

**Prof. Sharma, N. R.**

**CURRICULUM VITAE**

Name Prof. Nov Rattan Sharma  
Father's Name Sh. Suraj Mal Sharma  
Date of Birth 23.1.1963  
Educational Qualification M.A. (Psychology), Ph.D., PGDGC.  
Present Employment Professor, Department of Psychology,  
M.D. University, Rohtak (Haryana)  
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**Teaching / Research Experience:** 34 years

**Dissertation / Thesis Supervised: Ph. D. Awarded: 27, In Progress: 6**

**Editing / Published Work:**

**Book Published:** 12

**Paper Published:** 181

**Journal:** 1 (*Journal of Indian Health Psychology*, biannual, Since Sept. 2006).

**Publisher:** Global Vision Publishing House, New Delhi

**Research Area:** Personality, Applied Positive Health and Counseling Psychology

**Conference / Seminar / Workshop Attended:** 124

**Refresher/ Orientation/ Training courses:** 05

**Administrative Experience as Head of the Department (2001-2004):** 3 years

**Deputy Coordinator: DRS-I (2004-09) 5Years**

**Deputy Coordinator: DRS-II (2009-14) 5Years**

Establishment of **Center of Positive Health** in the Department of Psychology for Students and General Public.

**Major Activities Organized:** 21

**Membership of Academic/Professional Bodies:** 13

**1. Educational Qualifications:**

<b>Degree</b>	<b>Year of Passing</b>	<b>University/ Institution</b>	<b>Division</b>	<b>Percentage of Marks</b>	<b>Merit/medal /Prize</b>
Matric	1977	Haryana Education Board	I <sup>st</sup>	61%	First in School
Pre-University	1978	Kurukshetra University, Kurukshetra	I <sup>st</sup>	62.1%	
B.A.I	1979	M. D. University, Rohtak	I <sup>st</sup>	63.3%	
B.A.	1981	M. D. University, Rohtak	I <sup>st</sup>	61.7%	First in College
PG (Psychology)	1983	Kurukshetra University, Kurukshetra	Ist Class Ist	67%	First in University
Ph. D	1987	M. D. University, Rohtak	Anisomycin and Memory		
PGDGC	1996	Annamalli University, Annamalli			

**2. Career Profile:**

<b>Designation</b>	<b>Institution Served</b>	<b>Duration</b>	
		<b>From</b>	<b>To</b>
Lecturer	S. J. K. College, Kalanaur	22.8 1983	28.10 1984
Lecturer	University College, Rohtak	29.10 1984	10.10.1988
Lecturer	Dept. of Psychology, M.D.U., Rohtak	10.10.1988	21.8.1996
Reader	Dept. of Psychology, M.D.U., Rohtak	22.8.1996	21.8.2004
Professor	Dept. of Psychology, M.D.U., Rohtak	22.8. 2004	Till Date

## **Publications: 181**

1. Sharma, P. N., & **Sharma, N. R.** (1994). Total time Hypothesis in verbal learning. *Indian Psychological Review*, 42 (3 & 4), 25-29.
2. **Sharma, N. R.**, & Muhar, I. S. (1995). Effect of Naloxone on memory. *Indian Psychological Review*, 44 (1 & 2), 28-32.
3. **Sharma, N. R.**, & Muhar, I. S. (1995). Time dependent effect of Anisomycin on memory. *Psycho - lingua*, 25 (1 & 2), 19-22.
4. **Sharma, N. R.**, & Muhar, I. S. (1995). Effect of Protein synthesis inhibition o memory. *Journal of the Indian Academy of Applied Psychology*, 21 (1), 61-64.
5. Sharma, P. N., **Sharma, N. R.**, & Sharma, S. (1995). Time dependent effect of Glucose on memory. *Indian Psychological Review*, 44 (11-12), 30-35.
6. **Sharma, N. R.** (1996). Biochemical basis of memory. In *Recent advances in Bio-sciences and oceanography*, Edited by V.P. Agarwal, S.A.H. Abidi and Ravi Parkash, Muzaffarnagar, 269-274.
7. **Sharma, N. R.**, & Muhar, I.S. (1997). Effect of Protein Synthesis Inhibition on Acquisition. *Indian Journal of Psychology*, 72(1&2), 5-8.
8. **Sharma, N. R.**, & Muhar, I. S. (1997). Antibiotics and Memory. *Journal of Personality and Clinical Studies*, 13 (1&2), 71-74.
9. Sunita, **Sharma, N. R.**, & Yadava, A. (1997). Gender differences in general depression. *Communications (A research Journal devoted to distance and non-formal education published by Chairman Department of Distance Education, University of Kashmir, Srinagar)*, 8(8), 15-18.
10. Darolia, M. K., Yadava, A., & **Sharma N. R.** (1998). Caloric Intake, Blood Protein levels and Memory. *The Indian Journal of Nutrition and Dietics*, 35, 163-165.
11. **Sharma, N. R.**, & Muhar, I. S. (1998). Duration of Protein Synthesis Inhibition and Memory. *Asian Journal of Psychology and Education*, 30(5-6), 28-32.
12. **Sharma, N. R.**, & Muhar, I. S. (1998). Effect of Protein Synthesis inhibition on memory for active avoidance learning. *Psychological Studies*, 43(1&2), 30-32.
13. **Sharma, N. R.**, & Muhar, I. S. (1999). Memory Impairing effects of Anisomycin are not task specific. *Psycho-Lingua*, 29(1), 77-82.

14. Mehta, S., Yadava, A., & **Sharma, N. R.** (1999). State dependent memory modulatory effects of epinephrine and glucose. *Psycho-Lingua*, 29(2), 141-144.
15. Yadava, A., Jakhkar, N., & **Sharma, N. R.** (1999). Effect of Glucose on memory in mentally retarded subjects. *Journal of Personality and Clinical Studies*, 15(1&2), 25-30.
16. Mahajan, V., Yadava, A., & **Sharma, N. R.** (1999). Role of anxiety in the manifestation of pscho-somatic complaints after tubectomy. *Journal of Personality and Clinical Studies*, 15(1&2), 37-40.
17. **Sharma, N. R.**, Sunita, Yadava, A., & Yadava, N. (1999). Level of general depression among scheduled caste/scheduled tribe and non-scheduled caste/scheduled tribe students. *Indian Psychological Review*, 52(2), 64-68.
18. Yadava A., **Sharma N. R.**, Sharma, P. N., & Dahiya, S. B. (1999). Effect of carbon monoxide (CO) on learning. *Indian Journal of Environmental Health*, 41(3), 194-199.
19. Malik, S., Yadava, A., & **Sharma, N. R.** (1999). Antagonistic effect of vasopressin of morphine induced amnesia. *Advances in Bio-Sciences*, 18(ii), 85-92.
20. Yadava, A., Kumar, N., & **Sharma, N. R.** (2000). Impact of multichannel cable network on the nature of viewing and social interactions. *Journal of Human Values*, 6(1), 73-77.
21. Yadava, A., **Sharma, N. R.**, & Sunita (2000). Across generation comparison of values in rural area. *Indian Journal of Psychometry and Education*, 31(2), 101-104.
22. Darolia, M. K., Yadava, A., & **Sharma, N. R.** (2000). Age related menmoactive effect of glucose. *Indian Journal of Gerontology*, 14(3&4), 104-108.
23. **Sharma, N. R.**, Sharma, S., Sethi, A. S., & Yadava, A. (2001). Child rearing practices and parental training as determinants of achievement motivation. In Mahesh Bhargava and Saroj Aurora (Eds.) *Parental Behaviour* (p.129-136), Agra: H. P. Bhargava Book House.
24. **Sharma, N. R.**, Asha, & Yadava, A. (2001). Mental health of women in relation to job stress. *Journal of Personality and Clinical Studies*, 17(1), 41-44.
25. Yadava, A., **Sharma, N. R.** & Gandhi, A. (2001). Aggression and moral disengagement. *Journal of Personality and Clinical Studies*, 17, 95-99.
26. **Sharma, N. R.**, Yadava, A., & Sunita (2001). Study of general depression among college students. In *Trends in Clinical and Psychotherapy (modern and vedic)* edited by C.P. Khukhar, 179-186.

