in that institute. The staff and students of that institute were pretty much inspired by the YRC volunteers.



11. Blood Donation Camp at Department of Statistics M.D.U. Rohtak on 12.02.2019

A voluntary Blood donation camp was organised on 12.02.2019 in Statistics Department, jointly by YRC and Department of Statistics. The camp was inaugurated by Professor Rajbir Singh, Vice Chancellor, M.D.U, Rohtak and Professor Gulshan Taneja, Registrar, MDU, Rohtak was the Guest of Honour. The Vice-Chancellor honoured the Blood donors with Blood donor's badges and said that Blood donation is a life saving programme. Every student should come forward for this noble cause. Sixty one (61) YRC volunteers and staff members of Statistics Department donated their Blood in this camp.



12. 7 Days Health Awareness/Training Camp for Boys held at Jodhpur (Rajasthan) from 14.02.2019 to 20.02.2019

To create Awareness in Youth Red Cross Volunteers about Red Cross Activities by promoting understanding and development of National Character, Seven Days Health Awareness/Training Camp for Boys was held at Jodhpur (Rajasthan) from 14.02.2019 to 20.02.2019.

The camp team started on 14.02.2019 in the morning at 09:00 a.m and team was flagged off by Professor Randeep Rana, Programme Co-ordinator, YRC, MDU, Rohtak. It was a group of 32 volunteers led by Sh. R.S. More (Field Co-ordinator), Dr. Deepak Lathwal and Dr. Sanjeev Kadyan (teacher in-charge) of the camp.

On 15th February 2019, camp was inaugurated by Sh. Jagdish Chaudhary, DEO, Jodhpur and Sh. Rajesh Meena, PRO, Jodhpur was the Guest of Honour. Dr. Deepak Lathwal welcomed the guests and Sh. R.S. More briefed the dignitaries about the camp.

On 16th February 2019, the volunteers visited Maulana Azad University, Mr. Anwar, PRO, Maulana Azad University, Jodhpur took the team for a round and briefed about the University Campus. A joint programme was organized at University and programme was presided over by the Worthy Vice-Chancellor and Registrar of Maulana Azad University was Guest of Honour, Members of Executive Committee of said University also participated in the said interaction/exchange programme.

On 17th February, the volunteers visited Balrwa village, met the villagers and motivated them for volunteerism and interacted with them regarding their culture and social evils, Sh. D.S Saini enthralled the villagers with his poem and inspired them to work for Red Cross. In the evening, all the volunteers took out a rally in Jodhpur to aware the masses regarding rampant social evils in the society.

On 19th February a rally was taken out in the streets of Bikaner, Main Road and Railway Road. People were made aware regarding Blood donation, Beti Bachao Beti Padhao, Say no to dowry and other social evils.



13. Counselling Session for Redressal of Personal and Professional Problems for Staff and Students of Colleges/Institutes affiliated with M.D.U. Rohtak was held on 22.02.2019

Professor, Chikkara said the achievement of the purpose of life is not only by desire, but by effort. He congratulated Professor Randeep Rana, Programme Co-ordinator, Youth Red Cross and his office for organizing this counselling programme.

Professor Radhey Shyam, former Programme Co-ordinator of the Youth Red Cross, MDU, and Professor in Psychology Department was the Guest of Honour. Professor Radhey Shyam said that the YRC volunteers should adopt a positive attitude in life. He motivated the volunteers to maintain a clean and healthy view towards life.

Prior to this, Programme Co-ordinator of Youth Red Cross, Professor Randeep Rana welcomed the guests and encouraged volunteers to do their work efficiently. Psychology Department- Professor Shalini Singh, Professor Arunima Gupta and Professor Sarvadeep Kohli counselled the volunteers and counsellors from University and affiliated colleges .



14. One day Workshop on Health & Hygiene on 26.02.2019

Giving life to others is the most virtuous work. Youth Red Cross Volunteers are continuously making important contributions in this direction by creating awareness about blood donation, eye donation and organ donation. These words were said by Professor Rajbir Singh, Vice Chancellor, Maharshi Dayanand University (MDU), Rohtak, while inaugurating the workshop organized by Youth Red Cross on Health and Hygiene, at IHTM conference hall.

Professor Rajbir Singh addressed about the importance of health in his impressive talk. He stressed upon the role of clean environment in maintaining good health. The Vice-Chancellor urged Youth Red Cross Volunteers to run a comprehensive and effective campaign against drug addiction in society. He emphasized that every volunteer should first start it from their College/Department level. Then work in the direction of home, street and village and create awareness in society.

Professor Rajbir Singh congratulated Professor Randeep Rana, Programme Co-ordinator, Youth Red Cross and his office for organizing this workshop. Professor Rajkumar, Director, Dean Student's Welfare was the Guest of Honour in this workshop. Professor Rajkumar said that the fundamental right of Youth Red Cross is humanity and it is human service which inspires other people too.

In this workshop, Youth Red Cross Programme Co-ordinator Professor Randeep Rana delivered a welcome speech and highlighted the theme of the workshop. YRC counsellor, Dr. Anju Dhiman conducted the platform and Field Co-ordinator, R.S More thanked the audience. Two technical sessions were organized in this workshop. Among them, Professor Pradeep Khanna from Pt. B.D. Sharma Health Sciences University, Community Medicine discussed about Health and Hygiene and Professor Prashant Kumar from Department of Anaesthesia, PGIMS gave a special lecture on Pain Management. In this workshop, YRC counsellors and volunteers from various colleges affiliated to UTD and MDU were present.



15. Health Check Up Camp for Girls and Female Staff on 02.04.2019 at Girls Hostel Complex M.D.U Rohtak

Youth Red Cross, M.D.U Rohtak organized an Eye, Dental and Blood (Anaemia) check-up camp at Mini Health Centre at Girls Hostel Complex, M.D.U. Rohtak on 02.04.2019. The Camp was inaugurated by Dr. Sharanjeet Kaur, First Lady of MDU, Rohtak and Chairperson HWSPSHI Gurugram. 144 Girls students and female staff members attended the said camp and got their health checked up. The doctors and paramedical staff from PGIMS, Rohtak was deputed for this camp. This camp provided the opportunity to the Hostel inmates to get their health check up done. Dr. Sharanjeet Kaur lauded the efforts of YRC, MDU, Rohtak for taking care of health of students by providing them opportunity for health examination that too at their door step.

Professor Rajesh Dhankhar, Provost Girls, Warden (Girls) Hostel and Professor Randeep Rana, Programme Co-ordinator, YRC welcomed the Chief Guest and other Guests. Dr. Anju Dhiman, Ms. Ekta Narwal, YRC Counsellors and Shri R.S. More, Field Co-ordinator were also present in this Camp.



16. Health Check Up/Screening Camp for Students & Staff Members (Male & Female) on 03.04.2019

Youth Red Cross, M.D.U. Rohtak organized an Eye, Dental and Blood (Anaemia) check up camp at Students' Activity Centre M.D.U Rohtak on 03.04.2019. The camp was inaugurated by Dr. B.S. Sindhu, Controller of Examination, MDU, Rohtak. Professor Satish Malik, Head of Library Sciences was the Guest of Honour, Keeping in view the importance of camp they advised to organise such camps from time to time, so that maximum students and faculty members could be benefited. A total of 296 students & staff members attended the said camp for their health check up. A team of doctors and paramedical staff was got deputed from the PGIMS, Rohtak for the said camp. Dentist's team headed by Dr. Manju Nath Deptt. of Public and Health Dentistry, Govt. Dental College, Rohtak observed that around 50% students had deposits at lower and anterior and were advised for scaling, This camp was very useful for the students, Professor Randeep Rana, Programme Co-ordinator, Shri R.S. More, Field Co-ordinator, Dr. Anju Dhiman, Ms. Ekta Narwal, YRC Counsellors and Dr. Vikas Siwach and Shri Sumer Singh, President, Teaching and Non-Teaching staff were also present.



17. Blood Donation Camp at YRC Office, M.D.U. Rohtak on 04.04.2019

A voluntary Blood donation camp was organised on 04.04.2019 at YRC Office, jointly by Youth Red Cross, Teaching and Non-Teaching staff of MDU, Rohtak. The camp was inaugurated by Dr. Yudhbir Singh Khyalia, Retd. IAS, Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, YRC, MDU, Rohtak was the Guest of Honour, Dr. Yudbir Singh and Professor Rajbir Singh honoured the Blood Donors with Blood Donor badges. Professor Rajbir Singh said that every student and staff members should come forward for Blood donation which is noble cause. 101 unit of Blood was collected in this camp. Professor Randeep Rana, Programme Co-ordinator, Dr. Anju Dhiman, Ms. Ekta Narwal Y.R.C. Counsellors and Sh. R.S.More Field Co-ordinator, University YRC, Dr. Vikas Siwach and Shri Sumer Singh, President of Teaching and Non-Teaching were also present in the said camp.



18. Lecture of Anaemia: Causes and Cure on 05.04.2019

This is well known fact that number of Anemia patients in general and girls/women in particular is increasing day by day. To create awareness regarding causes and cure of Anaemia a lecture was organized by Youth Red Cross, MDU, Rohtak at R.K. Sabhagar on 05.04.2019. This Programme was inaugurated by Dr. Yudhbir Singh Khyalia, Retd. IAS, was presided over by Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, YRC, MDU, Rohtak. Professor Gulshan Kumar Taneja, Registrar MDU, Rohtak was the Guest of Honour. More than 650 YRC volunteers and counsellors from UTD and affiliated colleges participated in this programme. Professor Randeep Rana, Programme Co-ordinator, YRC welcomed the guests and participants. Dr. Sangeeta Pathak from Noida was the keynote speaker and Smt. Bimla Rani a regular Blood Donor and excellent motivator was the attraction of the programme. Dr. Sangeeta Pathak expressed her views regarding good food habits, avoidance of fast food and junk food. Dr. Yudhbir Singh Khyalia expressed his views regarding Blood donation in detail. Professor Rajbir Singh, Chairman, YRC, MDU, Rohtak said that Blood donation is a life saving programme and every student and staff members should donate their Blood regularly as there is no substitute of Blood. Professor Gulshan Taneja emphasized that one should maintain desirable Hb level to stay healthy. This programme was very interesting and informative for the YRC volunteers and counsellors.



19. Celebration of World Health Day i.e. 7th April

7th April is being celebrated every year throughout the World as World Health Day. This year 7th April being a holiday, University Youth Red Cross, MDU, Rohtak celebrated Health Week on the said occasion from 02.04.2019 to 05.04.2019. The following activities were organised:-

Sr. No.	Date	Name of Activity	Place	No. Of Beneficiaries
1.	02.04.2019	Health Check up/Screening Camp for Girls and Female Staff of UTD	Girls Hostel, MDU, Rohtak	144
2.	03.04.2019	Health Check up/Screening Camp for Girls and Female Staff of UTD	Student Activity Centre	296
3.	04.04.2019	Blood Donation Camp	Youth Red Cross, MDU, Rohak	101 Units
4.	05.04.2019	Lecture of Anaemia: Causes and Cure	R.K. Auditorium	650

2.04.2019



03.04.2019



04.04.2019



05.04.2019



20. Joint Meeting of Zonal Convenors and Secretaries of District Red Cross Societies (under MDU Rohtak)

A Joint Meeting of Zonal Convenors and Secretaries of District Red Cross Branches (under MDU Rohtak) was held on dated 24.05.2019 at committee room of Registrar office, MDU, Rohtak at 11:00 am under the Chairmanship of Professor Randeep Rana, Programme Co-ordinator, Y.R.C, M.D.U, Rohtak.

The following were present in the said meeting:-

1. Dr. Poonam Bhanwala, Principal, Government College for Women, Rohtak
2. Dr. Satish Ahuja, Principal, D.A.V Centenary College, Faridabad
3. Dr. Rajwanti Sharma, Principal, Vaish Kanya Mahavidalya, Bhadurgarh, Jhajjar
4. Dr. Gulshan Kumar Sapra, Principal, G.G.D.S.D College, Palwal
5. Dr. Jyoti Juneja, G.V.M College, Sonipat
6. Smt. Sarojbala, Secretary, District Red Cross Society, Sonipat
7. Shri Wajid Ali, Secretary, District Red Cross Society, Nuh
8. Sh. Devender Chahal, Secretary, District Red Cross Society, Rohtak
9. Sh. R.S. More, Field Co-ordinator YRC, M.D.U, Rohtak

Prof. Randeep Rana welcomed the members and conveyed his thanks to all the members for taking keen interest in YRC activities. He invited suggestion from all the members to promote YRC activities in the welfare of students. All the members gave their valuable suggestions. Main focus of Discussion was on the following points

- Promotion of Health and Hygiene
- Training to youth for First Aid and Home Nursing
- National Integration
- World Friendliness
- Relief work during emergencies like floods, fire, earthquake and other natural/manmade calamities
- Eradication of social evils such a Drug-addiction, HIV/ AIDS awareness, Female Feticide, Dowry, Illiteracy etc.
- Protection of environment to combat climate changes
- Promotion of voluntary Blood Donation and Eye Donation

All the members assured the chairperson that they will take more interest in YRC activities and will further promote YRC activities in their colleges and respective Zones.



21. Seven Days Out of State Health Awareness/Training Camp for Girls from 04.06.2019 to 10.06.2019

A seven days out of State Health Awareness/Training camp of YRC female volunteers was organized at Youth Hostel Mussoorie from 04.06.2019 to 10.06.2019. The camp was inaugurated by Dr. I.S Paul, General Secretary, Indian Red Cross Society, Uttarakhand State. Dr. Urmilla Hooda, Assistant Professor from CR College Sonipat, Dr. Seemant, Assistant Professor, Government Kanya Mahavidalya were the teacher in-charge of this camp. The camp was coordinated by Mr. R.S More, Field Co-ordinator, YRC, MDU Rohtak, 27 Girls volunteers from UTD and affiliated colleges participated in this camp. They were exposed to the services rendered by the Uttarakhand State Red Cross society Dehradun. The camp was also visited by Prof. Randeep Rana, Programme Co-ordinator, Youth Red Cross, MDU Rohtak

This camp emphasized a lot on practical theory. Students visited eminent institutes like Lal Bahadur Shastri Academy Mussoorie, which motivated them to set a high goal in life. The latest methodology was shared for imparting techniques used in emergency First Aid by Dr. Saini, watchful eyes of in-charges were regularly monitoring the performance of participants through various activities like group song, group dance, solo dance, poetic recitation, declamation, games, skit etc. All the winners were given away prizes by Dr. M.S Ansari, Secretary District Red Cross Society Dehradun in the valedictory function. Dr. I.S Paul and Dr. M.S Ansari gave word of appreciation to the organizers and the talent of students. Participants also interacted some villagers in Dhanolti and Bhattafall and tried to understand the problems of high altitude villages. Rallies were also observed in these villages on issues like Beti Bachao, Beti Padhao and Swachh Bharat. The rally succeeded in evoking huge response from the local people. The in-charges reiterated the participants regarding Government commitment to promote women empowerment through many policies and inspired them to be independent in life through education.

Co-ordinator Professor Randeep Rana is initiative to organize this camp benefitted the girls students to take practical knowledge in every walk of life. Shri R.S More, Field coordinator tried all his efforts to make this camp a grand success by organizing each and every plan. These kinds of camp should be organized from time to time to inculcate a feeling of leadership, fraternity among students, this camp was very useful, informative and knowledgeable for the volunteers and counsellors.



22. Celebration of World Blood Donors Day on June 14, 2019

14th June is celebrated every year as World Blood Donor's Day throughout the world. Youth Red Cross, M.D University, Rohtak also Celebrated this day by organising a declamation contest, Painting and Slogan Competition. 215 YRC Volunteers of UTD and affiliated Colleges participated in the said competition. Professor Randeep Rana, Programme Co-ordinator, YRC inaugurated the said camp. The list of winners of said competitions are as under:

Name of Competition	Name of Winner	Position	Amount/Award
Painting Competition	TAMANNA GCW Rohtak	1 st	300.00
	KOMAL GCW Rohtak	2 nd	200.00
	SAVITA M.Com Hons UTD	3 rd	150.00
	SWEETY NRS Govt. College	Consolation	100.00
Slogan Competition	INDU MA English, MDU	1 st	300.00
	RENUKA GCW Rohtak	2 nd	200.00
	VIVEK UIET ME-2	3 rd	150.00
	DEVANSH ARORA	Consolation	100.00
Speech Competition	MANDEEP	1 st	300.00
	SANDHYA	2 nd	200.00
	DEEPIKA	3 rd	150.00
	SARIKA	Consolation	100.00

Winners were awarded with Cash prize by Dr. Sharanjeet Kaur, First Lady of MDU and Vice-President and Chairperson HWSPSHI Gurugram on dated 21.06.2019 on the occasion of closing function of health Awareness/Training camp of YRC Training camp, MDU Rohtak.



23. Seven Days Health Awareness/Training Camp at DDE Conference Hall M.D University, Rohtak (14.06.2019 to 21.06.2019)

As per past practice a seven days Health Awareness/Training camp was organized for the YRC volunteers and counsellors at DDE Conference Hall, M.D. University, Rohtak from 14.06.2019 to 21.06.2019. About 215 volunteers from UTD and Local colleges participated in the said camp. Experts from Medical college, NGO's and Universities were invited to train the volunteers. The camp was inaugurated by Professor Gulshan Lal Taneja, Registrar, M.D University, Rohtak. He appreciated the efforts of Prof. Randeep Rana, Programme Co-ordinator YRC and his team for arranging such camps for the volunteers.

Dr. Sharanjeet Kaur, Vice President and Chairperson HWSPSHI Gurugram was the Chief Guest of Valedictory function of Health Awareness/Training Camp on dated 21.06.2019. Dr. Sharanjeet Kaur motivated the Volunteers to render selfless services in the interest of public and motivated the volunteers to help the poor and needy persons. In addition to this about 220 YRC Volunteers, Counsellors and staff members participated in National Yoga Day Celebration function on 21.06.2019 organised by Haryana Government (State Level Function).



24. Seven Days Health Awareness Training for YRC Volunteers (Boys) at Youth Hostel Mussoorie 24.06.2019 to 30.06.2019

Twenty nine Youth Red Cross Volunteers (boys) from UTD and affiliated colleges participated in Health awareness training camp at Youth Hostel Mussoorie (Uttarakhand) from **24.06.2019 to 30.06.2019**. They were exposed the activities undertaken by the Indian Red Cross Society Uttarakhand State. They were given health awareness and promotion training by different experts in the area. They also held rallies and other awareness programs at Mussoorie, Dehradun and adjoining villages. They also arranged programs at different villages and at Mussoorie for the promotion of health, communal harmony and Swachh Bharat Abhiyan, Beti Bachao – Beti Padhao schemes launched by the Government. Dr. Kapil Kaushik, Assistant Professor at Gaur Brahman Degree College Rohta was the teacher in-charges. Sh. R.S More coordinated the camp. Sh. D.S Saini and Shri M.C Dhiman, District Training Officer District Red Cross Society Karnal gave First Aid training to the volunteers. The Camp was inaugurated by Smt. Sunita Sharma, Shri D.R Sharma General Secretary Indian Red Cross Society, Indian Red Cross Society Chandigarh branch, Dr. I.S. Paul, General Secretary Indian Red Cross Society Uttarakhand State and Dr. M.S Ansar Secretary District Red Cross Society Dehradun were guest of Honor Sh. Jaibhagwan Saini , Administrative officer (Rtd.) Lal Bhadur Sastri Academy, Dheradun and Dr. Veena Sharma, Vice-Principal, Gaur Brahman College of Education Rohtak and Mr. Bhatia a prominent citizen and Lecturer in First Aid in Karnal also visit the camp & interacted with the volunteers. Shri D.R Sharma motivated the volunteers to rendered selfless services and to hard work for their success. Dr. I.S Paul motivated the volunteers for volunteerism and to work in the field of social work. Shri M.S Ansari discussed with the volunteers regarding working of Red Cross, all the Guest were very impressed with the volunteers and they appreciated the initiative taken by M D University for organising the said camp in the interest of volunteers and counsellors. This camp was very useful for the volunteers and counsellors as they have visited IMA (Indian Military Academy) Dehradun, which motivated them to set a high goal in life.