27. **Sharma, N. R.**, Sharma, S., & Yadava, A. (2002). Level of psychological distress among rural and urban school teachers. *Recent Researches in Education and Psychology*, 7, 73-78.
28. Yadava, A., Sunita, & **Sharma, N. R.** (2002). Across generation study of aggression and moral disengagement. *Indian Journal of Psychometry and Education*, 33(1), 13-18.
29. **Sharma, N. R.**, Yadava, A., & Manju (2002). Retrieval ability as a function of personality dimension and level of intelligence. *Psycho-Lingua*, 32(1), 15-20.
30. **Sharma, N. R.**, Sharma, A., & Sharma, R. C. (2002). Employment status and frustration level of Indian housewives. *Journal of Personality and Clinical Studies*, 18, 109-113.
31. **Sharma, N. R.**, Yadava, A. & Poonam (2002). Effect of impulsivity of attentional processes. *Journal of the Indian Academy of Applied Psychology*, 28(1-2), 39-44.
32. Yadava, A., **Sharma, N. R.** & Sharma, S. (2003). Effect of Multi-channel Television Network on Social Interaction. In *Psychological Implications of Information Technology* edited by N.K. Chandel et al, 89-93.
33. **Sharma, N. R.**, Sharma, A., & Suraj Mal (2003). Enabling the Disabled; With Special Reference to Latest Technology. In *Psychological Implications of Information Technology* edited by N. K. Chandel et al, 149-163.
34. Yadava, A., **Sharma, N. R.** & Jakhar, N. (2003). Caloric Restriction and Cognitive Performance. *Maharshi Dayanand University Research Journal (Arts)*, 2(1), 23-30.
35. **Sharma, N. R.**, Sharma, P., & Sharma, S. (2003). Effect of high dose of glucose on memory. *Journal of the Indian Academy of Applied Psychology*, 29(1&2), 7-20.
36. Yadava, A., **Sharma, N. R.** & Nisha (2003). Memory modulatory effect of glucose on heat stress induced amnesia. *Psycho-Lingua*, 31(1), 55-59.
37. Yadava, A., Darolia M., & **Sharma, N. R.** (2003). Dose dependent mnemoactive effect of glucose. *Indian Journal of Psychological Issues*, 11(1), 79-83.
38. **Sharma, N. R.**, Sharma, S. & Yadava, A. (2003). A study of anger expression among college students. *Journal of Personality and Clinical Studies*, 19, 243-248.
39. Yadav, A., **Sharma, N. R.**, & Sunita (2003). Across generation values in rural areas. In eds. C. S. Singhal, 'Behavioural Management in Rural Development (p. 142-149) Ambala Cantt.: The Associated Publishers.
40. Joshi, S. **Sharma, N. R.** & Yadava, A. (2004). A study of values in relation to age, gender and economic level of the respondents. *Asian Journal of Psychology and Education*, 37, 18-21.

41. **Sharma, N. R.**, Darolia, C. R., Kajal, A. S., & Yadava, A. (2004) Emotional Intelligence: Construct Independence from social intelligence, Personality and temperament. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.46-58) Delhi, Wisdom Publication.
42. **Sharma, N. R.**, Tayal, P., & Yadava, A. (2004). Inspection time in relation to level intelligence. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.65-72) Delhi, Wisdom Publication.
43. **Sharma, N. R.**, Kumar, A., & Yadava, A. (2004). Self esteem as a determinant of well being. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.97-105) Delhi, Wisdom Publication.
44. **Sharma, N. R.**, Hooda, D., & Yadava, A. (2004). Study of anger in relation of personality. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.106-112) Delhi, Wisdom Publication.
45. **Sharma, N. R.**, Sonu, & Yadava, A. (2004). Across gender comparison of need patterns. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.169-174) Delhi, Wisdom Publication.
46. Yadava, A., Neeraj & **Sharma, N. R.** (2004). Contribution of structural and semantic components of reading ability in Ach. In Hindi. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.193-199) Delhi, Wisdom Publication.
47. Yadava, A., **Sharma, N. R.** & Sharma, S. (2004). Genesis of individual differences in behaviour among animals. In Rajbir Singh et al. (Ed.) *Psychology of Individual Differences*, (p.209-213) Delhi, Wisdom Publication.
48. Arya, S., **Sharma, N. R.**, & Yadava, A. (2004). Effect of Noise Sensitivity Level on Concentration. *Psycho-Lingua*, 34, 154-158.
49. **Sharma, N. R.**, Yadava, A. & Hooda, D. (2005). Effect of Yoga on psycho-physical functions. *Journal of Indian Psychology*, 23, 37-42.
50. **Sharma, N. R.**, Ravinder & Yadava, A. (2005). Study of personality and adjustment of players of individual and team games. In J. Mohan and M. Sehgal (Eds.). *Readings in Sports Psychology*, (p.237-247) New Delhi, Friends Publications, India.
51. Sharma, A., **Sharma, N. R.**, & Yadava, A. (2005). A critical review of well being measures. In Ajit K. Dalal and Subha Ray (Eds.). *Social Dimensions of Health*, (p.37-52) Jaipur: Rawat Publications.

52. **Sharma, N. R.**, A. Sharma & Yadava, A. (2005). Psychosocial correlates of health: A review. In Ajit K. Dalal and Subha Ray (Eds.). *Social Dimensions of Health*, Jaipur, Rawat Publications.
53. Singh, R., Malhotra, S., Batra, P., Yadava, A., **Sharma, N. R.**, Radhey Shyam, Singh, S., & Kumar, S. (2006). Biopsychosocial perspective of health psychology: An empirical tryout. *Journal of Indian Health Psychology, 1*, 8-28.
54. **Sharma, N. R.**, Sharma, A., & Yadava, A. (2006). Study of general mental health in relation to personality. *Journal of Indian Health Psychology, 1*, 67-75.
55. Sharma, A., **Sharma, N. R.** & Yadava, A. (2006). Correlates of positive health: A review. In: J Mohan and M. Sehgal (Eds.). *Health psychology: Recent Perspectives* (pp. 297-310) Delhi: Abhijeet Publications.
56. Yadava, A., **Sharma, N. R.** & Sunita (2006). Moral disengagement and guilt reactions. *Indian Journal of Psychometry and Education, 37*, 99-104.
57. Jain, N., **Sharma, N. R.** & Yadava, A. (2006). Personality and behaviour: A triguna perspective. In: Updesh Kumar, et al. (Eds.). *Recent Developments in Psychology* (pp. 19-33). Delhi: DIPR, DRDO.
58. Yadava, A., Anita & **Sharma, N. R.** (2006). Effect of residential density on mental health. *Indian Journal of Community Psychology, 2* (1), 147-151.
59. Yadava, A., **Sharma, N. R.** & Sharma, S. (2007). Embodiment of positive health psychology. In Yadava, A. and **Sharma, N. R.** (Eds.) *Positive health psychology* (pp. 3-14). New Delhi: Global Vision Publishing House.
60. Sangwan, S., **Sharma, N. R.** & Yadava, A. (2007). Managing obesity with positive life style. In Yadava, A. and Sharma, N. R. (Eds.). *Positive health psychology* (pp. 335-346). New Delhi: Global Vision Publishing House.
61. Jain, N., **Sharma, N. R.** & Yadava, A. (2007). Prakriti and well being. In: Rajbir Singh and Radhey Shyam (Eds.). *Psychology of well being* (pp. 361-372). New Delhi: Global Vision Publishing House.
62. Muhar, I. S. & **Sharma, N. R.** (2007). Slackening memory in elderly: alarming signal of Alzheimer's disease. In: Sunita Malhotra, Promila Batra and Yadava, A. (Eds.). *Health Psychology* (pp. 250-256). Delhi: Common Wealth Publishers.

63. **Sharma, N. R.**, Joshi, S. & Sharma, S. (2007). Profile of need patterns among women across life span. In: Yadava, A., Sharma, S. and Sharma, N. R. (Eds.). Understanding women behaviour (pp. 383-406). New Delhi: Global Vision Publishing House.
64. **Sharma, N. R.**, Sharma, A. & Yadava, A. (2007). Personality correlates of well being. In K. Ravichandra, C. Beena and Renuka Regani (Eds.). Psychological well being (pp. 5-22) New Delhi: Global Vision Publishing House.
65. **Sharma, N. R.**, Sharma, P. N., & Yadava, A. (2007). Effect of diazepam on avoidance learning. *Psycho-lingua*, 37, 3-8.
66. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2008). Emotional Intelligence as a Predictor of Positive Health in Working Adults. *Journal of Indian Health Psychology*, 2,196-207.
67. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2008).Sex Differences Intelligence among working Adults. *Global Journal of Business Management*, 2,133-142.
68. Yadav, N., Yadava, A. & **Sharma, N. R.** (2008).Structural and Semantic Correlates of Reading Ability and Academic Achievement. In: Nov Rattan **Sharma, N. R.**, Kalia, A., & Yadava, A. (Eds.). Psychology of Education (pp. 111-146). New Delhi: Global Vision Publishing House.
69. Yadava, A., **Sharma, N. R.**, & Sharma, S. (2008).Understanding Bulllying: A Moral Disengagement Framework. In Sharma, N. R., Ashoks K. Kalia and Akbar Husain (Eds.). Counselling: Theory, Research and Practice. (pp. 147-160). New Delhi: Global Vision Publishing House.
70. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2009). Social Intelligence as a predictor of positive psychological health. *Journal of Indian Academy of Applied Psychology*, 35,143-150.
71. Yadava, A., Sharma, S. & **Sharma, N. R.** (2010). Interface between Business and Psychology. In: Sharma, N. R. and Yadava, A. (Eds.). *Business Psychology* (pp. 15-30). New Delhi: Global Vision Publishing House.
72. Hooda, D., Yadava, A. & **Sharma, N. R.** (2010). Development of Positive Psychological capital in Business Organisations. In Sharma, N. R. and Yadava, A. (Eds.). *Business Psychology* (pp. 333-380). New Delhi: Global Vision Publishing House.
73. Sharma, M., Kaveri, **Sharma, N. R.**, & Yadava, A. (2010).Personality Factors as Correlates of Health among adults. *Journal of the Indian Academy of Applied Psychology*, 36(2), 328-333.

74. Sharma, M., Yadava, A. & **Sharma, N. R.** (2010). Countermeasures Deterrent to Accuracy in Lie Detection. *Behavioral Scientists, 11*(2), 97-104.
75. Kaveri, Sharma, M. & **Sharma, N. R.** (2010). Researches on Meditation –A review. *Psyber News-An International Magazine of Psychological Research, 1*(4), 25-30.
76. Sharma, M., **Sharma, N. R.**, & Yadava, A. (2010). Depression in relation to Self –Efficacy and Parenting style among female adolescents. *Indian Journal of Community Psychology, 6*(2), 208-220.
77. Sharma, M., **Sharma, N. R.**, & Yadava, A. (2010). Parental Styles and Depression among Adolescents. *Journal of Indian Academy of Applied Psychology.37* (1), 61-68.
78. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2010). Intelligence as Contributor of Positive Health across Gender. *Indian Social and Psychological Studies, 3*(2), 59-70, ISSN- 0973-5755.
79. Priti, Yadava, A. & **Sharma, N. R.** (2011). Factor Structure of Values- in-Action (VIA) in Diseased and Non-diseased Adults. *Journal of Indian Health Psychology, 5*(2), 81-90.
80. Hooda, D. & **Sharma, N. R.** (2011). Positive Psychological Capital: Concept and Implications. *News Letter Haryana Psychology Association, 4*(1), 5-8.
81. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2011). Emotional Intelligence and Spiritual Health among Adults. *Journal of Indian Academy of Applied Psychology.37* (2), 246-250.
82. Sharma, M., Kaveri, **Sharma, N. R.**, & Yadava, A. (2011). Parenting Style and Behavioral Problems in Adolescents. *Journal of Health and Well being, 2*(1), 65-68.
83. Nehra, D. K., Sharma, V., Mushtaq, H., **Sharma, N. R.**, Sharma, M., & Nehra, S. (2011). Emotional Intelligence and Alexithymia in Adolescents. *Behavioural Scientist, 12*(1), 101-108
84. Priti, Yadava, A. & **Sharma, N. R.** (2011) Perceived Health and Signature Strengths in Diseased and Non- diseased respondents. *Indian Journal of Psychology and Education, 1* (2), 75-86.
85. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2011) Effect of Age, Gender and Marital Status on Positive Subjective Experiences. *Indian Journal of Psychological Science, 2* (1), 1-9.
86. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2011). Level of Emotional Intelligence and Positive Health. *Psyber News-An International Magazine of Psychological Research, 2*(4), 147-154.
87. Teenu, **Sharma, N. R.**, & Yadava, A. (2011). Role of Religious Belief in Environmental Conservation. Proceeding of national Seminar on “*Psychosocial Antecedents and Moderators*

of Environment” 10<sup>th</sup> to 12<sup>th</sup> March, 2011, organized by Department of Psychology, BLJS College, Tosham (Bhiwani).

88. Nehra, D. K., Sharma, V., Mushtaq, H., **Sharma, N. R.**, Sharma, M., & Nehra, S. (2012). Emotional Intelligence and Self Esteem in Cannabis Abusers. *Journal of Indian Academy of Applied Psychology*.38 (2), 385-393.
89. Jain, N., **Sharma, N. R.** & Yadava, A. (2012). Trigunatmak Prakriti as a Correlate of Subjective Well-being. *Indian Social and Psychological Studies*, 5(1), 21-31.
90. Pooja, Yadava, A. & **Sharma, N. R.** (2012). Body Mass Index: A Vital Marker of Health. In: Yadava, A., Hooda, D. & Sharma, N. R. (Eds.). *Biopsychosocial Issues in Positive Health* (pp. 63-74). New Delhi: Global Vision Publishing House.
91. Hooda, D., **Sharma, N. R.**, & Yadava, A. (2012). Intelligence and Positive Health. In: Yadava, A., Hooda, D. and Sharma, N. R. (Eds.). *Biopsychosocial Issues in Positive Health* (pp. 159-170). New Delhi: Global Vision Publishing House.
92. Priti, Yadava, A. & **Sharma, N. R.** (2012). Identification of Character Strength Associated with Health Maintenance and prognosis. In: Yadava, A., Hooda, D. and Sharma, N. R. (Eds.). *Biopsychosocial Issues in Positive Health* (pp. 171-184). New Delhi: Global Vision Publishing House.
93. Nehra, D. K., **Sharma, N. R.**, Nehra, S., & Kumar, P. (2012). Efficacy of Cognitive Behavior Therapy on Perceived Stress and Health Complains in Coronary Heart Diseased Patients. *Indian Journal of Positive Psychology*, 3(1), 84-88.
94. Nehra, D. K., **Sharma, N. R.**, Nehra, S., & Kumar, P. (2012). Efficacy of MBSR programe in treating Depression, anxiety and perceived Stress in Coronary Heart Diseased Patients. *Indian Journal of Positive Psychology*, 3(1), 91-95.
95. Nehra, D. K., **Sharma, N. R.**, Ali, G., Margoob, M. A., Mushtaq, H., Kumar, P., & Nehra, S. (2012). Comparative study of Prevalence of Psychological Distress factor in Coronary Heart Diseased Patients living under disturbed conditions and a normal place of North India. *Delhi Psychiatry Journal*, 15(1), 99-106.
96. Jain, N., **Sharma, N. R.** & Yadava, A. (2012). Triguna Prakriti and Application. *Psyber News-An International Magazine of Psychological Research*,
97. Jain, N., **Sharma, N. R.** & Yadava, A. (2012). Triguna Prakriti as a Correlate of Positive Health. *Journal of the Indian Academy of applied Psychology*, 38, (3) (special issue), 197-204.

98. Jain, N., **Sharma, N. R.** & Yadava, A. (2012). Gender Differences in Trigunakmak Prakriti. *Indian Journal of Community Psychology*, 8(II), 414-420.
99. Chauhan, K. & **Sharma, N. R.** (2012). Psychological Capital (Psycap) in Relation to Employees' Wellness. *Journal of Indian Health Psychology*, 7(1), 123-134.
100. Yadava, A., Hooda, D., & **Sharma, N. R.** (2012). Psychosocial Issues in Health and Illness. *Proceedings (ISBN: 978-81-92045-2-6) of National Seminar "Challenges in Combating Diseases: Cause to Cure", Organized by Department of Zoology, Maharshi Dayanand University, Rohtak, 311-320.*
101. Alka & **Sharma, N. R.** (2013). Study of Identity and Well-Being among Adolescents. *Journal of Indian Health Psychology*, 7 (2), 113-123.
102. Hooda, D., **Sharma, N. R.** & Yadava, A. (2013). Effect of Social Intelligence on Positive Living. *Journal of Positive Psychology*, 2 (1), 16-23.
103. Jain, N., **Sharma, N. R.** & Yadava, A. (2013). Mental Health of Adolescent school girls in Relation to anger. In Aradhna Shukla (Ed.) *Psyche of Indian Women*, (pp-283-300) Concept Publishing company New Delhi.
104. Nehra, D. K. & **Sharma, N. R.** (2013). Psychosocial risk factors in patients with hypertension. *Psyber News: International Psychology Research Publication*, 4(2), 98-111.
105. Mamta & **Sharma, N. R.** (2013). Study of Anger expressions across Different study/Working Groups. *Darpan International Research Analysis*, (2), 1-8.
106. Mamta & **Sharma, N. R.** (2013). Across Gender Comparison in Anger Expression. *Darpan International Research Analysis*, (2), 47-53.
107. Mamta & **Sharma, N. R.** (2013). Resilience and Self efficacy as correlates of well-being among the elderly persons. *Journal of the Indian academy of Applied Psychology*, 39 (2), 281-288.
108. Mamta, **Sharma, N. R.**, & Yadava, A. (2013). Positive Capacities as Indicators of Mental Health. In Yadava, A. and Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-21-43) New Delhi: Global Vision Publishing House.
109. Renu, **Sharma, N. R.**, & Hooda, D. (2013). Interpersonal Relationship and Positive Health. In Yadava, A. and Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-45-65) New Delhi: Global Vision Publishing House.

110. Kumari, P., **Sharma, N. R.**, & Yadava, A. (2013). Body Image, Eating Disorders and Health Consciousness as Correlates of Well-being. In Yadava, A. and Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-87-110) New Delhi: Global Vision Publishing House.
111. Chauhan, K., **Sharma, N. R.**, & Yadava, A. (2013). Wellness and Positive Psychological capital. In Yadava, A. & Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-111-124) New Delhi: Global Vision Publishing House.
112. Balhara, S., **Sharma, N. R.**, & Yadava, A. (2013). Role of Emotional Processes in Cardio-Vascular health. In Yadava, A. and Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-157-169) New Delhi: Global Vision Publishing House.
113. Kumar, D., **Sharma, N. R.**, Kumar, P. & Nehra, S. (2013). Mindfulness Based Stress Reduction (MBSR) Program: An Overview. In Yadava, A. and Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-197-230) New Delhi: Global Vision Publishing House.
114. Kumar, D., **Sharma, N. R.**, Kumar, P., & Nehra, S. (2013). Cognitive Behavior Therapy: An Overview. An Overview. In Yadava, A. and Sharma, N. R. (Ed.) *Mental Health Risk and Resources*, (pp-271-312) New Delhi: Global Vision Publishing House.
115. Kumar, A., Yadava, A. & **Sharma, N. R.** (2013). Mathematical Achievement and Choking on Mathematical Performance in relation to Mathematical Ability and Gender. *International Journal of Psychosocial Research*, 2, 3 -9.
116. Nandal, T., **Sharma, N. R.**, & Yadava, A. (2013). A correlation study of Religiosity and Health. *Journal of Indian Health Psychology*, 8(1), 75-87.
117. Kumari, P., Sharma, P. & Sharma, N. (2013). Depression and Suicide ideation among medical students. *Stress Management Professional An International Journal*, 1(1), 58-66.
118. Nehra, D. K., **Sharma, N. R.**, Kumar, P. & Nehra, S. (2014). Efficacy of Mindfulness-based stress reduction programme in reducing perceived stress and health complaints in patients with coronary heart disease. *DYSPHRENIA*, 5(1), 19-25.
119. Pooja, Yadava, A. & **Sharma, N. R.** (2014). Cognitive functioning in relation to body mass index. *Journal of Indian Academy of Psychology*, 40(2), 203-210.
120. Kumari, P. & **Sharma, N. R.** (2014). Health Consciousness as correlate of well-being among Adults. *International Journal of Psychology and Education*, 2(2), 36-47.
121. Sharma, M., **Sharma, N. R.** & Yadava, A. (2015). Adjustment among orphan children and children living with parents. *International Journal of Psychology and Education*, 2(2), 65-71.