25. Health Check-up/Screening camp at village level organised by Zonal/District Convenor during the session 2018-19

As per resolution no 4 of meeting of Youth Red Cross Committee, M.D.U Rohtak held on 12.09.2018. The district conveners were asked to adopt a village near their college and organised health screening/check-up camp in the said village. In the compliance of said resolution, following camps were organised by the Zonal conveners in the public interest.

Sr. No.	Date of Camp	Zone	Venue	No. of Participants
1.	27.05.2019	Rohtak	Village Makroli Kalan	200
2.	12.04.2019	Jhajjar	Village Aurangabad	80
3.	25.05.2019	Faridabad	Village Patwa	215

These camps were financed by Youth Red Cross, MDU Rohtak.

26. Zone Level Meetings during the session 2018-19

To discuss YRC activities Zone level meetings were organised during the session 2018-19. These meetings were held in the office of Zonal/District Convenors on different dated with the consent of Programme Co-ordinator, YRC, MDU Rohtak

Sr. No.	Name of Zone	Date of Meeting	Venue of Meeting	No. of Participants
1.	Sonipat	15.10.2018	GVM College Sonipat	15
2.	Palwal	05.11.2018	GGDSD College Palwal	12
3.	Rohtak	05.11.2018	Government College for Women Rohtak	12
4.	Jhajjar	26.10.2018	Arya Kanya Maha Vidayalya Bhadurgarh	12
5.	Faridabad	06.02.2019	DAV Centenary College Faridabad	18

REPORT OF YOUTH RED CROSS ACTIVITIES CONDUCTED IN AFFILIATED COLLEGES/INSTITUTIONS DURING THE SESSION 2018-19

1. **Name of College** : SARASWATI MAHILA MAHAVIDYALAYA PALWAL
Name of Principal : Ms. Shashi Sharma
Name of the YRC, Counsellor : Dr. Rani Devi

The following activities were carried out:-

1. International Youth Day
2. One Day seminar on 03.08.2018
3. One day workshop on Mahatma Gandhi dated 20.09.2018
4. Five students of college participated in St. John Ambulance Programme on 29.09.2018
5. One Day seminar on HIV/AIDS, Swachh Abhiyan, Blood Donation dated 01.10.2018
6. One day workshop on "Resolving Conflict in Relationship through Non-Violence" dated 03.10.2018
7. Essay writing competition on 23.10.2018
8. International AIDS day on 01.12.2018 (Rally & Poster Making Competition)
9. Two days camp on First Aid & road Safety Awareness dated 07-08 December, 2018
10. Poster making completion on 15.01.2019
11. Participated in District Youth Parliament at Aggarwal College on dated 28.01.2019
12. Participated in five days District Youth Red Cross training Camp on 05-09 Feb, 2019
13. One day seminar on Blood Donation and First Aid on 15.03.2019
14. Organized Blood Donation camp on 04.04.2019 and collected 115 Unit of Blood
15. Slogan writing competition on 08.04.2019 celebration of World Health Day
16. Selected two YRC Volunteers for out of the State Health Awareness/Training camp for girls to be held on 04.06.2019 to 10.06.2019 at Mussoorie (UK)
17. A special seminar on 18.04.2019 (Chief Guest Sh. D.R. Sharma, General Secretary Indian Red Cross Society, Chandigarh, Haryana Branch)
18. Celebration of World Red Cross Day on 08.05.2019

2. **Name of College** : INDIRA PRIYADARSHINI COLLEGE FOR WOMEN, JHAJJAR
Name of Principal : Dr. Bala Dhankhar
Name of the YRC, Counsellor : Dr. Preeti

1. 7 Days out of State Level Health Training Camp held on 31.05.2018 to 06.06.2018 at Mussoorie, this camp was attended by one volunteer name Ms. Pooja and got 3rd position in the skit performed during the camp
2. 7 days camp held on 14.06.2019 to 21.01.2019 at YRC office, MDU, Rohtak
3. 5 days State Level Youth Red Cross Camp "Health Awareness Training Camp" held on 04.01.2019 to 09.01.2019 at Punjabi Dharmshala Kurukshetra, the camp was attended by Ms. Rishika, Ms. Bhawana and Ms. Ritu Sharma and Ms. Rishika got trophy in lucky star game
4. 7 days out state level camp Health Training camp held on 29.01.2019 to 04.01.2019 at Udaipur
5. 5 days District Level Youth Red Cross Camp Health Training held on 11.02.2019 to 15.02.2019 at Indira Priyadarshini College for Women, Jhajjar, the district Red Cross Society Jhajjar organized five days Health Training Camp in our College which was attended by fourteen volunteers was selected best volunteer and Ms. Bhawana was selected as best Co-ordinator of the camp
6. YRC one day workshop held on 26.02.2019 on the topic "Health and Hygienic" and Pain Management at MD University Rohtak
7. YRC one day programme on Anaemia: Causes and Cure held on 05.04.2019 at MD University RK Auditorium Rohtak

3. **Name of College** : **HINDU COLLEGE SONEPAT**
Name of Principal : **Dr. B.K Garg**
Name of the YRC, Counsellor : **Sh. Sunil Kumar**

1. Two students Amit Kumar and Gaurav from Hindu College Sonapat have been selected for Seven Day Health Awareness/Training camp for Boys held at Mussoorie from 26.06.2018 to 02.07.2018
2. One day seminar on Drug-De addiction and prevention at Chotturam Dharamshala Sonapat on 26.07.2018
3. Participation of three students in State Level YRC Training camp Sh. Nangli Bela Ashram Bapatwala (Haridwar) 28.10.2018 to 02.01.2019
4. YRC Club activities opened with Eight Day First Aid Training Camp which was organized in our college campus from 27.03.2019 to 03.04.2019, 35 students have got benefits from this camp

4. **Name of College** : **VAISH ARYA SHIKSHAN MAHILA MAHAVIDYALAYA BAHADURGARH**
Name of Principal : **Dr. Asha Sharma**
Name of the YRC, Counsellor : **Ms. Preet Kamal**

1. To promote Health and Hygiene consciousness in the society
2. To inculcate healthy living habits
3. To contribute to the improvement of health, the prevention of disease and maternity and child care in the community
4. To undertake relief work during emergencies like flood, fire, earthquake and other natural calamities
5. Encourage community service through training and education
6. The understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern to fulfill the same
7. To enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of youth
8. To foster better friendly relationship with all without any discrimination
9. Imparting training to the volunteers for life skills and social skill development
10. Imparting training to the volunteers in rescue operations and managing disaster and natural or manmade calamities
11. To promote the participation of children and Youth in the work of the Red Cross

5. **Name of College** : **AGGARWAL COLLEGE BALLABGARH, FARIDABAD**
Name of Principal : **Dr. Krishan Kant Gupta**
Name of the YRC, Counsellor
A. Dr. Jay Pal Singh YRC Counsellor : **Unit-I**
B. Dr. Vinod Rathi YRC Counsellor : **Unit-II**
C. Mr. Lovekesh YRC Counsellor : **Unit-III**

1. 34 YRC volunteers attended **Swachh Bharat Summer Internship** - a scheme of Government of India in Village Chandawli, District Faridabad.
2. Celebrated **World Environment Day** by participating in cleanliness drive with Ballabgarh Administration on 05-06-2018 under Sh. Rajesh Kumar, SDM Ballabgarh.
3. 02 Girls Volunteers attended 07 days **Health Awareness/Training Camp at Mussoorie** from 31-05-2018 to 06-06-2018 organized by YRC MDU Rohtak.
4. 02 Boys YRC Volunteers attended 07 days **Health Awareness/Training Camp at Mussoorie** from 26-06-2018 to 02-07-2018 organized by YRC MDU Rohtak.
5. **International Yoga Day** was celebrated in the college on 21-06-2018.
6. Organised function in opening of Stitching and Embroidery Training Centre & Computer Training Centre with addition of 10 more computers at Village Chandawli, District Faridabad on 06-07-2018. Sh. D.R. Sharma, General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh was the Chief Guest and Sh. Devender Gupta, President Aggarwal College Ballabgarh was the Guest of Honour.
7. **Tree Plantation Programme** was held in the college on 20-07-2018. Smt. Anita Sharma DEO and Sh. Ravinder Kumar ACP Traffic were the invited guests.
8. Organized **Anaemia Eradication Camp** in the college on 24-07-2018 with Rotary Club of Faridabad Grace. DG Rtn. Vinay Bhatia was the Invited Chief Guest. 274 girls were examined in the camp.

9. **Health Talk** was organized in the college on 24-07-2018. Dr. Deepti Goyal, Gynecologist from Sarvodaya Hospital Faridabad delivered a talk on causes & symptoms of Anaemia and how to eradicate it by taking healthy food.
10. **Health Talk** was organized in the college on 02-08- 2018 on 'Back pain: Causes and Remediation' by Dr. Vikram Dua, Neurosurgeon and 'Understanding Cancer: Myth and Reality' by Dr. Naveen Sanchety, Oncosurgeon from QRG Health City Faridabad.
11. **Health Check up Camp** was organized in the college on 02-08-2018 with QRG Health City Faridabad Dr. Vikrant General Physician was invited in the camp.
12. **Tree Plantation Programme** was held in the college on 02-08-2018. Dr. Naveen Sanchety, Oncosurgeon from QRG Health City Faridabad was the invited guest.
13. **International Youth Day** was celebrated on 10-08-2018 instead of 12-08-2018 due to Sunday as per Haryana Govt. directions. Poster-Making and Slogan- Writing Competitions were conducted on HIV/AIDS Awareness, Drug De-addiction and other issues related to youths. A Film on HIV/AIDS was also exhibited to the YRC Volunteers.
14. Celebrated **Independence Day** in the college on 15-08-2017. Sh. Devender Gupta President, Governing Body, Aggarwal College Ballabgarh was the Chief Guest.
15. Mega **Blood Donation Camp** was organized in the college on 29-08-2018 with Rotary Club of Faridabad Grace. Sh. Devender Kumar Gupta, President Aggarwal College was the Chief Guest and Sh. Yogesh Sachdeva, Assistant Governor, Rotary Club was the Guest of Honour, 322 units of Blood were collected in the camp.
16. **05 Days First Aid & Home Nursing Training Camp** was organized in the college from 11-09-2018 to 15-09-2018 with St. John Ambulance Association Faridabad & District Red Cross Society Faridabad. 111 volunteers attended the training camp. Sh. Darshan Bhatia, First Aid Lecturer was the Chief Trainer.
17. **Mega Blood Donation Camp** was organized in the college on 24-09-2018 with Terapanth Yuvak Parishad Faridabad. Dr. Krishan Kant Gupta, Principal of the college was the Chief Guest. A total of 202 units of Blood were collected in the camp.
18. **Blood Donation Camp** was organized in the college on 02-10-2018 with Akhil Bhartiya Grahak Panchayat Ballabgarh (Faridabad). Sh. Deep Bhatia, Member Human Rights Commission Haryana was the Chief Guest & Sh. Pradeep Bansal, National Vice President; Akhil Bhartiya Grahak Panchayat was the Guest of Honour. A total of 80 units of Blood were collected in the camp.
19. 07 Boys Volunteers & 01 YRC Counsellor attended **State Level Youth Red Cross Training Camp** held at Shri Anant Prem Ashram, Nangali Bela, Rishikesh Road, Near Sukhi Nadi, Haridwar (Uttarakhand) from 28-10-2018 to 02-11-2018.
20. Workshop on Health and Happiness was organized by the college with Health and Happiness Yoga Academy, Bangalore on 16-11-2018. Ms. Gunjan Jha was the Instructor.
21. 10 YRC Volunteers & 03 Counsellors attended Orientation Course for YRC Volunteers & Counsellors at M.D. University, Rohtak on 21-11-2018.
22. **Dental Check-Up Camp** was organized on 29-11-2018. Dr. (Smt.) Neeraj Singhal from Neeraj Dental Clinic Ballabgarh examined 120 teaching & non-teaching staff members and students.
23. **World AIDS Day** was celebrated on 01-12-2018. Sh. Pankaj Nagar Counsellor HIV/AIDS Department and his technicians Sh. Pawan Kumar and Sh. Vijay Pal from Civil Hospital Ballabgarh were the invited guests.
24. Participated in Centennial Year Celebration of Aggarwal Vidhya Pracharni Sabha-Parent Body of Aggarwal College Ballabgarh on 20-12-2018.
25. 20 YRC Volunteers participated in Inauguration of Artificial Limbs Manufacturing Factory at Nevada, Faridabad on 29-12-2018.
26. 10 Girls YRC Volunteers attended State Level Youth Red Cross Training Camp for Girls held at Punjabi Dharamshala, Near Sannhit Sarovar, Kurukshetra from 04-01-2019 to 09-01-2019. Awarded Consolation Prize for Team Co-ordination.
27. **National Youth Day** was celebrated on 12-01-2019. Sh. Ganga Shankar Mishra, Deputy General Manager (R & D) Indian Oil Corporation Limited, Faridabad was the Chief Guest.
28. **Blood Donation Camp** was organized in the College on 23-01-2019 by Foundation against Thalassaemia (Regd.). Sh. Pradeep Bansal, CA, Alumni of the College was the Chief Guest. 86 units of Blood were collected in the camp.
29. **Woolen Jersey distributed** to the 50 needy and poor students from YRC Fund on 23-01-2019 by Sh. Pradeep Bansal, CA and Alumni of the College.

30. Participated in **Rally of 'Swasth Bharat Yatra'** on the mission 'Eat Right India' led by FSSAI under Ministry of Health and Family Welfare, Government of India on 24-01-2019.
31. Participated in **Republic Day Function** on 26-01-2019. Sh. Devender Gupta President, Governing Body, Aggarwal College Ballabgarh was the Chief Guest.
32. **Workshop on 'Road Safety Awareness'** was organized in the college on 28-01-2019. Sh. Virender Singh, ASI, Traffic Police Ballabgarh was the Invited Speaker.
33. 02 Girls YRC Volunteers attended 07 Days Health Awareness/ Training Camp at Udaipur from 29-01-2019 to 04-02-2019 organized by MDU Rohtak.
34. 01 Counsellor and 15 Volunteers participated in 05 Day District Level YRC Training Camp in DAV Centenary College Faridabad organized by District Red Cross Society Faridabad from 04-02-2019 to 08-02-2019.
35. **Workshop on 'Self Defense'** was organized in the college on 11-02-2019 with Haryana Kick Boxing Association, Faridabad. Mr. Ajay Saini and Ms. Anju Sharma imparted training to the students.
36. 02 Boys YRC Volunteers attended 07 Days Health Awareness/ Training Camp at Jodhpur from 14-02-2019 to 20-02-2019 organized by MDU Rohtak.
37. Organized 'Follow-up Anaemia Eradication Camp' and 'Blood Group Testing Camp' in the college on 21-02-2019 with 'Foundation against Thalassaemia (Regd.)'. 254 students were examined.
38. Organized **Health Check up Camp** on 25-02-2019 with QRG Health City Faridabad in **Village Chandawali** of Ballabgarh. Dr. Virender Cardiologist, Dr. Nikhil Sachdeva Orthopedics, Dr. Devender Nephrologists & Dr. Jaswinder Singh General Physician were the Invited doctors. 'Mammography Camp' was also organized with Rotary Club of Faridabad Grace in the village.
39. 02 YRC Counselors and 25 Volunteers attended the **One Day University Level Workshop on Health and Hygiene (Pain Management)** on 26-02-2019 in MDU Rohtak.
40. Participated in March Past during Inaugural Ceremony of **48th College Annual Athletic Meet** held on 28-02-2019. Sh. Rajesh Kumar, SDM Ballabgarh was the Chief Guest.
41. **Health Talk** was organized in the college on 13-03-2019 by Drishti Eye Centre, Faridabad. Mr. Gautam Sharma, Manager Marketing delivered a talk on 'Common eye problems and Lasik'.
42. **Eye Screening Camp** was organized in the college on 13-03-2019 by Drishti Eye Centre, Faridabad under the supervision of Mr. Gautam Sharma Manager Marketing. 125 students had got their eyes examined.
43. **Blood Donation Camp** was organized in the college on 13-03-2019 with Lions Club Faridabad Greater & Indian Red Cross Society, New Delhi. Sh. Sanjay Kumar, IPS, Commissioner of Police Faridabad was the Chief Guest. A total of 84 units of Blood were collected in the camp. Appreciation letter was awarded by Indian Red Cross Society, New Delhi for generous cooperation and selfless spirit in humanitarian service.
44. **World Water Day** was celebrated on 28-03-19 in place of 22-03-19 being Holi Break. Sh. B.B Kathuria, Former Secretary, Indian Red Cross Society, District Branch Faridabad was the Invited Speaker.
45. St. John Ambulance Brigade **visited Comprehensive Rural Health Project Ballabgarh** in Civil Hospital Ballabgarh on 04-04-2019.
46. **05 Days First Aid & Home Nursing Training Camp** was organized in the college from 01-04-2019 to 05-04-2019 by St. John Ambulance Brigade with St. John Ambulance Association Faridabad. 50 volunteers attended the training camp. Sh. B.B. Kathuria, Former Secretary, Indian Red Cross Society, District Branch Faridabad was the Chief Trainer.
47. 02 YRC Counselor & 16 volunteers attended **One Day University Level Programme on Anaemia: Causes and Cure** on 05-04-2019 organized by MDU Rohtak.
48. **World Health Day** was celebrated in the college on 06-04-2019 being Sunday on 07-04-2019. Dr. Aditya Vats, Rajesh Vaidya Vanshaj Dawakhana, Ballabgarh was the Invited Speaker.
49. Organized **07 Day Professional First Aid & Home Nursing Training Camp** with St. John's Ambulance Faridabad in the college from 01-04-19 to 07-04-19. Sh. Darshan Bhatia, Approved First Aid Lecturer was the trainer in this camp. 30 YRC Volunteers for First Aid Training and 20 Volunteers for Home Nursing Training attended the camp.
50. Participated in **Swachhta Drive** at Rani Ki Chhatri, Ballabgarh (Historical Monument) on 11-04-2019.
51. Organized **05 Day District Level YRC Training Camp** with Indian Red Cross Society, District Branch, Faridabad and University Youth Red Cross, M.D. University, Rohtak in the college from 08-04-2019 to 12-04-2019. Sh. Vikas Kumar, Secretary, Indian Red Cross Society, District Branch, Faridabad was the Chief Guest in Inaugural Function on 08-04-2019. Sh. R.K. Jain, IAS (Retd.), Secretary General, Indian Red Cross Society, NHQ, New Delhi was the Chief Guest & Dr. Mukesh Aggarwal, Vice Chairman, Indian Red Cross Society, Haryana State Branch, Chandigarh & Sh. D. R. Sharma, General Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh were the Guest of Honour in Valedictory Function on 12-04-2019. 03 Counselors and 24 Volunteers of the college attended the camp.