122. Renu, & **Sharma, N. R.** (2014). Functioning of emotion and positive health: A Co-relational study among adults. *Journal of Indian Health Psychology, 9(1)*, 37-50.
123. Teenu, **Sharma, N. R.**, & Yadava, A. (2014). Rituals and Holistic Health: A Correlational study. In Akbar Husain, Salma Kaneeg and Musaddiq Jahan (Ed.) *Studies in Spiritual Psychology* (pp148-165), New Delhi: Research India Press.
124. Singh, K. Kumar, R., **Sharma, N. R.**, & Nehra, D. K. (2014) Study of burden in parents of children with mental retardation. *Journal of Indian Health Psychology, 8(2)*, 13-20.
125. Kumari, P., Sharma, P., & **Sharma, N. R.** (2014). A study of anxiety and suicide ideation among students, *Stress Management Professional an International Journal, 2(1)*, 1-9.
126. Mamta, **Sharma, N. R.**, & Singh, S. (2014). Study of life stress and well-being among adults. *Stress Management Professional an International Journal, 2(9)*, 49-54.
127. Kumari, P., & **Sharma, N. R.** (2014). Eating Disorders and Health Consciousness amongst Early Adolescents. *International Journal of Psychology and Education, 1(9)*, 4-15.
128. Teenu, **Sharma, N. R.**, & Yadava, A. (2014). Spirituality and subjective well being of working adults- A correlational analysis. *International Journal of Psychosocial Research, 3(2)*, 154-159.
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131. Malik, N., Yadava, A. & **Sharma, N. R.** (2015). Impairment in Event Based Prospective Memory as a Function of Developmental Progression. *Journal of Indian Academy of Applied Psychology, 41(3), Special Issue*, 131-140.
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133. Teenu, **Sharma, N. R.** (2015). Rituals and Subjective well Being: A Correlational Analysis. *International Journal of Multidisciplinary Research Review, 1(3)*, 1-7.

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137. Balhara, S., & **Sharma, N. R.** (2015) Study of Positive and Negative Emotions in Healthy Controls and CVD Patients, *Journal of Indian Health Psychology*, 9(2), 103-112.
138. Alka & **Sharma, N. R.** (2015). A comparative analysis of identity formation among adolescents. *International Journal of Social Science Review*, 3(4), 447-449.
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146. Pankaj, **Sharma, N. R.** & Kavita Devi (2015). Study of Health and Wellbeing in Relation to Anger. *International Journal of Psychology and Education*, 2(8&9), 48-55.
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150. Sheetal, **Yadava, A.**, & Sharma, N. R. (2016). Mediating role of first language (Hindi) in reading proficiency of second language (English). *International Journal of Psychology and Education*, 3(5, 6), 78-88.
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155. Satyadev, Yadava, A., & **Sharma, N. R.** (2016) Impact of Metacognitive Intervention on Metacognitive Awareness and Academic Achievement. In G. V. Kumar and N. R. Sharma (eds.), '*Behavioral Transformation in Applied Psychology*'. Delhi: Global Vision Publishing House (p. 193-205). ISBN- 978-81-8220-658-8.
156. Chauhan, K., **Sharma, N. R.** & Tiwari, R. (2016) Enhancing Workplace Resilience with the help of Mindfulness Meditation. In G. V. Kumar and N. R. Sharma (eds.), '*Behavioral Transformation in Applied Psychology*'. Delhi: Global Vision Publishing House (p. 209-230). ISBN- 978-81-8220-658-8.

157. Kumari, P., **Sharma, N. R.** & Sharma, S. (2016) Role of Psycho-Education Program in dealing with Eating Disorders. In G. V. Kumar and N. R. Sharma (eds.), *'Behavioral Transformation in Applied Psychology'*. Delhi: Global Vision Publishing House (p.231-252). ISBN- 978-81-8220-658-8.
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161. Devi, P. & **Sharma, N. R.** (2016). Hope and Life Satisfaction in relation to Sense of Humor. In G. Venkatesh Kumar and NovRattan Sharma (Eds). *Experiential Applied Psychology* (pp 53-67). New Delhi: Global Vision Publishing House. ISBN 978-81-8220-708-0
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168. Pallavi Raj & **Sharma, N. R.** (2016). Effect of Acceptance and Commitment Therapy on Quality of Life of Generalized Anxiety Disorder Patient. *Journal of Indian Health Psychology, 11(1)*, 43-52.
169. Sharma, M., Amrita, Y. & **Sharma, N. R.** (2016). Life Style Dimensions as predictors of Psychological Well-being in College Students. *Journal of Indian Health Psychology, 11(1)*, 97-106.
170. Devi, P., **Sharma, N. R.** & Hooda, D. (2017). Subjective Vitality in Relation to Hope among Adolescents. *Journal of Indian Health Psychology, 11(2)*, 37-46.
171. Annu, Hooda, D. & **Sharma, N. R.** (2017). Emotional Intelligence as a Predictor of Resilience. *Journal of Indian Health Psychology, 11(2)*, 81-88.
172. Seth, A. **Sharma, N. R.** (2017). Effect of Life Skill Training on Well Being of Adolescents. *International Journal of Psychological Research, 4 (1)*, 4-9.
173. Singh, S. & **Sharma, N. R.** (2017). Study of Mindfulness and Cognitive Failure among Young Adults. *Indian Journal of Positive Psychology, 8 (3)*, 415-419.
174. Devi, K. & **Sharma, N. R.** (2017). Study of Hope and Life Satisfaction In Relation to Anasakti. *International Journal of Educational Aspect, Management Studies and Applied Sciences, 4 (13)*, 124-131.
175. Kadambari, Hooda. D. & **Sharma, N. R.** (2017). Social Support and Adherence to medical Regime in Osteoarthritis Patients. *Stress Management Professional: An International Journal, 5 (2)*, 18-24.
176. Pahwa, A. & **Sharma, N. R.** (2017). Gainful Employment and Psychological Capital among Police Personnel. *Stress Management Professional: An International Journal, 5 (2)*, 41-47.
177. Singh, S. & **Sharma, N. R.** (2018). Role of emotion regulation in health and well-being of adult students. *Indian Journal of Community Psychology, 14(1)*, 92-106.

178. Singh, S. & **Sharma, N. R.** (2018). Self-regulation as a correlate of psychological well-being. *Indian Journal of Health and Well-being*, 9(3), 441-444.
179. Singh, S. & **Sharma, N. R.** (2018). Subjective vitality as a predictor of psychological well-being. *International Journal of Social Sciences Review*, 6(1), 76-80.
180. Pooja, Deepti Hooda and **Sharma, N. R.** (2018). Across Generation Study of Prosocial Behaviour and Empathy. *Indian Journal of Psychological Science*, 9 (2), 57-65.
181. Kadambari, Deepti Hooda & **Sharma, N. R.** (2018) "Locus of Control, Self-Efficacy and Adherence to Medical Regime in Diabetic Patients" *Journal of Indian Academy of Applied Psycholog*, 44(2), 231-241.

#### **Participation / Paper presentation in Conference / Seminars / Workshops: 124**

1. Participated in a Training Workshop organized by Institute of Social Sciences and sponsored by ICSSR at New Delhi from 1.3.93 to 19.3.93.
2. Participated and presented a research paper in the First National Convention of Psycho-Linguistic Association of India held at D.D. Girls P.G. College Firozabad (UP) on 25th and 26th March 1995.
3. Participated and presented a research paper in the National Symposium on "Recent Advances in Bio-sciences" conducted by Deptt. of Bio-sciences, M.D. University, Rohtak from 3.11.95 to 5.11.95.
4. Attended an orientation course in clinical Psychology conducted by Association of Clinical Psychologists at the All India Institute of Medical Sciences on 3rd day of February 1996.
5. Participated in a National conference on "Recent Trends in Human Resource Development" organized by Department of Psychology, Delhi University, Delhi from 13th Nov. to 15th Nov. 1996.
6. Participated in a Seminar on "Recent Advances in Psychodiagnostic Methods in clinical Psychology" conducted by the Association of clinical psychologists at A.I.I.M.S. New Delhi on 8th Feb. 1997.
7. Participated and presented a research paper in the 2nd Asian and 33rd IAAP Conference on "Developing Human Relations and Ethnic understanding" organized by Department of Psychology, Gurukul Kangri University, Haridwar from February 26-28, 1997.
8. Participated in a National Seminar on "Psychology and National Development" organized by Deptt. Of Psychology, K.U. Kurukshetra from 21.12.97 to 22.12.97.