52. **World Red Cross Day** was celebrated on 8-5-2019.
53. 18 YRC Volunteers performed duty on 12-05-2019 to help the disabled in **Lok Sabha Elections-2019** at various polling booths in Ballabgarh under the direct of District Administration Faridabad.
54. Organized **05 Day District Level YRC Training Camp** with the approval of Indian Red Cross Society, Haryana State Branch, Chandigarh and Youth Red Cross, M.D. University, Rohtak in the college from 20-05-2019 to 24-05-2019. Professor Randeep Rana, Programme Co-ordinator, Youth Red Cross, M.D. University, Rohtak was the Chief Guest in Inaugural Function on 20-05-2019. Sh. Vikas Kumar, Secretary, Indian Red Cross Society, District Branch, Faridabad was the Chief Guest in Valedictory Function on 24-05-2019. 03 Counselors and 23 Volunteers of the college attended the camp.

6. **Name of College** : **GOVERNMENT COLLEGE DUJANA JHAJJAR**
Name of Principal : **Dr. Neelam Sheoran**
Name of the YRC, Counsellor : **Mrs. Sandeep**

1. First Aid & Home Nursing Training camp for 7 days for boys and girls dated 04.10.2018 to 12.10.2018
2. Setup First Aid stall on Talen cum cultural fest "Mayuri 2018" dated 11.10.2018 to 12.10.2018
3. Set up First Aid stall at sports meet for two day dated 15.11.2018 to 16.11.2018
4. Attended one day orientation course by 5 volunteer and one counsellor dated 21.11.2018
5. Attended 5 days district level youth Red Cross Training Camp by 10 Volunteers and one counselor dated 11.02.2019 to 15.02.2019
6. Two volunteers attended University level 7 days Health Awareness/Training Camp for Boys dated 14.02.2019 to 20.02.2019
7. "Free Health Check up cum Awareness camp" was organized in college campus dated 21.02.2019
8. One day counseling camp was attended by YRC counselor dated 22.02.2019
9. Attended one day workshop on Health, Hygiene and Pain Management by 5 students and one counselor dated 26.02.2019
10. Attended one day University level programme on "Anaemia: Causes and Cure" by 13 students and YRC counselor dated 05.04.2019
11. Attending 7 days Health Awareness/Training camp for boys to be held at Mussoorie from 24.06.2019 to 30.06.2019 by 2 students
12. Attending 7 days Health Awareness/Training Camp for Boys and Girls to held at YRC office MDU, Rohtak from 14.06.2019 to 21.06.2019

7. **Name of College** : **GCW SALAHERI (NUH)**
Name of Principal : **Shri Mohd. Rafique**
Name of the YRC Counsellor : **Mr. Ritesh Kumar**

Participation in 5 days First Aid camp with the following activities:

1. Tree Plantation in College Campus
2. Road Safety Lecture
3. Anti Smoking and Drugs abuse lecture
4. Environmental Awareness
5. Blood Donated in the camp by volunteers
6. Health Screening lecture

8. **Name of College** : **GOVERNMENT COLLEGE MEHAM ROHTAK**
Name of Principal : **Major Dinesh Kumar**
Name of the YRC, Counsellor : **Ms. Yogita**

1. Voluntary Blood Donation on 1st October, 2018 under the following activities are organized:
 - (a) Sensitize students on HIV/AIDS and Swachta Abhiyan
 - (b) Promoting youths for getting themselves registered for regular voluntary Blood donation
2. Observance of International Youth Day on 10th August
3. Observance of World Health Day weeklong activities from 8th to 15th April, 2019 in all Red Ribbon Clubs of Haryana
4. One Day University level workshop on Health and Hygiene on 26.02.2019
5. District level youth red cross training camp from 23.03.2018 to 27.03.2018

6. 5 day district level youth red cross training camp from 28.01.2019 to 01.02.2019

7. Observance of World AIDS day A week long activity from 1-7 December, 2018 under which short film competition activity organized
8. HIV/AIDS workshop on 11.08.2018
9. Students are selected for the 7 day health training camp to be held at Mussoorie from 04.06.2019 to 10.06.2019

9. **Name of College** : **VAISH ARYA KANYA MAHAVIDYALYA BHADURGARH**
Name of Principal : **Dr. Asha Sharma**
YRC, Counsellor : **Mrs. Shalu Sharma**

1. YRC club activities opened with “Seven Days First Aid and Home Nursing Training which was organised from 03.08.2018 to 10.08.2018
2. On 03.02.2018, Slogan Writing Competition on HIV/AIDS and Voluntary Blood Donation was organised in college campus.
3. From 19 November to 25th November 2018, YRC Volunteers were celebrated Communal Harmony week
4. On 01/12/2018 YRC club celebrated “World AIDS Day”. The Following activities were conducted 01/12/2018 – Documentary Movie and 03/12/2018 – Formation of Human Chain
5. From 29th January, 2019 to 4th Feb YRC counsellor attended the seven days out of state Health Awareness Training camp at Udaipur.
6. From 11.02.2019 to 15.02.2019 YRC volunteers along with counsellors attended the district level camp at I.P College Jhajjar.
7. On 26th February YRC volunteers along with counsellor attended workshop on Health, Hygiene and Pain management at M.D.U Rohtak.
8. On 5th April, YRC volunteers along with counsellors attended workshop on Anaemia: Causes and Cure at M.D.U Rohtak.
9. From 8th to 15th April 2019 YRC volunteers were celebrated World Health Day weeklong activities. The Following Activities were conducted
 1. HIV/AIDS awareness documentary film
 2. Extension Lecture on HIV/AIDS
 3. Awareness about 1097 and NACO AID APP
10. On 12.04.2019 free Health Check-up and Blood Donation Camp was organised in Sarai Aurangabad Bhadurgarh by YRC Club.
11. Free **Health Checkup & Blood Donation Camp** was organized at Sarai Aurangabad Village, Bahadurgarh on 12.04.2019, beneficiaries 100 , 15 units of Blood collected.
12. To create awareness about **Red Cross Day** informative clipping on the life of Sir Jean Henry Dunant were displayed in college premises on 08.05.2019
13. International Yoga Day organized on 21.06.2019.

10. **Name of College** : **GOVERNMENT COLLEGE DUBALDHAN JHAJJAR**
Name of Principal : **Dr. Meenakshi Gupta**
Name of the YRC, Counsellor : **Shri Randeep Singh**

1. On 02/02/2019 an awareness rally on HIV/AIDS
2. On 04/02/2019 two students along with the In-charge attended a meeting/training held at training hall of Civil Surgeon Jhajjar.
3. From 11/02/2019 to 15/02/2019 10 students along with the in charge participated in the District level YRC training camp organized at I.P college, Jhajjar, in this camp our team in quiz contest got 1st position, our student, Uttam Jakhar, B.A 1st Roll No. 2068510065 was selected as best volunteer.
4. On 18/02/2019, A Blood donation camp was organized by Red Cross Society Jhajjar, In the college campus, in which 83 units of Blood was donated by the staff & students.

11. Name of College : **GB COLLEGE OF EDUCATION, ROHTAK**
Name of Principal : **Dr. (Mrs.) Saroj Sharma**
Name of the YRC, Counsellor : **Dr. Vinod Kumar, Dr. Geeta Rani**

1. Visit to ARPAN Institute on 21-08-2018

The staff and students of Gaur Brahman College of Education, Rohtak visited the ARPAN institute. There they tried to observe the process and activities carried by the management for growth and development of differently abled children. The staff of ARPAN institute demonstrated the different apparatus and equipments used to handle the different activities of the students. The B.Ed. students and staff interacted with the children and enhanced their attitude towards the differently abled children and learnt that these children are the integral part of our society. We cannot ignore their presence and contribution in the society. This visit/programme was very helpful in arising the human values among our B.Ed. students. Dr. Geeta Rani, YRC Counsellor managed the programme and Dr. Mona Malhotra, Mrs. Anita and Soan Kiran assisted her.

2. Two day Workshop on Yoga from 27-11-2018 to 28-11-2018

A two day workshop on Yoga on the theme, "Role of Yoga in Development of Self-Concept" was organized under YRC. Dr. Jagwanti Deswal, Associate Professor, Department of Physical Education, MDU, Rohtak was resource person in the programme. Dr. Vinod Kumar and Dr. Geeta Rani, YRC Counsellors conducted the workshop. Dr. Jagwanti Deswal thrown light on the importance of Yoga in our daily life. She related the present era of human life with the ancient culture of India and tried to make the bridge between the both era. It was quite knowledge full and enlightening. After this, she handled practical sessions and taught some easy and important yogic activities that can be practiced at home. The college teaching staff, non-teaching staff and students get really benefited with this workshop. Dr. R, P Sharma gave vote of thanks to the resource person.

3. Workshop on Physical Fitness on 16-01-2019

YRC Cell of the College organized a Workshop on Physical Fitness. Mr. Tushar Sarvan, Physical Trainer, FRD Gymnagium, Rohtak was especially invited to conduct the workshop. Mr. Sarvan explained the fitness tips in details. He told that human body must have proportional growth at each and every part. He highlighted the today's common problems of health and fitness like tummy fat, uneven growth of some parts. He told that we don't bother about our daily diet which causes different fitness issues. Gymnasium is not only solution but we can be healthy at our own by adopting healthy diet habits and regular exercises at home. This programme was really of worth for staff and students of the college.

4. First Aid and Home Nursing Training on 21-01-2019 to 27-01-2019

A one week training of First Aid and Home Nursing was organized under Youth Red Cross Cell of the college. Sh. Daya Singh Saini, Lecturer, Red Cross Society, Rohtak conducted the training. He taught the students about different ways and means used at the time of accidental incidents with immediate effects. He used daily life experiences of the students to develop the different remedies to be used at the time of any incident. He explained the legal terms about First Aiders that help them to be free to work at the time of such incidents/accidents, so that any person who has the training can help the victims. Dr. Vinod Kumar, YRC Counsellor also provided required training tips to the students.

5. Closing of First Aid and Home Nursing Training on 28-01-2019

A programme was organized at the closing of First Aid and Home Nursing Training on 28-01-2019. Dr. Radhey Shyam, Professor, Department of Psychology, MDU Rohtak was Chief Guest and Sh. Devender Chahal, (Secretary, Red Cross Society, Rohtak) , Sh. R.S. More (Field Coordinator, YRC, MDU, Rohtak) were the special guests. The Chief Guest appreciated the organizers for arranging such training programme for students. He also emphasized that this type of training must be mandatory for each and every person, so that major loses may be prevented at the time of any accident. Dr. Vinod Kumar and Dr. Geeta Rani, YRC Counsellors presented vote of thanks to guests.

6. Mop-up Day (National Worm Free Day) on 14-02-2019

Youth Red Cross Cell organized an awareness programme about worm free healthy life for students and staff. Dr. Anil Sharma, Professor, Shri Krishan Ayurvedik college, Kurukshetra was resource person in the programme. Dr. Sharma told that Govt. has started the campaign to make society aware about worms that are causes of different diseases. 8th Feb of every year has set to be the National Worm Free Day and this year this campaign has been extended up to next week to cover the all sectors of society. In this programme the students especially aged from 1 year to 19 year are to make aware about. Dr. R.P. Sharma, Principal extended thanks to the resource person.

7. Participation of YRC Volunteers of G.B. College of Education, Rohtak in One Day Orientation Course

10 YRC volunteers along with YRC Counsellor Dr. Vinod Kumar attended One Day Orientation Course organised by YRC, MDU Rohtak on 21-11-2018. In the programme all the projected activities and plans were discussed by the officials of YRC. It was really good and beneficial for all.

8. Participation in 7 days Health Awareness Camp

Our students/ YRC volunteer **Ms. Manjeet Dangi d/o Sh. Raj Kumar Dangi**, B.Ed. 1st Year, Roll No. 220 participated in 7 Days Health Awareness Camp held at Udaipur, Rajasthan from 29-01-2019 to 04-02-2019 organised by YRC, MDU Rohtak. She participated in different activities in the camp and on the bases of overall performances, she had been selected as **Best Volunteer** of the Camp. Our student/YRC Volunteer **Mr. Vishnu s/o Sh. Bharat Singh**, B.Ed. 1st Year, Roll No. 268 also participated in 7 Days Health Awareness Camp held at Jodhpur, Rajasthan from 14-02-2019 to 20-02-2019. He participated in almost all activities organised there. He performed well and learnt a lot of soft and life skills.

9. One Day University Level Workshop on Health and Hygiene on 26-02-2019

6 YRC Volunteers of our college participated in One Day University Level Workshop on Health and Hygiene organised by YRC, MDU Rohtak. It was a beneficial programme.

12. Name of College : **GOVERNMENT COLLEGE BAHADURGARH**
Name of Principal : **Shri Dinesh Kumar**
Name of the YRC, Counsellor : **Shri Amit Kumar**

1. World AIDS Day was celebrated on 1st December, 2018
2. On 2nd February, 2019 Dr. Shashi and Dr. Mamta from Civil Hospital Bahadurgarh were invited to deliver a lecture on AIDS Awareness.
3. First Aid Stall was organized on the occasion of Sports Meet 2018-19.
4. A one day training programme on HIV/ AIDS Awareness programme was organized in Civil Surgeon Hospital Jhajjar was attended by 2 volunteers and One Assistant Professor.
5. On World Health Day a documentary was shown to students regarding AIDS/ HIV Awareness
6. First Aid training was given to volunteers by Mr. Vinay Kumar (First Aid Trainer) on 7th March 2019.
7. One lecture was delivered by Dr. Monika on awareness of HIV/AIDS on April 9, 2019

13. Name of College : **CHOTTU RAM ARYA COLLEGE SONEPAT**
Name of Principal : **Dr. Narender Singh**
Name of the YRC, Counsellor : **Dr. Urmilla Hooda, Dr. Usha Dahiya**

1. A meeting was held to give Knowledge, Aim, Motive and Moto of Youth Red Cross on 26th of August 2018. The students were also enrolled for the current session.
2. Teacher's Day was celebrated in the college on 5th of September in collaboration with an NGO – SSANS. Mr Satyapal Sharma was the coordinator and organizer of the function, retired teachers from different faculties of different schools and colleges were honoured on this day by Professor Anayath, Vice-Chancellor, DCRUST Murthal.
3. The counselor attended the meeting held at GVMGC to discuss and to set the calendar for YRC activities.
4. A number of 10 students attended the State Level Training Camp held at Haridwar from 28th October to 2nd November, 2018. The students actively participated and won prizes in different competitions organized during the camp.
5. A number of 30 students participated in The Peace Rally organized by GVM Girls College on 2nd November, 2018 to spread the message of communal harmony and brotherhood.
6. Annual Sports Meet was organized on 15th March 2019. The volunteers actively participated in sports and helped in maintaining the discipline and other works.

- 14. Name of College** : **N.B.G.S.M COLLEGE SOHNA**
Name of Principal : **Dr. M.S Khatri**
Name of the YRC, Counsellor : **Ms. Neha Gupta (Assistant Professor)**

- 1. International Youth Day-** It was celebrated on 11 August 2018 instead of 12 August 2018 being Sunday in College Conference Hall. The theme for International Youth Day 2018 is “Safe Spaces for Youth.” Dr. M.S. Khatri (Principal) addressed the students that youth need safe spaces where they can come together, engage in activities related to their diverse needs and interests, participate in decision making processes and freely express themselves. 5 students also expressed their views on the theme of the day. Ms. Neha Gupta presented a PPT on the history of International Youth Day and areas that were designated as a priority, as far as youth is concerned i.e. Education, Employment, HIV/AIDS, Drug Abuse and Health etc.
- 2. One Day First Aid Training Programme-** One Day First Aid Training Programme was organized with the help of the member of Red Cross Society, Gurugram on 15 September 2018 in College Campus. Curing Heart Attack, fractures and burns was taught to the students. It was also taught how to save a person during leak of gases and what should be done when a person suddenly becomes unconscious and also when a gas cylinder burst. Students took active participation in this training programme. They tried all the activities with each other which were taught to them.
- 3. National Youth Day-** National Youth Day was celebrated in College Campus on 12 January 2019. 2 students spoke about the history of National Youth Day and 2 students recited poem on the youth to inspire the students. The aim of the event was to distribute the ideas and ideals of the Swami Vivekananda among the students. 7 students presented a role play on Drug addiction and its side effects. The aim of this play was to aware the students about the ill effects of drugs and how their life can be ruin totally due to this.
- 4. Attend training Programme at Govt. College for Girls, Sector-14-** On 11 February 2019, Ms. Neha Gupta with 4 students attended this training programme. Documentary movie on HIV/AIDS was shown. Doctor of Civil Hospital, Gurugram highlighted the benefits of Blood Donation, ill effects of Drug Addiction.
- 5. Declamation Contest-** A Declamation Contest was organized on 26 February 2019 in Campus of college. Topics of Declamation were “Harmful effects of HIV/AIDS” and “Drug Abuse and Addiction.” In this contest, 10 students of different classes gave their participation. In this programme, many students also shared their personal views and self experiences about drug addiction in people.

Position	Name	Roll No	Class
1	Tannu	910	B.Com III
2	Deepali	901	B.Com III
3	Preeti Yadav	916	B.Com III
3	Ridhima	1557520019	B.Com II

- 6. Prize and Certificate Distribution Function-** Prize and Certificate Distribution Function were organized on 15 March 2019 in the Conference Hall of College Campus. Conducting of this function is very important because it generates new enthusiasm in the students. It comes only once in the year but its effects remains all over the year. The chief guest of the day was Dr. M.S. Khatri (Principal). The chief guest addressed the students to give their full dedication in every work and gave away the prizes to the prize winners. Students who performed exceptionally well in competition and role play and different activities organized by RRC in current academic session received prizes on the day.
- 7. World Health Day-** World Health Day (7th April) was celebrated by Red Ribbon Club on 6th April 2019 (due to Sunday) in Conference Hall of College Campus. It was celebrated with the theme “Universal Health Coverage: Everyone, Everywhere” which explain the view that all people should be able to realize their right to the highest possible level of health. On this occasion, students were motivated for their health and to adopt a healthy lifestyle and also encourage others to do so. Students of different classes gave speech and recited poem on this topic to raise the knowledge of everyone. Two Documentary movies on this topic were also shown to the students for creating more awareness.
- 8. Blood Donation Camp-** In the memory of the founder of the college Baba Gurbachan Singh Ji Maharaj, a Blood Donation Camp was organized on 12 April 2019 in College Campus. The camp was inaugurated by the Chief Guest Dr. Yashpal Bhatia, CEO, Astron Institute of International Studies and Guest of Honour Smt. Krishna Ji, Mother of Deputy Commissioner, Gurugram, Sh. Amit Khatri in presence of Dr. M.S. Khatri (Principal). A team of eight doctors and supporting staff led by Dr. Manoj Sharma (Blood Transfusion Officer)

from Civil Hospital Gurugram and Sh. Mahesh Gupta, Secretary Red Cross were present to collect the Blood units. A total number of 65 units of Blood were collected.

15. Name of College : TIKA RAM GIRLS COLLEGE SONEPAT
Name of Principal : Dr.(Mrs.) Monika Verma
Name of the YRC, Counsellor : Ms. Poonam

1. Organized one day awareness programme by poster making, slogan writing competition and rally on the occasion of National voluntary Blood Donation day on 1.10.2018
2. Organized a rally to spread awareness among people on the topic of peace and harmony on 2.11.2018
3. Attended one day orientation course at MDU on 21.11.2018
4. Organized a Road safety awareness programme in college on 3.01.2019
5. Attended seven days health awareness camp at Udaipur from 29.01.2019 to 4.02.2019
6. Organized a road safety awareness week from 4.02.2019 to 10.02.2019 in college
7. Attended five days district Red cross camp at GVM college, Sonapat from 12.02.2019 to 16.02.2019
8. Attended one day workshop on health and Hygiene at MDU, Rohtak on 26.02.2019
9. Organized Blood donation camp in college on 28.02.2019

16. Name of College : GOVERNMENT P.G NEHRU COLLEGE JHAJJAR
Name of Principal : Smt. Deepa
Name of the YRC, Counsellor : Sh. Arvind Kumar and Dr. Naveen Kumari

1. Health Awareness Camp
2. First Aid Training Camp
3. Home Nursing Training Camp
4. Awareness Workshop on AIDS
5. Awareness Workshop on adolescence
6. Awareness workshop on Drug abuse
7. Awareness Workshop on Road Safety
8. Celebration of National Youth Day
9. Blood Donation Camp

17. Name of College : GOVERNMENT NEHRU COLLEGE JHAJJAR
Name of Principal : Smt. Sunita Devi
Name of the YRC, Counsellor : Sh. Narender Singh

1. Seven Days First-Aid Training camp was organized in the college by the Youth Red Cross club under the aegis of District Red Cross Society, Jhajjar from 26 Red Cross Society, Jhajjar imported skills of First-Aid Training among students. A Total of 34 YRC Volunteers attended the camp
2. Out of State Health Awareness/Training Camp-Girls. Two girl YRC Volunteers, Kumari Pallavi & Asha attended the 7 days State Health Awareness/Training camp for Girls from 29.01.2019 to 04.02.2019
3. Out of State Health Awareness/Training camp –Boys. Two Boys YRC volunteers were selected the 7 Days State Health Awareness/Training camp for Boys from 15.02.2019 to 21.02.2019. Due to Haryana police selection (constable), they could not attend the camp.
4. 7 Days Health Awareness/Training Camp YRC, MDU, Rohtak
5. Shri Narender Singh, YRC Counsellor and 10 YRC Volunteers will participate in the 7 Days Health Awareness/Training camp to be held at YRC office MDU, Rohtak from 14.06.2019 to 21.06.2019

18. Name of College : C.R GOVERNMENT COLLEGE SAMPLA
Name of Principal : Dr. Devender Hooda
Name of the YRC, Counsellor : Mrs. Savitri

1. To organized one day college level programme for Awareness of Traffic Rules: Speaker, Ms. Asha Malik dated on 23.10.2018
2. To organized one day college level programme for awareness of social issues such as Youth and Drugs, Mobile Addiction, HIV Awareness, Blood Donation, Road Safety and Women Empowerment: Speaker Principal GCW Sampla on 25.01.2019
3. To organized programme for Awareness of Traffic rules such as competition test, rally, Poster making, Slogan, Swacchh Bharat Abhiyan dated on 04-10 February, 2019
4. Participation in one day University level programme workshop on Health and Hygiene (Pain Management) for YRC counselor
5. To organized college level programme for Awareness on HIV/AIDS by RRC member sponsored by Civil Hospital, Rohtak ON 08.03.2019
6. Participation on one day University level Programme on Anaemia: Causes and Cure dated 05.04.2019 and participation 1 YRC counselor and 18 YRC Volunteers

7. To organized a College level porgamme “Extension Awareness lecture” on HIV/AIDS on dated 16.04.2019 by Counsellor Ms. Sushma, Civil Hospital, Rohtak

19. Name of College : GOVERNMENT COLLEGE JASSIA (ROHTAK)
Name of Principal : Dr. Poonam Bhanwala
Name of the YRC, Counsellor : Dr. Jagbir Gulia

1. A programme was organized on dated 01.10.2018 under the Youth Red Cross in the college, Dr. Satish Kumar and Shri Bhagwan ji from ISBTI delivered a lecture on the important topic “Blood Donation and save the life”
2. On dated 23.10.2018 in Government College Jassia under the YRC unit. A exam was conducted under the topic Road safety and Transport rules.
3. A occasion of Shri Sardar Vallabh Bhai Patel Birthday 31st October, 2018 a volunteers Blood donation camp was organized by YRC at GC Jassia
4. YRC volunteers attended a lecture on dated 04.02.2019 organized by road a safety club, Government College Jassia
5. YRC volunteers participated in speech competition on dated 05.02.2019 organised by RSC, GC Jassia
6. YRC volunteers participate in Quiz competition on dated 06.02.2019 orgnised by RSC, GC Jassia
7. YRC volunteers participate in slogan writing on dated 07.02.2019 organised by RSC, GC Jassia
8. YRC volunteers participate in poster making on dated 08.02.2019 organised by RSC, GC Jassia
9. YRC volunteers participated in Road safety awareness rally and Shapath programme organized by RSC, GC Jassia

20. Name of College : K.L Mehta Dayanand College for Women Faridabad
Name of Principal : Dr. Vandana Mohla
Name of the YRC, Counsellor : Dr. Archna Dua & Dr. Sangeeta Kulshrestha

1. Meeting of the Executive Committees of Unit I and II was held on Ist August 2018 under the Chairmanship of College Principal.
2. Orientation day was held on 10th August 2018. Mrs. Archna Dua (YRC Counselor Unit I) gave the lecture on the history and activities of Youth Red Cross.
3. International Youth Day was celebrated on August 10, 2018. Dr. Shweta Arya of Department of Zoology talked about AIDS. A documentary film on AIDS was also shown to the YRC volunteers.
4. Also a lecture on plastic pollution was arranged with the help of an NGO. Ours is a polythene free campus.
5. On 24th August 2018, a talk was organised on Thalassemia awareness in collaboration with NGO ‘Foundation Against Thalassemia’.
6. The next day, Blood testing for Thalassemia screening was done for 400 students. Also tree plantation was done in college campus to mark the environment pollution free.
7. On 4th September 2018, Dr. Deepak (Ophthalmologist) from Fortis Hospital (Faridabad) gave a lecture on eye care.
8. Eye check up camp was also organised in collaboration with Fortis Hospital, Faridabad.
9. Mrs. Kiran Dalal, Chief Dietician (Fortis Hospital, Faridabad) gave a lecture on ‘Diet during Adolescence’ on 4th September 2018.
10. YRC counselors attended an Orientation Course at M.D University, Rohtak, on 21st November 2018.
11. World AIDS Day was celebrated on 1st December 2018. A talk was given by Ms. Neha Dagar and Ms. Hemlata of Zoology Department. To mark the day, students were given red ribbons to put on their dress. Dr. Sheel Singh talked about NACO.
12. From Feb. 4th to 8th 2019, 12 YRC volunteers and the two Counselors attended the camp organised by District Red Cross (Faridabad) at D.A.V Centenary College, Faridabad.
13. Dr. Indu Taneja (Senior Gynecologists from Fortis Hospital, Faridabad) talked about Anaemia among adolescents on Feb.13, 2019.
14. On the same day, Dr. Priyanka (Gynecologists) gave free medical consultation to the YRC volunteers.
15. Weight and Blood pressure of the students were also checked.
16. Dr. Supratik Ghosh from Fortis Hospital (Faridabad) gave a lecture and demonstration on life saving CPR (Cardio- Pulmonary Resuscitation) technique to Red Cross volunteers.
17. On 5th March 2019, Dr. Mahima, wellness expert from Fortis Hospital gave a lecture on Sex Education.
18. A motivational lecture on Blood donation was given by Dr. Anshu Gupta on 5th March, 2019.

19. On 6th March 2019, a Blood donation camp was organised in the college campus in collaboration with NSS and Rotary Club of Faridabad 'Sanskar'. A total of 110 units of Blood were collected. The camp was visited by Mr. Vikram Kapoor, Deputy Superintendent of Police ; Mr. Anand Mehta, President MDEI and several others.
20. On 21st March 2019, 14 volunteers of YRC Unit I and II attended one day university level workshop on disaster management.
21. Seven days First Aid and Home Nursing Camp was organised from 25th March to 2nd April 2019 in collaboration with Indian Red Cross Society, Faridabad. Fifty three volunteers from both the units participated in the camp.
22. Professor Dinesh Chandra Kumari from Anangpuria University gave a lecture on Disaster Management.
23. During the camp, poster making, Slogan writing, poetry recitation, dance and power point presentation competitions were organised, prizes were given to the winners.
24. Volunteers prepared and presented puppet show 'Bal Vivah Apraadh Hai.'
25. On 2nd April 2019, closing ceremony of the camp was held. Mr. Vikas, Secretary, India Red Cross Society, Faridabad District was the Chief Guest Mr. B.B Kathuria (Retd. Secretary) and other officials from Indian Red Cross Society, Faridabad branch were also present.
26. Volunteers presented a small skit to show First Aid techniques to staff members and other students.
27. Our 29 volunteers attended one day university level programme on 'Anaemia Causes and cure on 5th April 2019.
28. On 6/4/19, under Disaster Management practical training, YRC volunteers. Other students and some staff member were taught how to use fire extinguishers to stop fire of any type.
29. On 8th May 2019, the two counsellors and some of our students visited blind school (National Association for Blind) to celebrate World Red Cross Day. They also visited their hostel and mess.
30. Three of our volunteers also attended 5 days District level Youth Red Cross Health & Hygiene Awareness/ Training Camp from 20th May to 24th May 2019 at Aggarwal College, Ballabgarh. The counsellors also attended the camp.
31. Volunteers attended lectures on road safety from time to time. Not a single student scooty driver was allowed in the college campus without helmet throughout the whole session.

21. Name of College : DAV CENTENARY COLLEGE FARIDABAD
Name of Principal : Dr. Satish Ahuja
Name of the YRC, Counsellor : Mr. Pankaj Sharma

1. Reconstitution of College Youth Red Cross committee(02/07/2018)

A meeting was conducted under the Chairmanship of Dr. Satish Ahuja, Principal, D.A.V. Centenary College, Faridabad to reconstitute a new Youth Red Cross Unit of College on 02.07.2018 for the academic year 2018-19. The other faculty members who attended the meeting were Professor Mukesh Bansal, College Dean, EMA, Professor Arun Bhagat, College Dean, Student Welfare and Professor Jitender Dhull, Program Officer, College NSS Unit, Dr. Suniti Ahuja, Convener, College Women Cell and Professor Ravi Kumar, College NCC In-charge along 4 active Youth Red Cross volunteers from College YRC Wing.

2. First meeting of Youth Red Cross Committee on 03/07/2018

A meeting was conducted under the Chairmanship of Dr. Satish Ahuja, Principal D.A.V. Centenary College, Faridabad to reconstitute a new College Youth Red Cross Unit on 02.07.2018 for the Academic Year 2018-19. The other faculty members who attended the meeting were Professor Mukesh Bansal, College Dean, EMA, Professor Arun Bhagat, College Dean, Student Welfare and Professor Jitender Dhull, Program Officer, College NSS Unit, Dr. Suniti Ahuja, Convener, College Women Cell and Professor Ravi Kumar, College NCC In-charge along 4 active Youth Red Cross Volunteers from College YRC Wing.

3. Enrollment of new volunteers for session 2018-19 from 27/07/18-05/08/18

As per M.D. University YRC Annual Calendar, our College Youth Red Cross Unit started enrolment of newly admitted students as Youth Red Cross Volunteers from 27th July, 2018 till 18th August, 2018. In enrolment process wide awareness and publicity was made in College campus through notice boards, charts and paintings. This process was assisted by previously enrolled volunteers of College Youth Red Cross Unit.

4. Celebration of International Youth Day (12/08/2018)

12th August is Celebrated Every Year as International Youth Day throughout the World. Youth Red Cross, D.A.V. College also Celebrated this Day by organizing a Rally and a Session on the topic "Awareness Among

Today's Youth" 123 YRC Volunteers including both Boys And Girls Unit participated in the event. Dr. Vijay Wanti, Counsellor, YRC (Girls Unit) and Mr. Pankaj Kumar Sharma, Counsellor, YRC (Boys Unit) supervised the entire Program.

5. Celebration of Independence Day in College Campus (15/08/18)

15th August is celebrated every year as Independence Day throughout India. Youth Red Cross, D.A.V. College also celebrated this Day by hosting a flag which was hosted by Dr. Satish Ahuja, Principal, D.A.V. College and as speech On "Independence Day" was given by YRC Volunteer followed by National Anthem.

6. First Meeting Of YRC Volunteers (23/08/18)

A meeting of all the Youth Red Cross Volunteers was held on 23rd August, 2018. The main focus of the meeting of the volunteers was to create awareness regarding Youth Red Cross activities. The Volunteers were motivated for voluntary activities. The volunteer took oath for the service of humanity administered by Dr. Vijay Wanti, Counsellor YRC, D.A.V. College. Dr. Satish Ahuja, Principal, D.A.V. College was the chief guest of the session.

7. Fund Raising Campaign For Kerala Flood Victims By YRC Volunteers from 25/08/18-31/08/18

A fund raising campaign for Kerala flood victims was organized by YRC volunteers. All the students were informed about the campaign through notice boards. Donation box was placed at the entrance of the college under the supervision of the YRC volunteers for the ease of collection. Everyone actively participated in the above context. A total amount of 10,000 (ten thousand rupees) was collected and submitted to the Mr. B.B Kathuria, retired Secretary, District Red Cross, Faridabad, Mr. Ishank Kaushik, District Training Officer, District Red Cross, Faridabad.

8. Teacher's Day celebration by YRC volunteers on 05/09/18

5th September is celebrated as Teacher's Day throughout the India. Youth Red Cross, D.A.V. College also celebrated this day by organizing a program in which all the teachers were invited. YRC volunteers firstly welcomed Mr. Satish Ahuja, Principal D.A.V. College with garland and then presented flowers to all the teachers. Some of the volunteers expressed their gratitude towards teachers by speech, poems and songs.

9. First Blood Donation camp in College (06/09/2018)

Our college organized first Blood Donation Camp of the Academic Session 2018-19 on 6th September 2018 under the aegis of different Club and association. Youth Red Cross Counsellor Dr. Vijay Wanti (Girls Unit) and Mr. Pankaj Kumar Sharma (Boys Unit) and YRC volunteers also participated actively in motivating the College Youth for Blood Donation, besides assisting the technical staff in Blood Donation Camp. Around 304 Volunteers participated in the Camp. 220 Units of Blood were collected by Lion's Club.

10. Orientation Program In College(14/09/2018)

One Day College Level Youth Red Cross Orientation Course for YRC Volunteers of D.A.V. College was organized on 14th September, 2018 at College Auditorium, D.A.V. College, Faridabad. The program was inaugurated by Mr. Satish Ahuja, Principal of D.A.V. College. The main focus of the Orientation Course was to create awareness regarding Youth Red Cross Activities at College Level motivate them for Voluntary activities. Mr. Pankaj Kumar Sharma administered the Volunteer's oath for the Service of Humanity.

11. Rally on voter's awareness campaign in NIT Fbd (21/09/18)

As an Annual Ritual, in Collaboration with other foras and Clubs, our College Youth Red Cross Unit participated in rally on Voter's Awareness Campaign along with Dr. Vijay Wanti, YRC Counsellor (Girls unit) and Mr. Pankaj Kumar Sharma, YRC Counselor (Boys unit). The Campaign was launched from D.A.V. College, NH-3 Market, NH-2 to Nehru Ground and ended in D.A.V. College, Faridabad.

12. Celebration of world voluntary Blood Donation day (01/10/18)

Youth Red Cross, D.A.V. College Faridabad celebrated World Voluntary Blood Donation Day by organizing Speech Competition. 25 students participated in the context. Dr. Satish Ahuja, Principal, D.A.V. College was the Chief Guest. He motivated the students for Blood Donation and appreciated the efforts of Youth Red Cross, D.A.V. College for arranging such Camps. All the Youth Red Cross Volunteers, YRC Counselor and students from different departments were present.

13. Visit To Tau Devilal Oldage Home (01/09/18)

To assuage the feeling of old and discarded people living in Old Age Home, Our College Youth Red Cross Counsellor, Mr. Pankaj Kumar Sharma along with around 25 Volunteers attended the Old and sick people, habilitated in 'Tau Devi Lal Old Age Home 'NH-2, N.I.T Faridabad for one day on 01st September, 2018. We attended the inmates by helping them in feeding and massaging besides chanting religious Kirtan, Dance and Bhakti /Sangeet, daily. The visit was scheduled from 11:00 a.m. to 1:00 p.m.

14. Organised a fortnight activity on Swachh Bharat Abhiyan in Village Pawta

Youth Red Cross both Girls and Boys Unit, D.A.V. College, Faridabad organized a fortnight activity on Swachh Bharat Abhiyan in Village Pawta. In the compliance of said resolution, Volunteers of YRC, D.A.V. College organized rallies, made paintings, spreaded awareness about the same going home to home, performed skits on Swachh Bharat Abhiyan in schools, etc. Mr. Pankaj Kumar Sharma, YRC Counsellor (Boys Unit) and Dr. Vijay Wanti, YRC Counselor (Girls Unit) supervised all the activities. Loksabha TV coverage all the activities under SBSI (Swachh Bharat Summer Internship).

15. 5 Days health awareness/training camp for boys held in Nangali Bela Ashram at Haridwar

Five Days Youth Red Cross Health Awareness/Training Camp was organized by YRC, D.A.V. College in College Auditorium from 04/02/2109 to 08/02/2019 for both Girls and Boys Wing . Total 142 Volunteers from 9 Colleges participated in this camp including 76 volunteers from D.A.V. College. This camp was organized under the supervision and guidance of Mr. Ishank Kausik, D.T.O. Faridabad Red Cross, Gaurav, Karan, Secretary District Red Cross Faridabad. In his address he said that Youth Red Cross Volunteers are the responsible citizens of the country being committed to root out the social evils. During this 5 Day Camp Lectures were delivered on various topics such as History, Principles, structures of Red Cross, Role of Youth in Red Cross, HIV/AIDS ,Blood Donation. YRC Volunteer's organized "Road Safety and Cleanliness Awareness "Rallies. Prashant, Sonu, Deepak, Sachin and Mukesh actively participated in the camp and D.A.V. College got 2nd prize in the quiz competition in the camp.

16. Attended orientation course for YRC volunteers and Counsellor at MDU Rohtak 21/11/2018

One Day University Level Youth Red Cross Orientation Course for YRC Counselor and volunteers was organized on 21.11.2018 at Radha Krishnan Sabhagar, M.D.U. Rohtak. YRC volunteers, D.A.V. College, attended the same and learnt all about the YRC. The main focus of orientation course was to create awareness regarding Youth Red Cross activities at University and College Level.

17. Celebration of worlds Aid day in College (01/12/2018)

To mark the awareness in Youth and Society in General, D.A.V. College Youth Red Cross Unit launched a massive rally campaign on the occasion of world aids on 1st December, 2018. Our College Counsellor along with other staff members escorted hundreds of college students and Youth Red Cross volunteers for an awareness rally in the town of Faridabad, covering the busy area of NH-3, NH-4 and NH-5 markets.

18. Attended one day workshop on HIV/AIDS at Civil Hospital B.K on 09/01/2019

One Day Workshop on HIV AIDS for students and teachers was organized at Civil Hospital B.K. on 09.01.2018. The speaker of the day was Dr. Sheela Bhagat, Counsellor HIV, AIDS told All about HIV and AIDS and motivated them towards the same. Four students: Diksha, Apurva, Sachin, Kuldeep along with Dr. Vijay Wanti, YRC Counsellor, Day College attended the workshop.