9. Participated and presented a paper in a National Conference on “Research in Clinical Psychology” at A.I.I.M.S., New Delhi from Feb. 2-5, 1998.
10. Participated and presented a paper in IX Annual Conference of National Academy of Psychologists at Defence Laboratory, Jodhpur on 3rd and 4th Oct. 1998.
11. Participated and presented three papers in 4th National Conference of Psycho-Linguistic association of India (PLAI) at Ismail National P.G. College, Meerut on 24th and 25th Oct. 1998.
12. Participated in the Symposium on “International Humanitarian Law” organized by the Department of Law, M.D.U. Rohtak and the International Committee on Red Cross on 5.12.98.
13. Participated and presented three papers in a National Seminar on “Biological Bases of Behaviour” organized by CAS in Psychology, Utkal University, Bhubaneswar from 11.1.99 to 13.1.99.
14. Participated and presented a paper in a National Seminar on “Community Psychology” organized by Department of Psychology, A.P.S. University Rewa from 27.3.99 to 29.3.99.
15. Participated and presented a paper in a National Conference on “Behavioural Management” organized by Haryana Institute of Rural Development (HIRD) Nilokheri from 3.2.2000 to 5.2.2000.
16. Participated and presented a paper in an International Conference on “Human Resource, Development in this Millennium” organized by ‘AASTHA’ at Delhi University, Delhi from 18.2.2000 to 20.2.2000.
17. Participated and presented a paper in a Seminar organized by Department of Law, M.D.U. Rohtak on International Women Day (8.3.2000).
18. Participated and attended a workshop on “Environment” organized by Deptt. of Biosciences, M.D. University, Rohtak from 24.4.2000 to 27.4.2000.
19. Participated and presented a paper in a National conference on “Sports Psychology” organized by Gurukul Kangri University, Haridwar from 17.10.2000 to 19.10.2000.
20. Participated in a Seminar on “Guidance - Latest Tools and Techniques” organized by University Employment Information and Guidance Bureau on 28.11.2000.
21. Participated in a course on “Stress Management” at National Institute of Rural Development, Hyderabad (NIRD) from 21.3.2001 to 28.3.2001.
22. Participated and presented a paper in a National Seminar on “Indian Psychology: Past, Present

and Future” at Kollam from 22.10.2001 - 24.10.2001.

23. Participated in a IMA / UNICEF organized workshop and acted in the panel discussion [as Panelist] on “Female Foeticide / Infanticide” at Ambala on 9.12.2001.
24. Participated and presented two papers in a Southeast Asia Regional Conference (SARC) on “Enhancing Human Potential” at Mumbai from 17.12.2001 - 20.12.2001.
25. Participated and presented a paper in an International Seminar on “Challenges Before Human Resource Development in the Millennium” at New Delhi organized by Aastha from 18.1.02 to 20.1.02.
26. Participated in a National Seminar on “Psychological Implications of new dimensions of technological development” at Vaish College, Bhiwani from 22.2.02 to 23.2.02.
27. Participated and presented a paper in UGC sponsored National Seminar on “Women and Human Rights” organized by Department of Sociology, M.D. University, Rohtak from 5.3.02 to 6.3.02.
28. Participated and presented a paper in the ICSSR sponsored National Seminar on “Rural Development and Social Transformation” organized by Department of Rural Development, M.D. University, Rohtak from 15.3.02 to 16.3.02.
29. Participated and presented two papers in an Inaugural Conference of IPS-NZ (Haryana Branch) on “Mental Health Reaching the Unreached” at Rohtak from 7.9.2002 to 8.9.2002.
30. Participated in a workshop on “Patent Awareness” organized by Department of Biosciences, M.D. University, Rohtak on 21.12.2002.
31. Participated and delivered a Presidential Address in a UGC sponsored National Seminar on the “Changing Dimensions in Commerce Education” organized by B.L.J.S.C., Tosham from 21-23 Feb. 2003.
32. Participated and presented two papers in a National Symposium on “Advances in Cognition” organized by T.I.E.T., Patiala from 28-30 March, 2003.
33. Participated in a National Seminar on “Organizational Effectiveness” organized by Amity Business School, Manesar, Gurgaon from 6-7 April, 2003.
34. Participated and presented a paper in a National Seminar on “Social Dimensions of Health” organized by Centre of Behavioural and Cognitive Sciences, university of Allahabad from April 10-12, 2003.
35. Participated and presented two papers in 7<sup>th</sup> International and 38<sup>th</sup> National Conference of

IAAP organized by Department of Psychology, J.N.V. University, Jodhpur from 11.10.2003 to 13.10.2003.

36. Participated and presented a paper in a National Seminar on “Mental Health: Problems and Interventions” organized by Department of Psychology Gurukul Kangri University, Harwar from 27.3.2004 to 28.3.2004.
37. Participated and presented a paper in a National Seminar on “Social psychological problems of Youth” organized by Govt. P.G. College Bahadurgarh from 22-12-04 to 23-12-04.
38. Participated in a UGC sponsored National workshop on “Research Methods” organized by C.R. College of Education, Rohtak from 09-1-05 to 13-01-05.
39. Participated in one day workshop on “Projective Indicators of well being in Somatic Inkblot Series (SIS)” on 7.6.2005 organized by Department of Psychology, M.D. University, Rohtak.
40. Participated in a ICSSR sponsored National workshop on “Research methods and multivariate analysis” organized by Purvanchal University Jaunpur (UP) from 28-09-05 to 4-10-05.
41. Participated in a National Seminar on Promoting well being’ at Department of Psychology Osmania University, Hyderabad from 22.2.2006 to 24.2.2006.
42. Participated and presented a paper in a National Seminar on ‘Psycho-physiology of well being at Department of Psychology, M.D. University, Rohtak from 28.3.2006 to 29.3.2006.
43. Participated and presented a paper in a National Conference on Emerging Paradigms in Psychology at DIPR, DRDO, Delhi from 22-9-06 to 24-9-06.
44. Participated and presented a paper in a UGC sponsored National Seminar on enhancing educational opportunities for economic empowerment of women at Government College for Women Parade, Jammu from 24-11-06 to 25-11-06.
45. Participated in a National Seminar on The Relevance of Mahatama Buddha’s Religion and Philosophy in the present scenario on 22-3-07 organized by Students Welfare Department of M.D. University, Rohtak and Haryana Sahitya Academy, Chandigarh.
46. Participated in a Seminar on Declining Sex Ratio: Problems and Challenges organized by Institute of Developmental Studies, M.D. University, Rohtak on 25-3-07.
47. Participated in a one day workshop on Projective Technique organized in Department of Psychology, M.D. University, Rohtak on 31-3-07.
48. Participated and presented a paper in a National Seminar on ‘Science and Spirituality in Indian context on 9<sup>th</sup> and 10<sup>th</sup> Aug. 2007 organized by Panjab University Chandigarh.

49. Participated in National Seminar on ‘Positive Perspective of Health and Behavior’ on 1<sup>st</sup> and 2<sup>nd</sup> Feb. 2008 organized by Maharshi Dayanand University, Rohtak.
50. Participated and presented a paper in International conference on “Challenges of Applied psychology for social Transformation” at Kolkata, 7<sup>th</sup> to 9<sup>th</sup> Feb, 2008 organized by IAAP.
51. Participated in National Seminar on ‘Community Mental Health: Issues and Challenges.’ on 15<sup>th</sup> and 16<sup>th</sup> Feb. 2008 organized by, Department of Psychology, Kurukshetra University, kurukshetra.
52. Participated and presented a paper in National Conference on “Health Psychology: Parallel Themes and Potential Synergies” at Hisar, 22<sup>nd</sup> to 23<sup>rd</sup> Feb, 2008 organized by, Department of Applied Psychology, GJ University.
53. Participated in National Conference on ‘Behavior Modification Skills for Teachers of Higher Education’ on 8<sup>th</sup> and 9<sup>th</sup> Aug. 2008 as resource person, organized by Academic staff college, Manasgangotri, Mysore.
54. Participated, presented a paper and chaired a scientific session in the International Conference of the Indian Academy of Applied Psychology on 30<sup>th</sup>, 31<sup>st</sup> Jan. and 1<sup>st</sup> Feb. 2009 organized by Department of Psychology, Dr. Babasaheb Ambedkar Marathwada University, Aurangabad.
55. Participated, presented a paper and chaired the technical session in National Seminar on “Parenting of Adolescents- Trend and Role in Modern Era” at Chandigarh on 4<sup>th</sup> March, 2009, organized by Department of Psychology, Govt. College, Sector-46, Chandigarh.
56. Participated in national seminar on mental Health and Current Scenario on 20<sup>th</sup> & 21<sup>st</sup> March 2009 as Chairperson, organized by Department of Psychology, Gurukul Kangri University, Haridwar (Uttarakhand).
57. Participated and presented two papers in National Conference on “Mental Health in Work Setting” at Hyderabad on 23<sup>rd</sup> and 24<sup>th</sup> October, 2009, organized by Department of Psychology, Osmania University, Hyderabad
58. Participated and presented a paper entitled ‘Positive Psychology and Health’ in a workshop on Latest development in Positive Psychology organized by Department of HSS, IIT, Delhi on 15-1-10.
59. Participated and presented a key note address on “Positive Psychology Current Trends and Application” in the inaugural function of a National Seminar Organized by Dept. of Psychology B.L.J.S. College Tosham from 22-1-10 to 23-1-10