19. Distribution of clothes and foods to needy peoples at Pyali in Faridabad on 13/01/2019

All the students of D.A.V. College were asked through notice boards to donate Clothes and Food items for poor people. After the collection, those clothes and food items were distributed among the poor people near Pyali, Market no.-2, Faridabad. Dr. Vijay Wanti, YRC Counsellor (Girls Unit) supervised the entire activity.

20. Celebration of voters day (25/01/2019)

25th January is celebrated as Voter's Day All Over India. YRC, D.A.V. College in Collaboration with other clubs i.e. NCC, NSS and EMA celebrated the day by organizing Poster, Slogan Writing, Debate Competition for all the students and also organized the rally on the same.

21. Celebration of republic day in College (26/01/2019).

Republic Day was successfully celebrated by the student council and YRC Volunteers under the supervision and the guidance of the Dr. Satish Ahuja , Principal ,D.A.V. College Faridabad and Dr. Vijay Wanti, Counsellor YRC (Girls Wing) and Mr. Pankaj Kumar Sharma Counsellor YRC (Boys Wing). A rally was organized by the students and national anthem was played in order to honor to the Nation.

22. Attended One Day Workshop On Road Safety In DC Office Faridabad

One Day Workshop on Road Safety in DC office, Faridabad was organized for the students. The main motive of the workshop was to spread awareness about road safety among students. A total of 44 students of YRC and RRC attended the seminar.

- 23. 7 days health awareness \training camp for girls at Udaipur from 29/01/2019 – 04/02/2019**
Seven Days Youth Red Cross Health Awareness/Training Camp was organized by YRC, M.D.U at Udaipur from 29/01/2019 to 04/02/2019 for Girl's Wing. During this 7 Days Camp Lectures were delivered on various topics such as History, Principles ,structures of Red Cross , role of Youth in Red Cross, HIV/AIDS, Blood Donation .YRC volunteer's organized "Road Safety and Cleanliness Awareness" rallies. A visit is being planned to a remote area to aware about the modern living Facilities, and medical treatment and taught them on first aid. Diksha and Apurva , 02 YRC Volunteers actively participated in the camp.
- 24. 5 Day District Level YRC Training Camp by District Red Cross Society 04/02/2019-08/02/2019**
Five Days Youth Red Cross Health Awareness/Training Camp was organized by YRC, D.A.V College in College auditorium from 04/02/2019 to 08/02/2019 for both Girls and Boys wing. Total 142 volunteers from 9 Colleges participated in this camp including 76 volunteers from D.A.V College. This camp was organized under the supervision and guidance of Mr. IshanK Kausik, D.T.O Faridabad Red Cross, Gaurav R. Karan and Secretary District Red Cross Faridabad. In his address he said that Youth Red Cross volunteers are the responsible citizens of the country being committed to root out the social evils. During this 5 Day Camp Lectures were delivered on various topics such as history, principles, structures of Red Cross , role of youth in Red Cross, HIV/Aids, Blood Donation .YRC volunteer's organized "Road Safety and Cleanliness Awareness" rallies .
- 25. District level meeting of Principal and different College's YRC Coordinator and Counsellor in College on 06/02/2019**
A District Level meeting of Principals, YRC Co-ordinator and Counsellors from M.D.U and its affiliated college was held in IQAC room, D.A.V. Centenary College on 06.02.2019. 18 Principals and Coordinators from various Colleges attended the same. Professor Randeep Rana , Coordinator YRC ,M.D.U, Mr. R.S Mor Field coordinator, M.D.U Rohtak and Dr. Satish Ahuja, Principal, D.A.V. College supervised the meeting .
- 26. Attended 7 days health awareness \training camp at Jodhpur from 14/02/2019 – 20/02/2019**
Seven Days Youth Red Cross Health Awareness/Training camp was organized by YRC, M.D.U at Jodhpur from 14/02/2019 to 20/02/2019 for boy's wing. During this 7 Days Camp lectures were delivered on various topics such as history, principles, structures of Red Cross, role of youth in Red Cross, HIV/Aids, Blood donation. YRC volunteer's organized "Road Safety and Cleanliness Awareness" rallies. Tushar is the YRC Volunteer who participated in the above camp.
- 27. Attended drug's free India campaign at G.J.U Hisar on 19/02/2019**
The YRC unit of D.A.V Centenary College Youth Red Cross took a huge procession to make the public aware about the harmful consequences of smoking/using/chewing Tobacco and other drugs on 19 February 2019 to make the world anti –drug day. Boys and girls of our College YRC unit along –with College staff under the direction and guidance of College Counsellor Mr.Pankaj Kumar Sharma, took out a campaign to G.J.U to Hisar. It gave a good message to the public and on lookers by the roadside about the anti drug/ tobacco drive.
- 28. Visit to Gaushala on 01/03/2019**
10 YRC volunteers visited Gopal Gaushala, Surajkund Road, Faridabad, and donated food and money for the welfare of the same. All YRC Volunteer served the cows. This conveys their humanities towards animals.
- 29. Celebration Of International Women Day In College (08/03/2019)**
8 March is celebrated as International Women Day all over the world. YRC volunteers, D.A.V. College also celebrated the same by organizing Poster Making and Slogan Writing Competition. In the morning, the volunteers welcomed all the women including teaching, non-teaching staff and girls students by teeka ceremony. A program was also organized in the College for the same. Dr. Divya Tripathi, Convener, Women cell guided the audience regarding the same. Dr. Vijay Wanti, YRC Counsellor (Girls unit), D.A.V College supervised the entire program.
- 30. Attended Workshop On Health And Hygiene At Mdu Rohtak on 19/11/2018**
5 YRC volunteers and Mr. Pankaj Kumar Sharma, YRC Counsellor, D.A.V. College attended a One Day workshop on Health and Hygiene organized by YRC, M.D.U Rohtak on 19/11/2018. The speaker highlighted the importance of Health and Hygiene. He said that the volunteers need to keep themselves healthy to be ready for the service of others. He emphasized the importance of cleanliness for health.

31. Organised the national seminar on 'Road Safety' on 28/03/2019

The National Seminar on Road Safety Awareness was organized by YRC in collaboration with other clubs like NSS, NCC, road safety club etc on 28/03/2019. D.S.O. Dharamender Singh was the Chief Guest of the program. Expert lecture was given by Dr. M.P. Singh and Dr. Satish Ahuja, Principal D.A.V. College, Faridabad. Traffic Tau ji also spreaded awareness and guided the audience. A quiz between six teams was also organized on the Road Safety and rules. A skit on the topic "Road Safety" was also performed to create awareness among students.

32. Painting and poster making program on awareness of traffic rules

To make the students aware about the road safety and rules in a creative way a poster and painting making competition was held in college auditorium. Dr. Satish Ahuja and Dr. Satish Saluja were the Chief Guest of the program.

33. Rally on "Beti Bachao Beti Padhao"

To create awareness regarding "Beti Bachao Beti Padhao" a One Day Workshop and rally was organized by Youth Red Cross, D.A.V. College. The rally was supervised by Dr. Vijay Wanti, Counsellor YRC (Girls Unit) and Mr. Pankaj Kumar Sharma, Counsellor YRC (Boys unit). 150 YRC volunteers participated successfully for the same.

34. 2nd Visit To Old Age Home At Tau Devilal Oldage Home NH-2 D- Block on 03/03/2019

To assure the feeling of old and discarded people living in old age home, our College Youth Red Cross Counselor, Dr. Vijay Wanti along 50 volunteers attended the old and sick people, habiliated in "Tau Devilal Old Age Home", NIT, FBD. We attended the inmates by helping them in feeding and massaging besides chanting religious Kirtan, dance and Bhakti Sangeet.

35. Holi Celebration In Old Age Home on 19/03/2019

To enlighten the feeling of old people with the celebration of Holi, our College Youth Red Cross unit visited old age home and tried to fill their life with colors. 57 Volunteers attended the old and sick people, habiliated in "Tau Devilal old age Home", NIT, Faridabad. We attended the inmates by helping them in feeding and massaging besides chanting religious Kirtan, Dance and Bhakti Sangeet.

36. Organized Counseling Sessions To Redress Personal and Professional Problems on 03/09/2019

Youth Red Cross, D.A.V. College, Faridabad organized a counselling session to redress personal and professional problems in College auditorium on 03.04.2019. The speaker of the day was Ms. Deepti Shukla. She emphasized each problem and guided with the best solution. The Chief Guest of the program was Dr. Satish Ahuja, Principal, and D.A.V. College.

37. Attended the seminar on Anaemia: Causes and Cure at M.D.U. Rohtak on 05/04/19

14 YRC Volunteers along with Dr. Vijay Wanti, YRC Counsellor (Girls Unit) and Mr. Pankaj Kumar Sharma, YRC Counsellor (Boys Unit) attended the seminar on "Anaemia: causes and cure" organized by YRC, M.D.U Rohtak. Smt. Bimla Devi was one of the Chief Guests. She motivated the audience with her words of wisdom.

38. Organised The One Day Health Check Up Camp on 07/04/2019

Youth Red Cross, D.A.V. College organized a Health Check-Up Camp at IQAC room on 07/04/2019. The camp was inaugurated by Dr. Satish Ahuja, Principal, D.A.V. College was Chief Guest, he visited and inspected the camp and appreciated the arrangement and working of the camp. Keeping in view the importance of camp he advised to organize such camps from time to time, so that maximum students can be benefited.

39. Organised World Health Day on 08/04/2019

8th April is celebrated every year as World Health Day throughout the World. Youth Red Cross, D.A.V. College also celebrated this day by organizing poster making competition and rally. Dr. Vijay Wanti, YRC Counsellor (Girls unit) and Mr. Pankaj Kumar Sharma, YRC Counsellor (Boys Unit) supervised this program.

40. Attended 5 day Health Awareness & Training Camp held at Aggarwal College Ballabgarh from 20/05/2019-24/05/2019

A Five Days long Health Awareness & Training Camp was organized by District Red Cross Society, Faridabad at Aggarwal College, Ballabgarh from 20/05/2019 to 24/05/2019. As per District Red Society requisition, Five Youth Red Cross volunteers from our College Y.R.C Unit Akansha, Savita, Shaurya and Shishir actively attended this District level camp. This camp organised under the supervision and guidance of Mr. Ishant Kaushik, D.T.O Red Cross, Faridabad.

41. Organise 5 Day First Aid And Home Nursing Training Camp from 20 /05/2019–24/05/2019

It is well known fact that first-aid training in this 'MACHINE YUG' is very important and beneficial keeping in view the importance of it a 5 day first-aid training camp was organized by D.A.V. College, Youth Red Cross in auditorium from 20/05/2019 to 24/05/2019. The camp was inaugurated by Dr. Satish Ahuja, Principal, D.A.V. College. A total of 50 students from different departments of D.A.V. College attended the said training program. The training program was free of cost for the volunteers and all the expenses were borne by YRC department. Mr. B.B Kathuria, Retired Secretary, District Red Cross, lecture in first aid and home nursing imparted the training to the volunteers.

42. Organised Second One Day Health Checkup Camp in Village on 25/05/2019

As per resolution no 4 of meeting of Youth Red Cross Committee, D.A.V College, Faridabad organized Health Check-up camp on 25/05/2019. The District Conveners were asked to adopt a village near their College and organized health screening/check up camp in the same village. In the compliance of said resolution YRC volunteers, D.A.V College along with the counsellors organized 1-day health checkup camp in village Pawta.

43. Organized follow up third health checkup camp in village on 27/05/2019

As per resolution no 4 of meeting of Youth Red Cross Committee, D.A.V College, Faridabad organized second Health Check-up camp on 27/05/2019. The district conveners were asked to adopt a village near their college and organized health screening/check up camp in the same village. In the compliance of said resolution YRC volunteers, D.A.V College along with the counselors organized 1-day health checkup camp in village Pawta.

22. Name of College : GOVT. COLLEGE FOR WOMEN GOHANA SONIPAT
Name of Principal : Shri V.K Dahiya
Name of the YRC, Counsellor : Mrs. Lalita Rani

1. 10 volunteers with counselor participated in one day seminar on **Drug-De-Addiction & Prevention** at Chotturam Dharmshala Sonipat on 26/07/2018.
 - a. First position in poster making
2. Counselor (Lalita Rani) participate in Orientation Course held at R K Auditorium on 21/11/2018
3. Celebrated **Drug-De-Addiction day** on 26/11/2018 at college campus.
4. Celebrated **World Aids Day** at college Campus.
5. Organized Blood Donation Camp At college campus on 12/12/2018
6. Counsellor and 8 volunteers participate in five days Youth Red Cross training camp from 12/02/2019 to 16/02/2019 at GVM Girls College.
 - a. Third Position in Group Dance
 - b. Counsellor and five volunteers participate in one-day workshop on "**Health & Hygiene**" held at HITM, MDU on 26/02/2019.

23. Name of College : GOVERNMENT COLLEGE FARIDABAD
Name of Principal : Dr. Preeta Kaushik
Name of the YRC, Counsellor : Dr. Rakesh Pathak

1. 'Youth Day Fortnight' was celebrated in the college from 1st to 15th August 2018. A number of activities were organised which include essay writing, declamation, poster making, slogan writing competitions. A cartoon film "teach aids" was shown to YRC volunteers in order to remove myths and misconceptions about HIV/AIDS from their minds.
2. Tree Plantation and Environment Conservation program was organised in the college throughout the year in which almost *200 trees were planted* in the college campus.
3. A seminar on the theme of "Follow the Traffic Rules Follow the Traffic Signals" was organised under the chairmanship of Principal Dr. Preeta Kaushik. The students were detailed about the traffic rules and motivated to follow them for their own safety as well as safety of the other people.
4. On 6 September 2018, Youth Red Cross unit organised Blood Donation Camp in the college in which almost 100 units of Blood was collected. Honourable Chief Guest and the dignitaries present in camp highly praised the Principal Dr. Preeta Kaushik and YRC counsellor Dr. Rakesh Pathak for this commendable work.

5. On 31 October 2018, 'National Unity Day' was celebrated on the birth anniversary of Sardar Ballabh Bhai Patel by the YRC unit of the college. 'Run for Unity' headed by YRC counsellor Dr. Rakesh Pathak was flagged off by Principal, Dr. Preeta Kaushik of the college.
6. 15 Youth Red Cross volunteers along with YRC counsellor Dr. Rakesh Pathak participated in the seminar on Drug Abuse and Illicit Trafficking in DAV College Faridabad. Dr. D R Sharma, General Secretary, Haryana Red Cross Society was the chief guest of the occasion. The participants were benefitted by attending the seminar as they learnt various aspects of drug abuse and illicit trafficking.
7. On 15 January 2018, one day Cleanliness Camp was organised by Youth Red Cross unit in the college. Principal Dr. Preeta Kaushik herself became a part of the move. All the YRC volunteers cleaned the college campus in order to turn the dream of our Prime Minister Shri Narendra Modi of Swachh Bharat into a reality.
8. 'National Voters Day' was celebrated by YRC unit of the college on 25 January 2019 in order to show allegiance to the nation. Dr. Rakesh Pathak in the presence of the Principal and staff members administered the oath to all to cast their votes without being influenced by the caste, religion or money power.
9. Youth Red Cross unit participated in the celebration of the 69th Republic Day i.e. 26 January 2019 with full favour and gaiety. All the YRC volunteers took a solemn oath to serve the nation and its people with best of their capacity.
10. 11 Youth Red Cross volunteers headed by Dr. Rakesh Pathak participated in state level Youth Red Cross Camp at Manasa Devi Pnachkula from 28 January to 2 February 2018 in which the volunteers and the counsellors were taught and informed about road safety, first aid, organ donation, eye donation, Blood donation, life skills, yoga etc. Dr. Rakesh Pathak received the Best Counsellor Award and Trophy in the valedictory function of the camp.
11. 08 Youth Red Cross volunteers along with YRC counsellor Dr. Rakesh Pathak participated in the workshop on Ek Jawan Ek Kisan at MDU Rohtak.
12. 14 Youth Red Cross volunteers along with counsellor Dr. Rakesh Pathak participated in the training camp held at Aggarwal College Ballabgarh from 19 to 23 February 2018 organised by Dist. Red Cross Society Faridabad.
13. Dr. Rakesh Pathak along with Youth Red Cross volunteers participated in Youth Red Cross training camp held at Aggarwal College Ballabgarh from 16 to 20 April 2018 organised by Dist. Red Cross Society Faridabad.
14. Dr. Rakesh Pathak along with Youth Red Cross volunteers participated in Youth Red Cross training camp held at DAV Centenary College Faridabad from 4 to 8 February 2019 organised by Dist. Red Cross Society Faridabad.
15. Dr. Rakesh Pathak along with 10 Youth Red Cross volunteers participated in Youth Red Cross training camp held at Aggarwal College Ballabgarh from 08 to 12 April 2019 organised by Dist. Red Cross Society Faridabad.
16. Dr. Rakesh Pathak along with 05 Youth Red Cross volunteers participated in Youth Red Cross training camp held at Aggarwal College Ballabgarh from 29 to 24 May 2019 organised by Dist. Red Cross Society Faridabad.
17. On 15 March 2018, 20 Youth Red Cross volunteers along with Counsellor Dr. Rakesh Pathak participated in the workshop on Consumer Awareness organised by Dignity Restoration and Grievance Settlement Association jointly with Indian Consumer Federation (ICF).
18. 7 days NSS camp was organised from 18 to 24 December 2018 in Anjroda village under the guidance of Principal Dr. Preeta Kaushik. 50 volunteers along with Program Officer Dr. Rakesh Pathak did lot of work during the camp. All of them participated in First Aid and Home Nursing Training given by the trainer Shri Ratan Singh Azad. Tree plantation, cleanliness drive, rallies against prevailing social evils in the society, moral education, competitions and cultural activities were performed during different days of the camp.
19. On fourth April 2018 an assembly was organised by Youth Red Cross, NSS, Road Safety Club and NCC units of the college. Principal Dr. Preeta Kaushik motivated the students to wear helmet while driving motorbikes. Dr. Rakesh Pathak administered the oath of wearing helmet while driving to all the students and teachers present.
20. On 7th April 2018 a workshop was organised on the occasion of World Health Day in the college during which a short film on HIV/AIDS was shown to Youth Red Cross volunteers. Many competitions were also organised to make the students know about the importance of health and hygiene.
21. On 11 August 2018, YRC counsellor Dr. Rakesh Pathak along with 7 volunteers participated in one day workshop on HIV/AIDS awareness in MD University Rohtak.
22. On 15 August 2018, Dr. Rakesh Pathak was awarded by Dist. Administration Faridabad for his valuable contribution in the social works and commendable works done under Youth Red Cross, NSS and Swachh Bharat Mission.
23. On 21 August 2018, Ek Aur Sudhar program was conducted for the girl volunteers to motivate them to go ahead in their life. Various activities and events were organised on the theme of women empowerment in which many girl volunteers participated.