60. Participated in a workshop on “Experiential Training and Development” on 11.2.2010, organized by Department of Psychology, M.D.University, Rohatk
61. Participated in International Conference of the Indian Academy of Applied Psychology from 18<sup>th</sup> to 20<sup>th</sup> Feb. 2010, presented a paper and chaired a technical session at Department of Psychology and Parapsychology, Andhra University, Visakhapatnam.
62. Participated in 46<sup>th</sup> National and 15<sup>th</sup> International Conference of the Indian Academy of Applied Psychology from 4<sup>th</sup> to 6<sup>th</sup> Feb. 2011, presented a paper on “Role of Positive Thinking in Optimizing Human Potentials” and chaired a technical session at DOS in Psychology, Mysore University, Mysore.
63. Participated and presented an invited special lecture entitled ‘Environment Health: from Assessment to Action ’ in a U.G.C. Sponsored National Seminar from March 10-12, 2011 organized by Department of Psychology, B.L.J.S. P.G. College, Tosham.
64. Participated and presented a Paper entitled ‘A Study of Type A Behavior Pattern Among Diseased and Normal Healthy Group’ in a National Seminar from March 26-27, 2011 organized by Department of Psychology, M.D.University, Rohatk.
65. Participated in a one day experiential workshop on Combating Stress organized by Department of Psychology, M.D. University, Rohtak on 9.4.11.
66. Participated, presented two papers and Chaired a Session in a one day QIP workshop on Positive Psychology & Socio cultural Issues organized by Department of HSS, IIT, Delhi on 27.4.11
67. Participated and presented a Paper entitled ‘Indian Philosophy Leads modern world Psychology’ in a National Seminar on 8/10/11 organized by Sanatan Dharma College (Lahore) Ambala
68. Participated in a panel discussion on “ Health Psychology and Rehabilitation: Issues and Challenges” as panelist and Chaired a Technical Session (XV) in Indian Psychological Science Congress -2011, Organized by Dept. of Psychology, P.G. Govt. College, Sector-46, Chandigarh on 12/10/2011 to 13-10-2011.
69. Participated, Chaired a Session and Presented a paper entitled “Positive Youth Development” in the First InSPA National Conference organized at J.N.V. University, Jodhpur from 26-28 November, 2011.
70. Conducted a workshop on “Life Skills on Positive Youth Development” in Vaish Girls Sr. Sec.

School, Charkhi Dadri on 3/12/2011.

71. Participated and delivered a key Note address in a National Conference on “Ego Virtues and Community Mental health” organized by Dept. of Psychology, Govt. D.B. Girls Post Graduate College, Raipur (Chhattisgarh), from 4/1/12 to 5/1/12.
72. Participated and presented a paper in the National seminar on “Women Society and State” organized by Women’s Studies Centre, M.D. University Rohtak., from 9<sup>th</sup> to 10<sup>th</sup> Feb, 2012.
73. Participated and delivered a special lecture in the National seminar organized by CIRD, B.L.J.S.P.G. College, Tosham on “Planning and Management of Higher Education Institutions” from 23<sup>rd</sup> to 25<sup>th</sup> Feb, 2012.
74. Participated in panel Discussion on “ Work without harassment-Right of Women” organized by SCSHVW, M.D. University, Rohtak., on 20<sup>th</sup> March, 2012
75. Participated in one day workshop on “Enhancing Success and Flourishing in Women” organized by Women’s Studies Centre, M.D. University Rohtak., on 27<sup>th</sup> March, 2012.
76. Participated in one day workshop on “Hypnosis” organized by Dept. of Psychology, M.D.University Rohtak., on 28<sup>th</sup> March, 2012.
77. Participated in the 47<sup>th</sup> National & 16<sup>th</sup> International Conference of the Indian Academy of applied Psychology (IAAP) & Chaired a scientific Session on *Knowledge Management and Cognitive Abilities* during the conference (15<sup>th</sup>- 17<sup>th</sup> June, 2012) Organized by Toc H Institute of Science & Technology (TIST) Arakkunnam, Ernakulam District, Kerala, India.
78. Participated in Workshop on “Promoting Community Health and Well-Being: Sharing Field Research and Experiences” organized by Dept. of Psychology, M.D.University Rohtak., on 15 & 16 September, 2012.
79. Participated and Chaired a technical session in 2<sup>nd</sup> Indian Psychological Science Congress on “Psychology Well-Being: Building Bridges for Tomorrow” organized by department of psychology, P.G. Govt. College, Chandigarh, under NAPS, on 5-6 October, 2012.
80. Participated and presented a paper in a Symposium on “Working Together for a Common Cause” in the XXII Annual convention of National Academy of Psychology (NAOP) organized by the department of psychology, Christ University, from 10 to 12 December, 2012.
81. Participated in a Panel Discussion as panelist “Psychology in India: The Road Ahead” Organized during 39<sup>th</sup> National Annual Conference of the Indian Association of Clinical Psychologists, AIIMS- New Delhi, from 18-02-2013 to 20-02-2013.

82. Participated, presented papers and chaired the scientific Session in National Seminar on “Aging Workforce is a resource we can no Longer effort to Waste” organized by Department of Psychology (Applied Psychology Unit) University of Delhi, South campus New Delhi from 01-03-2013 to 02-03-2013.
83. Delivered an Invited Lecture on the topic “Health and Legal Awareness” in a One Day Workshop Organized by WSC, M.D. University, Rohtak on 16-03-2013
84. Delivered an Invited Lecture on the topic “Science Spirituality: Pathway of Self Realization in a National Seminar at Department of Psychology, A.M.University, Aligarh on 24-03-2013.
85. Delivered an Invited Lecture on the topic “Self, Identity and Well-Being” in a National Seminar at Department of Psychology, Kumaun University, Campus Almora on 06-04-2013.
86. Participated, chaired a session (Mental Health and Development) and Delivered a special Lecture on the topic “Community Health: Enabling People and Institutions” in a Symposium during the 48<sup>th</sup> National and 17<sup>th</sup> International Conference at Department of Studies and Research in Psychology, Karnatak University, Dharwad, from 22-5-13 to 24-5-13.
87. Participated, presented two papers entitled “Psycho-physiological indices in relation to body mass index” and “Obesity and Health related issues” and chaired the scientific Session “Stress and Coping” in National Seminar on “Obesity: Contemporary Issues and Challenges” on 6<sup>th</sup> and 7<sup>th</sup> August, 2013 organized by Centre for Health Psychology, University of Hyderabad, Hyderabad.
88. Participated in a Symposium on Health and Illness: Concepts issues Practices and Policy organized by Department of HSS, IIT Kanpur on 11-11-2013 and Presented a paper on Community Health: Issues and Challenges.
89. Participated as Resource Person in a National Conference on stress Management Professional on 8<sup>th</sup> and 9<sup>th</sup>, Nov. 2013 organized by International Stress Management Association, Hyderabad.
90. Presented a Keynote address on *Positive Self Capacities and Health* and chaired a session in the 2<sup>nd</sup> International conference on “Recent Advances in Cognition and Health” from 23-1-14 to 25-1-14 organized by SAP- DRS-I Dept. of Psychology, B.H. University, Varanasi.
91. Participated, Presented a research paper on *Health and psychological Well-Being* and chaired a session in The Golden Jubilee National seminar on “Health Psychology: Indian Perspective” on 1-2-14 to 3-2-14. organized by SOS in Psychology, Pt. R.S.S. university, Raipur.

92. Participated and Chaired a scientific session at the 49<sup>th</sup> National & 18<sup>th</sup> International Conference on Psychology for Holistic Living in Global world from 1<sup>st</sup> – 3<sup>rd</sup> March, 2014 organized by Indian Academy of Applied Psychology at GLS, Ahmedabad.
93. Participated and Presented two papers entitled “Transformation of Physical and Psychological Territories” & “changing role of women in India: Impact on Marital Relationship” and chaired a session scientific session in “National Seminar on Social Change in Contemporary India: Psychological Dimensions and Social Response from 21<sup>th</sup> to 22<sup>nd</sup> March, 2014 organized by Sri Aurobindo College (Evening) University of Delhi.
94. Presented a key note address “*Transforming New Generation Through Community*” in a National Seminar on Community and New generation on 24-25 March 2014 organized by Department of Psychology, B.L.J.S. P.G. College, Tosham.
95. Presented a paper on *Work Environment and Productivity* in the National Conference on “Cotemporary Management Practices: Opportunities and Challenges” from 17<sup>th</sup> to 19<sup>th</sup> April, 2014 organized by Rukmani Devi Institute of Advanced Studies, Delhi-NCR.
96. Participated in a three days International conference on Stress Management Professional (ICSMP 2014) as Resource person conducted from 6<sup>th</sup> to 8<sup>th</sup> November, 2014 by International Stress Management Association at ni-msme, Hyderabad.
97. Participation and presentation at the “National Seminar on Health & Well Being” on 12-13 November, 2014 organized by Department of Psychology, Jamia Millia Islamia, New Delhi.
98. Participated, chaired a Scientific Session and delivered an invited lecture entitled “Personality and Well Being” in the International conference on Well Being and Human Development during 24<sup>th</sup> to 26<sup>th</sup> November, 2014 at Aligarh Muslim University, Aligarh. India
99. Participated, chaired a Session and delivered a special lecture entitled “Optimizing Role of Community Psychology in Achieving Positive Health” in the National conference of CPAI during 19<sup>th</sup> to 20<sup>th</sup> December, 2014 at University of Lucknow, Lucknow
100. Participated, chaired a Session and organized a symposium entitled “Science, Spirituality and Human Excellence” in the 50<sup>th</sup> National and International conference of IAAP from 23<sup>rd</sup> to 25<sup>th</sup> January, 2015 at SPW College, Tirupati, Andhra Pradesh, India
101. Participated and chaired a Plenary Session entitled “Positive Schooling” in the 16<sup>th</sup> National conference on Psychology for Safe Schools and Healthy Students from 14<sup>th</sup> to 15<sup>th</sup> February, 2015 organized by the Pondicherry Psychology Association (PPA) with the collaboration of

Indian School Psychology Association (InSPA) & Indian Academy of Applied Psychology (IAAP) at Blessed Mother Teresa Model Higher Secondary School, Puducherry.