24. On 15 September a workshop was organised on health and hygiene by Youth Red Cross unit of the college. YRC counsellor Dr. Rakesh Pathak addressed the volunteers and told them about importance of cleanliness. Students were also told how to procure themselves from the diseases of dengue and chikangunia.
25. On 24 September 2018 NSS Day was celebrated by the volunteers of the college. Principal Dr. Preeta Kaushik motivated the volunteers to do their best for the people of the society. She planted the trees also in the college campus. Almost 100 trees distributed to volunteers to plant and nurture them in their houses.
26. Vigilance Awareness Week from 29 October to 3rd November 2018 celebrated in the college by YRC unit under the leadership of Principal Dr. Preeta Kaushik. Many competitions, rallies, activities, nukkad natak and oath taking ceremony were organised during the week. The convenor of the program was YRC counsellor Dr. Rakesh Pathak.
27. Dr. Rakesh Pathak was awarded on 26 January 2019 by Dist. Administration Palwal for his valuable contribution in the field of social works and commendable works done under Youth Red Cross, NSS and Swachh Bharat Mission.
28. A workshop was organised on 18 August 2018 in which the volunteers were informed about many govt. welfare schemes and policies for the poor, downtrodden and weaker sections of the society.
29. Dr. Rakesh Pathak along with 10 volunteers participated in state level Youth Red Cross Camp organised by Haryana Red Cross Society in Haridwar from 28 October to 2 November 2018 in which YRC team of Govt. College Faridabad received Best Team Award and Trophy along with many other prizes.
30. Almost 100 YRC volunteers headed by YRC counsellor Dr. Rakesh Pathak from Govt. College Faridabad participated in the event organised to create awareness on Organ Donation sponsored by Escort hospital on 25 November 2018. Addressing the audience he pointed out the dire need of organ donation in present circumstances as it can save the life of needy people.
31. Dr. Rakesh Pathak along with 5 volunteers participated in national level Youth Red Cross Camp organised by Indian Red Cross Society Karnataka State Branch at Hampi, Bellari Dist. in Karnataka from 23 to 27 March 2019 in which YRC team of Govt. College Faridabad received maximum number of prizes and Trophy during valedictory function of the camp.
32. Almost 80 YRC volunteers participated in Swachh Bharat Summer Internship 2018. Swachh Bharat Summer Internship aims at enrolling the students for promoting cleanliness in the villages. The internship jointly launched by the Ministry of Human Resource Development in association with the Ministry of Drinking Water and Sanitation and is named "Swachh Bharat Summer Internship – hundred hours of Swachhta". To fulfil its objectives Government College Faridabad under the leadership of Principal Dr. Preeta Kaushik has decided to adopt two villages namely Chandawali and Tilpat to promote cleanliness and to lend a helping hand for the success of Swachhta Mission, an ambitious program launched by our Prime Minister of India on 2nd October 2014 on the birth anniversary of Mahatma Gandhi. Almost 100 students were registered and half of them would have to work in Tilpat and the remaining half in Chandawali.
33. Himanshu, a YRC volunteer of the college, organised many activities and programs to educate and create awareness among the students and the people about Road Safety, casting vote without being influenced by caste, religion or creed, Beti Bachao Beti Padhao etc. with the help of NGOs and other social organizations in various public places in Faridabad.
34. Dr Rakesh Pathak was selected as Best Programme Officer for the session 2017-18 by Maharshi Dayanad University Rohtak and was awarded with the certificate and rupees 5000 cash prize by honorable Chief Minister of Haryana on 30 December 2018 at MDU Rohtak.
35. Himanshu a student of the college was selected as Best NSS volunteer second position at university level and was awarded with cash prize of rupees 2500/- and certificate. He was selected for Dist. level Best Youth Award for the session 2016-17 and also selected for State level Best Youth Award by Sports and Youth Welfare Department for the session 2017-18. He was awarded with certificates and cash prize of rupees 20000/- and 40000/- respectively. Himanshu was awarded by Dist Administration Faridabad on Republic day for contribution in social work.

24. **Name of College** : **GOVERNMENT COLLEGE SECTOR 9 GURUGRAM**
Name of Principal : **Dr. Satya Manu Yadav**
Name of the YRC Counsellor : **Dr. Praveen Phogat & Dr. Tarun Lata**

1. 200 Volunteers were Enrolled in the month of July 2018.
2. 23 Volunteers were Trained in First Aid by the expert Sh. A.K Gupta from Red Cross Society, Gurugram during the training session since 14th January to 19th January 2019 in the college campus.
3. Youth Red Cross Seminar: First, was on the topic **Drug De- Addiction** presided over by Hon'ble Sh. Sunil Gulati IAS Additional Chief Secretary, Haryana, Key- note address was given by Sh. Prabhat Kaushik, Sub Editor Zee News, about the theme address by Dr. Parveen Singh, attended by Sh. Shyam Sunder, Secretary Red Cross, Gurugram, Ravi Kalra, Director Earth Saviour Foundation, Gurugram. About 200 students of the college participated and were given certificates by the chief Guest. This program sponsored by Indian Red Cross society, District Branch Gurugram. (Photograph attached)

Second Seminar was organized on the **topic AIDS-** a challenge before society. This seminar was sponsored by General Hospital, Gurugram, Dr. Vijay Kumar, Deputy C.M.O Presided over the function, Mrs. Shikha Garg AIDS Counsellor delivered key note address, Dr. Parveen singh, delivered the closing remarks attended by about 100 students. (Photograph attached)

4. On March 07 2019 a **National Seminar on Road Safety** was organized in the college campus sponsored by Transport commissioner, Haryana. Total 127 papers were presented in the seminar. One week State Health Awareness / Training Camp at Jodhpur organized by coordinator YRC M.D University, Rohtak attended by 02 Volunteers Vipul Yadav and Aman Kataria on 14.02.2019 to 20.02.2019.
5. One Day University Level work shop on Health and Hygiene for YRC Volunteers attended by 05 volunteers on 26.02.2019, venue was Radha Krishan Sabhagar M.D University.
6. Third One Day University level Program on ANAEMIA and CURE organized by Coordinator office YRC M.D University on 05 April 2019 attended by 15 Volunteers.
7. Fourth Seven day Health Awareness Camp Mussoorie commencing from 24. To 30 June 2019 Our Volunteer Vicky Singh is selected for this program. Two Volunteers attended state level youth red cross camp organized by Indian Red Cross Society Haryana State Branch since 04th January to 09th January 2019
8. **Camp First**-Five volunteers attended this camp in Govt. College Sector-14, Gurugram since 22.10.2018 to 28.10.2018.

Camp Second- Sixteen Volunteers Participated in December 2018 in the office of secretary Red Cross Society, Gurugram,

9. On 8th May 2019 in the college campus World Red Cross Day was celebrated Capt. Rajkumar, in-charge delivered an extension lecture, Dr. Parveen Singh, Associate Professor/ Counsellor gave a brief view about the theme. This program was attended by 50 students.
10. First- 12th to 19th January 2019, a weeklong celebration was organized in the college, sponsored by Haryana AIDS Control Society, Gurugram and Nehru Yuva Kendra, Gurugram. Various programs like Declamation contest, poster making and Awareness rally were organized attended by Mrs. Suman Sharma. Program, Officer NYK, Gurugram , Dr. Vijay Kumar, Deputy CMO and Mrs. Shikha Garg AIDS Counsellor . A human Chain was also formed on this occasion .

Second 1st December 2018 World AIDS Day was celebrated in the college AIDS Counsellor Mrs. Anuradha delivered an Extension Lecture on this occasion about 100 students participated in this program.

Third- 14th December 2018, No Tobacco Campaign was organized in the college. Program was sponsored by Nehru Yuva Kendra about 150 students participated in this program. Mrs. Suman Sharma, NYK was the Chief guest on this occasion

Fourth -28 March 2019 with reference to Deputy Civil Surgeon office letter number –DTBC/2019/65 dated- 23.03.2019 district level poster making competition on HIV/ AIDS was organized in the college, Dr. Vijay Kumar

Deputy CMO presided over this function and distributed the prizes to First, Second and Third positions. Five colleges participated in this function.

Fifth – On 10th August International Youth Day was celebrated in the college participants were more than 100, sponsored by NYK.

Sixth – 8th May 2019 world Red Cross Day was celebrated in the college. 30 students were present in the college, Dr. Parveen singh counsellor Red Cross described the importance of this day. Since it's the time of summer vacation so poor attendance was observed

Awareness Rallies 02, First on 14th December 2018, No Tobacco day was observed in the college campus, about 200 students in presence of teaching staff took a pledge of no use of tobacco

Second 12th January 2019 National Youth Day, more than 150 students participated in both these programme.

25. Name of College : SH. L.N. HINDU COLLEGE ROHTAK
Name of Principal : Dr. Vijay Kumar
Name of the YRC Counsellor : Dr. Rajesh Gahlawat

The following activities were carried out:

1. 07 Days district level YRC training camp was organized from 01.01.2019 to 07.01.2019. Professor Radhey Shyam, Programme Co-ordinator YRC, MDU University Rohtak and Sh. R.S More Field Co-ordinator was the Chief Guest during inaugural function.
2. Blood donation camp was organized on 23.10.2018 total no. of donors 88
3. One day lecture for the "Awareness regarding Road Safety and emergency First-Aid after the accident was organized on 04.02.2019, Mr. Ravi Dutt, District Training officer, Red Cross Rohtak was the Chief Guest.
4. 05 YRC volunteers participated in 25th State Ambulance competitions at Narnaul Haryana from 16.11.2018 to 19.11.2018 got 3rd position
5. 10 YRC volunteers attended Brigade officer camp and District Level Ambulance competitions 2018-19 at District Training office, Rohtak
6. 10 YRC volunteers attended 5 days District Level YRC Training Camp (Boys/Girls) at G.B. Degree College, Rohtak from 28.01.2019 to 01.02.2019
7. 02 YRC volunteers (Boys) attended 7 days Health Awareness/Training camp at Jodhpur(Rajasthan) from 14.02.2019 to 20.02.2019 organized by MDU Rohtak
8. 12 YRC volunteers attended "one day counseling camp" at YRC office MDU Rohtak on 22.02.2019
9. 05 YRC volunteers and 01 YRC counselor attended one day workshop on Health Hygiene for YRC volunteers and counselor on 26.02.2019 at MDU Rohtak
10. Organized one day Dental Health Checkup camp on 15.03.2019 at Shri L.N. Hindu College Rohtak
11. 09 YRC Volunteers attended 07 days Health Awareness/Training camp from 14.06.2019 to 21.06.2019 at MDU Rohtak
12. YRC volunteers and teachers participated in 5th International Yoga Day 2019, function organized by Haryana Government at Rohtak

26. Name of College : GVM GIRLS COLLEGE SONIPAT
Name of Principal : Dr. Jyoti Juneja
Name of the YRC Counsellor : Mrs. Renu Popli

1. International Yoga Day on 21.06.2018 International Yoga Day was celebrated at GVM Girls College Sonipat. Sh. Krishan Madaanm Yoga Acharaya, Art of Living was the resource person. Benefits of Yoga were discussed and he taught various Asann to spread awareness regarding benefits of Yoga. Yoga is an ancient practice that brings together mind and body. It incorporates breathing exercises, meditation and poses designed to encourage relaxation and reduce stress. Practicing Yoga is said to come with many benefits for both mental and physical health. Dr. Jyoti Juneja, Principal, GVM Girls College was grateful towards the efforts of the Yoga Acharaya. Mrs Renu Popli incharge Youth Red Cross, Rangers Leader appreciated the efforts of the students to be the part of the programme. Ms. Pooja, Ms Arti Soni, Ms Kavita Saini attended the event.

Dr. O.P Pruthi, President GVM Group of Institutions appreciated the efforts of girls and motivated to practice Yoga for health benefits.

2. International Youth Day on August, 10th and 11th, 2018 an awareness camp was organized at GVM Girls College under the supervision of Principal Dr. Jyoti Juneja with the help of Youth Red Cross Counsellor Mrs. Renu Popli.

The objective of conducting the camp was to create awareness of general health among the audience provide general health care service and counseling them on basic health care and hygiene which is crucial for their well being. Health is an important element to strengthen the society as well as the country.

On 10th August 2018 Information regarding HIV AIDS was shared with the students by showing them a short documentary movie. We should encourage people to talk about HIV get tested and get treatment if they are living with HIV.

On 11th August, 2018 a poster making competition was organized during Youth awareness camp. Prize distribution ceremony was held to honour the winners. This competition was judged by district training commissioner Mr Bhim Sen, Ms Kavita Saini attended the event.

Youth is the building block of our society. We should create a strong base to build better India. Health Camp was a huge success with the overwhelming response from the audience. Dr O.P Pruthi, President, GVM Girls College Sonapat appreciated the efforts of the team and motivated to perform more such activities in future.

3. **Project Pavitrta** on 12.08.18 and 13.08.18 Youth Red Cross Team organised a camp for young girls to spread awareness regarding menstrual hygiene. It was an intellectual session wherein Dr. Shikha, Ayurveda Expert, spoke about health and hygiene and also suggested some basic remedies to heal naturally. She taught basic Pranayama to girls to stay fit.

Girls were informed about menstrual cycle. They informed that this is the monthly series of changes a woman's body goes through in preparation for the possibility of pregnancy. At the same time, hormonal changes prepare the uterus for pregnancy. This is a menstrual period, which is very natural and one should not worry about the same.

Dr. Nidhi Munjal, Gynaecologist, Civil Hospital, Sonapat also spared some time for sharing important information with our girls. She discussed the symptoms which girls face during these days and suggested the precautions and remedial measures. She suggested one should intake fibrous fruits, more and more water, drop refined maida from our daily routine to increase our immunity.

We should not ignore the symptoms else one can be the target for dangerous diseases and we should take utmost care of hygiene especially in such days.

Presence of both the doctors Dr. Shikha and Dr. Nidhi Munjal made a good impact on every girl who attended the seminar.

Mrs. Renu Popli, Youth Red Cross Counsellor along with her team members Ms Kavita Saini, Ms Ankita, and Ms. Sheelam Rathi attended the event.

Dr. Jyoti Juneja, Principal GVMGC appreciated the efforts and motivated the team to work further. We are privileged to acquire knowledge from the experts and share the same with our young girls, who are the building blocks of our society.

4. Independence Day was celebrated at GVM Girls College Campus on August 15, 2018 with festivity and patriotic fervor. We celebrate this day with great enthusiasm and zeal every year. This day reminds us of the untold sacrifices of our martyrs and our great leaders.

The celebration begins with the flag hoisting ceremony by Principal Dr Jyoti Juneja. President Dr O.P Pruthi, along with the members of the management Sh M.L Kumar, Sh Rajesh Relan, also attended the event.

Youth Red Cross team, Rangers, NCC cadets, NSS volunteers wholeheartedly conducted the ceremony. Drill activity was performed, various patriotic songs were played, dance was performed, Nuttak Natak were showcased by students of GVM Girls College Sonapat and spread the essence of tri-colour.

They also pledged to keep their surrounding neat and clean. The day ended with the recitation of National Anthem. It was a great feel to be a part of this celebrations. We are proud Indians and wish to take our country to new heights.

5. First aid is very important at any given point of time or event. An 8 Day First Aid awareness camp was organized by youth red cross team of GVM Girls College, Sonapat under the chairmanship of Dr Jyoti Juneja, Principal, GVM Girls College Sonapat. Youth Red Cross Coordinator Mrs Renu Popli, along with her team members organized this camp to spread awareness regarding use of First Aid.

In today's era of uncertainty and rise in accident rate, first aid helps in saving lives at crucial situations i.e. at the time of injury. First aid training is essential as it helps understand and know the importance of first aid kit during emergency situations. An eight day camp was organized with the aim to fulfil our girls with such knowledge so that they can help themselves and others in critical situations. 50 participants participated in the

camp organized by YRC. The camp highlighted medical remedies for problems which can occur during daily course. The event dispel the knowledge regarding digestive system, respiratory system, blood circulation, etc. The event aims at training participants on crucial parameters like Dog bite, Snake bite, shock, fracture, burn, splints etc.

This was a knowledgeable session which will help our students to act during emergency situations. Dr O.P Pruthi, President, GVM Institutions blessed students to work for the welfare of society. This camp was a huge success. Parents were happy that their daughters get overall grooming at our campus.

6. Social Service at Gurudwara be rich or poor, everyone visits Gurudwara, does community service and prays along with thousands of people. Rangers team of GVM Girls College, visited Gurudwara located at Sector 15, Sonapat.

The community service of team begins with cleaning the premises of Gurudwara and its vicinity, cooking for hundreds of homeless people and cleaning the wounds of injured people. Secretary of Gurudrawa, Sh Jasveer Singh, blessed students for their selfless service.

Dr Jyoti Juneja, Principal, GVM Girls college, Sonapat was overwhelmed with the response of the girls towards society. Girls play a very crucial role in building family, society and country at large. She should possess such empathy towards others. Along with the studies, it is duty of all the institutions to inculcate such values especially in girl students.

This kind of community service inspired one and all, brings people together and treat them as equal. If everyone starts feeling the same, this country would certainly become a better place to live in. this kind of service will help students for spiritual fulfillment as well. Mrs Renu Popli, YRC Cordinator, along with her team members is always enthusiastic to perform such services always.

7. GVM Girls College organised a Tree Plantation drive on 19th September 2018, Youth Red Cross team planted saplings of Tulsi, Guldawri, Neem, Badd. Air is turning harmful to even breath these days. GVMGC team planned to do their bit for saving the environment and people around by planting more trees. Our enthusiastic volunteers motivated people there to help environment by planting trees, taking care of the trees.

We feel that if each one of us will do something for society. We may get oxygen in near future else it would be even difficult to survive few years down the line. Ms Renu Popli, incharge, youth red cross appreciated the dedication of student members and motivated them to preserve environment in every form.

With the harmful industrial practices and our changing lifestyle we are harming our environment. People are cutting trees for their own benefits. We should spread the mesage to plant and take care of trees to preserve our own future.

Dr Jyoti Juneja, Principal, GVM Girls College appreciated the team members to work for such cause. Ms Kavita Saini and YRC volunteers whole heartedly participated in the event.

8. **Grandparents Day Celebration**-Grandparents Day falls each year on October 01, 2018. It is the day to honour and recognize the contribution of our grandparents in our lives.

GVM Girls College, Sonapat is fortunate enough to celebrate this day every year with the grandparents of our students. It's a joyous day for us and the parents as well.

We enjoy this day by performing various singing, dancing activities and by honouring the Grandparents of our students. We are blessed by the seniors and they share their own lifetime experiences with our students which will be their learning's for living a happy life.

This event aims at fulfilling the gap between young generation and the experienced one. Under this program, the members of YRC presented various cultural items. Grandparents enjoyed dancing on the old songs. On Grandparents day and actually every day we should let our grandparents know that you are thinking about them and they are really special. Dr Jyoti Juneja, Principal GVMGC along with the YRC in-charge Mrs Renu Popli proclaimed to continue celebrating this day every year with full zeal and enthusiasm.

We at GVM believes that every relation is important and taking care of our own grandparents is very crucial with changing family patterns. The day ended with presenting gifts to grandparents.

9. **Guru Teg Bahadur Jayanti** is celebrated as the birthday of Guru Teg Bahadur, the 9th Guru of Sikh on October 12. GVM Girls College, Sonapat celebrated this noble day to commemorate the contributions of Guru Teg Bahadur.

YRC team of GVMGC, visited Gurudwara Sahib, to perform humanity service by cooking and serving Langar at Gurudwara. YRC incharge Mrs Renu Popli is keen to perform such services always. Dr Jyoti Juneja paid tribute to Guru Teg Bahadur. Students were informed about the contributions of the Guru for the wellbeing of our society. Students were influenced to hear about them and promised to follow his footsteps. Students took the responsibility to practice peace and harmony.

Cabinet Minister Smt Kavita Jain, was the chief guest on this occasion. Student members contributed in the cleanliness of the Gurudwara campus. The chairman of Gurudwara Sahib Mr Jabbal Singh, praised the team of GVM for their untold efforts.

Dr O.P Pruthi appreciated the staff members for their societal contributions. He said our youth should be sensitive towards society.

- 10. District Level Sadbhawana Rally** The birth anniversary of Late Sh Rajiv Gandhi, is observed as Sadbhavana diwas. On November 02, 2018, GVM Girls College organised a district level Sadbhavana rally under the Chairmanship of Dr Jyoti Juneja. The theme of Sadbhawana is to promote National integration and communal harmony among people of all religion and language.

Mrs. Renu Popli, Incharge, YRC, GVMGC organised the event along with Ms Kavita Saini and their volunteers. Rally was flagged off by Principal Dr Jyoti Juneja. Teams of different colleges along with their incharges, participated in the mass rally. CRA college, Hindu Girls College, Government College Murthal, Tikaram Girls College to name a few.

Cultural festivals and competitions like poster making was conducted on the day. Winners were awarded prizes by Principal Dr Jyoti Juneja. We should promote peace and harmony to make our country grow. This message was displayed on Pla-Cards carried by volunteers during the rally.

Sadbhavana diwas is celebrated across the nation to spread the message of brotherhood. We should work hand in hand to enjoy the benefits of synergy, which means if we work together, we will reap double benefits. This feeling should be inculcated among the youth for the prosperous future.

150 students marched through streets of Sonapat protesting against violence and terrorism. Dr O.P Pruthi, appreciated the efforts of all the college to come together and showcase unity.

- 11. Village Survey “Tharu”** G.V.M Girls College is working for the development of Village “Tharu”. Volunteers of YRC performed a household survey of the village to know the problems faced by villagers. This village is located in district Sonapat and is 8 kms away from district headquarters.

Awareness regarding government run schemes like Swachh Bharat Abhiyan, Ujjawala Yojna, Sukanaya Samridhi Yojna, Jivan Jyoti Bima Yojna, ladli laxmi yojna etc were shared for their benefits.

There are various problems in the village like lack of education, lack of health care, and employment opportunities, etc. YRC incharge Mrs Renu Popli along with other staff member Ms Kavita Saini and YRC Volunteers visited each household at their doorstep to make them aware of the schemes run by government for their benefits.

This is selfless service to make people aware and avail the benefits. We are planning to solve their problems as early as possible. YRC team assured them that they will visit them regularly and help solve their issues for better living.

- 12.** On 15th October 2018, a meeting was organised at G.V.M Girls College, Sonapat under the supervision of Dr Jyoti Juneja, Principal, GVMGC. It was organised to enhance the activities held by Youth Red Cross. District secretary Ms Saroj Bala initiated the meeting by welcoming the guests.

Ms. Renu Popli, Youth Red Cross Incharge, GVMGC shared detailed information regarding the YRC activities of the college. She supported the participation of youth in the society.

Dr. Jyoti Juneja, addressed the members by saying that we should work together for the betterment of the society. Educational institutions play a vital role in forming the behaviour of the youth and we should teach them their responsibilities.

At the end, Ms. Renu Popli, gave vote of thanks to all the guests to be a part of this meeting and showing their support to work together in future. They decided to start with organising a district level Sadbhavana rally on November, 02, 2018. 10 counsellors of different colleges, 2 Principals, and district secretary attended the meeting and decided to work together.

- 13. AIDS AWARENESS RALLY** AIDS is a deadly disease. Red Ribbon Rally was organised to create awareness for the same. More than 700 students joined hands forming a Human Chain to showcase the unity. Volunteers walked hand in hand from GVM Girls college, Sonapat towards Sector-14, Sonapat chanting slogans and carrying Pla-Cards. Government and health officials visited our college and educated our students on AIDS prevention and control.

This day was dedicated for raising awareness of the AIDS pandemic caused by the spread of HIV infection and mourning those who have died of the disease. It's an International campaign marked by World Health Organisation. We organised poster making competition in the campus on the said theme. The resource persons elaborated the early symptoms of the disease. Together we can make collective change.

We believe every voice has an impact. Prevention and treatment of HIV grow by raising our voices as one. Awareness days are powerful focal points to rally around and make a difference. We should encourage people to talk about HIV, get tested, and get treatment if they are living with HIV. Youth Red Cross Team, Rangers,

University Outreach Program team, NCC and NSS units of the college participated in the event making it successful.

Dr. Jyoti Juneja, Principal, GVM Girls College said to organise more awareness campaigns as it is a wonderful method to teach society about the prevalent.

27. Name of College : GOVERNMENT COLLEGE PALWAL HARYANA

Name of Principal : Dr. Sushila

Name of the YRC Counsellor : Sh. Yogesh Kumar

1. Creating awareness about Youth Red Cross and motivation students for joining YRC on 21st July, 2018
2. Enrollment of YRC volunteers in the college for session 2018-19
3. We celebrate International Peace Day on 20.09.2018
4. Motivate the student for “ANTI DRUG” and “SAY NO TO ALCOHAL”
5. District Level meeting of YRC counselor and Principal attended at GGDSD College Palwal
6. State Level Youth Red Cross Training Camp was attended by Five volunteer at Haridwar on 28.10.2018 to 02.11.2018
7. District Level First-Aid Training Camp attended by volunteers at GGDSD College Palwal
8. One Day University level workshop on Health and Hygiene was attended at MDU Rohtak by Six YRC volunteers on 26.02.2019
9. Our college conduct a Blood Donation camp on 08th March 2019 at College Campus
10. One Day University level programme on Anaemia: Causes and Cure on 5 April, 2019 at MDU Rohtak. Our four YRC Volunteers and one counselor attended the programme.
11. World Health Day was celebrated in the college
12. We celebrate International Blood Donation Day on 08th May 2019

28. Name of College : GOVERNMENT COLLEGE BAHADURGARH

Name of Principal : Shri Dinesh Kumar

Name of the YRC Counsellor : Shri Amit Kumar

Activities organized in the college by YRC Unit:

1. World AIDS Day was celebrated on December 1, 2018
2. On February 2, 2019 Dr. Shashi and Dr. Mamta from Civil Hospital Bahadurgarh were invited to deliver a lecture on AIDS Awareness.
3. First Aid Stall was organized on the occasion of Sports Meet 2018-19.
4. A one day training programme on HIV/ AIDS Awareness Programme was organized in Civil Surgeon Hospital Jhajjar was attended by 2 volunteers and One Assistant Professor.
5. On World Health Day a documentary was shown to students regarding AIDS/ HIV Awareness
6. First aid training was given to volunteers by Mr. Vinay Kumar (First Aid Trainer) on 7th March 2019.
7. One lecture was delivered by Dr. Monika on awareness of HIV/AIDS on April 9, 2019

29. Name of College : VAISH MAHILA MAHAVIDALYA ROHTAK

Name of Principal : Dr. Parthiba Garg

Name of the YRC Counsellor : Ms. Shaveta Kakkar

1. On 31.08.2018 One Day Eye Donation Awareness Camp was organized for the volunteers
2. On 10.12.2018 Pledge for life a campaign for Anti Tobacco Activity was organized
3. YRC volunteer visited Dhob Village on 18.12.2018, they spread awareness on social evils by rally and skit
4. Our volunteers attended five days district level Youth Red Cross Training Camp from 28.01.2019 to 01.02.2019 at Gaur Brahman College Rohtak. They also won third prize in group dance competition
5. 20 volunteers of YRC attended one day University Level workshop on Health and Hygiene on 26.02.2019 at MDU Rohtak
6. On 28.03.2019 a slogan writing competition was organized on topic Green Environment for our volunteers and Tree Plantation was done

30. Name of College : **GOVT COLLEGE TIGAON**
Name of Principal : **Dr. I.S Sindhu**
Name of the YRC Counsellor : **Ms. Kamayani & Dr. Satyanryan**

1. An extension lecture on was “Health and General Diseases” conducted under Red Ribbon Cell for our College students.
2. “International Youth Day” was organized on 10th August, 2018 in College various Activities were conducted like poster making competition and an exhibition of these act work handmade by the students. Teach aids movie sawn in the smart classroom of the college.
3. Blood Donation Camp was organized on 4th October, 2018 in the college. Total 60 Units of Blood were collected with the under this camp help of District Youth Red Cross and team of B.K. Civil Hospital Faridabad.
4. Blood Donation Day on 1st October, 2018 was celebrated in the college. Under HIV/AIDS, Women Helpline NO. 1097, Swachh Bharat Abhiyan, Blood Donner Volunteers etc. were discussed. It was very pleasurable that our students were already aware regarding the importance of the Donation of Blood.
5. A Dental Health Checkup camp was organized on 11th February, 2019 in the college by the Manav Rachna Dental College. A number of students took the benefit through this camp.
6. Woolen sweaters also distributed among girls and boys students those who are below poverty line.
7. A First-Aid Training was also organized for our college students by the District Youth Red Cross Society, Faridabad.

31. Name of College : **GOVT COLLEGE FOR WOMEN ROHTAK**
Name of Principal : **Dr. Poonam Bhanwala**
Name of the YRC Counsellor : **Shri Parveen Khatrai**

1. On 14th June, 2018 International Blood Donor Day our Volunteers attend a Camp Held At MDU
2. On 21th June, 2018 The International Yoga Day Celebrated in Sports Ground at MDU and a huge number of Volunteers of our College participated in the camp.
3. On 21th June, 2018, The International Yoga Day Celebrated in our College 89 volunteers participated.
4. On 12th August 2018, International Youth Day Celebrated by organised Speech Competition on role of Youth in Nation development .
5. Celebrated Independence Day in the college on 15/08/2018.
6. Celebrated Teacher’s Day in our college on 5/09/2018.
7. On 10 September 2018, World Ozone Day was celebrated by Watering The Plants, Lawn Maintenance in our College.
8. On 1st December 2018, World Aids Day a lecture was conducted in our College By Suman Ahlawat with YRC Counsellors.
9. On 1st December World AIDS Day, a poster making competition was organised.
10. On Date 8th March 2019, “International Women’s Day” A Road show was done by our YRC Volunteers, awaring people about “Women Empowerment and Equality”.
11. On dated 8th March 2019, Blood donation camp was organised by our college in co-ordinance with Pairin academy, at Pairin academy. 70 units Blood was collected during this camp.
12. World Water Day was celebrated on 22/03/2019. A documentary film was shown to the students on water conservation, a rally was also organised for spreading awareness on that day.
13. On 23rd March 2019, World Water Day a slogan writing and essay writing competition was organised.
14. On 7th April 2019, World Health Day a extension lecture was conducted by our convenor.

15. On 15th April 2019, World Health week a rally was conducted by our 135 volunteers and 3 counsellors.

16. On dated 8th May 2019, World Red Cross day was celebrated. Tree plantation drive was carried out in college campus by our volunteers.

NATIONAL DAYS

17. Tree plantation day was celebrated in college on 15/08/2018.

18. On 21st September 2018, our 115 volunteers and counsellors celebrate national peace day with needy children at Sunariya chowk by distributing food and aware them about Health and Hygiene.

19. On 25th September a lecture on Health and Hygiene was conducted by Dr. Kuldeep Suhag with our convenor.

20. On 1st October 2018, volunteer Blood donor day an extension lecture by Dr. Varun, PGIMS Rohtak and his team, on importance of Blood donation held at our college, G.P.G.C.W Rohtak.

21. On 1st October 2018, volunteer Blood donor day was celebrated by giving a extension lecture on HIV/AIDS its causes and precautions.

22. On dated 1st October 2018 a extension lecture on Blood donation-its main kinds was conducted in our college.

23. On 2nd October 2018, Anti-Drug and Say No To Alcohol day, a poster making competition was organised by our college, and Sangeeta got first prize.

24. On 10th October 2018, Mental Health Day was celebrated by our college in Psychology department ahead by Neelam Mangla mam, YRC counsellor.

25. On 10th October 2018, Mental Health day a meditation session was conducted in our college by our convenor.

26. The birth anniversary of Sardar Vallabh Bhai Patel was celebrated as National integration day on 31/10/2018.

27. On 12th January 2019, Rastriya Yuva Diwas was celebrated by our college by organising a talent hunt.

28. On dated 24th January 2019, "National Girl Child Day", a rally was organised on to aware people to save girl child.

29. On dated 24th January 2019, Nukaad Natak was presented for the awareness of people by YRC volunteers in Mansarovar park, Ambedkar chowk and Subhash area Rohtak.

30. On dated 25th January 2019, "National Voters Day" a lecture on importance of one vote in democracy is delivered to volunteers by Dr. Gauri Pramod Shankar.

31. On dated 26th January 2019, National Republic Day a team of 35 volunteers gave their duty in Blood donation camp at Durga bhawan organised by "RAKT DE, WAKT DE" NGO team.

32. On dated 26th January 2019, National Republic Day our 5 volunteers donated their Blood at this camp.

COLLEGE ACTIVITIES

33. A camp from 14th June 2018-21st June 2018, organised by MDU in which our volunteers participated.

34. A Swachh Bharat summer internship done by our volunteers in Samargopalpur Khurd, Samargopalpur Kalan and Makourali Kalan

35. Participated in the March past during inaugural ceremony of college annual athletics meet held on 02/10/2018.

36. On dated 2nd and 3rd October 2018, a team of 15 volunteers gave their voluntarily service in annual sports meet to help sportspersons.

37. On dated 5th October 2018, a team of 18 volunteers gave their duties in inter-zonal meeting of Youth Red Cross held at G.C.P. G.W Rohtak.

38. From 8th October 2018-11th October 2018, five days workshop conducted by arsenal defence regarding SSB

Requirements, the main moto of this five day camp was to enhance the personality of girls.

39. On 12th October 2018, Mosquito killing drug was sprinkled in our college to control population of carrying anopheles mosquitoes.

40. On 14th October 2018, a ground task obstacles were performed by volunteers. GTO was organised for encouraging morale and self confidence of girls.

41. A lecture against fire crackers and to celebrate Diwali festival in traditional way.

42. On dated 8th November 2018, a team of 18 volunteers participated in sub-district brigade officer training camp with counsellor Dr. Parveen Khatri at Arpan institute, Rohtak.

43. On dated 9th November 2018, our team won 1st prize in sub-district competition held at Arpan institute by Red Cross Society.

44. 21st November 2018, a one day workshop on Orientation course at R.K Auditorium, M.D. University is attended by 18 volunteers and 3 counsellors.

45. On 18th January 2019, a lecture was conducted by “RAKT DE, WAKT DE” team.

46. On 18th January 2019, a poster making competition was organised by ‘RAKT DE, WAKT DE’ NGO team.

47. From dated 28th January 2019-1st February 2019, a team of 7 volunteers attended district level training camp at Gaur Brahmn College, Rohtak , volunteers got 3rd position in quiz competition.

48. From 29th January 2019-4th February 2019. 2 volunteers attended seven-day University Level “Health and Hygiene awareness” training camp at Udaipur, organised by Youth Red Cross, M.D University Rohtak.

49. From 29th January 2019 to 4th February 2019 a camp of University level held at Udaipur, our one volunteer got 1st prize in speech competition

50. On 6th February 2019, a lecture was given by YRC distt. training officer Shri Ravi Dutt .

51. On 6th February 2019, a rally was organised by our college to awaring people about traffic rules .

52. Free books of Road Safety Rules were distributed to the YRC volunteers on 06/02/2019.

53. On date 7th February 2019, 64 volunteers with counsellor Dr. Parveen Khatri, attended one day workshop on “Role of Youth in Nation Building” at R.K Auditorium, M.D University Rohtak.

54. From date 11th February 2019-19th February 2019, Seven day First Aid Training camp was organised in our college campus. 157 volunteers with 4 counsellors attended this camp.

55. Team of 15 volunteers with counsellors Dr. Parveen Khatri attended one day workshop on “Health and Hygiene” at IHTM .M.D. University, Rohtak.

56. On date 27th February 2019, volunteers organised “Tiranga Yatra” to show support in airstrike done by Indian Air Force, with their counsellors.

57. On date 5th March 2019, an extension lecture is delivered by Dr. Babita Phogat to our volunteers on “Role of Females in Blood Donation”.

58. On date 25th March 2019 a health check camp was organised by Youth Red Cross of G.C.P.G.W Rohtak at our college campus. for check-up a team of doctors was invited from Shri Venkateshwar hospital, Delhi, total 218 registration was done on that day for this health check-up.

59. 4th April 2019, a team of 5 YRC volunteers gave their voluntarily service in Blood donation camp held at YRC office, M.D. University Rohtak.

60. On date 5TH April 2019, 52 volunteers with counsellor Dr. Parveen Khatri attended one day workshop on “Anaemia :causes & cure” at R.K Auditorium, M.D. University, Rohtak.

61. From 6th April 2019-10th April 2019 a practice of Mock Drill from 8:00 a.m to 9:00 a.m by our convenor.
62. YRC volunteers give Social Service on annual day of college on 10/03/2018.
63. On date 10th April 2019, 17 YRC volunteers were awarded by our Principal Dr. Poonam Bhanwala for their excellent performance throughout the year.
64. Our final year volunteer Geeta prized as college colour of the college in session 2018-19.
65. On date 11th April 2019, a team of 21 volunteers with two counsellors, “Attended Mock Drill on Earthquake” at Satyam Mall organised by Red Cross district branch, Rohtak. All volunteers got appreciations certificate through district administrative.
66. College YRC unit is going to organise Health check-up camp in Makroli Kalan on date 27th May 2019.
67. Our four volunteers has been selected for Health and Awareness training camp held at Mussoorie from 04/06/2019-10/06/2019.
68. A Professional Training camp will be held in our college in which 30 volunteers will participate from our college. The volunteer of Shri L.N. Hindu College, Pt. Neki Ram Sharma Government College, Vaish Mahila Mahavidyalya Rohtak also participated in this camp.
69. On 27th June 2019, 24 volunteers of our college participated in St. John Ambulance district level camp held at Arpan institute for handicapped children by RIIT.