102. Participated in three day Psychological Assessment Camp organized by the centre of Positive health, Department of Psychology conducted from 22<sup>nd</sup> to 24<sup>th</sup> February, 2015 during the *Phagan Mela-2015: Inter-Zonal University Level Folk Festival* at M. D. University of Rohtak, Rohtak.
103. Attended, Chaired a session and conducted a Symposium on “Optimizing role of applied Psychology in Fostering Health and wellness” in an Centenary Conference on Psychology- An International Event organized by Dept. of Psychology and Dept. of Applied Psychology, University of Calcutta, Kolkata from 9<sup>th</sup> -11<sup>th</sup> October, 2015.
104. Participated and chaired a Scientific Session in a National Seminar on “Crime Against Women-Issues, Challenges and Intervention” on 1<sup>st</sup> & 2<sup>nd</sup> November, 2015 organized by Dept. of Psychology, Digambar Jain College, Baraut, C.C.S. University, Meerut.
105. Participated as Resource Person in 2<sup>nd</sup> International Conference on Stress Management Professionals organized by International Stress Management Association on 6<sup>th</sup> & 7<sup>th</sup> November, 2015 at Hyderabad.
106. Participated, chaired a Scientific Session and Presented a papers entitled “Enhancing Competencies among School Students Through Life Skills Training Programs” in “international conference on ‘Development Life Skill And School Development In India’ organized from 20<sup>th</sup> to 22<sup>nd</sup> November, 2015 at KBP College, Vashi, Navi Mumbai.
107. Participated and delivered a lecture in a 25<sup>th</sup> Silver Jubilee Convention National Academy of Psychology-India on “Envisioning An Enriched Profession Of Psychology In India: Proposal For A Collaborative Engagement Of Psychological Association by N.R. Sharma” on 2<sup>nd</sup> February, 2016 to 5<sup>th</sup> February, 2016 organized by Dept. of Applied Psychology and Centre of Behavioural & cognitive Science (CBCS), University of Allahabad, Allahabad.
108. Participated as Resource Person and Chaired a session in an 1<sup>st</sup> Asian-Pacific Conference of Rajasthan Psychology Academy on Pursuit of Happiness: A journey to Healthy Living organized by Department of Psychology, University of Rajasthan, Jaipur on 1<sup>st</sup> & 2<sup>nd</sup> March, 2016.
109. Participated and delivered a lecture in a National Seminar on “Social Harmony and Well Being: Issues & Challenges” on 18<sup>th</sup> March to 19<sup>th</sup> March, 2016 organized by Dept. of Applied

Psychology, Sri Aurbindo College (evening) University of Delhi, Delhi.

110. Participated as Resource Person and delivered a lecture on topic “Authentic Research-Challenges and Solutions” in a National Seminar on ‘New Frontiers and Emerging Issues of Research-2016’ on 6<sup>th</sup> April, 2016 organized by National College of Education, Sirsa in collaboration with Council for Teacher Education (Haryana State Chapter).
111. Participated and Delivered an invited talk on “Positive Capacities and Well-Being” in a Plenary session during 3<sup>rd</sup> International & 5<sup>th</sup> Indian Psychological Science Congress on 28-30 September, 2016 organized by National Association of Psychological Science- India. At Chandigarh.
112. Participated and Contributed to a Symposium entitled “Role of life skill in Enhancing Mental Health of School going adolescents” and chaired a Plenary session in “3<sup>rd</sup> International Conference by the Department of Applied Psychology of the Pondicherry University and 6<sup>th</sup> InSPA International Conference from 13<sup>th</sup> to 15<sup>nd</sup> October, 2016 organized by Department of Applied Psychology, Pondicherry University, Puducherry.
113. Participated and Delivered an Invited address on “Harmonize Capacities to Harvest Quality of Life : An Indian Perspective” in the 2<sup>nd</sup> International Conference of Indian Academy of Health Psychology (ICIAHP) held at the Department of Psychology and Mental Health, Gautam Buddha University, Greater Noida, from 16<sup>th</sup> to 18<sup>th</sup> December, 2016.
114. Delievered a Valedictory address entitled “Positive Capacitie and well being” a Nation Seminar on Contextual Scenario of factors predicting psychological well being of adolescents & youth Organized by Ch. Ishwar Singh Kanya Mahavidyalaya Dhand-Dadwana (Kaithal), Department of psychology from 28<sup>th</sup> Feb 2017.
115. Participated, Chaired three scientific session and delivered an invited lecture ‘Applied Psychology: Journey from Profession to Entrepreneur’ in the National Conference on “Expanding Frontiers of Applied Psychology: Golden Jubilee Celebration of Department of Applied Psychology” on 3<sup>rd</sup> & 4<sup>th</sup> March, 2017 by Department of Applied Psychology, Calcutta University, Kolkata.
116. Participated in National Symposium on Interdisciplinary Discourse in Social Science, organized by Faculty of Social Science, M. D. University, Rohtak on March 22, 2017.
117. Participated and Chaired a scientific session in the “International Conference on Health and Wellbeing: An Interdisciplinary Inquiry” organized by Department of Psychology UGC-DRS

Program on March 22-23, 2017, in Jamia Millia Islamia, University, New Delhi.

118. Participated & presented two Research paper entitled; 'Role of Spirituality in Mental Health' and 'Role of Emotional Intelligence and Forgiveness in Relationship Satisfaction' in the National Seminar on "Health Promoting Life Style" on March 25, 2017 in Sat Jinda Kalyan College Kalanaur, sponsored by: Directorate of Higher Education, Panchkula, Haryana.
119. Participated in a Seminar on Relevance of Integral Humanism in Contemporary Times organized by M. D. University, Rohtak, Haryana on September 20, 2017.
120. Participated and delivered an invited Lecture (Panelist) on Community as catalyst for Mental Health Promotion during a National Seminar on Well Being across Life Span held from 25<sup>th</sup> to 27<sup>th</sup> October 2017 organized by the Center for Health Psychology, University of Hyderabad in collaboration with Association of Health Psychologists.
121. Participated as Resource Person in Panel Discussion on Scope of Stress Management Lab in Organized Sector-opportunities and Issues held on 3<sup>rd</sup> – 4<sup>th</sup> November 2017 at Goa, India, conducted by International Stress Management Association and Chaired a Session during Conference.
122. Participated and Chaired a Session in the 7<sup>th</sup> InSPA International Conference on School Psychology: School Counselling and Skill Development held on 09-11 November, 2017, at the Department of Studies in Psychology, University of Mysore, Mysuru.
123. Participated and Chaired a Scientific session-II, Parallel Session-C in an International Conference on Mental Health for Sustainable Human Development organized by the Department of Psychology, A. M. U., Aligarh on 24<sup>th</sup>-25<sup>th</sup> March 2018.
124. Participated and Chaired a Keynote Address during the International Conference on Positive Psychology for Health & Well-being held on 9-10 March, 2018.

**Major Activities (Conference/Seminar/Workshop) Organized: 21**

1. National seminar on "Environmental Psychology" from 24-26 October, 1997.
2. Panel discussion on "Promoting Well being: Challenges in the new Millennium" on 19.2.2002.
3. National seminar on "Individual Differences and Behaviour" from Oct. 11-12, 2002.

4. A Demonstration and Workshop on “Hypnosis: As a therapeutic technique” on 19.11.2002.
5. A Workshop with Practical Solutions on “Stress Management” on 17.12.2002.
6. Celebrations of “Positive Health Week” from 8<sup>th</sup> Feb. to 17<sup>th</sup> Feb. 2003.
7. A state level one day orientation course on “Research Methodology” for college teachers in Psychology on 14.2.2003.
8. Panel discussion on “Gender discrimination causes, implications and intervention” on 8.3.2003.
9. A state level one day workshop on “Course Curriculum Development” in Psychology on 17.1.2004.
10. ICSSR sponsored seminar on “Substance abuse/misuse in North-Western region of India: Causes, Consequences and Remedies” on 31.1.2004.
11. International Conference of IAAP on “Positive health and well being” from 15.7.2004 to 17.7.2004.
12. Psychological assessment camp at different schools, public places and in the department at least one in each session.
13. Workshop on “Health Through yoga” was organized for the students and staff of the department in two academic years (2002-03 & 2003-04) in the beginning of new sessions.
14. National seminar on Health Psychology: Retrospect and Prospects from 29-03-05 to 30-03-05.
15. National Seminar on Psycho physiology of well being from 28.3.2006 to 29.3.2006.
16. National Seminar on Positive Perspectives of Health and Behavior from Feb, 1-2, 2008.
17. National Seminar on Positive Psychology and Health: Interventions and Strategies from March, 28-29, 2010
18. National seminar on Community Health Psychology: Research and Applications from March 26-27, 2011.
19. 51<sup>st</sup> National & 20<sup>th</sup> International Conference on “Psychology for achieving human excellence” from 6<sup>th</sup> to 8<sup>th</sup> May 2016 organized as IAAP Secretary at Bangalore University, Bangalore.
20. 52<sup>nd</sup> National & 21<sup>th</sup> International Conference on “Psychology for Global Community” from 23<sup>rd</sup> to 25<sup>th</sup> February 2017 organized as IAAP Secretary at university of Rajasthan, Jaipur.