32. Name of College : KANYA MAHAVIDYALAYA KHARKHODA SONIPAT
Name of Principal : Dr. Suresh Boora
Name of the YRC Counsellor : Dr. Seemant

1. Orientation Session and Enrollment Process on 20th and 21st July, 2018, Made Aware the students regarding Youth Red Cross and enrolled students
2. Celebration of International Youth Day on 10th August, 2018 for motivated students through Essay writing and slogan writing for service of humanity
3. Swacch Bharat Abhiyan on 19th September, 2018, sensitized the students regarding cleanliness
4. Rally on “Say No To Plastics” on 24th September, 2018, inculcated a feeling of environment, friendly environment among student
5. World Human Rights Day on 10th December, 2018, Awareness on Human Rights
6. Extension lecture on sexual harassment at workplace on 24th December, 2018, sensitized girls students
7. Awareness Programme on HIV AIDS and Blood Donation, Blood Culture test on 4th February, 2019, motivated for Blood donation
8. Workshop on Health & Hygiene attended by four volunteers at MDU Rohtak on 26th February, 2019
9. One week Social and Health Awareness Programme from 6th April, 2019 to 14th April, 2019
10. Earth Day Pledge on 22nd April, 2019, sensitized for Global Warming
11. Youth Red Cross Day celebration and Pledge was taken for Blood Donation on 8th May 2019, tried to fulfill the Motto Of HEALTH, SERVICE & FRIENDSHIP
12. 7 Days Health Awareness Camp attended by Counsellor and Three Volunteers at Mussoorie (Uttarakhand) from 4th June to 10th June, 2019

33. Name of College : PT. NRS GOVERNMENT COLLEGE ROHTAK
Name of Principal : Mrs. Poonam Malik
Name of the YRC Counsellor : Shri Ashish Nandal & Dr. Anita Singh

1. Organization of Health Check up camp on 13.07.2018
2. Tree plantation at College campus on 30.07.2018
3. Sanitation drive around campus of Pt. NRS Government College on 14.08.2018
4. Water Score (earthen pots) maintained at college

TENTATIVE CALENDAR OF ACTIVITIES 2019-2020 (FROM 1ST AUGUST 2019 TO 31 JULY 2020)

August, 2019

1. Creating awareness about Youth Red Cross and motivating students for joining Youth Red Cross
2. Constitution of Y.R.C Committee for the year 2019-20
3. Enrolments of Youth Red Cross Volunteers in all the Colleges/Institutions and UTD for the year 2019-20
4. Nomination of Youth Red Cross Counsellors in the Colleges and MDU Campus
5. Annual Meeting and Printing of Progress Report and Y.R.C Bulletin

September, 2019

1. Orientation course for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
2. District level meetings of Y.R.C Counsellors and Principals organised by District Convenors and as per past practice each District Convenor has to adopt one village for health awareness/health screening for the residents of the village
3. Celebration of International Peace Day on 21.09.2019 at MDU Campus
4. One day workshop on "Women Security and Self-Defence" and Beti Bachao Beti Padhao for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
5. One day University Level Disaster Management Workshop for Principals, YRC Counsellors and Volunteers of UTD and Colleges affiliated with MDU Rohtak

October, 2019

1. Celebration of All India Voluntary Blood Donation day (1st October) and Blood Donation Camp for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
2. "Anti-Drug" and "Say No to Alcohol" Campaign and "Swachhta Abhiyan" (Cleanliness Drive) on 2nd October at MDU Campus for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak
3. 7 days Health Awareness/Training Camp for Boys & Girls at MDU Campus for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak

November, 2019

1. First-Aid Training Camp at MDU Campus for Volunteers of UTD and Local Colleges
2. One day programme on Cyber Security at MDU for YRC Volunteers and Counsellors of UTD & Colleges affiliated with MDU Rohtak and Students and Staff Members of MDU
3. Workshop on Health & Hygiene and Pain management for YRC Counsellors and Volunteers of UTD & Colleges affiliated with MDU Rohtak
4. To organize counselling sessions for the Students to redress their Personal and Professional Problems for Students and Staff of UTD and Local Colleges
5. Workshop on Water Conservation/जल ही जीवन है for YRC Volunteers and Students of UTD and local Colleges affiliated with MDU Rohtak

December, 2019

1. Celebration of World AIDS Day (1st December) at MDU Campus for YRC Volunteers of UTD & Local Colleges affiliated with MDU Rohtak
2. Programme on "International Day of People with Different Ability" (3rd December) at MDU Campus
3. 7 days Health Awareness/Training camp for Boys & Girls of UTD and Local Colleges at MDU Campus Rohtak
4. Activity/Programme on Polythene Free MDU Campus through YRC Volunteers of UTD and Local Colleges

January, 2020

1. 9 days Health Awareness Camps for Boys of UTD and Colleges affiliated with MDU Rohtak (**Outside Haryana**)
2. 9 days Health Awareness for Girls of UTD and Colleges affiliated with MDU Rohtak (**Outside Haryana**) outside Haryana
3. Celebration of Rastriya Yuva Diwas (12th January) at MDU Campus
- 4.

February, 2020

1. 7 Days All India Inter University Health Awareness/Training camp(with the collaboration of Haryana State Red Cross) for YRC counsellor and volunteers
2. Workshop on Use & Abuse of Social Media at MDU for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak
3. Workshop on Stress Management at MDU Campus for YRC Volunteers and Counsellors of UTD and Colleges affiliated with MDU Rohtak

March, 2020

1. One Day University level Health Check up camp for girls and female staff member at Mini Health Centre, M.D.U, Rohtak
2. One Day University level Health check up camp for boys and male staff member at Activity Centre M.D.U, Rohtak
3. Blood/Organ Donation camp at MDU Campus
4. Traffic rule/ Road safety awareness workshop/rally for YRC Volunteers and Counsellors of UTD and Local Colleges
5. 7 days Health Awareness Camp at MDU Campus for Boys & Girls of UTD and Local Colleges

April, 2020

1. Celebration of World Health Day (7th April) at MDU Campus
2. First-Aid Training camp at MDU Campus for YRC Volunteers of UTD and Local Colleges
3. Counselling session for redress of personal and professional problems of students and staff members of UTD and Local Colleges
4. Blood Donation camp at MDU Campus

May, 2020

1. Celebration of Red Cross Day (8th May) by Youth Red Cross MDU Rohtak at MDU Campus or at any College affiliated with MDU Rohtak

June, 2020

1. International Blood Donors Day (14th June) at MDU Campus for YRC Volunteers of UTD and Colleges affiliated with MDU Rohtak
2. 7 Days YRC Health Awareness/Training Camp for Boys and Girls of UTD & Local Colleges at M.D.U Campus
3. Celebration of International Yoga day (21st June)
4. Celebration of National Anti-Drug Addiction day (26th June) at MDU Campus
5. 9 Days Health Awareness Camp for Boys for YRC Volunteers of UTD and Colleges affiliated with MDU Rohtak **(Outside Haryana)**
6. 9 Days Health Awareness Camp for Girls for YRC Volunteers of UTD and Colleges affiliated with MDU Rohtak **(Outside Haryana)**

Note:-

- A. Blood donation camp will be organized from time to time as per requirement of Blood Bank and availability of Donors.
- B. Other activities will be done as per requirement and directions of Vice-Chancellor-cum-Chairman, University Youth Red Cross Committee, M.D.U Rohtak.
- C. The date of activities and venue are liable to be changed as per availability of place and convenience, with the permission of Vice- Chancellor-cum-Chairman, University Youth Red Cross.
- D. This Calendar of Activity is for session 2019-20 and is subject to the approval of YRC Committee.

-Sd/-

Programme Co-ordinator

-Sd/-

(Field Co-ordinator)

MAHARSHI DAYANAND UNIVERSITY ROHTAK
UNIVERSITY YOUTH RED CROSS COMMITTEE
(Room NO. 104, Mechanical Block, UIET Building)
Contact: 01262-393156, Email:mduyrcrohtak@gmail.com



Enrollment Form for (UTD YRC Volunteers) for the **Session 2019-20**

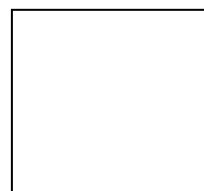
1. Name of the Student : _____
2. Father's Name : _____
3. Male/Female : _____
4. Age : _____
5. Date of Birth : _____
6. Blood Group : _____
7. Roll No. : _____
8. Class : _____
9. Department : _____
10. Correspondence Address : _____
: _____
11. Mobile No. : _____
12. Previous Service of Youth Red Cross : _____
If yes give details : _____
13. Were you a member of Y.R.C. : _____
Last Year, if yes give details : _____
14. Hobbies : _____
15. Which Social Service you will prefer : _____
16. Email Address : _____

(Signature)
Y.R.C. Volunteers

Recommended by HOD

(Signature)
Counsellor
Youth Red Cross

MAHARSHI DAYANAND UNIVERSITY ROHTAK
UNIVERSITY YOUTH RED CROSS COMMITTEE
(Room NO. 104, Mechanical Block, UIET Building)
Contact: 01262-393156, Email:mduyrcrohtak@gmail.com



Enrolment Form for (YRC Volunteers) for Colleges/Institutions
for the **Session 2019-20**

1. Name of the Student : _____
2. Father's Name : _____
3. Male/Female : _____
4. Age : _____
5. Date of Birth : _____
6. Blood Group : _____
7. Roll No. : _____
8. Class : _____
9. Department : _____
10. Correspondence Address : _____
: _____
11. Mobile No. : _____
12. Previous Service of Youth Red Cross : _____
If yes give details : _____
13. Were you a member of Y.R.C. : _____
Last Year, if yes give details : _____
14. Hobbies : _____
15. Which Social Service you will prefer : _____
16. Email Address : _____

(Signature)
Y.R.C Volunteers

Recommended by Principal

(Signature)
Counsellor
Youth Red Cross



**UNIVERSITY YOUTH RED CROSS
MAHARSHI DAYANAND UNIVERSITY ROHTAK**

(A state University established under Haryana Act NO. 25 of 1975)

NAAC Accredited 'A+' Grade

Room No.104, Mechanical Block, UIET, Building

Contact No. 01262-393156 Email: mduyrcrohtak@gmail.com



APPLICATION FORM FOR CAMP

(Fill up in Block Letters)

1. Name of the Camp/Course _____
2. Date of the Camp/Course _____ to _____
3. Name of the Applicant _____
4. Father's Name _____
Mother's Name _____
5. Dept./College/Institution _____
6. Class & Roll No, _____
7. Date of Birth _____ Age _____
8. Address for Correspondence _____

Telephone Number /Mobile Number _____

9. Permanent Home Address _____

Telephone Number/Mobile Number _____

10. Vegetarian/Non-Vegetarian _____

11. Details of Previous Camps/Courses/Activity attended:

Name of the Camp/Course/Activity	Dates	Place

12. Any Special Qualification /Training/Hobbies/Experience/Relating to Youth Red Cross.

- a) _____
- b) _____
- c) _____

13. Hobbies (Singing , Dancing, Theatre, Fine art, Literary, Sports, etc.)

- a) _____
- b) _____
- c) _____

Affix your latest
passport size
photograph
attested by
Principal/Head
Inst.

Signature of Applicant

RISK CERTIFICATE

I hereby solemnly declare that the above particulars are correct to the best of my knowledge and belief and that if I am selected, I shall strictly abide/ adhere by the Rules and Regulations of the Camp /Course and shall be a disciplined member of the Camp/Course failing which, I will be liable of expulsion.

I also declare that if I am selected I shall attend the Camp/Course at my own risk and neither I nor my parents/ guardian will claim any compensation in case of illness/mishap/ injury /accident of any kind affecting me.

I shall be wholly responsible for any dispute/police case if happened due to my carelessness /irresponsible activity at site.

Place_____

Date_____

Signature of the Applicant

It is certified that I agree to details my Son/Daughter Mr/Ms_____ for the camp/course /training /activity /for which he/she has applied. In case of any illness /injury/mishap /accident of any kind affecting my son/daughter, I will not claim any compensation and will not hold the Host Institute/Youth Red Cross M.D. University, Rohtak or its staff wholly or partially responsible for the same.

Place_____

Date_____

Signature of the Father/Guardian

RECOMMENDATION OF THE HEAD /PRINCIPAL OF THE DEPARTMENT/COLLEGE/INSTITUTION

I hereby certify that the applicant Mr/Mrs._____ of Class _____Roll No._____ of my Dep./College/Institution is recommended as being the most suitable student for the said camp/course /activity . The student has been found fit after medical examination Medical Certificate is enclosed to join/undergo the said camp activity at his/her own risk and that no compensation will be payable in case of any illness /mishap /injury /accident of any kind.

Signature of Y.R.C. Counsellors
concerned College/Institution

Signature of the Head/Principal
With Office Seal

**MAHARSHI DAYANAND UNIVERSITY
YOUTH RED CROSS**

Application form for Merit Certificate

(To be filled in by the Y.R.C. Volunteers)

University Y.R.C Merit Certificate for the Year _____

Name of the Recommending College/Deptt. _____

Name of The student (As per Academic Certificate) _____

Class/Roll Number _____

Father Name (as per academic certificate) _____

ACHIEVEMENT AND PARTICIPATION IN Y.R.C ACTIVITES

1. FIRST-AID-TRAINING

A-Certificate no. _____

B- Place of Training camp _____

C-Date of Training camp _____

2. Participation in camps

A - Camp organized by _____

B - Date of Camp _____

C - Place of Camp _____

3. Participation in two international /National day / Week Celebrated by University /College concerned

Name of Event	Date of Event	Place	Remarks
1 _____	_____	_____	_____
2 _____	_____	_____	_____

4. Details of Voluntary Service Rendered

Sr.No.	Name of Event	Date	Place	Under supervision
1.				
2.				
3.				
4.				
5.				

5. Blood Donation

A. Blood Donor

B. Blood Donor Motivator

Date of Donation	Registration No.	Place of Donation	Place of Motivation	No. of Donor Motivated	Period of Motivated
1					
2					
3					

If the above facts found incorrect/false, I shall be responsible for the same.

Signature of Y.R.C Volunteers

The above candidate has been considered by the College level Y.R.C. Committee Meeting held on 17.08.2019 and approved to recommend for the **Award of University Y.R.C. Merit Certificate** for the aforesaid session .The facts submitted by the Volunteers are true and correct as per record.

**SIGNATURE OF THE PRINCIPAL OF THE
INSTITUTION WITH SEAL**

**Y.R.C COUNSELLOR
WITH SEAL**

Criteria for Youth Red Cross Merit Certificate

1. FIRST AID TRAINING

The volunteer should be trained in First Aid having Sr. First Aid valid certificate.

2. Participating in following Camps

- A. District Level Youth Red Cross Training Camp
- B. State level Youth Red Cross Training Camp.
- C. University Level Youth Red Cross Training Camp.
- D. National Level Youth Red Cross Training Camp.

Out of above 4 camps, participation in 2 camps is mandatory

3. Participation in the international/National Days & Week and the programmes celebrate by the University / Colleges concerned.

Participation in celebration of two important days is mandatory.

4. Voluntary Services

- A. Voluntary services during any disasters /calamity by setting an example of helping /saving lives.
- B. Duty on First Aid post. Established during festivals, Rallies, Sports Meets etc. As trained First Aider to help the sick and wounded.
- C. University /College /Institution constituted under Y.R.C.
At present no Brigade Division is established at University and College Level.
- D. Voluntary Blood Donor and voluntary blood donation motivator, who has voluntarily donated blood at least two times during last two years duration.
- E. He/ She can deliver lecture of various subjects as per principles of Red Cross.
- F. Participation and performance during awareness rally/ rallies on Environment/tree plantation and other social issues during the year as per Youth Red Cross Guidelines.
- G. University and College may add any other activities as is deemed fit as per objectives of Red Cross.

Items No. 4 (A to G) Youth may participate any of the three programme among which the condition suggested under point No. 4(d) should be preferred.

PROFORMA FOR ANNUAL REPORT OF YOUTH RED CROSS

1ST AUGUST, 2019 TO 31ST JULY, 2020

1.	Name of the University/College/Institution	
2.	No. of Registered Counsellors	
3.	No. of Students on roll	
4.	Activities organized in the University/College/Institution (Please attach a separate sheet mentioning each activity in detail)	
5.	Number of poor & needy students helped out of Red Cross fund. i) University / College / Institution ii) No. of student given clothes iii) No. of Students given books. iv) No. of Students given medicines	
6.	Income during the year by collecting Red Cross subscription	
7.	Expenditure during the year on Welfare of students and other activities	
8.	No. of Youth Camps attended by Students	
9.	No. of blood donation camps organized and no. of donor donated blood	
10.	Community project (Attach brief reports)	
11.	Youth Red Cross budget approved by the Executive Committee or University / College (Details of budget may be given)	
12.	How much Red Cross fund fee is charged from each student	
13.	Balance amount in Red Cross fund on previous financial year	
14.	Audit of Youth Red Cross fund. Attach Audit Report of financial year	
15.	Details of deposits amount. Name of Bank Saving Account/Current Account	
16.	Any other information (Please use extra sheet if required)	

SIGNATURE & SEAL OF PRINCIPAL

Note: The Annual & Audit Report should be submitted to the University concerned by the colleges/Institutions and University will further submit the reports along with the annual Youth Red Cross subscription to the office of Hony. Secretary, Indian Red Cross Society, Haryana State Branch, Chandigarh.

Criteria for Sir Jean Henry Dunant Trophy for Best College in YRC Activities from the session 2019-20

Minimum Qualifying Marks: 40,

Maximum Marks: 90

A. Essential Conditions to consider the College/ Institution for Trophy

1. Constitution of College Level YRC Committee.
2. Nomination of YRC Counsellor
3. Enrolment of YRC Volunteers
4. Opening of Separate YRC bank account/ maintain separate accounts in ledger (for 2019-20)

B. Activity Bases:-

S. No.	Activity	Maximum Marks
1	Organisation of 05/07 days District Level Health Awareness/Training Camp (05 marks for each camp)	10
2	Organisation of 05/07 days First Aid Training Camp (05 Marks for each camp)	10
3	Participation in National/State /District/University Level Camp(05 marks for each participation)	10
4	Workshop/Activities attended by YRC Volunteers organized by MDU Rohtak(02 mark for each participation of 5 volunteers and the counsellor)	10
5	Awareness Workshop/Camp/Activities organized by college on the theme related to YRC (02 marks for each)	10
6	Celebration of National/International Days by college on the theme related to YRC (02 marks for each)	10
7	Blood Donation Camps (05 marks for each Camp)	10
9	Health Check-up camp organised by the college (04 marks for one camp, 04 for the follow up or second camp in college campus and 07 marks for the camp organised in the village adopted)	15
10	Proper Annual report with photos and documentary evidence/proof	5
	Total marks	90

Note: In case of more than one College/Institute scoring equal marks, the trophy will be awarded for that session to each one.

STATE YOUTH RED CROSS AWARDS

The Criteria for Youth Red Cross Awards is as under :-	
Category	Criteria for Awards
<p>1. For Universities (Institutional Awards)</p> <p>Vice-Chancellor or his/her nominee will receive award in AGM</p>	<p>a. First Aid Training in the Universities should be minimum of 10% of the total strength of students of University campus.</p> <p>b. Minimum one, one day Youth Red Cross seminar and camp to be organized for the strength of 50 students.</p> <p>c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 50 donors</p> <p>d. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir Jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.</p> <p>e. Celebration of important days & weeks (14th June Blood donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Day</p> <p>f. Awareness rally/rallies on Environment/Tree Plantation during the year</p> <p>Youth Red Cross share should be cleared by 28th February of every year by the Universities for the same financial year</p>
<p>2. Individual Award for Programme Co-ordinator, Youth Red Cross of the University</p>	<p>This individual award will be given to those Programme Co-ordinators, Youth Red Cross of the Universities, whose University will be selected for the institutional awards on the basis of their outstanding performance</p>
<p>3. For Colleges/Institutions (Institutional Awards)</p> <p>Principal of the College will receive award in AGM</p>	<p>a. First Aid and Home Nursing Training in the Colleges should be minimum of 10% of total students in the college</p> <p>b. Minimum one, one day Youth Red Cross seminar and camp with minimum 50 students</p> <p>c. Minimum one voluntary blood donation camp be arranged during the financial year with minimum 25 donors</p> <p>d. Celebration of World Red Cross Day on 8th May (Birth Anniversary of Sir Jean Henry Dunant, founder of Red Cross should be celebrated on 8th May on any other convenient day during the year), 12th August as fund raising day etc.</p> <p>e. Celebration of important days & weeks (14th June Blood Donors Day, 1st October All India Voluntary Blood Donation Day, 1st December, World AIDS Day</p> <p>f. Awareness rally/rallies on Environment/Tree Plantation during the year</p>
<p>4. Counsellor's Award (Individual Award for the Counsellors of Youth Red Cross at Universities and Colleges)</p>	<p>The Counsellor awards will be given to those Counsellor who's University/College will be selected for the Institutional awards on the basis of their outstanding performance.</p>