21. 53<sup>rd</sup> National & 22<sup>nd</sup> International Conference on “Psychology for Development and Wellness: Academic and Professional Partnership” from 16<sup>th</sup>-18<sup>th</sup> Feb, 2018 organized as IAAP Secretary at Department of Applied Psychology, Pondicherry University.

**Book published: 12**

1. Psychology of Individual Differences. (2004). Wisdom Publications. 81-902068-3-4. Eds. Rajbir singh, Yadava, A. & **Sharma, N. R.**
2. Health Psychology. (2005). Global Vision Publishing House Delhi. 81-8220-109-8. Eds. Rajbir singh, Yadava, A. & **Sharma, N. R.**
3. Positive Health Psychology. (2007). Global Vision Publishing House Delhi. 81-8220-195-0. Eds. Yadava, A. & **Sharma, N. R.**
4. Understanding Women Behaviour. (2007). Global Vision Publishing House Delhi. 81-8220-201-9. Eds. Yadava, A., Sharma, S. & **Sharma, N. R.**
5. Counseling Theory, Research and Practice. (2008). Global Vision Publishing House Delhi. 978-81-8220-211-5. Eds. **Sharma, N. R.**, Ashok K. Kalia & Akbar Husain.
6. Psychology of Education. (2008). Global Vision Publishing House Delhi. 978-81-8220-212-2. Eds. **Sharma, N. R.**, Kalia, A. K., & Yadava, A.
7. Business Psychology. (2010). Global Vision Publishing House Delhi. 978-81-8220-311-2. Eds. **Sharma, N. R.** & Yadava, A.
8. Bio-Psycho Social Issues in Positive Health. (2012). Global Vision Publishing House Delhi. 978-81-8220-491-1. Eds. Yadava, A., Hooda, D. & **Sharma, N. R.**
9. Mental Health: Risks and Resources. (2013). Global Vision Publishing House Delhi. 978-81-8220-582-6. Eds. Hooda, D. & **Sharma, N. R.**
10. Suicide: Attitude and Prevention. (2013). Global Vision Publishing House Delhi. 978-81-8220-583-3. Eds. Yadava, A., & **Sharma, N. R.**
11. Behavioural Transformation in Applied Psychology (2016). Global Vision Publishing House. ISBN- 978-81-8220-658-8. Eds. Kumar, G. V., & **Sharma, N. R.**
12. Experiential Applied Psychology (2016). Global Vision Publishing House. ISBN- 978-81-8220-708-0. Eds. Kumar, G. V., & **Sharma, N. R.**

**Ph.Ds awarded: 27**

1. "Effect of Benzodiazepines on Memory". Parma Nand Sherma/ Prof. Sharma, N. R. (1999).
2. "Intelligence, Personality and Information Processing". Poonam Tayal/ Prof. Sharma, N. R. (2002).
3. "Personality Correlates of Well- Being". Sharma, A. / Prof. Sharma, N. R. (2002).
4. "Emotional Intelligence: An Investigation of Construct Independence from Personality and Social Intelligence". Attar Singh Kajal/ Prof. Sharma, N. R. (2002).
5. "A Profile Analysis of Need Patterns Across Life Span". Sonu Joshi/ Prof. Sharma, N. R. (2002).
6. "Intelligence As A Correlates Of Positive Health". Hooda, D./ Prof. Sharma, N. R. (2007).
7. "Triguna Prakriti and Health". Jain, N./ Prof. Sharma, N. R. (2011).
8. "Psycho-Social Factors Underlying Cardiovascular Diseases". Anil Kumar/ Prof. Sharma, N. R. (2008) .
9. "Effect Of Vipassana Medication On Health". Nguyen Thi Tuyet/ Prof. Sharma, N. R. (2008).
10. "Type A Behavior Pattern And Lifestyle Amongst Hypertensive, Diabetics And Asthemetics A Comparative Study". Suman Sangwan/ Prof. Sharma, N. R. (2009).
11. "Anasakti, Karmayoga and Spirituality as Correlates of Positive Health of Working and Retired Person". Madhulika Sharma/ Prof. Sharma, N. R. (2010).
12. "Comparative Efficacy of CBT and MBSR Program On Psycho-Physiological Parameters". Dharmenser/ Prof. Sharma, N. R. (2010).
13. "Effect Of Siblings Training Programme On The Behavioral Problems Of Children With Mental Retardation". Hans Raj Dhall/ Prof. Sharma, N. R. (2010).
14. "Roll Of Personality Traits In Training Illness: Homoeopathic And Psychological Perspective". Anil Kumar Sharma/ Prof. Sharma, N. R. (2010).
15. "Rituals, Religiosity and Spirituality as Correlate of Health". Teenu Nandal/ Prof. Sharma, N. R. (2011).
16. "Assessment and Management of Adolescents Anger". Mrs Pankaj/ Prof Nov Ratten Sharma (2012).
17. "Positive Psychological Capital and Employee's Wellness". Kaveri Chauhan/ Prof. Nov Ratten Sharma (2013).

18. "Positive Capacities as Correlates of Health and Wellness: A Comparative Study of Working and Retired Persons". Mamta/ Prof. Nov Ratten Sharma (2013).
19. "Identity Formation, Health Practices and Well-Being among Adolescents". Alka/ Prof. Sharma, N. R. (2014).
20. "Role of Emotional Processes in Cardiovascular Diseases" Suman Balhara / Prof. **Sharma, N. R.** (2015).
21. "Suicidal Ideation among Students of Professional and Non-Professional Courses: A Study of Risk and Protective Factors" Munni Ram / Prof. **Sharma, N. R.** (2016).
22. "Role of Life Skill Training on Psychosocial Competences of Teenagers with Behavioral Difficulties" Pushpa Sharma / Prof. **Sharma, N. R.** (2016).
23. "Body Image, Eating Disorders, Health Consciousness, and Well-being across Age and Gender" Priyanka kumari / Prof. **Sharma, N. R.** (2016).
24. "Functioning of Emotions and Interpersonal Relationships as Indicators of Positive Health among Adults of Different Age groups" Renu / Prof. **Sharma, N. R.** (2016).
25. "Harm Avoidance, Incompleteness and Quality of Life in Persons with Obsessive Compulsive and Generalized Anxiety Disorders" Pallavi Raj / Prof. **Sharma, N. R.** (2016).
26. "Gainful Employment, Emotion Work and Psychological Capital among Police Personnel" Asha Pahwa / Prof. **Sharma, N. R.** (2017).
27. "Promoting Well-being through Development of Life skills among Adolescents" Alka Seth / Prof. **Sharma, N. R.** (2018).

#### **Awards/ recognition: 06**

1. **Prof. (Mrs.) Manju Thakur Memorial award** on 6<sup>th</sup> February, 2011 at University of Mysore, Mysore.
2. **Prof. Mrs. Anima Sen- IAAP Memorial Award** presented on the occasion of 24<sup>th</sup> May, 2013 at Karnatak University, Dharwad.
3. **IAAP – PPA Best Psychologist Award — 2014** presented on the occasion of 16<sup>th</sup> National Conference at Puducherry.
4. **Ugadi Puraskaram State Award -----2015** presented by Abhaya Society for Psychological Interest & Rehabilitative Education, Vizianagaram in recognition of outstanding

accomplishments and contributions of Teaching, *Research in the field of Psychology* on 21.3.20015.

5. **Best Citizen of India Gold Medal Award** presented by Global Economic Progress and Research Association (GEPRA) on the occasion of 26<sup>th</sup> National seminar on *Individual Achievement & National Development*.
6. **National Stress Management Awards (2017)** Presented by International Stress Management Association in recognition for positive contribution to the subject of stress management (Awareness Category) 3<sup>rd</sup> November 2017.

#### **Refresher/ Orientation/ Training courses: 05**

1. Participated in the Orientation Course organized by the Academic Staff College at Kurukshetra University under the UGC scheme from April 21<sup>st</sup> to May 18<sup>th</sup>, 1992.
2. Participated in three weeks Refresher Course in “Statistics and Applications for teachers” organized by the Department of Statistics, M. D. University, Rohtak from 11<sup>th</sup> October to 31<sup>st</sup> October, 1994.
3. Participated in “Sixth Refresher Programme in Psychology for College and University Teachers” organized by Academic Staff College, University of Allahabad from 12.12.1995 to 04-01-1996.
4. Participated in Refresher Programme in Psychology for College and University Teachers” organized by Academic Staff College, J.N.V. University, Jodhpur from 6.12.1999 to 26-12-1999.
5. Participated in “Sixth Refresher Programme on Criminology & Forensic Science” sponsored by University Grants Commission organized by National Institute of Criminology & Forensic Science , Ministry of Home Affairs, Government of India from 1-11-2000 to 21-11-2000.

#### **Membership of Academic/Professional Bodies: 13**

1. Community Psychology Association of India.
2. Haryana Psychological Association.
3. Indian Association of Mental Health.
4. Indian Psychiatric Society (NZ) Haryana Branch.

5. Indian Psychological Association.
6. Indian School Psychology Association.
7. International Stress Management Association.
8. Praachi Psycho-Cultural Research Associates.
9. The Indian academy of Applied Psychology.
10. The Indian Science of Psychological Association.
11. The Madras Psychology Society.
12. Global Economic Progress & Research Association.
13. International Society for the Study of Behavioural Development

**NovRattan Sharma (Professor)**  
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